

The Cape Courier

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Gun club gets insurance break

By Bob Dodd

At the May 9 meeting, the Town Council voted 6-1 to reduce the amount of liability insurance required for the operation of the Spurwink Rod and Gun Club.

The amount was reduced from \$3 million per occurrence to \$1 million.

The shooting range requested the reduction in an April 10 letter to the council. The letter states that the \$1 million requirement is "in line with industry standards for shooting range insurance coverage and is the maximum coverage offered by the NRA." NRA stands for the National Rifle Association.

Tammy Walter, president of the Spurwink Rod and Gun Club, said in the letter that the request is made under the hardship exemption of the town's new shooting range regulations. The reduced insurance requirement will save the shooting range club about \$2,900 per year in insurance costs.

At the meeting, Walter told councilors that a lot had already been asked of gun club members to bring the shooting range in compliance with the safety standards set in the town's new ordinance, adopted in 2014. The short, 25-yard range is the only one currently approved to operate, and the club needs to make costly safety improvements to open its 50- and 100-yard ranges.

Councilor Sara Lennon said she would rather see the club use the insurance funds for safety improvements similar to the work done on the 25-yard range.

—see INSURANCE, page 5

May flowers delivered!



Photo by Martha Agan

A Wells Road spring bulb garden abloom with tulips, hyacinths and daffodils on May 12.

Hill Way mixed-use project is approved

By Wendy Derzawiec

Plans for a controversial townhome and medical office complex in the town center was unanimously approved by the Planning Board May 17.

Developers Zev and Amber Myerowitz, owners of Cape Chiropractic and Acupuncture on Davis Point Lane, plan to move their practice to the complex and to live in one of the 10 townhomes to be located at 12 Hill Way.

"I'm really impressed by the work that went into the landscaping and buffering," said Peter Curry, board chairman. "I think you took seriously the comments of the neighborhood and I think you've come up with a very attractive plan. And with a few years' growth of all the new shrubbery, I think the neighborhood's going to be quite happy with the appearance, at least that's my

—see HILL WAY, page 3

Town Council approves budget

School budget goes to town-wide vote on June 14

By Bob Dodd

The Town Council has approved a combined municipal/school/county tax increase of 3.9 percent for 2016-17. The approved budget for the upcoming year totals about \$37.9 million or about \$1.4 million over the current year.

The budget is expected to increase the property tax rate by \$.66 per thousand of property valuation, from the current rate of \$16.88 to \$17.54. For a \$300,000 home, this will mean a property tax increase of \$198.

The lion's share of the combined budget is contained in the school department portion. The school budget provides an increase from this year's \$23.5 million to \$24.3 million, or 3.2 percent. The school portion of the council-approved budget accounts for \$.46 of the \$.66 tax rate increase.

The municipal portion of the budget provides a 3.8 percent increase in expenditures over the current year – from \$11.6 million to \$12 million. The county assessment increases 6.4 percent from \$1.17 million to \$1.25 million.

Under state law, the school portion of the budget must be validated by a town-wide vote before becoming final. The vote is set for June 14.

The Town Council approved the combined budget at a special meeting on May 19. Councilors delayed voting on the budget at

—see BUDGET, page 18

David Volin answers the call to help his barred owl neighbors in Cape

By Robin Loughman

At bedtime when their two sons were small, David Volin and his wife, Mary, liked to read them the children's classic, "Owl Moon." Inspired by Jane Yolen's winter tale and familiar with sounds from the woods nearby, the Cape Elizabeth father decided one night to bring its pages to life.

"Let's go out and have a little fun," he told Eric and Ross, bundling them up for a surprise mission. "We're going to see if we can get an owl to answer us."

It happened in no time. Imitating the call of the barred owl, the large, dark-eyed species so common in Maine, the trio hooted, "Who cooks for you? Who cooks for you all?" Sure enough, back came the owl's reply, echoing in the distance. Dad was a hero.

Decades later, Volin says he's not hearing his barred owl neighbors quite as much as before. A business executive and former fighter pilot, he's also a seasoned outdoorsman and registered Maine guide who clearly appreciates the mystique of these nocturnal predators and the role they play in the balance of nature. Making the environment more hospitable during nesting season, he reasoned, might keep them closer by.

The barred owl often reuses nests built by other birds or even squirrels. But it's also well suited to bringing up chicks in a manmade box that's properly constructed

and strategically placed. High in a tree is best, preferably in dense forest, with water nearby, plenty of rodents and other critters to eat, and – critically important – privacy from humans. If the barred owl fancies your box, it may nest there for years, often with the same mate.

Armed with Internet how-tos, Volin spent hours in his workshop creating a sturdy shelter that could withstand the elements and pass muster with its intended residents.

This past March, he hauled his 35-pound, 2-foot-high showpiece before the Cape Elizabeth Conservation Commission, winning approval to install it in a remote, wooded section of town property. Volin hopes to secure a second permissible location for another box he has built, and perhaps a third near Great Pond.

The nesting box is constructed of high-quality, three-quarter-inch birch plywood, with a pitched roof, drainage openings and easy access for cleaning. For added protection, Volin attached a vinyl coating to most of the exterior, but left the front exposed to prevent the owls' talons from snagging as they come and go. Inside under the entrance hole, a series of toeholds gives owlets a helpful boost when they eventually venture out.

Building the enclosure was one thing; getting it to the site was another. Volin enlisted his now-adult son, Ross, for another



Photo by Robin Loughman

David Volin with a nearly completed owl box he hopes to install in a second or third location.

owl-related expedition. This time it was a daytime trek a half-mile into the woods, lugging a ladder, a collection of ropes, tools and hardware, and the unwieldy box.

Their destination: a tall white pine, about 16 inches in diameter, close to water and a dead tree, a perfect lookout for prey. The box would hang about 25 feet above the forest

floor and face northeast to keep it shaded and any future nestlings from overheating.

After a demanding session of drilling, bolting, hoisting and tightening, the job was done. "It would probably take that tree to blow down in a hurricane for the box to hit

—see VOLIN, page 18


The Cape Courier

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DEADLINE: Noon, May 13

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Appreciation for work of Planner O'Meara, Conservation Comm.

As spring advances, I gratefully ponder twenty-five years of steady, persistent and enduring public service rendered by Town Planner Maureen O'Meara and the Cape Elizabeth Conservation Commission. The makeup of this board of citizen volunteers naturally evolves but, remarkably, its patient usefulness and dedication stays the course.

The Conservation Commission plans, constructs and maintains trails and public access to meadows, woodlands, wetlands and other natural areas the town has wisely and foresightedly preserved over the years. I consider these lands, along with the farmland and spectacular undeveloped parcels preserved by the equally-wonderful Cape Elizabeth Land Trust, to be the town's single greatest legacy to its citizens and future generations. Each year I discover some practical new improvement -- a simple but sturdy boardwalk, a footbridge, an erosion control, improved access to the schools, a partnership with an Eagle Scout project. The Commission's projects are not flashy or big-budget items; they are well thought out, non-nonsense, often unheralded improvements to public enjoyment of these inspiring conservation lands. Most recently I discovered a maintenance and extension of boardwalks on a terrific loop trail on the Gull Crest land behind the high school, a trail once inaccessible most months of the year due to extreme boggy, now profusely enjoyed by families, neighbors and town students.

The Conservation Commission has quietly and relentlessly nurtured Cape's natural land heritage for twenty-five years. I publicly thank Maureen O'Meara and each towns person who has served on the Commission, past and present.

Ogden Williams

Senior citizen has 'benefitted hugely' from Senior to Senior program

Again, I have benefitted hugely from the Senior to Senior program. Four strong [high school] seniors came to my house for two hours and worked steadily to do the heavy work that is now difficult for me. They are

friendly, agreeable and hard workers. I hope they had as much fun helping me as I had listening to them banter while they worked. Thanks to Jared DuPerre, Guillermo Narvaez, Luis Hur and Ryan Harvey. This is

a wonderful, much-appreciated program which many of my friends wish was available to them in their areas of Portland. My best wishes to them for their future endeavors.

Pat Bittermann

Quiet rake suggested as leaf blower alternative

I write to offer an alternative to leaf blowers. Many residents either use leaf blowers themselves or employ others to clean their yards and these services inevitably include moving leaves, litter and winter detritus. While some of the service actually pick up and remove the unwanted materials, others that I have observed merely blow the materials into the air or across property lines into the yards of neighbors. The blown litter can include animal waste, fecal matter from rodents, squirrels and birds, mould and fungus that grow in leaf mulch. Bicyclists, walkers, children outside playing are all in the path of these dangerous clouds. Senior citizens trying to exercise by daily walks are in dan-

ger from lung infections and asthma irritations. Unburned fuel from the motors is also blown into the air around the work areas. Asthma among children is on the rise.

