

The Cape Courier

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Cape Schools find new leader in Dr. Donna Wolfrom

By Kevin St. Jarre



Contributed photo

Dr. Donna Wolfrom has been selected by the Cape Elizabeth School Board to be the new superintendent of schools. She is pictured here surrounded by her children and grandchildren. Residents should expect to see her in her office, in the schools and at community events, with her first official day being July 1, 2018.

After searching on and off for nearly two years, during which time Cape Elizabeth's schools have been ably led by interim superintendent in Howard Colter, the School Board has chosen a new superintendent of schools in Dr. Donna H. Wolfrom.

The board has unanimously voted and agreed to a three-year contract with Dr. Wolfrom, and she will begin her tenure on July 1, 2018.

Before being offered the position, Dr. Wolfrom toured all three Cape Elizabeth schools, and met with administrators, teachers and staff.

A School Board release reports that "Feedback was positive, and Dr. Wolfrom reported having a wonderful day with our students and staff. That evening, there was a nice turnout for the parent/community member meet-and-greet, during which she was welcomed by our town manager, Matt Sturgis, and chatted with Town Council Chair Jessica Sullivan and many parents. We thank everyone who participated in that important day."

Soon to be leaving RSU 38 in Readfield, Dr. Wolfrom is in her sixth year with the Maranacook Area Schools. Prior to that position, she was assistant superintendent in Bangor for four years, and before Bangor, she served MSAD 55 Sacopec Valley schools for 20 years in various positions such as teacher, literacy specialist, curriculum coordinator and assistant superintendent.

Dr. Wolfrom earned her B.A. in English and Elementary Education from Lycoming College, a Master's in literacy and her CAS in Educational Leadership from University of Southern Maine, and her Ed.D. in Educational Leadership from University of Maine at Orono.

Dr. Wolfrom said that her interest in taking on this role in Cape Elizabeth, in part, is due to the stellar reputation of the schools. She said, "Cape Elizabeth schools have an amazing reputation throughout Maine for providing an excellent education for their students. I am excited to learn more about the school system through the lens of discovering what makes it such a strong district, and then to work with the staff and community to identify any needs that the district might have and, as a team, develop a plan to address those needs."

Asked what she considers to be her strengths as a superintendent, Dr. Wolfrom said, "I believe in working as a team and learning as a team. I don't pretend to know all the answers, and I believe in the strength of planning and working together. I am always learning, and I value the experience of learning from my teammates. My door is always open to my colleagues and the community and I value the input and ideas that I receive."

She also said, "It is important for a superintendent to be visible in the community, attending special events and meeting community members. It is especially important to be visible in the schools, talking with students and educators and becoming part of the learning community. I believe in attending educator in-service trainings and events, and I sit with staff as we learn and grow professionally together. It is extremely important to be consistent and transparent in communications with everyone."

-see SUPERINTENDENT page 5

Planning Board continues discussion on new cell phone tower

By Wendy Derzawiec

The Planning Board on Dec. 19 all but approved a new cell phone tower on an area of untillable land on the William H. Jordan Farm on Wells Road.

The board tabled approval to their January meeting to allow the developer, Global Signal Acquisitions IV, LLC (Crown Castle), to submit revised plans for drainage and other wetland-conservation details for an access road planned near the tower. The Cape Courier had gone to press before the Jan. 16 meeting was held.

There was consensus, however, that Crown Castle's plan for a 180-foot telecommunication tower for the Jordan property should go forward. The vote to table was 4-2, with opposing board members Victoria Volent and Jonathan Sahrbeck indicating that such details are usually left as conditions of approval.

Other board members however said they wanted to see revised plans. "These are basically fairly important environmental concerns," said board member Peter Curry. "I have no doubt they (Crown Castle) can meet them, but (then) we get to a point where we are delegating authority to the town engineer, which we don't want to do," he said.

Board Chair Carol Anne Jordan was recused from discussion and voting.

Seven of nine speakers at a public hearing, including one attorney who said he represented several neighbors in the Cross Hill subdivision, opposed the tower mostly because they believed town ordinances were written to discourage a proliferation of towers. The site is across from Strout Road, where there are currently five telecommuni-

cations towers.

In September, the board approved a plan from Justin Strout, of Tower Specialists Inc. and the Strout Trust, to consolidate towers on that site. The plan calls for construction of a new tower and the removal of four.

