

# The Cape Courier

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An Independent Not-for-Profit Newspaper  
Serving Cape Elizabeth Since 1988

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## WELCOME TO CAPE ELIZABETH

A SPECIAL ISSUE ON THE INS & OUTS OF WHAT MAKES OUR TOWN UNIQUE

By Kevin St. Jarre and Marta Girouard

It is that time of year when Cape Elizabeth opens its collective arms to welcome back our seasonal friends, to give a warm reception to those visiting our many sites and local establishments, and especially to welcome our newest residents.

Since the 17th century, people have known what a special community this is, and they've worked hard to keep it that way. Descendants of many of the founding families are still here, centuries later, and some of them still working the same fields their ancestors did.

Anyone who has moved can recall the amount of work and adjustment involved. That is why along with our regular news, we

are including tips and practical information for Cape's newest residents. In this issue, you will find details on town hall, our newly renovated library, how to take advantage of the many activities offered by community services and where you can dispose of your boxes after you have unpacked.

Once you are settled in, we advise you to get out and explore the town because Cape Elizabeth has something for everyone. Fort Williams Park is home to the world famous Portland Head light. It also has many picnicking areas with wonderful views of the ocean, and a new Children's Garden



for the younger ones in your family to explore. Since its inception in 1985, the Cape Elizabeth Land Trust has permanently protected over 650 acres of land for public benefit. Whether you like to hike, bike or snowshoe, the town offers many miles of trails winding through wonderfully and conscientiously preserved green spaces. And with summer almost upon us, this time of year is all about the beaches.

Cape Elizabeth is a vital economic community as well, and we ask that readers slow down and really take stock of the many local businesses reaching out

through advertising, inviting you to experience the many goods and services right here in town. Be sure to check out the "Why I love Cape" quotes sprinkled throughout the issue from Cape residents who also own businesses in Cape. We keep our community strong by buying locally.

Above all, Capers are friendly, and we want you to know how happy we are that you're here. Maine's slogan is "the way life should be," and most can agree that is what Cape Elizabeth is all about. We at the Courier extend a warm welcome to our newest Capers - we hope you love it here as much as we do.

## Annual Memorial Day parade set for Monday, May 29

By Jim Huebener

Memorial Day in Cape Elizabeth will be observed with a parade, followed by a ceremony at the War Veteran's Memorial on Scott Dyer Road in front of Pond

Cove Elementary School. This is an opportunity for the community to come together in remembrance of those who have died serving our nation.

The parade begins at 9 a.m. Parade

-see PARADE pag11



Photo by Martha Agan

*Memorial Day, unlike Veterans Day, is not a day to remember all those who served. It is, instead, a day set aside to honor those who fell while serving their country, intended as a day of reflection and remembrance.*

## Why go to Portland? Shop Local!

By Tara Simopoulos

While Portland offers many wonderful restaurants and shops, you don't need to go over the bridge to find what you need. Cape Elizabeth offers an abundance of services and shopping experiences. Sip a blueberry martini on the back lawn of Travel & Leisure's 2016 World's Best Hotels winner, The Inn by the Sea. Or grab a lobster roll at CSalt Gourmet market where you can also grab a cool gift for that someone special.

Looking to get your hair done? Visit Polly's Haircare Center where they have been making Cape beautiful since 1981.

Cape offers several realtors, landscapers, dentists, carpenters, electricians...whatever you need, Cape has it. And you will probably find their ad here in the Cape Courier. Remember, buying local ensures that you are keeping Cape's economy thriving. Support your local businesses.

## Recommended \$24.9 million school budget goes to referendum

The Town Council on May 15 approved a \$38.7 million combined budget for 2017-18, including a \$24.9 million school budget that is \$1 less than what the School Board recommended. A validation referendum on the school budget will be held June 13.

Councilors voted 4 to 2 to approve the budget after four deadlocked votes on proposals to trim both school and town spending. Councilors Penny Jordan, Caitlin Jordan, Patty Grennon and chair Jamie Garvin ultimately voted to approve the budget, and to send the School Board's recommended budget - minus \$1 - to referendum.

Councilors Kathy Ray and Jessica Sullivan voted against.

The combined budget will mean a tax rate of \$18.19 per \$1,000 of assessed valuation, up 3.7 percent, or 65 cents over this year's rate.

The approved town budget of \$12,137,599 is \$48,000 less than was pre-

sented at a public hearing May 5.

A \$48,000 administrative assistant position for the facilities department was removed from the budget following the resignation of director Greg Marles and pending restructuring of the department.

Councilors on May 15 also rejected a School Board request to have half of any additional state subsidy the schools may realize after budget approval to replenish the department's unassigned fund balance.

Instead, councilors voted to direct any unanticipated state subsidy solely to tax relief, and if subsidy comes to less than the \$1.9 million budgeted, the schools may curtail spending to offset the shortfall.

Also at the special meeting, the council voted to appoint Shore Road resident Jim Kerney to an unexpired term on the Fort Williams Park Committee, ending in December 2018.



Throughout this issue look for "Welcome to Cape" pieces designated by a lighthouse icon.



**The Cape Courier**  
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 Cape Elizabeth Maine 04107  
 207-838-2180  
 www.capecourier.com

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 The mission of The Cape Courier is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

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 Letters may not exceed 250 words. We reserve the right to refuse letters and to edit for length, accuracy, clarity and civility. We do not withhold names and writers may be limited to one letter per month. Petition-style letters will be declined. Letters reflect the opinion of the author, not The Cape Courier. Email letters to: editor@capecourier.com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. Please note: Letters will be acknowledged by email.

**NEXT ISSUE:** June 7  
**DEADLINE:** Noon, May 26

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## CELT conserves land, helps others enjoy it

How lucky we are to live in a place like Cape Elizabeth. I often find myself somewhere exclaiming, "It's so beautiful! Can you believe this is home?"

We are especially fortunate that since 1986, the Cape Elizabeth community has helped the Cape Elizabeth Land Trust (CELT) permanently conserve over 650 acres for walkers, runners, bikers, nature lovers, fishermen and bow hunters to enjoy year round. CELT protects significant scenic lands, shores and forests, wildlife habitats, and farms that feed us, and serves as a resource for landowners wishing to explore the many options available when they want to sell their land.

In addition to conserving land and providing recreation options for Cape, CELT programming helps to inspire young and old alike with the wonders of the natural world around us. Collaborating with Pond Cove School, CELT develops and leads traditional woods and pond walks for 1st, 3rd and 4th graders and their teachers, and creates exciting outdoor field experiments that spark the minds of 2nd graders.

Kara Leopold, CELT supporter, has many fond memories of walks with CELT: "The multi-season walks with first graders are pure magic. It is particularly memorable to watch the patient, knowledgeable CELT guides take the children through the winter dormancy and the exhilaration of finding scat in the snow. The children learn to become observers of the natural world, appreciating the life around them in different seasons.

The fourth grade exploration of Robinson Woods reinforces these skills, helping

them stay engaged for the years to come." CELT also sponsors many community programs for adults.

What can you and your family experience out and about today in Cape Elizabeth? Education Coordinator Linden Rayton loves the field of False Solomon's Seal and Lily of the Valley that grow between Belfield Rd and the Pond Trail in Robinson Woods. She advises to breathe it all in!

Suzanne McGinn anticipates the arrival of lady slippers blooming in Robinson Woods and at Great Pond. The wild viburnum blooming along Cantor Way easement "looks like a fairy's paradise."

Longtime outdoor educator Lisa Gent watches for turtles sunning themselves on the big log in the pond at Robinson Woods, and delights in finding salamander and frog eggs in vernal pools. I can't wait to dust off my paddleboard and head down the Fenway Rd access trail for some "paddle-birding"; my son's first foray into balancing on the paddleboard was in warm Great Pond.

Want to warm up your hiking boots? Join Executive Director Cindy Krum, Past Board President Kathleen Janick and Town Conservation Committee member, Jeremy Gabrielson to walk the Cross Town Trail on June 3 to enjoy 7.5 miles worth of exploring diverse ecosystems such as marshes, woods, and views of Great Pond between Fort Williams to Kettle Cove.

Hope to see you on the trails this summer.

**Erika Carlson Rhile**  
 Board of Directors, CELT

## Overview of Cape's town government

In 1967, Cape Elizabeth converted from a town meeting form of government to a Town Council-Town Manager form of government.

The seven member Town Council is elected at large on a non-partisan basis for staggered three-year terms. Municipal elections are held on the Tuesday following the first Monday in November.

The Town Council appoints the town manager, town assessor, town attorney and members of numerous citizen boards and committees. The council enacts ordinances after public hearings and determines overall policy. The council also adopts an annual budget each May.

The town manager administers day-to-day operations and appoints department heads subject to the approval of the Town Council. The manager prepares the budget and is responsible for its implementation.

The Town has a full-time police department, on-call fire and rescue companies, a public works department, assessing, codes and planning offices, a public library, a lighthouse museum, an emergency preparedness department, a full service Town Hall, and administers a local general assistance program.

Water and sewer services are provided by the Portland Water District and electric service is from Central Maine Power Company.

# THANK YOU!

Your voluntary subscriptions and other contributions help keep this community newspaper coming to your mailbox.

*Thank you to these recent generous contributors:*

**Joel & Kim Bassett**

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**Jackie & David Allen**

**Meg Baxter**

Checks made out to The Cape Courier may be mailed to P.O. Box 6242, Cape Elizabeth, Maine, 04107. Future contributions will be acknowledged in an alphabetical format. Please include a message on your correspondence if you prefer to remain anonymous.



Town Manager Matthew Sturgis held a Lunch & Learn on May 11th at Cape Elizabeth Community Services. Participants attended a catered lunch and afterwards, Sturgis led an interactive discussion of town topics.

## Our Schools

- Cape Elizabeth is known for its high performing school system
- More than 90 percent of graduates go on to post-secondary education
- About 80 percent of middle and high school students participate in extra-curricular activities ranging from sports to debating to the arts
- In 2016, a Pond Cove Elementary School teacher was named Maine Teacher of the Year

First Day of School - September 5, 2017



### Enrollment Breakdown:

- **Pond Cove Elementary School:** 552 students
- **Cape Elizabeth Middle School:** 543 students
- **Cape Elizabeth High School:** 518 students

Last Day of School - June 11, 2018

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# MAP OF CAPE ELIZABETH - CAPE COURIER



Source Data: Maine Office of GIS

## School Board adopts safe haven resolution, Town Council needs more time

By Marta Girouard and Kevin St. Jarre

On May 9, the School Board unanimously affirmed and approved a resolution establishing Cape Elizabeth schools as a safe haven for students and families of every race, religion, nationality, gender, ethnicity or sexual orientation.

The resolution was brought to the school board by the Cape Diversity Coalition, a group formed in November to promote inclusiveness and non-discrimination in Cape Elizabeth.

The Town Council is considering a similar resolution, but has modified the one proposed by the coalition. The Town Council

is inviting all people to a workshop June 5, and is expected to act on the proposal June 12.

The resolution already adopted by the School Board, reads as follows:

### Cape Elizabeth Schools Resolution

*Resolution Establishing Cape Elizabeth Schools as a Safe Haven for Students and Families of Every Race, Religion, Nationality, Gender, Ethnicity or Sexual Orientation*

WHEREAS, we are alarmed by the recent escalation of hateful rhetoric against

-see RESOLUTION page 20

## Explore the Cliff Walk, Children's Garden or drive out to Two Lights

By Marta Girouard

Fort Williams Park is not only home to the Portland Head Light, but also many other wonderful attractions. The Cliff Walk, which leaves just uphill from the beach near the entrance of the park, follows the rocky coast around to the other side of the park, passing Portland Head Light and offering wonderful views of Ram Island Ledge Light and the islands of Casco Bay. The park also houses the Goddard Mansion ruins by the beach, built in 1858-89 for local businessman John Goddard. The Children's Garden at Fort Williams Park, opened in 2016, features a frog pond, tree fort, natural meadow, and more.

### Two Lights

Cape Elizabeth Light, also known as Two Lights, is a lighthouse adjacent to Two Lights State Park. The area is known as Two Lights because two towers were originally built in 1828 as twin lighthouses. Although not open to the public, the eastern lighthouse is an active, automated light station, visible 17 miles at sea. The western light was removed from service in 1924 (and eventually sold in 1971 to actor Gary Merrill who had previously been married to Bette Davis). Merrill sold the property in 1983. One of the towers was the subject of Edward Hopper's famous painting "The Lighthouse at Two Lights."

## Climb up inside the Portland Head Light



### Annual Maine Open Lighthouse Day

By Marta Girouard and Kevin St. Jarre

Maine Open Lighthouse Day, an annual event that offers the general public the rare opportunity to climb and learn about more than two dozen historic Maine lighthouses, will be held this year on September 9.