My alternative offer is the rake. A non-irritating, quiet tool that people of all ages can employ without endangering neighbors, children or the elderly. It can provide the operator exercise and produce excellent results without making conversation impossible. They can be purchased a fraction of the cost of a blower and do not burn gasoline.

Please think about the air we all must share and what you can do to work toward helping to keep it clean.

Bill Alexander

Longtime resident pays homage to Cape life

Savoring Cape Elizabeth. On my almost daily bike rides from my home in the north Cape to Prout's Neck I pass several restaurants. Nothing like cycling near noon and passing first, C Salt, then Rudy's and The Good Table. Each one has its own mouth-watering smell. Burgers with bacon, pizzas and spanakopita, maybe a touch of oregano, all tease my senses with their delicious nuances of flavor.

Other times I enjoy the scent of blueberry pie and pancakes with maple syrup.

And if that were not enough at this time

of year the lovely light greens of Spring, the dark spruces and the jewels of Azalea and Forsythia beckon to me like sirens, inviting me to grab my oils and do their portraits, I can also detect, ever so faintly the smell of budding strawberry fields promising even greater delights to come.

Having lived here now almost 50 years I pay homage to all the good things about Cape Elizabeth; the good things that have not changed, and hopefully never will.

Edward Materson

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Thank you to these recent generous contributors:

Kim & Tim Case

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Public hearing on Surf Road single-side parking proposal set for June 13

By Elizabeth Brogan

A public hearing on a proposal to limit parking to one side of Surf Road has been set for 7 p.m. on Monday, June 13, at the town hall. The proposal came from Police Chief Neil Williams, in response to two petitions from residents of Surf Road. One petition was for residents-only parking and the other for no parking on the southwest side of the road that is closest to Fort Williams Park.

The petitioning residents stated that there has been an increase in traffic on their road from outside the neighborhood, warranting frequent "Emergency - No Parking" signs during events at adjacent Fort Williams Park. Garden Circle, at the end of Surf Road,

has residents-only parking.

According to Williams, most of Surf Road measures just 18 feet in width, so that cars parked on both sides of the road do not leave 10 feet of clearance, as required by law. A one-sided parking ban would eliminate that problem, without causing some of the notification and ticketing issues which could result from residents-only parking, Williams said in a memo to Town Manager Michael McGovern.

McGovern noted at the May 9 Town Council hearing that residents-only parking could cause "all sorts of complications you get into that we'd prefer not to deal with."

The partial parking ban will require an amendment to town traffic regulations.

Paper-shredding/recycling offered June 4

The Recycling Committee will host a paper-shredding event at the Recycling Center from 9 a.m. to 1 p.m. on Saturday, June 4.

The shredding will be done by Without a Trace Mobile Shredding, Inc., of Scarborough. The event is restricted to Cape Eliza-

both residents, and there is a limit of four boxes per vehicle.

Members of the Recycling Committee will be on hand that day to provide promotional items and answer any questions about the town's recycling program.

Hill Way

Continued from page 1

hope," he said.

Designers added three white spruce trees to landscaping along Hill Way to provide screening, and added a dormer, a new ridge line and larger windows to break up the buildings' appearance when seen from the neighborhood across Hill Way.

Speakers at a public hearing last month complained about the size of the three-story project, to be located south of the Tarbox triangle. Two of those speakers said on May 17 that they appreciated revisions but were also concerned about lighting coming from signs.

The board added external sign lighting, rather than light emanating from within the signs, as a condition of approval.

Malley honored for recycling work in Cape

Cape Elizabeth Public Works Director Robert Malley was honored with the Maine Resource Recovery Association Distinguished Service Award on May 3. The Maine Resource Association fosters professional solid waste practices, including recycling and other forms of resource recovery, in the state.

Malley was nominated for the award by town manager Michael McGovern who cited Cape Elizabeth's unique recycling programs overseen and implemented by Bob Malley including the swap shop, the bottle shed and the privatized composting operation.

"I doubt there is a single municipal leader who has been more supportive of community recycling over the last 30 years," McGovern said in his nominating letter. "While Bob has many other responsibilities as our Director of Public Works, his encouragement of recycling and effective sustainable practices have been hallmarks of his great service to our community. I am joined by our Town Council Chair Molly MacAuslan and our immediate past chair of our Recycling Committee, Jamie Garvin, who now serves on the Cape Elizabeth Town Council, in endorsing this nomination."

The award was presented at the association's annual conference in Rockport, Maine.

When informed about the award, Malley wrote to McGovern, "I'm not sure if they selected the best person and I'm sure there are talented individuals in the state that are more worthy of this award. Almost everything you have noted was done in a team environment and I was happy to be a part of the endeavor in a very small way. I told Sara Lennon yes-



Public Works Director Robert Malley

terday that the real success of our recycling program lies with the efforts of past and present members of the Recycling Committee. They've been a tremendous help to me along the way."

Malley has been with the Department of Public Works since 1979 and recently marked 30 years as its director. In addition to overseeing recycling and solid waste activities, Malley is responsible for roads, sidewalks, school and municipal vehicle maintenance, stormwater, sewerage, parks, school grounds and cemeteries.

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NATURAL HAPPENINGS

Summer solstice and full moon coincide on June 20

By Erika Carlson Rhile, CELT Education Committee chair

June 20, 6:34 p.m. is the summer solstice. This is the first day of summer in the northern hemisphere and the first day of winter (winter solstice) in the southern hemisphere. The Farmer's Almanac is predicting a "warm and thundery" summer ahead!

Also on June 20, at 7:02 a.m., the moon is full. This full moon was known by early Native American tribes as the Full Strawberry Moon because it signaled the time of year to gather ripening fruit. It also coincides with the peak of the strawberry harvesting season. The Cape Elizabeth Strawberry Fest is June 25!

- Deer antlers grow one quarter inch every day!

- Allergy sufferers beware: White pines are releasing pollen, often visible on cars, window sills and even seen coating the ocean's surface.

Keep an eye out for luna moths (*Acetia luna*). They may be drawn to your porch light. They'll mate after midnight, and sometimes rest through the next day on your screen door.

- Lady's-slippers are in bloom.
- Hummingbirds love nectar, but they also eat insects stuck in sap or trapped in spider webs.
- Orange slices may attract Baltimore orioles to your feeders.



Sarah Morrisseau measures rockweed at Kettle Cove for the Coastal Signs of the Seasons New England Phenology Program. Data is compiled to determine seasonal intertidal changes and its possible effect on coastal species. Training is through the University of Maine Cooperative Extension Service and the Maine Sea Grant Program.

Photo by Martha Agan

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Community forum is set for June 8

By Elizabeth Brogan

A community forum is set for 7 p.m. Wednesday, June 8, in the community room of the Thomas Memorial Library. The forum will take place less than a week before the Recycling Center bond referendum on June 14 and is timed as an opportunity for residents to ask questions about that proposed project. It will also serve as a "mid-year review" of the council. "Of course anyone can

ask us any questions but we also are open to people just coming and talking or sharing or whatever," said Councilor Sara Lennon, a member of the Citizen Communications and Outreach Subcommittee, along with Councilors Jamie Garvin and Patty Grennon.

A second community forum will be held in the fall, timed to help the council formulate its goals for 2017, and similar to last fall's successful citizens' roundtable.



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Memorial Day parade, ceremony May 30



Photo by Jenny Campbell

Members of Cape's police, fire and rescue departments march on Memorial Day 2015.

Memorial Day will be observed on Monday, May 30, with the town's traditional parade and memorial ceremony for those who have died serving our nation.

The parade will begin at 9 a.m. Participants should gather on Fowler Road at 8:30 a.m. The parade route will begin at the intersection of Fowler Road and Old Ocean House Road, continue north on Route 77, and onto Scott Dyer Road where it will end at the War Veteran's Memorial for a brief ceremony and laying of the wreath.

The parade will include members of the Cape Elizabeth police, fire and rescue departments, Water Extermination Team, Lions Club, Rotary Club, middle school marching

band, and boy and girl scouts. War veterans and active-duty personnel are invited to march. Anyone who has a family member serving in the armed services should notify Jim Huebener, 767-1754 or 831-3625 or jhuebener56@gmail.com, for recognition during the ceremony. Groups interested in marching should also contact Huebener.

The parade marshal will be Frances Jordan, a U.S. Army nurse during World War II. She is a Cape Elizabeth native, resident, and 1936 graduate of Cape Elizabeth High School.

Following the ceremony, residents and guests are invited to the town center fire station for refreshments. There is no rain date.

was the sole vote against the reduction. He said he supported reducing the liability insurance requirement to \$1 million, but that the issue should be addressed by changing the ordinance.

Town Manager Mike McGovern suggested that a general review of the ordinance will probably be needed in light of new state legislation governing local regulation of shooting ranges, and that the current \$3 million insurance requirement could be addressed at that time.