One of those towers is operated by Crown Castle, whose representatives have said they have not been able to agree on a new lease with the Strouts and are seeking a new location that would offer comparable coverage.

"I hear the concern there are too many towers, but I don't understand how there are too many when you are taking one down on the Strout property and putting one up on the Jordan property," said board member Volent. Board member Sahrbeck said, "I see this as one tower coming down and another tower going up, so it's a wash."

Crown Castle has commitments from Verizon and T-Mobile, as well as Cape Elizabeth public safety, to have their antennas on the new Wells Road tower, said Crown Castle representative Paul Peckens. Negotiations are ongoing with AT&T, he said.

Prior to considering the tower, the board met for nearly an hour with legal counsel behind closed doors for advice on the town's telecommunications-antenna standards.

In other matters on Dec. 19, the board also tabled to Jan. 16 an application from Ronald Bailyn and Patricia Morris, who are requesting an after-the-fact permit to alter 1,557 square feet of wetland for drainage and lawn area at 26 Hannaford Cove Road; and, approved an application from Peter Weare for a private accessway to provide frontage and access to a lot behind 69 Beach Bluff Terrace.

Cape Elizabeth native Clare Egan headed to the Olympics

By Marta Girouard



Photo by NordicFocus

Pictured is Clare Egan at the 2017 World Championships in Hochfilzen, Austria. Egan is headed to the 2018 Winter Olympics in February.

If you had asked Clare Egan in 2007 where she saw herself in ten years, she did not think it would be "headed to the Olympics." But in February, PyeongChang, South Korea is where she will be competing as a

member of the U.S. Biathlon team at the 2018 Winter Olympics. When asked about her initial reaction to finding out she was

-see OLYMPICS page 4



The Cape Courier
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The mission of The Cape Courier is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

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Letters should not exceed 250 words. We reserve the right to refuse letters and to edit for length, accuracy, clarity and civility. We do not withhold names and writers may be limited to one letter per month. Petition-style letters will be declined. Letters reflect the opinion of the author, not The Cape Courier. Email letters to: editor@capecourier.com or mail to P.O. Box 6242, Cape Elizabeth, ME 04107. Please note: Letters will be acknowledged by email.

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DEADLINE: Noon, Jan 26

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Tree pick-up a success



Contributed photo

Pictured is the Cape Elizabeth High School boys Hockey Team, who picked up more than 350 trees for their team fundraiser which was advertised in the Cape Courier!

Blowing, plowing or shoveling snow into street is dangerous, illegal

Public Works Director Robert Malley would like to caution those who plow, shovel or snowblow their driveways into the street.

"Depending on the amount, it can be a safety issue for motorists who transit through the snow. It can also compromise any treatments that have been previously applied to the road, such as salt and sand. Our operators take pride in cleaning up the roads after the

storm has abated. It can be disheartening to come upon a bunch of snow in the street that didn't naturally fall there."

Maine statutes prohibit persons from placing, and allowing to remain on a public way, snow or slush that has not accumulated there naturally. [Title 29-A, Chapter 21, Section 2396-4]. Fine for violation is \$190.

Extortion scam targeting residents

The Cape Elizabeth Police Department would like to warn residents of a national extortion scam occurring in town. A couple of residents have recently received letters personally addressed to them; with the sender claiming the recipient is hiding something. The sender states they have evidence to support this claim and threatens to take the evidence to family members and friends if a \$6,500 ransom is not paid. The money is specifically requested in Bitcoin currency and a how-to-guide on how to complete the transaction is also enclosed in the letter. If you receive such a letter in the mail, do not attempt

to contact or send any funds to the person. To report the scam, or if you have any questions, contact Officer David Galvan, 207-767-3323 - x208, david.galvan@capeelizabeth.org.

CEHPS to host Jayne Flanagan

The Cape Elizabeth Historical Preservation Society will meet Monday, February 5, at 7 p.m. in the Community Services building, 345 Ocean House Rd. Our guest will be Scarborough resident and flax processor and spinner, Jayne Flanagan. She will present "Flax Traditions: From Seed to Linen Cloth." Flanagan will acquaint us with the entire production as well as the history of spinning and weaving, which she has been doing since the 1970s. All CEHPS meetings are free and open to the public.