To visit the Portland Head Light, and climb inside of it, approximately 280 tickets will be made available for visitors on a first-come-first serve basis the day of the event, which are necessary for climbing the tower.

You must be at least 48 inches tall and able to handle more than 85 steps unassisted to climb the tower.

Completed in 1791, Portland Head Light is the oldest lighthouse in the state of Maine. It was the responsibility of the United States Department of the Treasury until 1852 when management was transferred to the US Lighthouse Board, then reorganized into the Bureau of Lighthouses in 1910. In 1989, the maintenance of the lighthouse was automated and transferred over to the United States Coast Guard, thus ending the tradition of the lighthouse keeper.



Photo by Kevin St. Jarre

For more information on Maine Open Lighthouse Day visit [www.lighthousefoundation.org/maine-open-lighthouse-day](http://www.lighthousefoundation.org/maine-open-lighthouse-day)

## Cape Elizabeth Recycling Center

### Located on Dennison Drive, off Spurwink Avenue

The town does not offer curbside collection of solid waste. Residents can utilize the Recycling Center for disposal of household refuse, or may choose to contract with a private refuse hauler for pick-up. In addition, the center has containers for recyclables, waste oil, demolition material, brush and leaves and cardboard. The Recycling Center is also the home of our Swap Shop and Bottle Donation Shed. Permits can be obtained at the Recycling Center office, upon providing proof of residence.

The Recycling Center is closed on New Year's Day, Memorial Day, Fourth of July, Labor Day, Thanksgiving, and Christmas. If any of these holidays falls on a Monday, the area will be open the following day from 8:00 a.m. to 5:00 p.m.

Sunday	Closed
Monday	10:00 AM to 7:00 PM
Tuesday	Closed
Wednesday	8:00 AM to 5:00 PM
Thursday	Closed
Friday	8:00 AM to 5:00 PM
Saturday	8:00 AM to 5:00 PM



On Christmas Eve 1886, the Annie C. Maguire, a British ship sailing from Argentina struck the ledge at Portland Head Light. Lighthouse Keeper Joshua Strout (four generations of the Strout family would serve as lighthouse keepers), his son, wife, and volunteers rigged an ordinary ladder as a gangplank between the shore and ledge. All on board made it to shore safely.

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# Welcome to Cape Elizabeth

## Handy information to cut out...



### Cape Elizabeth Town Hall

320 Ocean House Road  
 Mailing Address: P.O. Box 6260, Cape Elizabeth, ME 04107  
 Phone: (207) 799-0881  
 www.capeelizabeth.com  
 Office Hours: 7:30 a.m. to 5pm on Monday; 7:30 a.m. to 4 p.m. on Tuesday-Friday  
 Town Manager: Matthew Sturgis  
 Assistant Town Manager: Debra Lane

There are many things new residents can get done at Town Hall, including but not limited to registering your car, paying taxes, licensing your dog, and registering to vote. The Town of Cape Elizabeth provides a number of opportunities for citizens to conduct business online either through email, online forms or downloadable forms that may be printed and mailed or brought to Town Hall. The information for all town departments is online and it is recommended that new residents search there for information on town services. Contact information is provided so that one can direct specific questions to the appropriate department. Visit: <https://www.capeelizabeth.com/home.shtml>

### Thomas Memorial Library

6 Scott Dyer Road  
 Phone: (207) 799-1720  
 www.thomasmemoriallibrary.org



Recently renovated and expanded in 2016, Thomas Memorial Library lends books, magazines, audiobooks on cassette and CD, videos (VHS & DVD), and music CDs. The library also participates in Minerva, a consortium of nearly 60 Maine libraries, including public, academic, school, and special libraries that includes access to over six million items.

The library offers a variety of programs for children, teens, and adults, such as weekly story times for babies and toddlers, an after school hangout area for elementary and middle school students, recurring book groups and much more. For more information, visit: <http://www.thomasmemoriallibrary.org/>

Library Hours  
 Monday: 9:00 – 5:00  
 Tuesday: 9:00 – 8:30  
 Wednesday: 9:00 – 5:00  
 Thursday: 9:00 – 8:30  
 Friday: 9:00 – 5:00  
 Saturday: 9:00 – 5:00  
 (Saturday in summer: 9:00 – 1:00)

### Cape Elizabeth Community Services

343 Ocean House Road  
 (207) 799-3184  
 www.capecommunityservices.org



Cape Elizabeth Community Services provides a wide variety of recreational, educational, social and cultural activities and programs. Housed at Cape Elizabeth High School, Richards Community Pool is a six-lane, 25 yard-pool offering swim lessons, lap swims, open swim and senior swims. A Fitness Center is located inside the Richards Community Pool building. Equipment includes treadmills, cross trainers, recumbent bikes, upright bikes, stepper, and Cybex Weight machines. Community Services also offers the Cape Care program, a childcare program with preschool and after school options.

You can learn more about these programs and all other activities online, where you can also sign up for many of the programs. For more information, visit: <http://www.capecommunityservices.org/>.

# Dog bites letter carrier, two hit-and-runs, single egg thrown at garage in the night

Reported by Debbie Butterworth

### COMPLAINTS

- 4-25 An officer met with a resident of the Fowler Road area regarding a harassment complaint.
- 4-25 Two officers responded to a residence in the Woodland Road area for a well-being check.
- 4-27 An officer received a wallet that was found at Cumberland Farms. The owner was contacted and property returned.
- 4-27 Two officers responded to a residence in the Scott Dyer Road area for a domestic disturbance.
- 4-29 An officer spoke with a resident of the Mitchell Road area regarding a dog at large complaint.
- 4-29 An officer met with a resident regarding possible criminal threatening.
- 4-29 An officer responded to Sawyer Road and met with a contractor who had observed a vehicle go off the road and strike a mailbox, then left the scene. The contractor provided the plate number and the officer made contact with the driver.
- 4-29 An officer responded to a residence in the Ocean House Road area for a barking dog complaint.
- 4-29 Two officers responded to Fort Williams for a verbal altercation.
- 4-30 Two officers responded to a residence in the Oakhurst Road area to keep the peace while a subject removed some personal property per a court order.
- 4-30 An officer responded to Fort Williams for a report of subjects inside Key's Bunker using spray paint.
- 4-30 An officer met with a resident on the Scott Dyer Road area regarding a suspicious person complaint.
- 5-1 An officer met with a resident of the Shore Acres area regarding the theft of a set of summer tires on rims.
- 5-1 An officer found several walking poles at Shore Road and Belfield Road. The poles were returned to the police station for safe keeping.
- 5-1 Two officers met with a resident of South Portland who reported that while her car was parked at The Cookie Jar on Shore Road, a young male in an older pickup truck struck her car and left the scene.
- 5-2 An officer responded to a residence in the Stonybrook area and met with a mailman who had been bitten by a dog. The dog's vaccinations were current and the owner was served with a ten day quarantine notice.
- 5-2 An officer met with a resident of Shore Acres regarding a trespass complaint.
- 5-4 An officer met with a resident of the Mitchell Road area regarding an assault complaint.

- 5-4 An officer met with a resident of the Cross Hill area regarding a noise complaint.
- 5-7 An officer met with a resident of the Shore Road area who reported that someone had thrown an egg at her garage in the night.
- 5-7 An officer responded to a residence in the Ocean House Road area for a well-being check.
- 5-8 An officer met with a resident of the Old Ocean House Road area regarding a possible Code Enforcement issue.

### SUMMONSES

- 4-25 Scarborough resident, speeding (44/30 zone), Sawyer Road, \$137
- 4-28 Phippsburg resident, uninspected vehicle, Shore Road, \$137
- 4-28 Windham resident, speeding (67/45 zone), Route 77, \$215
- 4-28 South Portland resident, uninspected vehicle, Shore Road, \$133
- 5-1 Scarborough resident, uninspected vehicle, Bowery Beach Road, \$133
- 4-30 Scarborough resident, criminal trespass, failure to submit to arrest, assault, Rams Head Lane
- 5-1 Portland resident, operating without a license, Route 77, \$137
- 5-8 Cape Elizabeth resident, uninspected vehicle, Route 77, \$133

### ACCIDENTS

- 4-27 Karen Willens, Amanda Monson, accident on Ocean House Road
- 4-29 Nicholas Gray, accident on Sawyer Road

### ARRESTS

- 4-30 Scarborough resident, criminal trespass, failure to submit to arrest, assault, Rams Head Lane
- 5-6 Jonathan Stanley, accident on Abaco Drive.

### FIRE CALLS

- 4-26 Rooundabout Lane, investigation
- 4-26 South Portland Mutual Aid
- 4-30 Portland Mutual Aid
- 4-30 Crescent View, fire alarm
- 5-4 Tanager Lane, carbon monoxide alarm
- 5-5 Scarborough Mutual Aid
- 5-6 Portland Mutual Aid
- 5-7 Cape Woods Drive, appliance fire
- 5-8 Sawyer Road, car accident
- 5-8 Woodland Road, carbon monoxide alarm

### RESCUE CALLS

There were 19 runs to Maine Medical Center. There were 3 patients treated by rescue personnel but not transported.

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## Sleeper family donates another \$15k to memorial scholarship

Cape Elizabeth High School is pleased to announce that the Sleeper family, whose sons all graduated from CEHS, are generously donating another \$15,000 to the Keith G. Sleeper Memorial Scholarship which will allow this Scholarship to continue beyond its current 35th anniversary and onto its 50th anniversary in 2032.

This Scholarship was created in 1981 after the untimely passing of Keith Sleeper, Class of 1981.

Keith (like his brothers before him) was very active in the theater program at the High School and the Scholarship was a way of continuing to acknowledge the involvement other graduating seniors (both male and female) in the program going forward.

With this latest donation, the Sleeper family believes now is an appropriate time to further enhance the continuing Scholarship to also highlight and show added appreciation for Mr. Mullen's longstanding devotion to CEHS's theater arts program of more than 40 years.

It was Mr. Mullen who originally nourished Keith's interest and involvement in the program and he also, with the generous involvement of the high school and others, was instrumental in maintaining the ongoing viability of the Scholarship over the past 35 years.

The Sleeper family wishes to thank Mr. Mullen for his many years of serving the students at the high school and in maintaining a very active theater arts program, so vital in today's world.

Additionally, it should be noted, that consistent with a recent proclamation from the Town Council, the Scholarship has been awarded annually to both a graduating female and male who have shown the type of devotion Keith did to the theater program, without consideration of the recipients' race, religion, nationality or orientation.

That is a tradition the Sleeper family wholly supports and wishes to continue.

## Season finale of Local Writers at The Local Buzz offers poetry, fiction

On Saturday, May 27, from 4 to 5 p.m., Local Writers at The Local Buzz wraps up its 2016-2017 season of monthly readings featuring Maine writers reading original fiction, nonfiction and poetry.

This marks the sixth year of the popular series hosted by writers Marcia F. Brown and Linda Aldrich.

The Local Buzz café and wine bar, located at 327 Ocean House Road in Cape Elizabeth, will host poet Rachel Contreni Flynn and fiction writer, Juliette Guilmette.

**Rachel Contreni Flynn** was born in Paris and raised in a small farming town in Indiana.

Her second full-length collection of poetry, *Tongue*, won the Benjamin Saltman Award and was published by Red Hen Press.

Her chapbook, *Haywire*, was published by Bright Hill Press, and her first book, *Ice, Mouth, Song*, was published by Tupelo Press after winning the Dorset Prize. She was awarded a Fellowship from the National Endowment for the Arts, two literature grants from the Illinois Arts Council, and in 2015 the Maine Literary Award for Poetry (Short Works).

Rachel is a graduate of Warren Wilson College MFA program. She has taught poetry at Northwestern University and Colby College and is the co-editor of the *Beloit Poetry Journal*. She lives in Gorham, Maine.

**Juliette J. Guilmette** lives in Hallowell, Maine. She holds an MFA in fiction from Colorado State University.

She currently teaches creative writing at Kennebec Valley Community College and serves on the editorial board of the *Beloit Poetry Journal*.

The event is free and open to the public. Audience members may enjoy The Local Buzz menu of teas and coffees, wine or cocktails and locally sourced food during the readings. More information at: [www.localbuzzcafe.com](http://www.localbuzzcafe.com)

## And the Chewonki tradition continues...



Contributed photo

*CEMS 6th graders departing for another rich experience at Camp Chewonki.*

Every year the 6th grade class of Cape Elizabeth Middle School makes a trip to Chewonki in Wiscasset for their Outdoor Experience Program.

This program, which is the only of its kind in the U.S., has become a rite of passage for students since its inception more than 20 years ago. This year, the Class of 2023 made their way to Chewonki for 4 days of camping, cooking on the fire and numerous activities that challenge them both physically and mentally.

They learn teamwork, leadership skills, a better understanding of nature as well as the satisfaction of succeeding in an

environment that takes them out of their comfort zone.