Landscaping projects underway in town center

By Elizabeth Brogan

The town has begun updating landscaping at town center sites, including Tarbox triangle, on the corner of Ocean House Road and Hill Way, where the Welcome to Cape Elizabeth sign sits; the community center on Ocean House Road and the brick wall of Pond Cove Elementary School facing Scott Dyer Road. The town has also ordered summer- and patriotic-themed banners for lampposts in the town center.

One of the Town Council goals for 2016 is to "develop a plan to beautify the town center including planters, banners and other low cost initiatives."

In an April 28 letter from Town Manager Michael McGovern about the work, he said, "We anticipate that some may misconstrue the work at the triangle as being related to the nearby development project [a proposed medical office and townhouse project at 12 Hill Way]. The council goal was developed before the application for the development was received and there had been some discussion for a few years about needing to deal with the overgrown plants.

This work is not related to the development proposal."

Some, but not all, of the 30-year-old rhododendrons at Tarbox triangle have now been removed, replaced with native plants including winterberry, blueberry, shadberry, common witch hazel and red twig dogwood. Detailed landscape plans for all affected sites are available on the town website.

McGovern said that the work was put out to bid, with Tammaro Landscaping providing the lowest among five bids at \$15,230.

McGovern said the town is also looking at the issue of a large tree in front of town hall "that is interfering with the operation of the flagpole and especially when the flag is at half staff," causing complaints that are "sometimes pretty nasty about how we are not more respectful of the flag when it gets hung up in the tree." Solutions being considered include moving the flagpole, trimming the tree or "looking at more of a plaza design." Of the latter option, McGovern noted, "I am mindful of the 15-year-old criticism of the police plaza so please know we are looking at modest solutions."



Photo by Martha Agan

New landscaping at Tarbox triangle on the corner of Ocean House Road and Hill Way.

Insurance

Continued from page 1

"I would love to see more of that work," said Lennon. "It seems like a more practical use of the funds to spend every dollar they have toward making those other ranges as safe and as quiet."

Several councilors said they felt the shooting range was now a much safer operation than when the shooting range ordinance was adopted. They felt comfortable with approving the gun club's request, and a majority of councilors agreed.

Councilor Jamie Garvin said he struggled with the concept of hardship in this case, and


Recycling Center referendum, state primaries and school budget validation: June 14!

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Water tower to get a new coat of paint

By Elizabeth Brogan

The Portland Water District has provided updates on three projects in Cape Elizabeth. In a May 16 email to town officials, Christopher Crovo, executive director of Asset Management and Planning for the district, said that a contract for the painting of the long-dry water tower at 11 Avon Road would be awarded May 23 (after the printing deadline for this newspaper) and that Marcel Payeur, Inc. is highly recommended for the job. Crovo said that neighbors would be notified of specific details once the contractor was selected.

Painting of the tower, on which Verizon Wireless is now permitted to place cell phone antennas, was a condition of Plan-

ning Board application approval given on April 25. The tower is owned by the Portland Water District and has been leased to Verizon Wireless since 2013.

Also out to bid is the replacement of approximately 2,000 feet of force main, a pressurized pipe that carries water and sewage, from the pump station at Peabbles Cove Road. Work is estimated to begin June 1 and to last four weeks. Neighbors will be notified with a work schedule once contracts are in place.

Finally, the district is preparing to put out to bid work to replace old galvanized pipe used on Birch Knolls, Maiden Cove Lane and Garden Circle, with an estimated start date in late June.

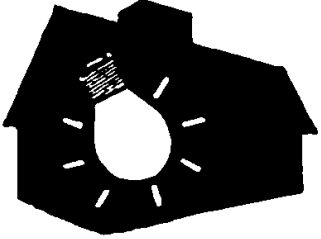
New children's garden takes shape at park



Photos by Martha Agan show progress on the new children's garden at Fort Williams Park as of May 15. Above, is the view from the pond. Below, is the council ring, "a place for gathering, storytelling, music and learning," repurposed from the former military bandstand built in 1937 by the Civilian Conservation Corps. See page 9 for additional photo.



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Nude photography spotted in Robinson Woods; tax fraud continues

Reported by Debbie Butterworth

COMPLAINTS

- 4-19 An officer met with a resident of the Two Lights Road area about an IRS tax fraud ID theft complaint.
- 4-19 An officer met with a subject who reported observing an older male photographing a young nude woman in Robinson's Woods that afternoon.
- 4-19 An officer met with a resident of the Scott Dyer Road area about a possible missing person. Subject was later accounted for.
- 4-21 Two officers responded to a residence in the Bowery Beach Road area for a well-being check.
- 4-21 An officer met with a realtor at a residence in the Mitchell Road area about a criminal mischief complaint. She advised that the property had recently gone through foreclosure and showed damage believed to have been done by the previous occupant. The damage was estimated at \$100,000.
- 4-22 Two officers responded to a residence in the Shore Acres area for a domestic disturbance.
- 4-24 Two officers responded to a residence in the Shore Road area for a well being check.
- 4-25 Two officers responded to a residence in the Shore Road area for a reported possible drug-related problem.
- 4-25 An officer met with a resident of the Ocean House Road area about a possible stolen license plate.
- 4-27 An officer met with a resident of the Shore Road area about an IRS tax fraud complaint.
- 4-28 An officer met with a resident of the Two Lights Road area about a Maine Revenue tax fraud complaint.
- 4-29 An officer met with a resident of the Ocean House Road area about an assault complaint.
- 4-29 An officer met with a subject who turned over a wallet belonging to a South Portland resident.
- 4-29 An officer met with a resident of the Two Lights Road area about an unauthorized purchase on a credit card.
- 4-30 An officer met with a resident of Woodland Road who reported that her vehicle was broken into in the night with loose change missing.

- 4-30 An officer met with a ranger at Fort Williams who turned over an assortment of keys and store cards on a ring. The owner was identified and the property returned.
- 5-1 An officer met with a resident of the Mitchell Road area about a missing iPad.
- 5-2 An officer met with a resident of the Mitchell Road area about a missing political sign.
- 5-3 An officer met with a resident of the Shore Road area about an IRS tax fraud complaint.
- 5-3 An officer responded to a residence in the Sawyer Road area and spoke with divorced subjects about a child custody issue.
- 5-3 An officer received a complaint of an abandoned bike at Gullcrest Field. The bike was described as a red Roadmaster.
- 5-5 An officer met with a subject who reported finding his family's cottage with padlocks and lockboxes on points of entry and stickers indicating the building had been secured by a company used by a bank. The victim stated there is no mortgage on the property and no possibility of ID theft. Contact was made with the company who secured the building and arrangements made to remove the locks. Family members will inventory the residence to see if anything is missing.
- 5-6 An officer met with a resident of Birch Knolls about a large dock that had washed up on Casino Beach. The harbormaster responded and identified and contacted the owner who made arrangements to remove it.
- 5-7 An officer met with a resident about an abandoned bicycle. The bike was transported to the police station for safekeeping. It is described as a red and yellow mountain bike.
- 5-7 An officer responded to a residence in the Ocean House Road area for a well-being check.
- 5-8 An officer responded to a local business to meet with a resident of Old Orchard Beach who reported an alleged attempted assault.
- 5-9 An officer responded to Kettle Cove for report of a possible unattended death.
- 5-9 An officer met with a resident of the Shore Road area for a found property report. The resident turned over a box

- 5-9 containing several hundred stamped envelopes. The owner was later identified and the property returned.
- 5-9 Two officers responded to a residence in the Shore Road area for a reported assault.