Sen. Rebecca Millett to hold office hours in Cape Elizabeth

Sen. Rebecca Millett, who represents South Portland, Cape Elizabeth and part of Scarborough in the Maine Senate, will hold her first open constituent office hours of the new legislative session at 8 a.m. Friday, January 19, at The Local Buzz.

Sen. Millett will give updates about her work on education and children's issues, and give a preview of the legislative session to come. All are welcome to attend, ask questions and get answers. To RSVP on Facebook, visit <https://www.facebook.com/events/1534134686622214/>.

Community Services director to oversee Fort Williams Park

Days before the town was scheduled to interview for a new director of Community Services, Town Manager Matthew Sturgis outlined a plan to have the director of Community Services take on oversight of Fort Williams Park as well.

Different town departments handle different components of park operations, Sturgis said. The director of Public Works oversees day-to-day matters and provides staff support for the citizen park committee. Community Services, which operates the town pool and fitness center and offers a variety of programming for youth and adults, already has office space, computers, support staff and software.

Town councilors at the Jan. 8 meeting said they supported the concept, and Council Chair Jessica Sullivan said she particularly liked the idea of combining the positions. Adding "park director" to the job title, however, might be a better way for out-of-towners to identify the park contact, she said.

The job description will likely be finalized only after the new Community Services director is hired. "It's a work in progress," Sturgis said. He said he is continuing to work with town staff to identify which park components should continue to be managed by Public Works, Facilities and/or Community Services. "We're just trying to figure out and navigate as we go forward where things should stay. We want to do it in a cost effective manner, but also in an effective manner," Sturgis said.

THANK YOU!

Your voluntary subscriptions and other contributions help keep this community newspaper coming to your mailbox.

Thank you to these recent generous contributors:

- Trish & Thomas Brigham
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Cape Elizabeth Then and Now: Battery Blair at Fort Williams

By Jim Rowe



Photo courtesy of the Cape Elizabeth Historical Preservation Society



Photo by Jim Rowe

Fort Williams (1872-1962) was once home to six active fixed coast artillery batteries, which were tasked with the defense of Portland Harbor. Remnants of each of these gun emplacements remain today, although the cannons themselves were removed by the end of WWII.

Constructed between 1896 and 1906, the batteries boasted from 3" to 12" diameter rifled barreled cannons, many placed on what were called "disappearing" mounts. The batteries were named for American war heroes...Sullivan (Revolutionary War), Hobart (War of 1812), and DeHart, Blair, Garesche, and Keyes (all Civil War). The guns had effective ranges of between 7 and 8 miles.

Battery Blair, pictured on left (circa 1918) and present-day on right serves today as an interpretive display for Fort Williams history. It is located between the main parking lot and the lighthouse. The visible portion of Battery Blair is actually only 1/4 of the whole battery. The rest is intact, but buried, as are Battery Sullivan, Battery DeHart, and part of Battery Hobart.

Battery Blair bears the name of Union General Francis P. Blair. Blair was not only a highly regarded military officer, but was later a distinguished U.S. Senator, representing his home state of Missouri.

Sessions scheduled for public, facilitated discussion of paper streets

The Town Council will hold two facilitated discussion sessions on paper streets in February: One at 7 p.m. Thursday, Feb. 1, 2018; and the other at 10 a.m. Saturday, Feb. 3, both at the Town Center Fire Station on Jordan Way.

Good Group Decisions will facilitate the community discussions on the status of Surf Side Avenue and Atlantic Place in the Shore Acres subdivision, and on Lighthouse Point Road the Two Lights Terrace subdivision.

The three "paper streets" - streets that appear on subdivision plans but were never constructed or accepted by the town as public ways - were the most controversial of the 58 that the Town Council

voted in October 2016 to keep as paper streets for the next 20 years. As such, the town retains the right to one day accept them for public use.

Each discussion session is slated to last between one-and-a-half to two hours, and will be led by one of Good Group

Decisions' facilitators. A report on the findings is expected in March.

The Town Council on Dec. 11, 2017 voted to appropriate \$2,506 for the

facilitators' service as they work toward making a decision on the future status of the three paper streets.

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Local Writers at The Local Buzz returns this January

On Saturday, January 27, 2018 from 4-5 p.m., Local Writers at The Local Buzz continues its monthly reading series featuring Maine writers reading original fiction, non-fiction and poetry. The Local Buzz café and wine bar will host poet Jenny Doughty and essayist Michelle Cacho-Negrete.