With zero communication with parents, no electronics and somewhat spotty weather, they arrive back to Cape to cheering crowds (both parents and MS students) and lots of fanfare.

By the smiles on their faces, it was evident that this experience will stay with them for a lifetime. A great portion of this experience is funded by the Middle School Parents Association and their tireless efforts to ensure every child is afforded this wonderful life experience.

## Cape Elizabeth: A snapshot of now and then



By Marta Girouard

The first recorded description of the town was that of Samuel de Champlain around 1604. In 1615, English explorer John Smith mapped New England and Cape Elizabeth was named for Princess Elizabeth (later Queen of Bohemia). The first settler was on Richmond's Island when a trading post was created in 1628 and two years later, the first habitants settled on the mainland.

Cape Elizabeth was originally a part of Portland (then named Falmouth) and it petitioned for and obtained their own government in 1765, becoming Maine's 23rd town. It included all the area lying south of Portland Harbor and east of the Spurwink River. Commercial and industrial growth was concentrated in the north end of town (now South Portland) while on the outer side; life was more rural with farming and

fishing being the major occupations. In 1895, the two sections separated after disagreement over the installation of water mains. The northern end took the new name of South Portland, and the southern end of the original town became the present town of Cape Elizabeth.

### Demographics

- 12 minutes from downtown Portland, Maine
  - 9015 residents; 48% male and 52% female
  - The highest per capita income in Maine
  - School system often ranked as the best in Maine, and high nationally
  - 3rd highest home values in the state
  - Made up of community-oriented families and active seniors
  - 271 residents are foreign born, which exceeds the statewide per capita average
- For population 25 years and over:**
- High school or higher: 96.8%
  - Bachelor's degree or higher: 58.7%
  - Graduate or professional degree: 26.8%



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## TD Beach to Beacon's High School Mile – a showcase vent for Maine's top young athletes – returns for 2017

Applications are now being taken for the second annual B2B High School Mile, a showcase event for top young runners from across Maine who want to compete against their peers on Aug. 4 in Cape Elizabeth.

The top 20 boys and girls, based on their qualifying times, will be invited from the pool of applicants to take part in this exciting event on Friday afternoon in Fort Williams, which will kick off race weekend for the special 20th running of the TD Beach to Beacon 10K the next morning (Aug. 5).

The B2B High School Mile is a two-loop course beginning near the Portland Head Light and ending across the official TD Beach to Beacon finish line in Fort Williams. Last year's inaugural race set a festive tone for the event, featuring Olympians, special singlets for the runners and more than 400 enthusiastic spectators. The winners were seniors Tia Tardy of Lincoln and John Hassett of Castine, both multi-state champions in Maine.

"We couldn't have asked for a more exciting first event in 2016 and we're looking forward to expanding on that success this year," said Joan Benoit Samuelson, the Maine native and Olympic gold medalist who founded the TD Beach to Beacon 10K. "Our aim with the B2B High School Mile is to celebrate the achievements of dedicated and passionate high school track and cross country athletes from throughout Maine. We hope to attract the best and then bring out their best."

The event is open to all Maine high school runners entering their senior, junior or sophomore years who met the following qualifying standard during the 2016-17 school year: for boys, 5:00 (or sub 17:30 for the 5K), and girls, 6:15 (or sub 20:30 for the 5K).

Interested and eligible athletes can apply at [www.beach2beacon.com/mile](http://www.beach2beacon.com/mile) through June 30.

Runners can use their cross country, indoor or outdoor track times - and if they improve their time between now and the application deadline, they can submit an updated time.

Forty athletes from the pool of applicants will then be invited to participate based on verification of the times they submit. Runners will be seeded and compete in four heats of 10 runners, two for boys and two for girls. Medals will be awarded to the top three boys and girls overall.

The High School Mile is open to spectators and will precede the annual Kid's Fun Run on the Soccer Field at Fort Williams.

Uniforms for all participating athletes are provided by Nike. Each race will be scored and timed using the FinishLynx timing system. Renowned race announcer Toni Reavis, known as "The Voice of Running in America", will introduce the athletes and call each race.

The inaugural B2B High School Mile included a pre-race mini Olympic torch ceremony featuring Samuelson and three-time Olympian Craig Virgin; race starters Ben True, a Maine schoolboy legend who went on to win the TD Beach to Beacon the next day, and Jordan Hasay, one of the most celebrated high school runners ever who finished third at the Boston Marathon last month; and a post-race medal ceremony at the TD Beach to Beacon finish line.

In addition to receiving words of encouragement and inspiration from Samu-

elson and Virgin, the high school runners were able to meet and speak to True and Hasay. Even more interaction with world-class athletes is expected this year.

For additional information, high school athletes and track coaches are asked to contact B2B High School Mile Coordinator Morgan Lake Adams at [mlakeadams@gmail.com](mailto:mlakeadams@gmail.com).

The TD Beach to Beacon celebrates health, fitness and giving back. In 2016, 6,336 runners from 15 countries, 43 states and more than 265 Maine cities and towns finished the winding, rolling, often breathtaking 6.2-mile coastal course. Thousands of spectators cheered runners along the route and at the finish, and more than 800 volunteers helped ensure a smooth operation. The race debuted in 1998 with 2,408 runners crossing the finish line.

The 2017 race beneficiary is Let's Go!, a nationally recognized program of The Barbara Bush Children's Hospital at Maine Medical Center focused on increasing physical activity and healthy eating for children from birth to age 18. Let's Go ([www.lets-go.org](http://www.lets-go.org)) will receive a \$30,000 donation from the TD Charitable Foundation, the charitable giving arm of TD Bank, America's Most Convenient Bank®, and also benefit from fundraising and publicity connected to the race.

Also, the TD Beach to Beacon's charity bib program now generates an additional \$150,000 or so for Let's Go and past race beneficiaries each year.

The TD Beach to Beacon each year attracts a top field of world-class athletes. More than \$90,000 in prize money is awarded to the top finishers and place winners in the various categories for men and women.

The TD Beach to Beacon 10K is directed by Dave McGillivray of DMSE Sports ([www.dmsesports.com](http://www.dmsesports.com)), who also directs the B.A.A Boston Marathon and is regarded as one of the industry's best at creating a safe, positive experience for participants.

For additional information about the race, visit [www.beach2beacon.org](http://www.beach2beacon.org), and find the TD Beach to Beacon on Facebook, Twitter and Instagram.



Eligible Maine high school runners can now apply online for one of 40 spots in the Aug. 4 High School Mile event in Cape Elizabeth. The race was first run in 2016, pictured above.

## Rotary completes final phase of improvements at Fort Williams Park



Contributed photo

The South Portland-Cape Elizabeth Rotary Club just completed the final phase of its latest efforts at Fort Williams Park, we revitalized the picnic shelter. This phase of the project included landscaping including new plantings and general sprucing up, following installation of an expanded patio and walkways. It was a group effort. Pictured left to right: Nancy Irving, Scott Irving, Catherine Callahan with daughter Audrey and husband Bret LeBleu; John LoBosco, Bill Anderson, Mike and MaryAnne Tranfaglia; Hugh O'Shea; Nicole Albert; Nancy Hawes; David Rogers

# BACK 2 BACK Cape Backpack Drive!

Students across Maine go to school each day carrying their books and school supplies in grocery bags or worse. That's unacceptable. Help us make a difference. We want your old backpacks!



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**HOW?** Drop your old backpacks off at The Morrissey's, 20 Olde Fort Road, before the end of the school year! It's easy!

# Recycling center traffic pattern temporarily altered to allow upgrade, provide safety

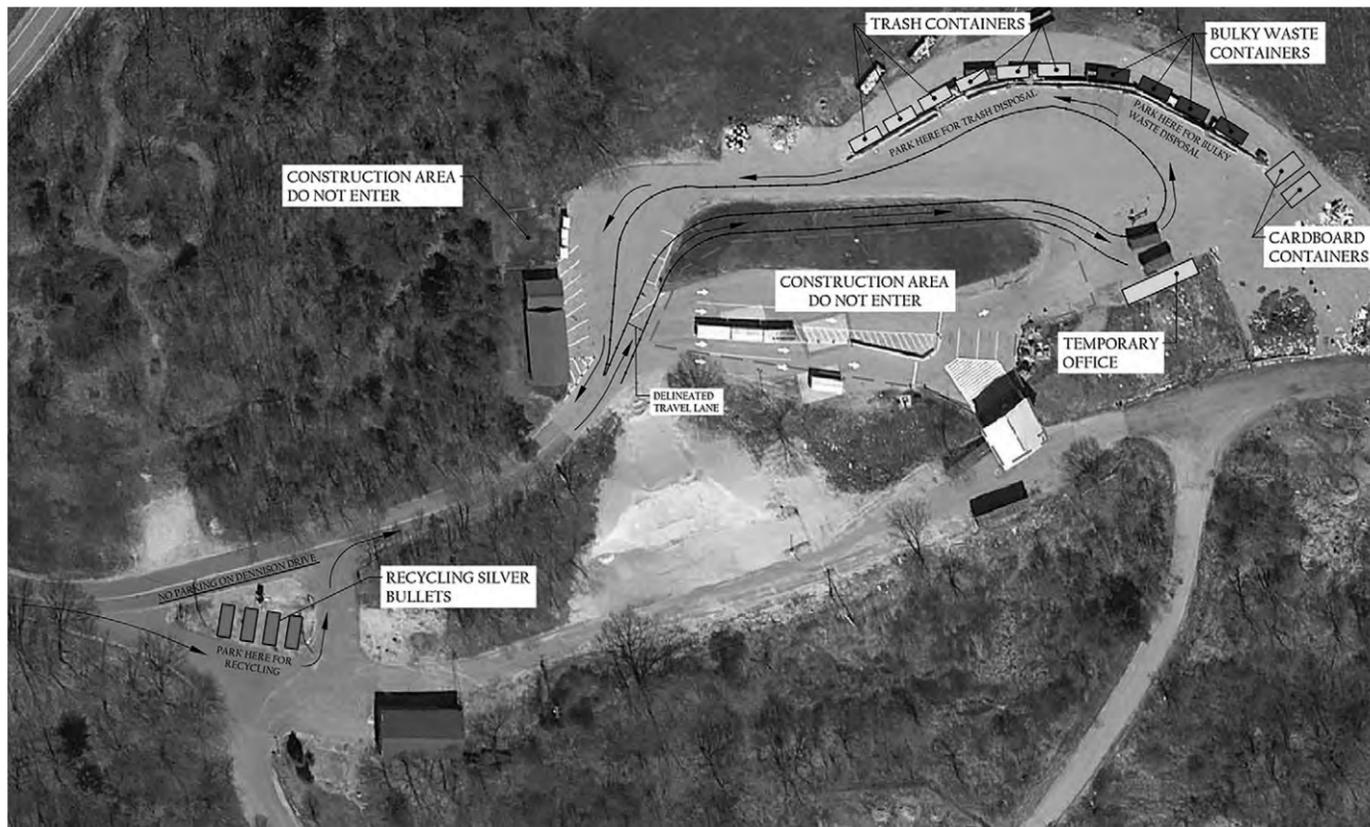


Image provided by Robert Malley

The image above shows the temporary change to the traffic pattern at the Recycling Center. This will allow the contractor to proceed with site improvements in a safe and efficient manner. The lanes will be identified with traffic control devices and signage to make it very clear on how to traverse the site.

The biggest change will be that the compactor will be taken out of service and household trash will now be deposited in roll-off containers behind the retaining wall. They will be made accessible, but there will be concrete barriers in front of them to meet the required fall protection standards.

The "Silver Bullets" will be relocated outside of the entrance gate near the Salt Shed. Finally, the office will be relocated to where the cardboard containers used to be to allow for the rehabilitation to the compactor building.

# Cape Elizabeth snow plow team headed to rodeo championship



Contributed photo

Jason Emery (right) and Todd Hubbard (left) will represent Cape Elizabeth in the State of Maine Snow Plow Rodeo Championship.

Equipment Operators Jason Emery (right) and Todd Hubbard (left) of the Public Works Department will join two teams from Cumberland County to compete in the State of Maine Snow Plow Rodeo Championship in Skowhegan on June 1.

Emery and Hubbard placed third in a field of 22 teams at the annual competition held at the Portland Public Works Facility on Canco Road on Wednesday, May 17.

Rodeo officials believe Hubbard may have recorded the lowest number of penalty points in the history of the competition, which has taken place each year since 1993.

Operators Thomas Perkins and Jon Talbot also represented Cape Elizabeth at the competition.

# More than 400 residents took advantage of the Household Hazardous Waste Collection



Photo by Robert Malley

Public Works staff assist residents who have lined up to dispose of chemicals and electronic waste.

More than 400 residents took advantage of the Household Hazardous Waste Collection held May 13 at the Public Works facility.

Public Works staff assisted with the

collection, which allows residents to dispose of old paints, chemicals, petroleum products and electronic waste at no charge.