JUVENILE SUMMONS

- 5-3 Cape Elizabeth resident, possession of marijuana

SUMMONSES

- 4-19 Cape Elizabeth resident, speeding (56/35 zone), Spurwink Avenue, \$215
- 4-19 Portland resident, uninspected vehicle, Route 77, \$133
- 4-20 Hawaii resident, speeding, (64/45 zone), Route 77, \$185
- 4-20 Scarborough resident, furnishing alcohol to minor
- 4-22 Windham resident, uninspected vehicle, Route 77, \$133
- 4-22 Sanford resident, uninspected vehicle, Route 77, \$133
- 4-24 Lubec resident, speeding (49/35 zone), Route 77, \$185
- 4-25 Cumberland resident, speeding (49/35 zone), failure to produce insurance, Spurwink Avenue, \$308
- 4-25 Westbrook resident, operating after license suspension, failure to produce insurance, Route 77
- 4-25 Westbrook resident, speeding (59/45 zone), Route 77, \$137
- 4-29 Portland resident, speeding (49/30 zone), Shore Road, \$185
- 4-29 Limerick resident, failure to produce insurance, Route 77, \$171
- 4-30 South Portland resident, uninspected vehicle, Shore Road, \$133
- 4-30 Biddeford resident, operating without a license, Route 77, \$137
- 4-30 Gray resident, failure to produce insurance, Route 77, \$171
- 5-4 Cape Elizabeth resident, unregistered vehicle, Route 77, \$70
- 5-6 South Portland resident, uninspected vehicle, Route 77, \$133
- 5-5 South Portland resident, violation of protection order, violation of conditions of release

ACCIDENTS

- 4-20 Adara Lekousi, accident on Two Lights Road

ARRESTS

- 4-22 Cape Elizabeth resident, operating after license suspension, violation of conditions of release, Spurwink Avenue
- 4-30 Kennebunk resident, warrant, Fort Williams
- 5-5 South Portland resident, violation of protection order, violation of conditions of release

FIRE CALLS

- 4-19 Spurwink Road, fire alarm
- 4-19 Fowler Road, investigation
- 4-19 Julie Anne Lane, fire alarm
- 4-20 Two Lights Road, motor vehicle accident
- 4-20 Peabbles Cove Road, carbon monoxide alarm
- 4-20 Broad Cove Road, fire alarm
- 4-20 Bowery Beach Road, fire alarm
- 4-27 South Portland mutual aid
- 4-27 Ocean House Road, carbon monoxide alarm
- 4-28 Two Lights Road, fire alarm
- 4-29 Maiden Cove Lane, fire alarm
- 4-29 Maiden Cove Lane, fire alarm
- 4-30 Maiden Cove Lane, fire alarm
- 5-2 Scott Dyer Road, investigation
- 5-4 Shore Road, investigation
- 5-4 Hawthorn Road, fire alarm
- 5-6 Mitchell Road, investigation
- 5-7 Mitchell Road, investigation
- 5-9 South Portland mutual aid
- 5-9 South Portland mutual aid
- 4-9 Starboard Drive, structure fire
- 4-10 Shore Road, carbon monoxide alarm
- 4-12 Spurwink Avenue, fire alarm
- 4-15 Fowler Road, investigation
- 4-15 Old Orchard Beach, Mutual Aid

RESCUE CALLS

There were 33 runs to Maine Medical Center. There were 11 patients treated by rescue personnel but not transported.



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Windham

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Scarborough

Quality and craftsmanship are apparent throughout this custom cottage-style home offering 3 or 4 bedrooms, 2.5 baths, a special kitchen, and an open floor plan. The 1st floor master suite provides convenient one floor living and the 2nd floor bedrooms are spacious. The yard offers very private space and the location in desirable Eastern Village provides access to the Eastern Trail. \$524,900



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Last readings of season on May 28 at Buzz

The Local Writers at The Local Buzz group, which presents monthly readings by Maine writers, will wrap up its 2015-16 season Saturday, May 28, from 4 to 5 p.m. at the Local Buzz, 327 Ocean House Road. Cape Elizabeth writer Marcia F. Brown and Portland writer Linda Aldrich host the events.

Portland fiction writer Jane Martin holds a master's degree in dramatic literature from Tufts University in Medford, Mass., and a Master of Fine Arts in creative writing from the University of Michigan, where she received two Hopwood Awards for her writing and the Farrar Memorial Award for Playwriting. Martin was a Fulbright scholar at McGill University in Montreal, where she received a grant from the Quebec government to write about her family's French-Canadian heritage.

Westbrook resident Kathy Eliscu is a retired registered nurse and humor writer whose column "Lightly Roasted" in The Current earned a National Society of Newspaper Columnists award in 2012. Her work has appeared in My Generation, the Maine Sunday Telegram, Employment Times and Advance for Nurses.

Portland and Palo Alto, Calif., poet Dana Robbins is the author of "The Left Side of My Life," published in 2015 by Moon Pie Press. Upon her retirement from the legal profession, she received a Master's of fine arts degree from the University of Southern Maine's Stonecoast program. Garrison Keillor chose her poem, "To My Daughter Teaching Science" for The Writers Almanac, his daily radio and online program.

Go to localbuzzcafe.com for information.

Fundraiser for Aucocisco School set for May 31

A fundraiser at Elsmere BBQ and Grill in South Portland Tuesday, May 31, will benefit Aucocisco School's robotics programs and help cover the cost of a day trip to Boston for the senior class. Eight percent of food or-

ders from 4 to 9 p.m. will go to Aucocisco, a private alternative school in town that serves students who have learning differences

Call 773-7323 or 619-1948 for information. Elsmere is located at 448 Cottage Road.

Land trust to offer three programs in June

Next month, the Cape Elizabeth Land Trust will offer three programs.

The seven-mile Cross Town Walk, which will traverse CELT and town trails, is set for 8 a.m.-1:30 p.m. Saturday, June 4. CELT Executive Director Cindy Krum, Jeremy Gabrielson of the Cape Elizabeth Conservation Commission and past CELT board members will be guides. A picnic lunch at Kettle Cove will be included. The cost is \$10.

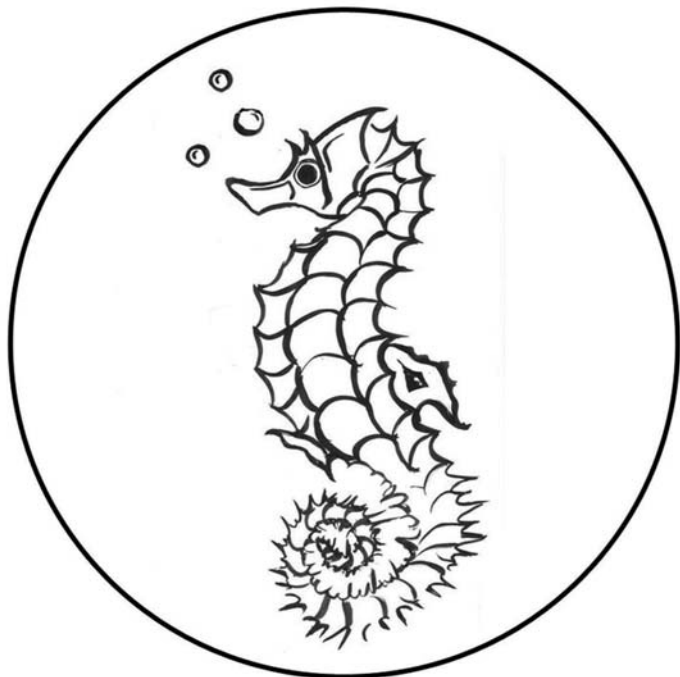
A program for children 2-6 years old and their parents Thursday, June 9, from 6 to 7 p.m. will include stories, a craft, and a

visit outdoors to look for signs of animals. Thomas Memorial Children's Librarian Rachel Davis, author Melissa Kim, and CELT volunteer Jill Darling will lead the program at the CELT office, 330 Ocean House Road. The cost is \$10.

CELT member Linden Rayton will lead an intertidal zone walk for families that will focus on plants and animals in the habitat. The program, planned from 6:30 to 7:30 p.m. Tuesday, June 21, has a \$6 fee.

Register or get more information at capecommunityservices.org, or 799-2868.

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CAPE CALENDAR

By Wendy Derzawiec

Monday, May 30

Memorial Day Holiday, Town Hall, Thomas Memorial Library, Recycling Center closed

Memorial Day Parade and Memorial Ceremony 9 a.m., Town Center

Tuesday, May 31

Recycling Center open 8 a.m.-5 p.m.

Saturday, June 4

Recycling Committee Paper Shredding Event, 9 a.m.-1 p.m., Public Works.

Recycling Committee members will be present.

Monday, June 6

School Board Policy Committee, 7:30-9 a.m., William H. Jordan conference room, Town Hall

Tuesday, June 7

Planning Board Workshop, 7 p.m., William H. Jordan conference room, Town Hall

Wednesday, June 8

Town Council Community Outreach Forum, 7-8:30 p.m., Thomas Memorial Library

Thursday, June 9

Family Fun Day Volunteers, 6:30 p.m., Cape Elizabeth Community Center

Ongoing each week

Al-Anon, Regular meeting 7 p.m., Thursdays at United Methodist Church, 280 Ocean House Road. Regular meeting 7 p.m. Fridays at St. Alban's Church.

Alcoholics Anonymous, 2 p.m., Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m., Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.

Cape Elizabeth Historical Preservation Society, 9 a.m.-noon, Thursdays, public safety building

Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road

Cape Farm Alliance, third Wednesday, 7 p.m., Community Center

South Portland/Cape Elizabeth Rotary Club, each Wednesday at 6:15 p.m. Purpoodock Club, Spurwink Avenue. 767-7388.

CABLE GUIDE

CHANNEL 3

Cape Elizabeth Church of the Nazarene

May 28 & 29, noon
June 4 & 5, noon

Garden Club plant and pie sale set for June 4

The Cape Elizabeth Garden Club will hold a plant and pie sale from 9 a.m. to 1 p.m. Saturday, June 4, at the home of Shirley Maxwell Royall, 102 Two Lights Road in Cape Elizabeth. The sale will include

plants from club members' gardens and pies from their ovens.