A native of Great Britain, Jenny Doughty has lived in Maine since 2002 where she serves as president of the Maine Poets Society. She is a former English teacher, and education adviser to Penguin Books in the UK, for whom she edited an anthology of pre-20th century poetry. She also published two children's non-fiction books under the name Jenny Green, plus short stories and articles in UK magazines. In the United States, her poems have been published in Naugatuck River Review, Four Way Review, The Aurean, the Maine Poetry Society's anthology "Taproot" and an anthology of contemporary Quaker poetry, "Gathered," among others. Her first poetry collection, "Sending Bette Davis To The Plumber," was published by Moon Pie Press in September 2017.

Michelle Cacho-Negrete is a retired social worker and now full-time writer who lives in Portland Maine. She was born in a Brooklyn ghetto and many of her essays are about that experience. Cacho-Negrete's work is widely anthologized and four of her essays have been selected as Notable Essays of the Year: "Heat," "First Husband," "Stones" (selected by Christopher Hitchens), and "Season of my Grandfather." Her essay Stealing was recognized as Best of The Net; and her essay "Winter" appears in Thoreau's Legacy, an anthology from The Union of

Concern Scientists; and an essay, "Tell Me Something" is included in Norton's College Anthology. Six of her essays have been nominated for Pushcart Prizes and "Street Kid" was a runner-up in the Brooklyn Literary Arts Contest. She has had more than 40 pieces published in print and on-line journals such as The Sun, North American Review, Solstice Literary Magazine, Under The Sun, and Silk Road among others.

The event is free and open to the public. The Local Buzz is located at 327 Ocean House Road.

Olympics

Continued from page 1

headed to the Olympics, Egan said: "Even though I've been on track to make this team for several years now, it was still a shock to actually reach my goal since I've been working towards it for so long."

Egan was born and raised in Cape Elizabeth, and graduated with the Cape Elizabeth High School class of 2006. In middle school she ran cross-country and track, and started cross-country skiing in 7th grade, continuing the three sports throughout high school. While attending Wellesley College, she started the Wellesley Ski Team. After graduating, she competed for the University of New Hampshire in Division I cross-country, track, and skiing while pursuing a master's degree in linguistics.

In 2011, Egan moved to Vermont to train full-time for cross-country skiing as a member of the Green Racing Project, and competed in her first biathlon race in 2013. From there, she was named to U.S. Biathlon's

development program and a year later was nominated to the National Team. Egan raced at the World Championships in 2015, 2016 and 2017 and did the full World Cup circuit the last two seasons. She nearly qualified for 2014 Winter Olympics in Sochi, Russia, when starting out in the sport. "At that point, I knew that with four more years of experience, I could make the team," Egan stated. "My goal was not 'just' to qualify in 2018, but to do so decisively and to perform well at the Olympic Games. I have met the first part of that goal and am still working hard to meet the next part."

In a biathlon competition, contestants ski through a cross-country trail system whose total distance is divided into either two or four shooting rounds, half in prone position, the other half standing. For each shooting round, the biathlete must hit five targets. For each missed target, athletes incur a penalty, which involves either skiing an extra loop or added time per miss. The contestant with the shortest total time wins. Biathlon is an extremely popular sport in Europe, and it is the only Winter Olympic event that the US has never medaled.

Egan's training schedule consists of training twice a day, six days a week between May and November. Racing season starts around Thanksgiving and in the winter, she alternates between maximum-effort racing two to four times a week and maximum-effort resting at all other times. The biggest challenge in winter, according to Egan, is staying healthy. "I can't afford to get a cold, especially this year," she said. When asked what advice she might give a young athlete, Egan said: "You can only control your own performance, so give it everything you've got, and let go of what you can't control, including how other people are doing. Once you internalize this, you will be at peace with your performance, no matter what the result is. I think this applies to all sports as well as plenty of non-athletic endeavors."



Photo by NordicFocus

Pictured is biathlete Clare Egan, who will be representing the U.S. at the 2018 Winter Olympics

Egan currently lives and trains at the Olympic Training Center in Lake Placid, New York, but she comes home back to Cape as often as she can, usually in the summer months because of her competition schedule. She tries to come every year for Memorial Day. "I love the parade, the ceremony, and the coffee and donuts," she said. She also enjoys visiting when the annual Beach to Beacon road race is taking place in town.