Members of the Recycling Committee were also there, providing information on food-waste composting and handing out surveys to gauge awareness of the collection.

The town contracted with two licensed consolidators to package and properly dispose of items, many of which are recycled. Household Hazardous Waste collection is held annually for Cape residents on the second Saturday of May.

## THOMAS MEMORIAL LIBRARY FOUNDATION SEEKS NEW MEMBERS

The Foundation provides financial support for library programs, staff education and special projects.

In 2014-15, it organized the highly successful capital campaign, which funded all the new furniture, fixtures and equipment in the newly renovated library.

Contrary to popular myth, members of the Foundation do not need to be large financial contributors.



For details on the Foundation and how to apply, go to:

[www.thomasmemoriallibrary.org/foundation](http://www.thomasmemoriallibrary.org/foundation)

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## CEHS alumnus one of two PSU Men's Lacrosse players to earn Little East post-season honors

The Little East Conference Men's Lacrosse All-Star teams were announced Tuesday and two Plymouth State University student-athletes were honored with All-Conference recognition for 2017.

Seniors Adam Haversat of Cape Elizabeth, and Nicco Sorrentino of Chelmsford, Massachusetts were All-LEC Second Team selections for the Panthers, Haversat at long-stick midfield and Sorrentino at attack. The All-Conference teams are selected by a vote of the league's head coaches.

A four-year veteran for the Panthers,

Haversat has been an outstanding defensive player and a menace on ground balls his entire career. He ranks second in the Little East this spring with 42 caused turnovers and 107 ground balls, and ranks 26th nationally in caused turnovers and 48th in ground balls. Haversat owns the school records for both ground balls in a season (107) and career (312).

The two Panther All-Stars were key players as PSU finished with a 9-8 overall record and tied for third in the Little East with a 4-3 conference mark.

## Family Fun Day fast approaching

By Debbie Butterfield

It's that time of the year to begin thinking about Family Fun Day, Saturday June 17.

This will be the 34rd annual Cape Elizabeth Family Fun Day Celebration!

Last year, the event was spectacular with pristine weather, the largest parade in years, and a day full of fun activities, great musical entertainment, and delicious food offerings.

In addition to all of this, the Casco Bay Wind Ensemble performed in the evening right up to the fireworks display.

This year promises to be even better with added musical entertainment and more exhibitors; and as always, there is no admission fee.

Weather permitting, there may even be hot air balloon rides, courtesy of RE/MAX.

The day begins at 10:00 AM with the annual parade from Shore Road to Fort Williams. In addition to the marching band,

Little League and other group floats there will also be a Dixieland band entertaining along the route.

Vendors will be selling a variety of food, art, and crafts.

The Don Campbell Band and Seagrass will once again provide musical entertainment.

Returning will be the Moon Bounce, Climbing Wall, Inflatable Obstacle Course, and Bungee Jump.

Kids can participate in the giant water balloon toss, and the annual Dog Show will take place in the afternoon, as well as a petting zoo.

The Casco Bay Wind Ensemble will provide an evening of musical entertainment for concert-goers to enjoy leading up to the 9:00 PM fireworks display. Picnics are encouraged and there will be food trucks parked in the adjacent parking lot.

## Cape Elizabeth High School alumni win Childhood Cancer 3v3, play to raise awareness and funds



Contributed photo

Back row- Nick Jobin of Westbrook, Matt Donovan CEHS Class of 2010, Sam Leal York High School Class of 2010.

Bottom row- Andrew Dickey CEHS Class of 2010, Coach Corbin Burke, Elise Moloney CEHS Class of 2007, childhood cancer survivor Emma Dube, Emily Donovan CEHS Class of 2009, Eliza Dube

A number of Cape Elizabeth High School alumni were part of a team that were this year's champions in the Maine Children's Cancer Program Swish Out Childhood Cancer Program 3 v 3 basketball tournament. 60+ teams at the University of Maine competed to create awareness for childhood cancer and raise valuable funds.

This year the team grew close to childhood cancer survivor, Emma Dube, from Topsham, who donned the team's jersey, "Emma's Fearless Bears" (her favorite animal) while cheering her team on the entire time with sister, Eliza, and parents Sara and Tom.

Emma beat liver cancer thanks to the support of her family, friends, Maine

Children's Cancer Program, and the greater area community.

When Emma grows up she wants to be a nurse so she can help kids just like her with childhood cancer. Her ideal day is playing at Popham Beach with her family and Elise (Moloney) from MCCP on her birthday in August this year.

Across the country, on average, 43 children are diagnosed with cancer every day. The average age at diagnosis is six years old. Programs such as Swish Out strive to help.

## 'Fort Williams: First Person, an Oral History Retrospective'



Opening reception on May 5 of the multimedia exhibit, "Fort Williams: First Person, an Oral History Retrospective." A series of short films, created from an archive of interviews assembled over the last 18 months, forms the core of the installation. The exhibit will be on display through the month of May at Thomas Memorial Library.

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# Cape wear

The Pond Cove Parent Association will be selling clothing emblazoned with Cape at the upcoming Cape Challenge 5K Race. Items range from sweatshirts to baby onesies. They are also selling Cape dog accessories. There will be a table set up on the day of the race, June 4. It's a great opportunity to show your Cape pride. Items will be limited.



### Why I love Cape

Why do I love Cape Elizabeth... where do I begin? The wonderful mix of people, the beautiful coastline and preserved land, the farms and fishermen, the proximity to Portland's amenities, Jordan's u-pick flowers with an honor system - what other town has something like that? Cape Elizabeth has it all, which makes it an easy sell!

- **Andrea Pellechia**, Realtor/Legacy Properties, Sotheby's International Realty

# Fort Williams Park Foundation does so much, annual Garden Tour coming this summer, always looking for volunteers



People marvel at the beauty of Fort Williams Park, and residents have an abundance of pride that this is where local children's sports teams host their opponents. This amazing park is free to all thanks to the citizens of Cape Elizabeth, but its 90 acres need a lot of care.

In an example of public-private partnership, the Fort Williams Park Foundation is a not-for-profit that works to preserve and enhance the natural and historic resources of the Park through funding support and stewardship for projects.

Run by an all-volunteer board and four employees including Arboretum Director James McCain, Development Assistant Dianne Manning and two seasonal, part-time gardeners, the foundation has worked tirelessly to sustain and protect this iconic park.

Using private donations and over 100 dedicated volunteers per year, the foundation has: removed more than four acres of invasive plants, created pollinator corridors and established acres of native habitat for birds and insects, nurtured native plants and opened new vistas and trails to enjoy, partnered with the Cape Elizabeth Historical Preservation Society to record the stories of those who lived and worked at the park when it was an Army base, and collaborated with local schools to use the park as an outdoor classroom and foster environmental stewardship in our youth.

Last fall, the foundation opened the Children's Garden—a natural wonderland near the skating pond that helps kids experience and appreciate the natural world through play and exploration.



*The Fort Williams Park Foundation has removed more than four acres of invasive plants, created pollinator corridors and established acres of native habitat for birds and insects, nurtured native plants and opened new vistas and trails to enjoy, partnered with the Cape Elizabeth Historical Preservation Society to record the stories of those who lived and worked at the park when it was an Army base, and worked with local schools to use the park as an outdoor classroom and foster environmental stewardship in our youth.*

The foundation also offers a variety of annual events to engage the community and will host its annual Garden Tour sponsored by Maine Home and Design on Saturday, July 15, from 9 a.m. to 4 p.m.

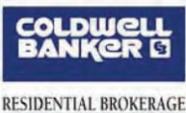
Tickets are now on-sale online at <https://fortwilliams.org>, and will be at area retailers by June.

Community volunteers are absolutely

essential to the foundation's work, especially those individuals or families who have signed up to Adopt-a-Plot in the park.

Weeding and mulching can be fun when done in such a beautiful location. Visit [fortwilliams.org](http://fortwilliams.org) to learn more about volunteering your time or making a donation to help preserve and enhance this great Park for future generations.

# Welcome Home.



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## Parade

Continued from page 1

participants are asked to gather at the intersection of Fowler Road and Rt. 77 at 8:30 a.m. The parade route begins at that intersection, continues north on Route 77, turns left onto Scott Dyer Road, and ends at the Memorial. A brief ceremony and laying of the wreath will be held at the Memorial after the parade.

The parade will include members of the Cape Elizabeth police, fire and rescue departments, the Water Extrication Team, Lions Club, Rotary Club, Middle School Marching Band, Boy Scouts and Girl Scouts.

Veterans and active-duty personnel are invited to march. We encourage anyone who has a family member on active duty in the armed services to notify Jim Huebener at 207.767-1754 or jhuebener56@gmail.com so they can be recognized. Groups interested in marching should also contact Jim Huebener.

The 2017 Memorial Day Parade Grand Marshals are Frances Jordan Banks, a U.S. Army nurse during World War II, and Ernest Brien, an infantryman who saw combat in World War II and Korea.

Following the ceremony, residents and guests are invited to an Open House at the Town Center Fire Station.

The event will be canceled only in the event of rain. The cancellation will be announced on the Cape Elizabeth town website by 7 a.m. on the day of the parade. No alternate location has been set.

## Cape Elizabeth native Zachary Hillman wins academic prize

Wesleyan University student Zachary Hillman of Cape Elizabeth (formerly of Cape Elizabeth High School) was recognized this spring with the American Institute of Chemists Award. It is awarded for outstanding achievement to a graduating chemistry major.



## Cape Elizabeth Middle and Elementary Schools top two winners of 2017 Maine Recycles Championship

Of more than 132 Maine schools, Cape Elizabeth Middle and Elementary Schools were announced as the top two winners of the 2017 Maine Recycles Championship.

The Maine Recycles Championship is a community-based competition hosted by CLYNK, where more than 130 Maine schools compete to raise funds for critical school programs, all while learning about the impact of recycling.

This year's competition was record breaking across the board. Not only did they see the highest school participation ever, more than \$44,000 was raised for the schools, equating to more than 680,000 bottles and cans redeemed through the competition.

During the competition, schools rallied their local communities to use CLYNK's easy bag-drop program at their local Hannaford.

In addition, schools hosted "virtual bottle drives" through CLYNK's website, making it easy for people to designate their personal CLYNK funds directly to their local school's account.

"For several years now our volunteer CLYNK team has worked tirelessly behind the scenes to bring our school and community together to generate as much money as possible, while also having a positive impact on the environment," added Sheri Bragg, Head of the CLYNK program for MSPA at Cape Elizabeth Middle School. "Through CLYNK and the Maine Recycles Championship, we can send our 6th Grade students to the Chewonki Outdoor Camp, as part of their Outdoor Experience curriculum, at a greatly reduced fee for families."



Photo courtesy of Pond Cove Elementary School

Pictured left to right: Evelyn Maher, Chloe Blackstone, Abby Proctor and Carter Simpson.

## Winter in Charleston!



Charleston, South Carolina area offers beautiful beaches, great golf courses, fabulous restaurants and a mild climate. I grew up in Cape Elizabeth, graduated from the College of Charleston in 2011, and have made Charleston my home. If you are thinking of relocating, retiring or buying a second home, I would love to introduce you to Charleston and help you find a home. Call, email or text me if you or anyone you know are thinking about a move to the Charleston Area!

### Pat Gallant, Realtor

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## Injured baby fox rescued by locals, turned over to experts



Photo by Susana Measelle Hubbs

*This baby fox, known as a kit, was found injured by a local mother and son. They turned the young animal over to a certified caretaker from Maine Wildlife Refuge.*

On May 12, Susana Measelle Hubbs and her son Aidan were on their way to do a school run when they spotted a damp baby fox curled up at the bottom of their front steps. The fox was wary at first approach but easily won over by Aidan's gentle touch. Aidan was able to lift the fox onto a dry towel and put her inside a pet crate. It was obvious to them that the fox's hind leg was injured.

After a number of phone calls and many helpful suggestions, neighbor Dan Bryant located a certified caretaker of Maine Wild-

life Refuge, who agreed to take the baby fox in her care.

The caretaker suspected that something might have happened to the mom, since the pup had not been weaned yet. She advised to keep a lookout for any remaining pups that may be stranded. After evaluation, it has been determined that the pup does not have any broken bones, but it does have nerve damage to its hindquarters.

The hope is that with rest and rehabilitation, it will be able to bounce back and can be returned to the wild.

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[www.maineblindsandshades.com](http://www.maineblindsandshades.com)

## Artist Russ Lamer to show

Starting June 2, The Local Buzz in Cape Elizabeth will feature the art exhibit “Faces” by artist Russ Lamer. The exhibit will run through the month of June, and The Local Buzz will open the exhibit with an artist’s reception on Friday, June 2 from 5 to 7 p.m. The public is welcome.