The club welcomes new members. Contact Tom Atwell at tomatwell@me.com for information.

Community garden plot recently opened up


A Cape Elizabeth Community Garden plot at Gull Crest recently opened up to Cape Elizabeth residents. Gardeners pay \$25 each year along with a \$15 start-up fee the first year.

No pesticides or synthetic fertilizers are used at Cape Elizabeth Community Gar-


dens' 90 plots, located next to Gull Crest fields and at Maxwell's Farm on Spurwink Avenue.


Go to "Garden at Gull Crest" at capegardener.org and then to "guidelines," or contact Rachel Stamieszkin at smok77@maine.rr.com or 767-3603 for more information.

Going somewhere? Please pack The Courier, take a photo of yourself or others with it, and send it to communityeditor@capecourier.com!



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Children break ground for children's garden at Fort; opening celebration planned Sept. 9



Photo by Jennifer Steele

Young Cape Elizabeth residents who recently helped break ground at the Fort Williams Park Foundation's children's garden are, from left, Kip Reynolds, Grant Leopold, Joseph Rinaldi, Dominic Rinaldi, Salvatore Rinaldi, Magnolia Reynolds, Charlie Garvin and Thomas Leopold. Located in a one-and-a-half-acre area near the park's tennis courts and skating pond, the garden is designed to provide a place for children to explore nature. The area will include a tree lookout fort, a frog pond, a shallow cascading stream, meadow mazes, a fairy village and willow branch tunnels. An opening celebration for the garden is planned Friday, Sept. 9, and will include exploration and a children's scavenger hunt.

Plan for road closures the morning of June 5 during the Cape Challenge 5K road race

Scott Dyer Road will be closed from 9:30 to 10 a.m. on Sunday, June 5, during the Cape Challenge 5K, a fundraiser for Cape Elizabeth's three public schools.

The 5K will start at 9:30 a.m. at Cape Elizabeth Middle School. Runners will take a left out of Cape Elizabeth High School onto Route 77, go left on Scott Dyer Road, and then run to and around Brentwood Road. Runners will continue back to Scott Dyer, cross Spurwink Avenue to the Wainwright Drive loop, and then head to Starboard Drive before running back up Scott Dyer Road to CEMS, where the race will end. Travel may be slower even on roads that won't be closed during the race.

The event also will include a Fun Run for children 8 and younger at 8:30 a.m. and a 1-Mile Dash for children 12 and younger at 9

a.m. The events also start and finish at Cape Elizabeth Middle School.

Registration is \$15 in advance and \$20 on race day for the 5K, and \$8 in advance and \$12 on race day for the 1-Mile Dash. The Fun Run has no registration. Go to "events/programs" at capecpa.org for information about registering. Registration packets will be available race day morning at 8 a.m. and from 4 to 6 p.m. Saturday, June 4, in the CEMS cafeteria.

Awards for 5K runners will be given to the top male and female runners overall, and to winners and second-place finishers in age groups that include 6 and younger, 7-8, 9-10, 11-12, 13-14, 15-16 and 17-18. The sponsors are Cape Chiropractic and Acupuncture, and OA Centers for Orthopaedics and OrthoAccess - OA's Orthopaedic Walk-In Clinic.

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ORTHOPAEDIC WALK-IN CLINIC

Nathan Botelho, a junior at Northeastern University in Boston, Mass., is one of 100 Northeastern students recently named a "Huntington 100," an honor that recognizes seniors and underclassmen who have excelled in areas that include research, entrepreneurship, experiential learning and athletics. Nominated by their peers, faculty or staff members, recipients must have excellent academic standing and an exemplary record of service that includes leadership on campus and global engagement.

A 2012 Cape Elizabeth High School graduate, Nathan is majoring in communication studies with a concentration in organizational communication. He is the son of **Valerie and Paulo Botelho**.

Hannah Deschenes of Exeter, N.H., the granddaughter of Cape Elizabeth residents **Irene and Rick O'Donnell**, and the daughter of 1987 Cape Elizabeth High School graduate **Scott Deschenes** and his wife Shannon, will follow in her father's footsteps by attending the University of Maine in Orono.

A senior at Exeter High School, Hannah signed a national letter of intent to swim for the University of Maine, which competes in Division 1. She was a contributing team member of Exeter High School's first New Hampshire Division 1 girls' swimming and diving state title.

Graduate degree



Sean Anderson

Sean Anderson, a 2009 graduate of Cape Elizabeth High School, received a Master of Science degree in oceanography this month from University of Rhode Island's Graduate School of Oceanography in Narragansett.

Growing up in Cape Elizabeth, Sean cultivated an interest in the ocean as a kid catching crabs. He earned a bachelor's degree in biology at Old Dominion University in Norfolk, Va., and then worked as an intern at Bigelow Laboratory for Ocean Sciences in East Boothbay, where he said he "fell in love" with plankton, including heterotrophs, the subject of his master's thesis. Anderson continues to work in the same URI oceanography lab where he worked during graduate school.

Brenden Shields gets pharmacy degree



Brenden Trevor Shields, a 2010 graduate of Cape Elizabeth High School, holds his diploma beside his father, Cape Elizabeth resident **David Shields**, on May 7 at Gillette Stadium in Foxboro, Mass., after graduating from Massachusetts College of Pharmacy and Health Sciences University in Boston with a doctorate degree in pharmacy. Brenden, whose mother is **Jeni Shields**, works for CVS Health and will start as job a a pharmacist in Santa Cruz, Calif.

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Courier vacations in the Bahamas



Cape Elizabeth brothers, Nick, left, and Jake Budischewsky read *The Cape Courier* in the Bahamas during spring vacation. Nick is an eighth-grader at Cape Elizabeth Middle School, and Jake is a Cape Elizabeth High School sophomore. The two were on a family vacation with their father, Michael Budischewsky.

Cape fifth-grader named top female angler



Cape Elizabeth resident Lydia Murray, center, received the International Game Fish Association's award for top junior female angler this spring in Dania Beach, Fla. She is pictured with IGFA President Rob Kramer, left, and Jack Vitek, the coordinator of IGFA world records. A Cape Elizabeth Middle School seventh grader, Lydia has been fishing for five years and won awards for two world-record fish – a landlocked salmon and a whitefish – in her age group in 2015. She is the daughter of Cape Elizabeth residents Steve and Cathy Murray, who own Riverkeep, a fishing lodge in Labrador, Canada.

Student celebrates by running half marathon



Kathy Feenstra kisses her daughter Samantha Feenstra after the Cape Elizabeth High School senior came in first in her age group at a half marathon in Gloucester, Mass., during the first weekend of May. "About two months ago, Samantha told me [that running a half marathon] was how she wanted to celebrate being a senior and graduating. She picked a run in Gloucester, because she wanted it to be somewhere beautiful, in the spring, and not too far away," Kathy wrote in an email to *The Courier*. Samantha beat her goal by 8 minutes and came in 10th among females. "I don't know when I've ever been more proud or impressed," Kathy said.

Timothy M. Hartel, a 2014 graduate of Cape Elizabeth High School who attends Hamilton College in Clinton, N.Y., recently received the college's Wallace Bradley Johnson Prize. The honor is given to the student who writes the best one-act play produced at the college. Tim is majoring in theater.

**The deadline
for the June 10 issue
is at noon on May 27**

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'Zany, Majestic Bard' at library May 31



Photo courtesy of Maine Humanities Council

David Greenham performing as the "Zany, Majestic Bard."

"The Zany, Majestic Bard," created and performed by David Greenham, will be presented from 6:30 p.m. to 7:30 p.m. on Tuesday, May 31 in the community room at Thomas Memorial Library.

This lively, fun and educational event promises to delight and surprise audiences of all ages. The program includes history, a brief guide on how to read and understand the text, the opportunity to hear some Shakespeare and plenty of good jokes.

The program is offered in partnership with the Maine Humanities Council.

David Greenham is the creator of several popular Maine Humanities Council programs, including the award-winning "Taxing Maine" and most recently, "Maine At Work." He is an adjunct professor of drama at the University of Maine at Augusta, and spent 14 years as the producing artistic director of The Theater at Monmouth, the Shakespearean Theater of Maine.

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Boom!





Photo by Rachel Davis

Jud Caswell leads children and caregivers in a musical thunderstorm using instruments called "boom whackers" at the library's Musical Story Hour, which is offered on the first Thursday of each month.