Lamer, a former Cape Elizabeth resident, now lives in South Portland and Scottsdale, Arizona. He enjoys digital finger painting on his iPad, but his primary focus is painting on canvas with acrylic paints.

Early in his career, he used his creativity and love for art while working in numerous advertising agencies as a writer and creative director. He also did cartooning for fun and in support of published short stories.

The artist that influenced him the most is Erik Wahl, a graffiti style portrait artist and author of the books “UNthink,” and “The Spark” and “The Grind.”

Lamer said, “I find his style exhilarating, fun, and his imagination boundless.”

Lamer’ philosophy about art is simple... explore your passion for art, let your imagination guide you, and paint what you feel.

“I want to be known as the artist who paints the faces of social issues, and the faces from stories that capture my imagination, then let individuals draw their own conclusions,” he said.

The public may come to The Local Buzz in Cape Elizabeth the month of June and see his many “Faces” on exhibit.



The Local Buzz in Cape Elizabeth will feature the art exhibit “Faces” by artist Russ Lamer. Lamer, a former Cape Elizabeth resident, now lives in South Portland and Scottsdale, Arizona. He enjoys digital finger painting on his iPad, but his primary focus is painting on canvas with acrylic paints. The exhibit will run through the month of June.

## Festival of Curiosity brings serious fun



Contributed photo

Mad scientist and Cape Elizabeth Middle School teacher Aaron Fileo.

On Friday, June 2, the school day at Cape Elizabeth Middle School will be taken over by the Festival of Curiosity. Teachers, parents and a variety of makers, scientists and artists will staff over 50 hands-on activity stations. These STEAM (Science Technology Engineering Technology Arts and Math) activities are designed to be fun and engaging. Yet underneath the fun, there is a serious purpose. The Festival offers a chance to reinforce some key educational concepts: hands-on learning, a curious mindset, and student engagement.

The popularity of hands-on learning has grown rapidly with things like the rise of the Maker moment nationwide. More recently, research has begun to show the power of hands-on learning. University of Chicago professor Sian Beilock noted in her 2015 paper Physical Experience Enhances Science Learning that when students physically experience scientific concepts, they learn the

concepts better, test better and retain the information longer.

Beyond hands-on learning, the Festival aims to foster a curious mindset in students. Each activity will provide take-home questions and participants will be encouraged to think beyond just the activity at hand. Learning to ask good questions is at the heart of critical thinking skills, develop-

-see CURIOSITY on page 20



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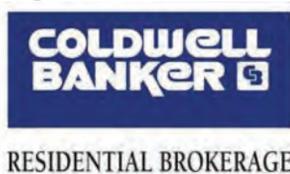
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## Dr. Zev Myerowitz awarded Doctor of the Year



Contributed photo

Dr. Zev Myerowitz was honored as Doctor of the Year by the Maine Chiropractic Association. He is the youngest winner ever.

Dr. Zev Myerowitz of Cape Chiropractic and Acupuncture recently received the Doctor of the Year award from the Maine Chiropractic Association.

This is his first time receiving the award and he is the youngest doctor in MCA history to have received the honor.

In addition to his duties at Cape Chiropractic and Acupuncture, Myerowitz serves on the board of directors for the Maine Chiropractic Association and is the speed and agility coach for the Cape Elizabeth high school football team.

## Cape Elizabeth athletes advance to Regional Playoffs as members of U19 Casco Girls Travel Ice Hockey team

The U19 Casco Bay Girls Travel Ice Hockey Team advanced to the Regional Playoffs on March 17-18th, held in Auburn this year, with games against three Vermont and Connecticut teams.

Shown in the top photo are the seniors on the team who have played travel hockey across New England together since middle school. Cape Elizabeth players are wearing their CEHS uniforms: Front row- Hannah Bosworth and Kate Ginder; Back Row: Eliza Connolly

The team is made up of players from several high schools and played all year from September through March in addition to their high school season schedules.

Coaches shown in full team photo below are Ken Ginder of Cape Elizabeth, Charlie Clement of Falmouth and Head Coach Alex Essman of Portland.

For their senior year season on the Cape Elizabeth/South Portland/Waynflete girls ice hockey team, Eliza Connolly and Kate Ginder were named to the Maine Principals Association (MPA) Girls Ice Hockey Coaches Association First Team and Hannah Bosworth to the Second Team. All three were named to play in the 2017 All Star North vs. South MPA game.



Cape Elizabeth players are wearing their maroon CEHS uniforms: Front Row: Hannah Bosworth and Kate Ginder; Back Row: Eliza Connolly.



Coaches shown in full team photo below are Ken Ginder of Cape Elizabeth, Charlie Clement of Falmouth and Head Coach Alex Essman of Portland.



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**Why I love Cape**

“I love all of our public open space and our engaged citizens.” - **Jamie Wagner**, Jamie Wagner Law/ Owner, The Local Bizz

## Thirty artists secure their place in Cape Elizabeth Land Trust's 2017 Wet Paint Auction

Tickets are now on sale for the Cape Elizabeth Land Trust's (CELT) tenth annual Paint for Preservation Wet Paint auction fundraiser on Sunday, July 9, 2017. This event is widely recognized as one of Maine's premiere art auctions. Proceeds benefit CELT's conservation of the shorelands and marshes, farmlands and woodlands that provide scenic beauty, recreational opportunities and important wildlife habitat in Cape Elizabeth.

Throughout the weekend of July 7-9, the public is welcome to view artists painting en plein air at designated public and private locations chosen to highlight Cape Elizabeth's natural beauty. Sunday evening, the newly created artwork will be auctioned live at a tented reception hosted by Tilly Hagen on Breakwater Farm Road, a beautiful seaside location overlooking Richmond Island. The reception will feature locally-sourced delicacies catered by Cape Elizabeth's own chef Brett Cary, and live music by Cul de Sax. CELT especially appreciates the efforts of many volunteers from throughout the Cape community to bring this event to life.

Tickets for the reception and auction are limited and reservations are required. Call the CELT office at 207-767-6054, email [info@capelandtrust.org](mailto:info@capelandtrust.org) or go to [www.capelandtrust.org/paint-for-preservation-2017/](http://www.capelandtrust.org/paint-for-preservation-2017/) for tickets.

Thirty accomplished and award-winning artists were selected from a highly competitive field by a jury including Kelley Lehr and John Danos, new owners of Greenhut Galleries, and gallery founder Peggy Greenhut Golden. This year's slate is a mix of returning and new artists, including:

- Joshua Adam, Castine, ME;
- Jacalyn Beam, Greenville, DE;
- MJ Benson, South Portland, ME;
- Paul Bonneau, Cape Porpoise, ME;
- Catherine Breer, Freeport, ME;
- Ken DeWaard, Hope, ME;
- Marsha H. Donahue, Millinocket, ME;
- Cooper Dragonette, Cape Elizabeth, ME;
- Erin McGee Ferrell, Falmouth, ME;
- Margaret Gerding, Kennebunkport, ME;
- Roy Germon, Portland, ME;
- Lindsay Hancock, Gray, ME;
- Alison Hill, Monhegan, ME;
- Jill Hoy, Somerville, MA;
- Marguerite Lawler, Portland, ME;
- Janet Ledoux, Biddeford, ME;

- Nathaniel Meyer, South Portland, ME;
- Caren-Marie Michel, Westbrook, ME;
- Colin Page, Camden, ME;
- Edgar Reims, Harpswell, ME;
- Matthew Russ, Waterville, ME;
- John Santoro, Portland, ME;
- Lou Schellenberg, Mount Gretna, PA;
- Caleb Stone, Rockport, MA;
- Janet Sutherland, Ipswich, MA;
- Judy Taylor, Seal Cove, ME;
- Emily Trenholm, Brunswick, ME;
- Michael E. Vermette, Indian Island, ME;
- Graham Wood, Cape Elizabeth, ME;
- Peter Yesis, Searsport, ME.

Samples of each artist's work may be viewed at <https://www.capelandtrust.org/paint-for-preservation-2017-artist-samples/> and a map of the artists' painting locations will be available as the date for the event nears.

The event has also garnered generous support from area businesses, including Maine Home + Design, Ethos, Key Bank, R.M. Davis, Inc., Inn by the Sea, Nappi Distributors, Wright-Ryan Construction, Inc., Browne Trading Co., Casco Bay Frames & Gallery, Eyecare Medical Group, Huffard House Interior Design, Maine Limousine Service, Ram Island Home and Grounds, Town and Shore Associates, Veterinary & Rehabilitation Center of Cape Elizabeth, Brett Cary, Private Chef, and Thomaston Place Auction Galleries.

### About the Cape Elizabeth Land Trust

The Cape Elizabeth Land Trust permanently conserves and provides stewardship for lands cherished by the community—from shore lands to marshes, from farmlands to woodlands—for the education, use and enjoyment of these and future generations. Founded in 1985, the Cape Elizabeth Land Trust has permanently protected over 660 acres. CELT is accredited by the national Land Trust Alliance, and is a member of the Maine Farmland Trust and the Maine Land Trust Network. For more information, please visit [www.capelandtrust.org](http://www.capelandtrust.org) or call (207) 767-6054.



Photo by Martha Agan

Margaret Gerding, of Kennebunkport, paints for a previous year's wet paint auction. Samples of each artist's work may be viewed at: <https://www.capelandtrust.org/paint-for-preservation-2017-artist-samples/> and a map of the artists' painting locations will be available as the date for the event nears. Tickets for the reception and auction are limited and reservations are required. Call the CELT office at 207-767-6054, email [info@capelandtrust.org](mailto:info@capelandtrust.org) or go online to: [www.capelandtrust.org/paint-for-preservation-2017/](http://www.capelandtrust.org/paint-for-preservation-2017/) Proceeds benefit CELT's conservation of the shorelands and marshes, farmlands and woodlands that provide scenic beauty, recreational opportunities and important wildlife habitat in Cape Elizabeth.

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## Thomas Memorial Library offering map-making, World War I discussion, Maine sharks presentation

### Map-making workshops for adults and kids offered

In conjunction with this month's exhibit in the Stier Family Gallery, "Fort Williams: First Person," Portland-based cartographer Molly Holberg Brown will return to offer two of her popular creative map-making workshops on Thursday, May 25. A workshop for middle and high school students will take place after school, and a workshop for adults will take place in the evening. The workshops are free, but advance registration is required. Register online on the library's website, or call the library at 799-1720.

### Author Richard Rubin to discuss his latest book, World War I

In 2014, Richard Rubin wrote a 4-part series for the "New York Times" about American WWI sites in France. The surprising popularity of the series led him to expand it into a new book published in April by St. Martin's Press: "Back Over There: One American Time-Traveler, 100 Years Since the Great War, 500 Miles of Battle-Scarred French Countryside, and Too Many Trenches, Shells, Legends and Ghosts to Count." Rubin, who also recently appeared on PBS' "American Experience" documentary, "The Great War," had previously presented a popular talk at the library on his earlier book, "The Last of the Doughboys," several years ago. He returns to the library for a reading, book



Contributed photo

Dr. James Sulikowski will discuss the biology and ecology of the species of sharks found right here in Maine.

signing, and talk on Tuesday, May 30 at 6:30 p.m.

### James Sulikowski, a.k.a. "Dr. Shark," to discuss sharks in the Gulf of Maine

James Sulikowski, a.k.a. "Dr. Shark," and the students in his laboratory at UNE are dedicated to advancing our knowledge on the life history and population dynamics of sharks and other related species. In the June entry in the library's Maine Wildlife Lecture Series, Dr. Sulikowski will discuss the biology and ecology of the species of sharks found right here in Maine. Dr. Sulikowski has masters' degrees in marine biology and physiology as well as a PhD in Zoology. His 25 years of experience using a variety of techniques, including hormone analyses, electronic tracking, and ultrasound imaging, has resulted in 70 peer reviewed publications and over 9 million dollars in external grant funding. His work has been featured on such media outlets as the BBC series "Rise of Animals" hosted by

David Attenborough, the "ocean mysteries series" hosted by Jeff Corwin, Discovery Channel's Shark week 2016 and 2017, as well as many other local, regional and national affiliates. His Sulikowski Shark and Fish Research Lab is housed within the UNE's Center For Excellence in the Marine Sciences. It is dedicated to the study of charismatic fish such as sharks, skates and rays. Dr. Sulikowski's talk will place on Thursday, June 1 at 6:30 p.m. in the library's Community Room.

### Talk on beavers rescheduled

Scott Lindsay, regional biologist with the Maine Department of Inland Fisheries & Wildlife, had a field emergency on the night of his talk on beavers and was unable to make it. That talk has been rescheduled for Thursday, June 8 at 6:30 p.m. Lindsay will discuss beavers in Maine, particularly ways in which humans and beavers, often considered a nuisance animal, can coexist peacefully on the same land.

## Policy: Schools consider extra layer of verification for some volunteers

The Cape Elizabeth School Board is considering fingerprinting, or at least an extra layer of verification beyond the standard background check, for adult volunteers who regularly work one-on-one with students, and those attending overnight field trips.

The proposal is a response to parent concerns as the board's policy subcommittee continues to work on updating the School Department's volunteer policy. "There's considerable concern, and you've seen some emails, about whether or not fingerprinting should play any role in our vetting volunteers," Barbara Powers, chair of the policy committee, told board members at their meeting May 9.

The board postponed approving changes proposed at their April meeting to allow the committee to look further into fingerprinting or some other method of verifying volunteers working with students in potentially

## CEEF grant sets stage for Cape Elizabeth High School TV station

Well, it may start out as more of a YouTube channel, but the potential is big for a video production club at the High School that has been seeded with a \$14,837 grant from the Cape Elizabeth Education Foundation.

The School Board formally and gratefully accepted the grant at their meeting May 9.

The funds will begin what High School Principal Jeff Shedd called a long-term project. "It's a long-term investment in technology that over several years, as we get better at helping kids develop the skills and understand how to use the technology," he told members of the board, and, "It's really to build on some passion that kids do have in this area."

The grant will go to purchase a variety of startup equipment, including camcorders, microphones, mixers, lights, laptop computers and a hard drive for storing all the data.

School Board members said they were excited at the possibilities for a student-run video channel, especially Jo Morrissey, who said she remembered watching the student news broadcast weekly at the high school

she attended. "It was an incredible community-building as well as skill-building event for the school so, the possibilities of this seem really exciting," she said.

The grant is one of four awarded by CEEF in their spring round. School Board policy requires the board to formally accept grants exceeding \$10,000, but board members May 9 also gratefully acknowledged:

- Pond Cove School - Building Understanding and Respect for Cultural Diversity through Children's Literature, \$6,500;
- Middle School - The Pong Project, ping-pong table for the table-tennis club to play during advisory periods, \$1,200; and,
- High School - Coding Club, programming hardware (Raspberry Pi and Photon), \$1,200.

Morrissey said the board greatly appreciates the contributions CEEF makes to bring innovative projects to the schools outside of the school budget. Total gifts from CEEF this spring was \$23,797.

vulnerable situations.

Powers said the proposal mirrors a practice being considered by one of the Cumberland County Superintendents' organization school systems which she polled by email.

A next step is to find out just how many volunteers might be affected, and, whether the state's InforME database of criminal records might be an effective but less-costly alternative to fingerprinting. "It doesn't involve fingerprinting but it does check for anyone who might show up as a sexual offender," Powers said of the service, adding that it could be a helpful addition to standard background checks for a narrow set of volunteers.

The policy committee will next meet at 5:30 p.m. June 6 at Town Hall to prepare revisions for board consideration and approval June 13.

Other revisions proposed since the

board's first reading of the volunteer policy update:

- Requiring background checks of volunteers every five years;
- Defining "regular" volunteers as "those who come in on a frequent basis for a specific purpose;"
- Adding a stipulation that volunteers work "in the classroom or in a highly visible and accessible open setting" under the direction or supervision of authorized staff;
- Limiting a proposed prohibition on volunteers taking video or photos while on duty to those taken on personal devices; and,
- Requiring annual review of the policy, "so that key provisions are highlighted for all staff as the new school year begins.

## Cape Elizabeth: A special place for you, your dog

By Kevin St. Jarre

Within Cape Elizabeth, there are several places for dog lovers to walk their furry friends. At Fort Williams Park, if one makes a right turn away from the Portland Head Light, the road winds toward a small parking lot and the entrance to the off-leash portion of the park.

Simply put, it is huge. It would be difficult to find an off-leash dog park of comparable size anywhere in the country, and it still only represents a fraction of the total park. There are signs marking out where the transition is between off-leash and on-leash, and owners should keep an eye out.

It perhaps seems obvious, but it bears repeating, that those who are not fond of dogs perhaps should walk, jog or picnic somewhere else. If a person lays out a picnic blanket and lunch in an off-leash area, he or she should expect four-legged visitors. There is plenty of room in the park for all, and the on-leash areas might be better for those who aren't interested in sharing that

burger.

Those with small children also should pay attention to where the off-leash area is. A well-meaning dog, completely under voice command, may approach a toddler and accidentally knock them over. By the same token, when bringing a dog to the off-leash part of the park, it is the responsibility of the owner to watch the dog, and not get so lost in conversation with other people as to not know exactly what your pup is up to at all times.

In short, there is plenty of Fort Williams Park for everyone, and dog owners won't believe the space and view they can enjoy while playing with their dogs in the off-leash portion.

The Gull Crest fields and trails also offer a lovely off-leash experience for the dog that is under voice-command and well-socialized with people and other dogs. One should never assume they will have any off-leash area to themselves, no matter the time of day or weather.

Cape Elizabeth is a dog-friendly commu-

nity with plenty of room for everyone, and like anywhere, your dogs will likely even introduce you to other people. Of course, you'll probably remember them by their dog's name.

For those of you who have a dog who is spending all day in a crate while you're at work, ask around at the park for references on professional dog walkers.

At Fort Williams Park you might meet any number of very dedicated dog care professionals, and if one has no availability, they are likely to refer you to a colleague.

Please keep in mind that area beaches have rules of their own, with seasonal bans or sometimes seasonal hours when dogs are permitted. They also might have sections of beaches which are off limits due to nesting birds sitting on nests on the ground.

Most area beaches post signs and have information online concerning dogs, leashes, times and seasons.

When in doubt, ask. People in Cape Elizabeth, whether dog people or not, are usually friendly and helpful.



# Then and Now: Fort Williams Transformer House

By Marta Girouard



Photo courtesy of Cape Elizabeth Historical Preservation Society



Photo by Jim Rowe

There is a small square red brick structure on the right hand side of the entrance road in Fort Williams Park, just past the main gate (see present day photo on right). It is empty now but it used to be the transformer house when the park served as an army base. The purpose of the transformer house was to transform the raw power that was generated in the adjacent powerhouse into usable voltages that could run whenever needed to be run with electricity around the fort. The house was built in 1910, and the picture on the left was likely taken around 1917-1918 during World War I. There is a blackout curtain in the window, which prevented lighted structures from being observed and targeted at night by spy ships, or later spy planes. The picture was taken during February, because one can make out only 28 days on the calendar on the wall.

## Public Works hauls last load of refuse to ecomaine, upgrade underway

The Town hauled its last load of compactor-generated household refuse to ecomaine on Tuesday, May 16. The load was hauled by Jason Emery (pictured below), who is a 17-year member of the department and a

regular driver of the tractor unit. The hopper and sub-surface compactor in the Transfer Station unit is being taken out of service as part of the Recycling Center Upgrade Project. Upon completion of the project, new

stationary compactors will take the place of the compactor and transfer trailers that have been in service since the facility was opened in 1978. The Town has been hauling the trailer with it's own staff and equipment since 1979. Prior to that the transfer trailer

was hauled by a local contractor.

A temporary traffic pattern change was implemented on Wednesday, May 17, and will channel users to drop-off locations for both single-stream recyclables and household refuse.



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- Minot J. Savage



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# CAPE CALENDAR By Wendy Derzawiec

## Monday, May 29

Memorial Day Holiday. Town Hall, Thomas Memorial Library, Recycling Center, Pool & Fitness Center closed  
 Memorial Day Parade and Memorial Ceremony, 9 a.m., Town Center

## Tuesday, May 30

Recycling Center open 8 a.m.-5 p.m.  
 Town Council Ordinance Committee, 12:15-2:15 p.m., Town Hall

## Wednesday, May 31

Informational Meeting on Scott Dyer Road/Hill Way Improvements, 7 p.m., Town Hall

## Thursday, June 1

Recycling Committee, 7 p.m., Public Works

## Monday, June 5

Family Fun Day Volunteers, 6:30 p.m., Cape Elizabeth Community Center  
 Town Council Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall

## Tuesday, June 6

School Board Policy Committee, 5:30-6:30 pm, Town Hall Lower Level Conference Room

Planning Board Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall

## Ongoing each week

**Al-Anon, Regular meeting** 7 p.m. Thursdays, at United Methodist Church, 280 Ocean House Road. Regular meeting 7 p.m. Fridays at St. Alban's Church.

**Alcoholics Anonymous**, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.

**Cape Elizabeth Historical Preservation Society**, 9 a.m.-noon Thursdays, Public Safety Building

**Cape Elizabeth Lions Club**, 6:29 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road

**Cape Farm Alliance**, third Wednesday, 7 p.m., Community Center

**South Portland/Cape Elizabeth Rotary Club**, each Wednesday at 6:15 p.m. Purpoodock Country Club, Spurwink Avenue. 767-7388.

**Codependents anonymous (Coda) group** at Cape Elizabeth United Methodist Church beginning weekly on Saturday, March 25, at 10:30 a.m.

# Cape Elizabeth students attend career fair



Contributed photo

*CEMS 8th grader Rocco Grosso speaks with Lauren Sullivan, Director and Co-Founder of REVERB at the annual Cape/SOPO career fair at South Portland High School. This is the third year that CEHS 10th grade students have attended and the first year for CEMS 8th graders.*

*All students participate as an extended learning opportunity connected to their in-school career exploration work. Independent filmmaker Silas Hagerty of Smooth Feather Productions is in the background.*

CABLE GUIDE	CHANNEL 3
<b>Zoning Board replay</b> May 24 & 25 - 2 p.m. May 27 - 10:30 a.m.	<b>Cape Elizabeth Church of the Nazarene</b> May 27 & 28; June 3 & 4 - 9 a.m.

## SERVICES

<p><b>Cape Elizabeth Church of the Nazarene</b> 499 Ocean House Road (Route 77) <b>799-3692</b> <a href="http://www.capenazarene.org">www.capenazarene.org</a> Sunday School for all ages: 9:30 a.m. Sunday Worship Celebration: 10:45 a.m. Services streamed live or on demand: <a href="http://watch.capenazarene.org">watch.capenazarene.org</a></p> <p><b>Cape Elizabeth United Methodist Church</b> 280 Ocean House Road <b>799-8396</b> <a href="http://www.ceumc.org">www.ceumc.org</a> Chapel Service: 8 a.m. Sanctuary Service: 10 a.m. Child care &amp; Sunday School: 10 a.m. Adult Sunday School: 9 a.m.</p> <p><b>The Church of Jesus Christ of Latter-day Saints</b> 29 Ocean House Road <b>767-5000</b> Sacrament Meeting: Sunday, 9-10:10 a.m. Sunday School: 10:15-11 a.m. Primary: 10:15 a.m.-noon Relief Society, Priesthood: 11 a.m.-noon</p> <p><b>The Church of the Second Chance</b> Greater Portland Christian School 1338 Broadway, South Portland <b>641-3253</b> Sunday: 10:30 a.m.-12:15 p.m.</p> <p><b>Congregation Bet Ha'am</b> 81 Westbrook St., South Portland <b>879-0028</b> <a href="http://www.bethaam.org">www.bethaam.org</a> Worship: Friday, 7:30 p.m. Saturday, 10 a.m. Family Shabbat Services: Second Friday, 6:30 p.m.</p>	<p><b>First Baptist Church of South Portland</b> 879 Sawyer St., South Portland <b>799-4565</b> <a href="http://www.spfbc.com">www.spfbc.com</a> Sunday Morning Worship: 9:30 a.m. Awana Clubs (Grades 3-8): Tuesday, 6:20 p.m.</p> <p><b>Promised Land World Reach Center</b> 536 Cottage Road, South Portland <b>799-3152</b> Sunday Prayer &amp; Intercession: 9:30 a.m. Sunday Worship: 10 a.m. Family Bible Studies: Wednesday, 7 p.m. Sermon recordings available to download</p> <p><b>Saint Alban's Episcopal Church</b> 885 Shore Road <b>799-4014</b> <a href="http://www.stalbansmaine.org">www.stalbansmaine.org</a> Sundays: 8 a.m., 9:30 a.m. Celtic Service: Sunday, 5:30 p.m. Nursery: Sundays, 9:30 a.m.</p> <p><b>Saint Bartholomew Roman Catholic Church</b> 8 Two Lights Road <b>799-5528</b> <a href="http://www.saintbarts.com">www.saintbarts.com</a> Sunday Mass: 9 a.m. and 11 a.m. Monday &amp; Tuesday Masses: 8 a.m.</p> <p><b>First Congregational Church United Church of Christ</b> 301 Cottage Road, South Portland <b>799-3361</b> <a href="http://www.fccucc.org">www.fccucc.org</a> Worship: 8:30 a.m., 10 a.m. Sunday School: 10 a.m. Preschool Child Care: 10 a.m.</p>
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# Cybersecurity in 60 seconds

by Rob Simopoulos of Launch Security

### Ransomware

The worldwide WannaCry ransomware attacks had many people thinking about how they can protect themselves. There is no doubt that a business losing their vital customer records or somebody at home losing precious pictures would be devastating.