Children's program schedule is ongoing

- Art Adventures**
Mondays, 10:30 to 11:15 a.m.
 - Story Explorers**
Tuesdays, 10:30 to 11:15 a.m. (through April 12)
 - Story Garden**
Wednesdays, 9:30 to 10:15 a.m.
 - Tales for Tots**
Wednesdays, 10:30 to 11:00 a.m.
 - Mother Goose Times**
Wednesdays, 11:30 a.m. to 12:20 p.m.;
Fridays and Saturdays, 9:30 to 9:50 a.m.
 - Baby-Doll Story Time**
Tuesdays and Thursdays, 9:30 to 10 a.m.;
Fridays, 10:30 to 11 a.m.
 - Family Story Time**
Saturdays, 10:30 to 11:00 a.m.
 - Musical Story Hour with Jud Caswell**
First Thursdays, 10:30 to 11:15 a.m.
 - Construction Crafters**
Tuesdays, 3:15 to 4:15 p.m.
 - Illustration Club**
Thursdays, 3:15 to 3:45 p.m.
 - Fiction Fridays**
Fridays, 3:15 to 4 p.m.
 - Read to a Dog**
Tuesdays with Maddie, 3:30 to 5:15 p.m.
Wednesdays with Winston, 3:15 to 5 p.m.
(Registration required; 15-minute time slots.)
- For complete program details, please visit library website.

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Triad group, for Cape's older residents, seeks new members, 'fresh ideas'

By Wendy Keeler

Cape Elizabeth has plenty of groups geared toward the needs of the young – three school parents' associations and a charitable foundation, all of which support children in Cape Elizabeth's public schools.

A lesser-known group, Triad, which has existed in town for 16 years, is geared toward Cape Elizabeth's older residents, who make up nearly a quarter of the town's population.

The group, which included only Cape Elizabeth residents until 2007 when it merged with a South Portland Triad group, is made up of Cape Elizabeth and South Portland senior citizens, police, and community members who work together to address problems faced by older citizens. The national Triad organization was established in 1988.

The South Portland/Cape Elizabeth Triad group meets monthly, sponsors presentations and talks by experts on issues affecting older people, and also offers free services to Cape Elizabeth residents.

Membership in the group has declined in recent years despite the size of Cape Elizabeth's older population, which is not insubstantial. Twenty-four percent of town residents are 60 and older, and seven percent are 75 and older, the head of the ad hoc Cape Elizabeth Senior Citizens Advisory Commission said in 2014.

"Our numbers have been dwindling," said David Galvan, TRIAD's Cape Elizabeth coordinator and a Cape Elizabeth police officer.

"It's hard to get new people to come, and it's always good to have new people and fresh ideas."

Cape Elizabeth resident Stephanie Betzold, 65, went to her first Triad meeting this year at the suggestion of Cape Elizabeth Police Chief Neil Williams.

She's glad she did.

"I live alone and I'm getting older, and I'm a worrier. Anything that can ease my mind is appreciated," she said.

Betzold called the police chief to talk about what the police do "when someone calls and says, 'There are 10 newspapers on

my neighbor's porch, and I'm concerned,'" she said.

At her first Triad meeting, Betzold raised the topic of how well-being checks are handled. The group discussed ways to organize daily check-ins between neighbors. The group is still working to formulate a plan.

Presentations

In the past several years, the organization has hosted presentations on topics that include fraud prevention, balance, advance planning for a funeral, tips for continuing to live at home, holiday scams, financial and health care powers of attorney, personal care contracts, prevention of financial exploitation, nutrition and fitness, crime prevention, and Alzheimer's and dementia.

Other lectures have provided information about free services for senior citizens, including 2-1-1, a call number that connects to trained operators who guide people through a directory of 8,000 health and human services available in Maine. TRIAD also sponsors AARP "Smart Driver" classes for senior citizens and offers free services for Cape Elizabeth residents.

File of Life

In the "File of Life" program, seniors living at home write their medical information – history, allergies, medications and dosages, illnesses and conditions, and contact information for physicians – on a form that attaches to a refrigerator magnet.

"Say we get a rescue call to a person's house for a medical issue, and the person is



Photo by Wendy Keeler

Members of South Portland-Cape Elizabeth's Triad group hold their monthly meeting earlier this month at the Cape Elizabeth Police Department. Members are, from left, Cape Elizabeth resident Stephanie Betzold, Cape Elizabeth police officer David Galvan, South Portland police officer Bob Libby, South Portland residents Elizabeth Holstrom and Liz Darling and Cape Elizabeth resident Marge Dunham.

unresponsive or can't speak, we would be able to use the information they had previously written down. That includes medical history, such as 'I have had a hip replacement,' or 'I have a heart condition,' so the paramedic can better treat that person," Galvan said.

The medical information forms and magnets are available in town at the Cape Elizabeth Town Hall, the police department and Thomas Memorial Library. Quite a few people have taken advantage of the program.

"It's hard to say how many people, but I do know that we go through a lot of [the refrigerator magnets], because I have to re-order them," Galvan said.

Yellow Dot

People who participate in the Yellow Dot program keep medical and contact informa-

tion in their car glove compartments and put a yellow sticker on their cars alerting emergency responders that the information is there.

"So say they're involved in a car crash, and they're unresponsive, we know to look in their glove box for a little pouch that has information," Galvan said.

Great Starts

Residents in the Great Starts program keep in close touch with police.

"How the program works is as a kind of daily check-in. Every day a person has to call [the police] at, say, 10 a.m. If we don't hear from them at 10, then dispatch automatically will call them. If they fail to get a hold of them, they will send a police officer

—see TRIAD page 16

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Cape fifth-graders finish seventh at math meet



Photo by Kelly Hemeon

Cape Elizabeth Middle School's fifth-grade math team, clockwise from top right, advisor Alison Caruso, Pippa Huffard, Juliet Moore, Annemieke Buterbaugh, Thomas Leopold, Max Hemeon and Robbie Trowbridge came in seventh out of 30 teams at the Southern Maine Elementary Math League's final math meet on May 3 at the Portland Expo.

Pond Cove to have five early release days starting at noon, not 1:30 p.m., next year

Wendy Keeler

Pond Cove School students who have an earlier-is-better philosophy about dismissal time on early release days got some good news on May 10 when the School Board amended its previous vote for 1:30 p.m. early release days during the 2016-2017 school year.

Instead, Pond Cove students will get out at noon on the five early release days scheduled for staff development next year: Mondays, Sept. 19 and Dec. 5, 2016; and March 6, April 3 and May 8, 2017.

On April 12, the board voted 4-3 for five 1:30 p.m. release days to allow for more classroom teaching time than noon dismissal times permit. But on May 10, after School Board Chair Elizabeth Scifres pointed out an error in parliamentary procedure in the April 12 vote, the board took another vote.

Board members narrowly approved a motion by Michael Moore for five noon early-dismissal days.

"The proposal that was made last time actually reduced professional development

time," Moore said. "At a minimum I think we should at least maintain the hours of professional development, because we never requested a proposal to reduce that," he said.

Since the winter, board members have been discussing ways to strike a balance between classroom teaching time and teacher planning time at Pond Cove, where staff members have less time for planning than teachers at the other two schools.

In February, Pond Cove Principal Kelly Hasson proposed two plans – one for 1:30 p.m. dismissal times on seven days, and the other for five days with noon releases.

On April 12, Scifres and board members Joanna Morrissey, Heather Altenburg and Susana Measelle Hubbs voted for a compromise plan that added five 1:30 p.m. early release days. Board members Moore, Voltz and Barbara Powers, who favored Hasson's proposal for seven 1:30 p.m. days, voted against it.

On May 10, Scifres, Altenburg and Measelle Hubbs voted against the noon early release days.

Board members agreed on the need to study the issue further before voting next year on the 2017-2018 school calendar.


William Steidl named National Merit Scholar

Cape Elizabeth High School senior William Steidl has been named a 2016 National Merit Scholar. He is among 2,500 high school seniors chosen from a pool of more than 15,000 finalists.


Steidl will receive a \$2,500 scholarship from the National Merit Scholarship Corporation in Evanston, Ill.

The competition started in October 2014 when juniors across the country took the PSAT, the preliminary Scholastic Aptitude Test. In September 2015, the highest-scoring participants in every state were named semi-finalists, and NMSC named finalists this winter.


To select winners, a committee of educators appraised information submitted by finalists and their high schools, including academic records, standardized test scores, contributions to school and community, an essay, and a recommendation written by a high school faculty member.




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Education foundation awards seven grants totalling nearly \$75K this spring

The nonprofit Cape Elizabeth Education Foundation will award seven grants totaling nearly \$75,000 this spring.

The organization, which has a mission of funding innovative school programs that fall outside the Cape Elizabeth school budget, has given grants adding up to nearly \$1.2 million since its 2002 founding. The dollar amount awarded this spring is among the largest awarded in one grant period within the past decade, CEEF President Ellen Jordan said.

"The spring grant recipients went above and beyond with their proposals, and the passion and excitement around these projects was inspiring," Jordan said.