So what can you do to improve your Cybersecurity posture? Here are 3 simple tips:

1. Backup, Backup, Backup!: Backing up your data helps to ensure that ransomware won't affect you. Don't simply leave files on your PC.

Do backups, so that if you are hit, you can be comfortable in knowing that your files are there, backed up ready to be re-established

2. Do Your Updates!: Don't keep hitting "Remind me later" and get the update done when it is released. On Pc's make sure you complete the process by finishing with a reboot.

3. Be Smart With Passwords: Remember, treat passwords like underwear. Don't share them, don't leave them lying around and consider changing them regularly

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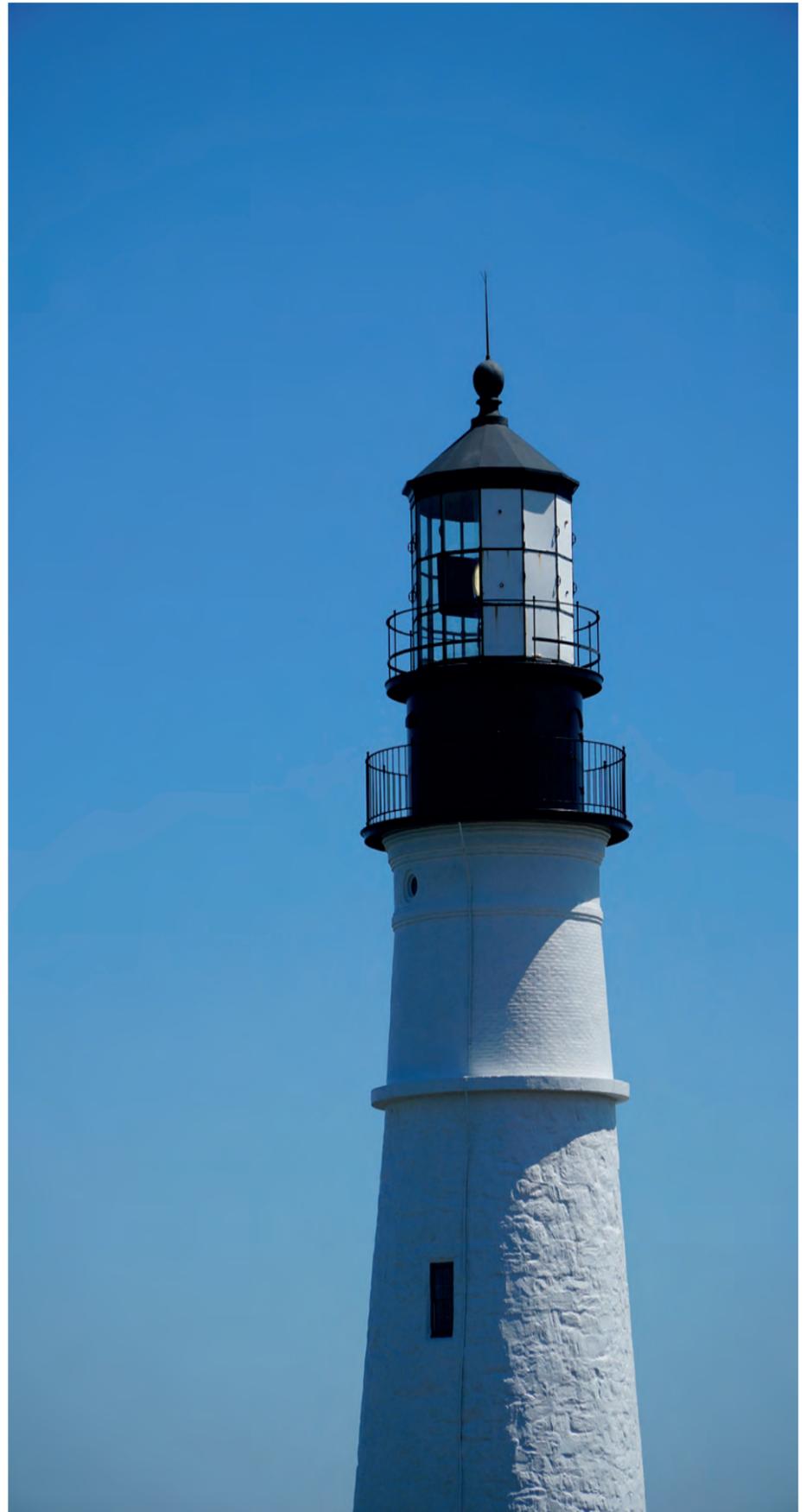
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## Cape resident Aaron Anker receives EPA Environmental Merit Award



Aaron Anker, Cape Elizabeth resident and co-owner of Grandy Oats, received the EPA Environmental Merit Award for the company's outstanding contributions to preserving and protecting natural resources, and ensuring New England remains a vibrant community with clean air, land and water. Aaron Anker, pictured with his wife Kate Anker, holding the EPA Environmental Merit Award.



### Why I love Cape

I love Cape Elizabeth because I feel safe raising my family here, our community cares passionately about town issues, and the scenery is breathtaking. -

**Stepanie Concannon**, Owner / CSalt Gourmet Market



### Beaches, Beaches, Beaches!!

#### Crescent Beach State Park

Opened in 1966, the park's signature feature is a mile-long, crescent-shaped beach. Crescent Beach State Park is a classic saltwater beach that also offers numerous picnic areas. In the off-season the park is closed to vehicles but walkers (and their furry friends) are welcome to enjoy the beach and trails.

#### Kettle Cove State Park

Kettle Cove offers spectacular ocean scenery, a grassy area, and an area for tidal pool exploration, excellent for the young explorers in your family. At the far end of the parking lot there are two trail heads that go into a small network of trails offering the opportunity to view yet another hidden cove.

#### Two Lights State Park

While not a traditional beach, Two Lights State Park is a popular destination for visitors to enjoy the rocky coast of Maine. Opened in 1961, the park encompasses 41 acres of rocky headlands, with sweeping views of Casco Bay and the open Atlantic. The park also offers a number of picnic areas for visitors.

There is a per person/per day entry fee for Crescent Beach State Park and Two Lights State park but you can also purchase an annual pass which provides access to all Maine state parks. For more information, visit: [http://www.maine.gov/dacf/parks/park\\_passes\\_fees\\_rules/park\\_day\\_use\\_fees.shtml](http://www.maine.gov/dacf/parks/park_passes_fees_rules/park_day_use_fees.shtml).

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## Resolution

Continued from page 4

Muslims, those perceived to be Muslims, immigrants, people of color and other religious minorities; and

WHEREAS, hate speech and discriminatory acts of any kind are unacceptable in our school community as they significantly impact students' psychological well-being and ability to thrive in the classroom; and

WHEREAS, members of the Cape Elizabeth school community embrace our responsibility to directly address incidents of discrimination, intolerance, violence or hate; and

WHEREAS, we wish to honor the rich contributions made by students and parents of every race, religion, ethnicity, gender, nationality or sexual orientation; and

WHEREAS, we commit to creating an atmosphere of respectful listening and dialogue across social and political divides, and reject actions that stifle even unpopular points of view; and

WHEREAS, all students have the right to be educated in an environment that is free from fear, and fears may be particularly acute for students and families impacted by federal immigration enforcement activities such as arrest, detention, surveillance and demands for information; and

WHEREAS, the United States Supreme Court established in Plyer v. Doe (1982) that children have a right to access a free public education regardless of immigration status;

NOW, THEREFORE, BE IT HEREBY RESOLVED, that the School Board of Cape Elizabeth:

1. Welcomes students and families of all cultures and faiths, celebrates the benefits of a pluralistic society, and defends the right of every person to live and practice their identity, culture and faith without fear.

2. Will take action to address incidents of hate, violence or discrimination directed toward students or families targeted for their religion, ethnicity, race, nationality, gender, immigration status or sexual orientation.

3. Affirms that any student or family member targeted for their nationality, religion, race, ethnicity, gender, immigration

status or sexual orientation should be able to turn to school officials for protection without fear of retribution.

4. Commits to creating a school environment that values respect for all religions and cultures and actively addresses all forms of bullying and discrimination.

5. Embraces the responsibility of schools to educate students about the social, cultural, religious and ethnic diversity of the United States, and to teach students to think critically about their own biases.

Commits to setting an educational curriculum that reflects the values of tolerance, diversity and inclusion.

7. Stipulates that Cape Elizabeth school employees, contractors, volunteers and representatives will not disclose information to Immigration and Customs Enforcement (ICE) officers about parents' or students' immigration status unless compelled to do so by a valid court order.

8. Declares Cape Elizabeth Schools a safe haven, thus barring the use of school resources for the detection or apprehension of students or families whose only violation of law may be their status as an undocumented resident of the United States.

## Curiosity

Continued from page 13

ing competency and confidence. As Albert Einstein noted, "I have no special skill. I am just passionately curious."

Organizers hope to kick-off Thursday, June 1 with a school-wide assembly, where the Eepybird duo (aka The Diet Coke and Mentos Guys) will give a presentation, "1/10/100: Unlocking Creativity in Everyone." The Festival will wrap up at the end of the school day Friday with a school wide outdoor activity for all students to celebrate and reflect on their experience.

If you support the Festival and its mission of hands-on learning, please consider making a tax-deductible donation to the school by dropping off a contribution at the CEMS office (please make checks payable to CEMS and indicate it's for the Festival). Your donation will help fund the full program as planned, and show the school administration that this sort of learning is valued and supported by the school community. All funds raised go directly to enhance the student experience.

The Festival is still seeking volunteers and sponsors. If you are interested in being part of this incredible event, please contact festivalofcuriosity@gmail.com.



Cape Elizabeth is the birth place of legendary movie director John Ford, who directed more than 140 films and won 4 Academy Awards. He is renowned for producing many Westerns.

## CEHS takes 8th place at National High School Mock Trial Competition

Best result of any Maine team in competition history, this year's team outranks every school from the northeast and California



Contributed photo

CEHS Mock Trial Team at National High School Mock Trial Competition in Hartford, with trophy. From left are Lilia Membrino, Lauren Cutter, Sammi Vaughan, Marianna Godfrey, Grace Roberts, Libby Palanza, Kinnon McGrath, Emelie Jarquin Manegold, Will Pearson, and Colby Mayer.

The Cape Elizabeth High School Mock Trial program has great reason to be proud. The team placed 8th out of 46 teams, the highest any team from Maine has ever placed. Grace Roberts also was honored for being one of 10 top performing attorneys in the competition.

Principal Jeff Shedd said, "It is truly breathtaking how hard students work to get ready for mock trial competition."

The mock trial program was started to allow high school students to experience the courtroom in a hands-on role. The mock trials are set up and structured just like a real court, bound by the same rules.

This can help the students to know exactly what role each of the different people play within the judicial system.

The winners of the state competitions, who move on to nationals, must study and prepare a completely different case in time for the national competition.

Shedd said, "The case is released on April 1, and students have the month of April and the first week in May to prepare for the competition."

Dick O'Meara, David Hillman, Jonathan Sahrbeck and Sheila Sawyer served as the four attorney coaches, while Mary Page once again was the team's faculty advisor.

"Placing 8th is a big deal for a team from a small state," said Page, "It was wonderful to see them perform and share their excitement at placing in the top 10."

Colby Mayer, a sophomore on the team, shared some of her experience. Mayer said,

"Just this season, we scrimmaged against New Hampshire, Texas, Utah, and New Jersey. We competed against schools from Mississippi, South Korea, Michigan (the national runners-up), and Rhode Island. But our friendships did not stop within the people that we competed against. Guam, Nebraska, Tennessee, and Pennsylvania are just some of the schools we made friends with."

While the workload is comparable to an additional rigorous course, Mayer is grateful for what she's gained, and for those who make it possible.

Mayer said, "Our coaches do a great job. We are so thankful for everything they have done for us. I can honestly say that we could never do what we do without [the attorney coaches]. And of course, our faculty advisor, Mary Page, is the best faculty advisor we could ever ask for. We may not always say it, but we love Ms. Page so much. Our coaches are so passionate about mock trial, and they really care about us."