A \$42,840 grant will go toward an initiative to strengthen Pond Cove's technology integration program while updating the school's library-media center to create a flexible innovation space for students and teachers.

A \$4,950 award will fund tuition for a team of Pond Cove first-grade teachers to attend a five-day program at Teachers College at the Columbia University Summer Read-

ing Institute in New York City. The program will focus on teaching methods and curriculum planning.

Another \$3,630 will fund a new 3D printer for the Cape Robotics team. The money will support the team's goal of using solid modeling software to develop prototypes, complete robot designs and 3D print parts for their robots.

A grant of \$7,800 will fund a project-based learning initiative at Cape Elizabeth Middle School. The program will be launched in seventh grade and then implemented in other grades.

An \$8,660 award will go toward the Cape Elizabeth High School Library and Learning Commons' renovation this summer. The grant money will purchase lightweight tables, mobile shelving units and end caps.

The final grant, for \$5,580, will go toward a sexual assault awareness day for CEHS. The program, which was scheduled to take place May 23 after The Cape Courier's May 27 issue went to press, is designed to educate students about and give strategies for the prevention of sexual assault.

Cape Elizabeth High School seniors to benefit from Cape Water Extrication Team donation



Members of the Cape Elizabeth Water Extrication Team and the 2016 Cape Elizabeth High School Project Graduation committee, from left, Steve Culver, Molly Coburn, Dan Hannigan, Mary Ellen Carignan, Trudi Bakke and Andy Strout display a poster representing the \$775 check that the WETeam donated to the committee for Project Graduation, a night of safe activities for newly graduated CEHS seniors the night of their commencement. Every year, the team holds a New Year's Day "WET Dip" fundraiser for Project Graduation at Kettle Cove, where swimmers take the plunge in the Atlantic. Project Graduation for members of Cape Elizabeth High School's Class of 2016 is set for Sunday, June 12, after their 1 p.m. graduation.

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'Little Mermaid' to open on Friday, May 27

Cape Elizabeth High School's "The Little Mermaid," will open Friday, May 27, at CEHS.

Shows are planned at 7 p.m. on Friday, May 27; Saturday, May 28; Friday, June 3; Saturday, June 4; and at 2 p.m. on Saturday, May 28; Saturday, June 4; and Sunday, June 5, in the school auditorium. Tickets, sold only at the door, will be \$11 for adults and \$6 for students and senior citizens.

"We are pleased to bring you the first official Maine high school production of this newly released Disney Broadway musical," CEHS Theater Director Richard Mullen said. For more information, contact Mullen at rmullen@capeelizabethschools.org.



Photo by Jenny Campbell

Cape Elizabeth High School junior Ryan Wallace will play Clutter, the sea gull, in the school's upcoming production, "The Little Mermaid."

Students to display, talk about wide range of independent study projects on June 7

Cape Elizabeth High School students involved in the pilot year of the "Student Driven Learning" independent study program will display their work and speak about their projects and the program on Tuesday, June 7, from 5 to 6:30 p.m. in the CEHS library. Community members are invited.

For one period a day this year, 11 CEHS

students have worked on projects they chose, planned and developed, including helicopter design, e-commerce, filmmaking, documentary filmmaking, playwriting, education, big data analytics and neuroscience. Next year, 30 students will do independent projects. For more information, contact John Holdridge at jholdridge@capeelizabethschools.org.



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Cape Elizabeth Town Council Invitation to Residents

The Cape Elizabeth Town Council is hosting a community dialogue at 7:00 PM on **Wednesday, June 8th** in the Thomas Memorial Library Community Room.

Citizens are invited to share their thoughts and ideas on matters important to them. Members of the town council will be available to listen and answer questions. This informal session is a continued effort to provide additional opportunities for the council to hear from citizens.

Please mark your calendar for June 8th!

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Cape Elizabeth Church of the Nazarene
 499 Ocean House Road (Route 77)
 799-3692
 www.capenazarene.org
 Sunday School for all ages: 9:30 a.m.
 Sunday Worship Celebration: 10:45 a.m.
 Services streamed live or on demand:
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Cape Elizabeth United Methodist Church
 280 Ocean House Road
 799-8396
 www.ceumc.org
 Chapel Service: 8 a.m.
 Sanctuary Service: 10 a.m.
 Child care & Sunday school: 10 a.m.
 Adult Sunday School: 9 a.m.

The Church of Jesus Christ of Latter-day Saints
 29 Ocean House Road
 767-5000
 Sacrament Meeting:
 Sunday 9-10:10 a.m.
 Sunday School: 10:15-11 a.m.
 Primary: 10:15 a.m.-noon
 Relief Society, Priesthood: 11 a.m.-noon

The Church of the Second Chance
 Greater Portland Christian School
 1338 Broadway, South Portland
 641-3253
 Sunday: 10:30 a.m.-12:15 p.m.

Congregation Bet Ha'am
 81 Westbrook St., South Portland
 879-0028
 www.bethaam.org
 Worship: Friday, 7:30 p.m.
 Saturday, 10 a.m.
 Family Shabbat services:
 Second Friday, 6:30 p.m.

First Baptist Church of South Portland
 879 Sawyer St., South Portland
 799-4565
 www.spfbc.com
 Sunday Morning Worship: 9:30 a.m.
 Awana Clubs (Grades 3-8): Tuesday 6:20 p.m.

First Congregational Church United Church of Christ
 301 Cottage Road, South Portland
 799-3361
 www.fccucc.org
 Chapel Worship: 8:30 a.m.
 Sanctuary Worship: 10 a.m.
 Sunday School: 10 a.m.
 Preschool Child care: 10 a.m.

Promised Land World Reach Center
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 Sunday Worship: 10 a.m.
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Saint Alban's Episcopal Church
 885 Shore Road
 799-4014
 www.stalbansmaine.org
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 Celtic Service: Sunday, 5:30 p.m.
 Children's/Youth Programs: 9:30 a.m.
 Nursery: Sundays, 9:30 a.m.

Saint Bartholomew Roman Catholic Church
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 799-5528
 www.saintbarts.com
 Sunday Mass: 9 a.m. and 11 a.m.
 Monday & Tuesday Masses: 8 a.m.

Blue Hill Bach concert at St. Alban's on June 28

Blue Hill Bach, a summer music festival in Blue Hill, will offer a limited seating "house concert" at the St. Alban's Episcopal Church rectory at 6 p.m. Tuesday, June 28. Blue Hill Bach presents historically informed performances, recordings and educational events that explore vocal and instrumental music of the Baroque. The concert will offer a sampling of the 2016 festival highlights and will feature musicians on pe-

riod instruments. The event also will include performances by sopranos Nola Richardson and Marcia Gronewald Sly, violinist Michael Albert, oboist Stephen Hammer, cellist Abraham Ross and festival music director John Finney on harpsichord. Email events@stalbansmaine.org for tickets, which are \$50. Proceeds will benefit outreach ministries at the church, located at 885 Shore Road. Call 799-4014 for information.

Roman Catholic Cluster 22 receives \$1K grant

St. Bartholomew Roman Catholic Parish and fellow parishes in Cluster 22 will receive \$1,000 to launch a program to assist families in need who currently receive fuel assistance. The cluster, which also includes St. Maximilian Kolbe Parish in Scarborough and St.

John and Holy Cross Parish in South Portland, is one of 10 parishes in Maine that recently received 2016 "Matthew: 25" awards from the Catholic Charities Maine Parish Social Ministry. Matthew awards benefit parishes that directly serve vulnerable people in need, regardless of their faith affiliation.

Football registration fees to rise after June 1

Registration for Cape Elizabeth football programs for players in grades 6-12 is Wednesday, June 1. After that, fees will rise. Fees before and after June 1 are \$135 and \$185 for fourth- to sixth-graders; \$155 and \$205 for seventh- and eighth-graders; and \$160 and \$210 for high school players. Scholarships are available. Download registration and scholarship forms at football.capeelizabethschools.org for high school football players and at eteamz.com/capefootball

for all other players. The Cape Elizabeth Football Boosters will supply all youth tackle players with helmets for the 2016 season and will partner with the Maine Concussion Management Initiative to provide ImpACT testing for seventh- and eighth-grade players. ImpACT is a tool for providing baseline and post-concussion data related to neurocognitive functioning. The testing already happens at the high school level.

Triad

Continued from page 13

to the residence." Residents have to fill out an application at the police department to register.

Triad forums are held the third Thursday of every month from 2 to 3 p.m. in the Cape Elizabeth Fire Station's community room.

Triad business meetings, held from 3 to 4 p.m. on the first Wednesday of every month, alternate monthly between the Cape Elizabeth Police Station and the South Portland Community Center, 21 Nelson Road. The next will take place June 1 in South Portland. Meetings are held in the conference room on the second floor.

Contact Galvan at 767-3323, ext. 208, for more information.

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Photo by Sarah Maccoll

Cape Elizabeth resident Jill Darling, far left, and her husband Pavel, far right, with their children Henry and Ava, take turns exercising.

How Cape residents fit in fitness

By Sarah Maccoll

Julie Merriam's email tag line reads "Do small things with great love." Anna vanHuystee recalls having just 20 minutes for workouts years ago. Jill Darling makes her baby jogger runs special for her children by promising them dirt paths. Indeed, I have seen 1-year-old Henry's hands. He does love dirt paths. For these women small steps allow them to stay fit.

Busy people make fitness a top priority. They also know the research: Movement of any kind at any time makes us happier and healthier. Sitting does not. Again this year Anna is training for a half ironman. Swimming 1.2 miles, cycling 56 and running 13.1 demands months of training over 10 hours weekly but anyone with a bike can try segments of her workouts. For example, she sometimes rides a 3x6-minute functional threshold power workout at 95 to 100 percent intensity. Of course, you will warm up first, as she does, perhaps riding for 20 minutes, talking yourself into it. If you don't talk yourself into the intensity part, at least you've gotten your 20 minutes!

Jill runs early when husband Pavel can watch the kids, and vice versa for Pavel. Jill takes them in the baby jogger if Pavel is traveling. I see them all walking Ava to day care, pulling Henry in his wagon. Jill ran a fast Midwinter Classic this February and seems quite sane, so her routine must be working.

"This is literally the only time I have for myself, and I know getting my run in makes me a better mother," Jill says.

She'd like to do more cross training, but I'll remind her that lifting, pulling, pushing kids, and managing a house, go a long way towards that. Perhaps when Jill's kids grow up a bit she'll need to fit that cross training in.

Julie has added HIIT – High Intensity Interval Training, a class at the Cape gym – to her thrice weekly swims.

"It does not always feel great to go to the pool, however, it always feels great once I've finished. For me, swimming keeps me sane. It makes all the events of the rest of the day – any struggles – just roll right off. It makes me feel healthy and happy," Julie says.

And there's an additional upside, she notes.

"It allows me to enjoy eating ice cream with my kiddos, now 8, 10, 11 and 18."

Health and exercise aren't the only incentives for Julie.

"It's also an awful lot to do with the people I swim ... with," she says. "In many cases, if it weren't for swimming, I wouldn't even know the others in my lane. Our lives are just so incredibly different, and the pool brings us all together."

Sometimes it's the love, not the fitness, that gets Julie there. Find someone you'd love to get fit with.

Cape Elizabeth resident Sarah MacColl, a certified medical exercise specialist and personal trainer, writes a column for *The Cape Courier* about fitness, geared to Cape Elizabeth residents.



Tony Decker: PGA's Golf Pro of Year for 2016

Purpoodock Club Golf Professional Tony Decker recently was named the Professional Golfers' Association's Maine Chapter "2016 Golf Professional of the Year," the highest honor bestowed on a PGA professional. A Westbrook resident who has been working at the club since 2014, Decker, 47, was nominated by his peers in Maine and selected by a PGA awards committee.

New Lions' new scoreboard promises pizza



Photo by Brian Guthrie

Cape Elizabeth Little League Majors baseball players, from left, Aidan Walters, Owen McAnuff, Eoin Murphy, Gannon Stewart, Dylan Swift, Connor Knowles, Quinn Morse and Chris Cloutier are among the first players to stand under New Lions Field's new scoreboard. CELL was able to replace its more than 20-year-old scoreboard "thanks in large part to a donation made by Dr. David Jacobson, owner of Two Lights Dental, who has agreed to a longterm sponsorship on the scoreboard," CELL Board of Directors President Todd Gagne said. In addition to seeing their runs lighting up the board, players will have the chance to score a free pizza by hitting the tooth at the center of the board's target.

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Photo by Robin Loughman

David Volin stands below the owl box he built and installed in town-owned woods.

Volin

Continued from page 1 _____

the ground,” Volin said.

Think like an owl

When choosing the right spot for a barred owl box, “we have to be cognizant of what owls really need,” Volin explained. “If they’re too close to civilization, if there’s too much human activity, the owls won’t be around.”

Home dwellers thinking about putting one up ideally should have at least a half-mile of woods behind their house, he recommended. When selecting a site that can be observed, it’s still important to keep it at a

distance.

“You want to have it at least a couple hundred feet in back of the house, preferably with some degree of vegetation between the box and you to mask what human activity will be there.”

You also need patience. “I’m under no illusion we’re going to get owls right away,” Volin said of his current project. One nesting box he read about “took seven years before the owls found it, approved it, signed the lease and moved in.”

At the very least, he said, “You want to have the box up there long enough so that when the following fall rolls around and in November and December they start looking around for places, it’s there for them to see.”

Budget

Continued from page 1 _____

their May 9 meeting in order for the June 14 validation vote to occur within 30 days of the budget approval, as required by state law.

The budget was adopted by a 4-2 vote. Councilor and Finance Chair Kathy Ray and Councilor Jessica Sullivan voted against the school, town, and combined budgets.

“I think we need to slow this train of increases,” said Sullivan.

A public hearing on the combined budget was held at the May 9 meeting. No one from the public spoke.

In separate actions, the council approved the budget for several special funds. These include funds for Cape Rescue, Portland Head Light, Fort Williams Park, sewers and Spurwink Church.

The Fort Williams Park budget includes \$440,000 toward engineering and design of a proposed amphitheater to replace the crumbling concrete bleachers in the parade ground area. Council approval of the concept and designs are still required before the project proceeds.

Oakhurst neighborhood is a step closer to greenbelt link

Access to the greenbelt trail system from the Oakhurst neighborhood has been a priority for the Conservation Commission since at least 2012. At the May 9 meeting, councilors voted to authorize the purchase of a parcel of land that will bring this neighborhood link closer to reality.


The council voted 7-0 giving the green light for the town to purchase a wooded parcel of land adjacent to 8 Rock Wall Lane for \$75,000. The parcel nearly completes wooded public access from Oakhurst Road to Loveitt Woods, an 18-acre town-owned parcel of woods, wetlands and hiking trails between the Oakhurst and Sherwood Forest neighborhoods. Trails within the parcel provide direct access to extensive greenbelt and Cape Elizabeth Land Trust trail systems extending to the center of town and beyond.

With the purchase, public access to Loveitt Woods is still not quite complete. Town officials hope to soon achieve full public access through an agreement with another property owner that can complete the wooded trail link.

“By the time we get this fully accessible, it will open up access to the greenbelt system to about 200 homes in the Oakhurst area,” noted Council Chair Molly MacAuslan. “That is astounding to me.”

The funds for the purchase will come from the town’s Land Acquisition Fund.

“This is precisely the type of situation for which this fund was created,” said Councilor Jessica Sullivan.





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yard tools, furniture, cabinets. Saturday, May 28,
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Next deadline: May 27 For Issue Date: June 10

CLASSIFIED AD RATES

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Checks, cash, PayPal (credit cards)		<i>The Cape Courier</i>	
Minimum credit-card order: \$12		P.O. Box 6242, Cape Elizabeth, ME 04107	
NAME	PHONE	EMAIL	
ADDRESS	ZIP Code	START DATE	**No. of ISSUES

As of the May 27 issue, the per-line rate for classified ads has dropped to \$4 per line.

FOR SALE

Cape Elizabeth Greeting Cards by nature pho-
tographer Martha Agan magan@maine.rr.com.
New releases for sale at Ocean House Gallery near
the Thomas Memorial Library parking area.

Antique Oak Clawfoot Table. Recently restored
top. 4.5 ft in diameter, 3 unfinished leaves to extend
table to sit 10, \$695. **Burled Antique Walnut Ex-
ecutive desk.** 3 drawers each side, 1 middle drawer,
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Contact Lisa at 508-380-4517

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Piano lessons for all ages. Beginners through
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Call for Nominations

2016 Thompson Award

The "Thompson Award" is named in
memory of Timothy Thompson. It
honors a Cape Elizabeth school system
faculty or staff member who reaches out
to Cape Elizabeth students in lasting
and meaningful ways. Nominees in
consideration are individuals who go
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Go online to ceef.us and click on "awards,"
download a nomination form and
recommend a teacher or staff member
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The deadline for nominations is June 3.

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Reading The Courier in the D.R.

Emerson, left, and Mason Cross lounge in a poolside cabana with *The Cape Courier* in Punta Cana, Dominican Republic, where they vacationed last month with their family. "The kids had a ball," their mother, Lynne Cross, wrote in an email to *The Courier*.



... and Aruba

Camden Woods, a Cape Elizabeth Middle School sixth-grader, takes a break to catch up on the latest hometown news during a family vacation in Aruba this spring.

More Neighbors on pages 10, 11



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