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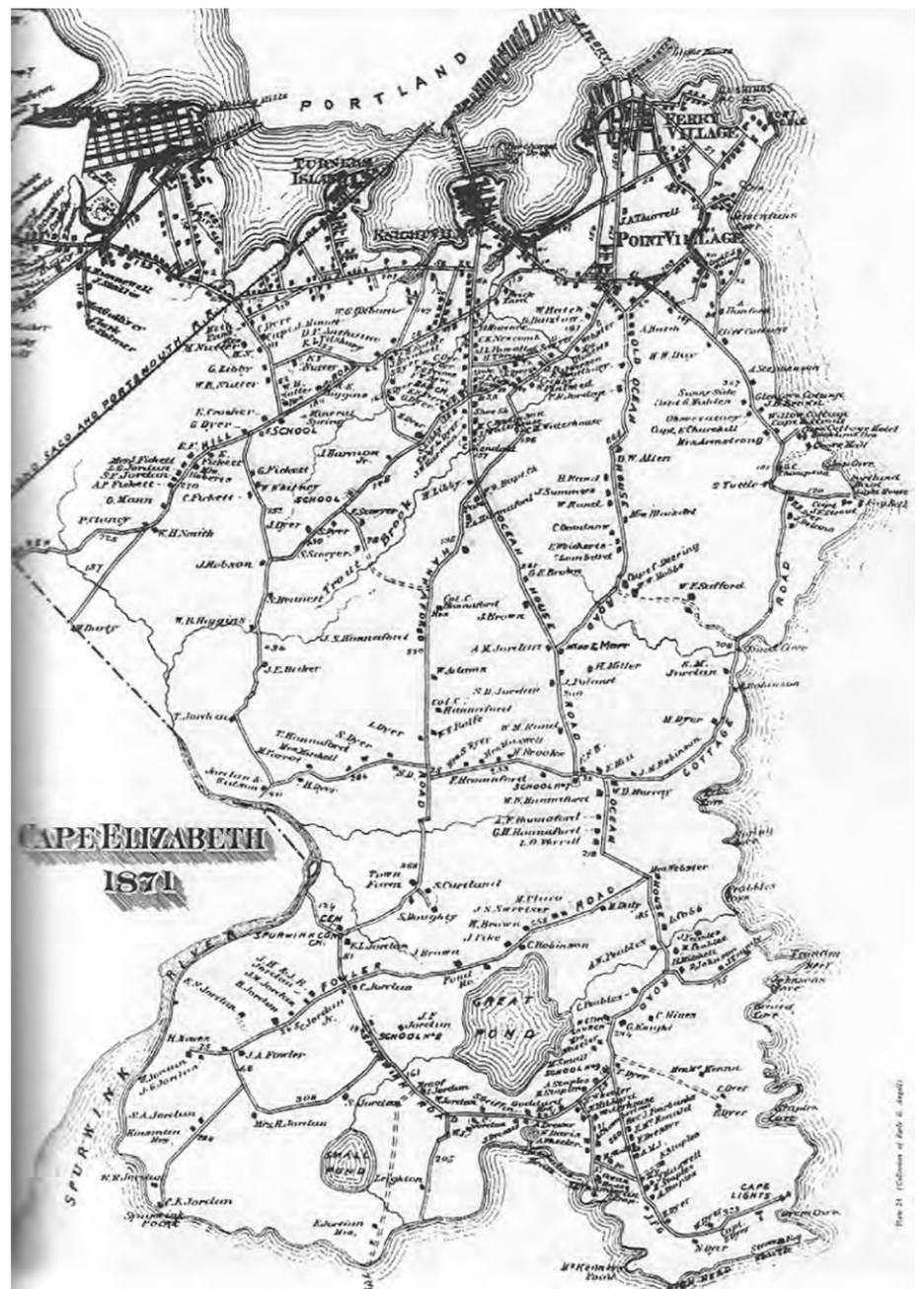
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**Map of Cape Elizabeth from the collection "The Old Maps of rural Cummberland County"**



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Photo by Martha Agan

*A hummingbird takes a break from its high speed flying on a branch, and considers its options.*



Photo by Martha Agan

*Lady's-slippers flowers usually only appear in June in Maine, but in Cape Elizabeth's long growing season, they are often early.*

## Naturalist's corner

By Erika Carlson

My favorite way to track the progression of spring is by listening to the anuran (frog and toad) breeding season. In the 1942 Disney movie *Bambi*, the wise owl explains, "Nearly everybody gets twitterpated in the springtime." Indeed, it's that time of year! When nighttime temperatures remain above 40°F out come the hardy wood frogs, whose quacking calls only last a week or so. Amorous male spring peepers are looking for love singing nightly for four to six weeks. You'll know when it's summer when you hear the prolonged, nasal advertisement calls of American toads. As temperatures warm into to the 70s and

80s, gray treefrogs add their trills high in the trees, along with a few banjo twangs of green frogs in ponds. Once summer is in full swing, listen for the American bullfrog's call for "rum, rum", before amphibians leave the calling to crickets, katydids, and cicadas. Froggie went a courtin', uh-huh!

### What to watch for this month:

- June 9 - Full Strawberry Moon
- June 21, 12:24 am - Summer Solstice
- Bucks antlers are growing ¼ inch a day! (The 'Full Buck Moon' is in July.)
- Goldfinch pairs have built their nests, but breed late. They wait for the ripening of thistle seeds.



Photo by Martha Agan

*Geese take the goslings for a stroll across a dewey field.*

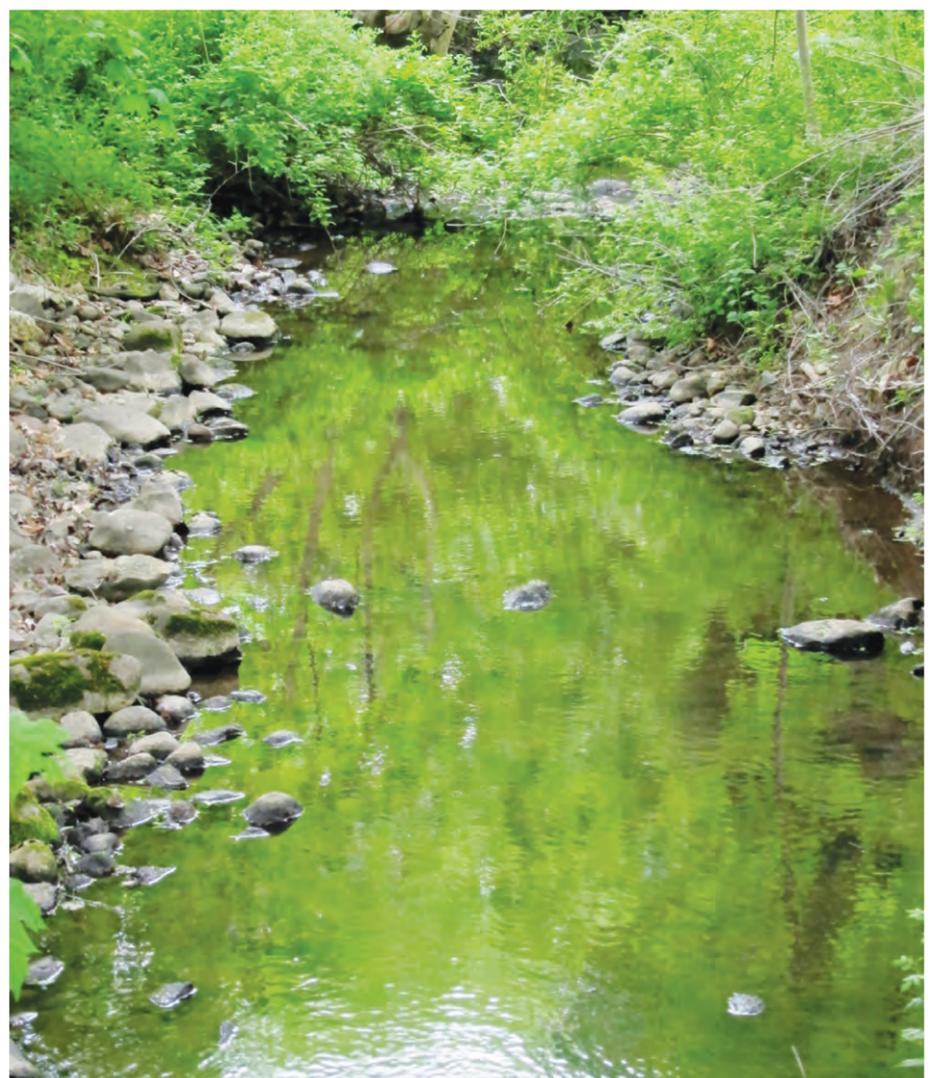


Photo by Martha Agan

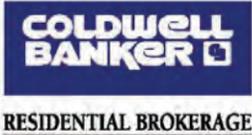
*Spring rains fill the brooks. Native trout are sure to be seen soon.*

# Castro's Cuba needs a copy of the Courier?



Contributed photo

The Cuban baggage folks apparently needed reading material and "borrowed" the Cape Courier from our checked bag. So, reading instead the Castro regime's official newspaper in front of the Revolutionary Museum is the group that traveled to Cuba over spring break. Back row, left to right are Katie Zajkowski, Aidan Hubbs, James Planinsek, Chris Kobel, Meggan Hester, Hannah Kobel, Maggie Gleason, Erin Thibeault, Evan Concannon, Grace Carignan, Chris Newell, Christine Newell, Zach Wellins and Mary Page. Front row, left to right, are Anna Friberg, Liv Palma, Kinnon McGrath, Caroline Paclat, Katie Novak, Mike Mackenzie and Ali Gwyther.



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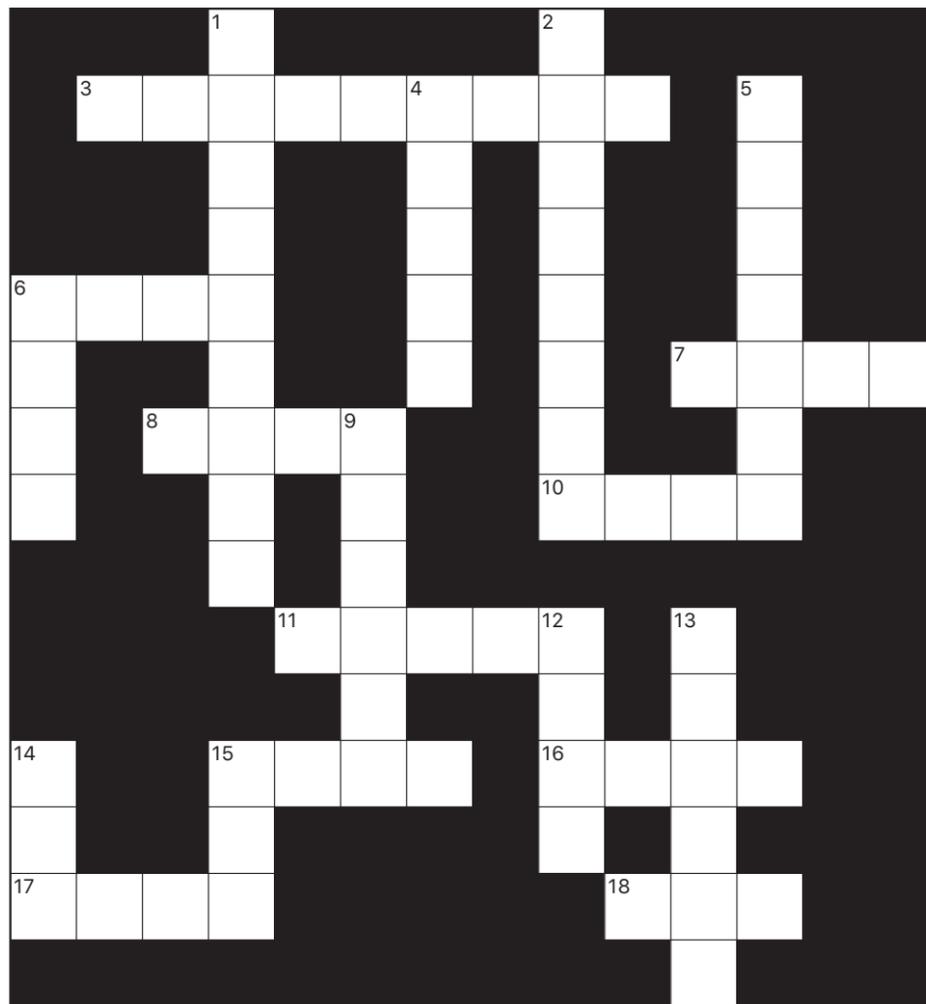
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# Ye Olde Cape Courier at Ye Olde Shoppe



Contributed photo

Austin and Jonathan Woodward outside the fish and chip shop in Middleton-On-Sea in West Sussex, England.



## The Cape Cross

### Across

- 1 Launch a canoe or ice skate here
- 2 This island lies just off our coast
- 3 Yellow bush just coming into bloom
- 4 One at a keyboard
- 5 This brook drains 12 down
- 6 Left on a boat
- 7 It may be scenic
- 8 One might still need one for a beach walk
- 9 Seen around town in gardens around this time
- 10 Prescription particular
- 11 Often seen with strings over Ft. Williams
- 12 High-class flounder
- 13 Kid around
- 14 Can be found at Ocean House
- 15 2nd word of donut hole clue
- 16 Big event for HS on May 13
- 17 Valhalla VIP
- 18 Baby fox

### Down

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