Biathlon has provided Egan with the opportunity to visit many places in the world and when asked if she had a favorite city or country to visit, she said: "If I had to pick, I would say that Antholz, Italy is my favorite stop on the biathlon World Cup circuit. It's in a German-speaking region of northern Italy called South Tyrol, right on the border of Austria in the Dolomite mountains. It tends to be sunny and beautiful there all the time."

When not busy gearing up for the Olympics, Egan has been immersed in learning Korean. She has been teaching herself via books and audio, and this summer met with a professor twice a week online. She is excited to have already had a few successful basic conversations with the Korean biathlon team. Korean is actually the sixth language Egan is learning. She is also fluent in Spanish and Italian, and can speak good French and German. Languages have always intrigued Egan. "Learning a language is like getting a key to a foreign country, full of places to explore and people to meet," she stated. And in a few short weeks, Egan will have the opportunity to discover a country and apply her new language skills, but more importantly, fulfill her dream of giving it her all as a biathlete representing the U.S. at the Olympics.

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It's going to be an expensive, complex project but there's no doubt that it's time to get creative and move this much-beloved institution into the digital age! Can you help us?

Funds will go towards hiring a web firm, staff training and website upkeep, and fees and maintenance of the new site. We appreciate your generosity - the Courier has been a staple of Cape Elizabeth for decades. Please help us keep it going!

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Superintendent

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When asked what the most important “first steps” a superintendent should usually take in a new district, her answers centered around clarity of purpose and goals. “It is important for a superintendent to understand the goals and action steps that a district has developed, or to facilitate the development of an agreed upon strategic plan if one does not exist. The strategic plan drives the work of the district and it is important that all initiatives work toward that plan,” she said.

It will be after she spends time with Cape’s strategic plan that Dr. Wolfrom will decide on recommendations for next steps, but some goals are universal. She said, “Providing a safe environment for students is always a priority. In addition, providing the best education possible is always a goal. As for specifics, I will need input on where we are with the district’s strategic plan, and we will work together to develop goals based on that plan.”

As for the recent work on Performance Based Education, or PBE, she is supportive. “I believe that having clear expectations for what students should know and be able to do is important. This enables educators and students within a system to develop common vocabulary and expectations. Those expectations should provide a framework for a vertical system of learning from grades K-12, each grade or level building on, and expanding previous learning. Creating a clear understanding of a proficiency-based system, and having a system for documenting those proficiencies, promotes student responsibility and accountability for learning.”

Dr. Wolfrom points out that PBE with regards to Special Education presents additional considerations, and people are working toward answers. “This is a question that most districts, and the state experts, are debating. With the basic philosophy of providing for the needs of all learners, I believe that we must look at each student and determine what will best meet the needs of that student and what will best prepare that student for the future,” she said.

As for advice she would give a 1st-year teacher, Dr. Wolfrom said, “Don’t be afraid to ask questions, focus on learning the curriculum, engage in opportunities to grow professionally, and above all, try to maintain a balance between your personal life and your professional life.”

For a 20-year veteran educator, she would suggest she or he “continue to grow professionally. Attend professional development opportunities and find a team of colleagues with whom you can work who are interested in growing professionally and who continually challenge and re-charge you.”

When it comes to evaluating and supporting classroom teachers, Dr. Wolfrom said, “The role of the principal, superintendent and school board is to support teachers, providing them with whatever

is fiscally responsible in order to make them successful, and then to work as a team to provide the best education possible for our students. This includes the development of goals, support for attaining those goals and accountability for reaching those goals. The expectations of teachers have to be clear, support must be strong and available and administrators must be responsible in their efforts to hold each other and teachers accountable.”

Speaking of the most important attributes a leader should possess, Dr. Wolfrom said, “A leader must be willing to listen and consider possibilities but must keep the goals of the organization as a focus. I believe a leader must be consistent yet compassionate, remembering that life happens. A leader must see himself or herself as a member of the team, but also be willing to assume ultimate responsibility. A leader must keep an eye towards the future, but be grounded, without being stuck, in the realities of the present. A leader must be transparent but uphold confidentiality. A leader must be able to laugh and cry with the team.”

As for the educational leaders, namely the school principals, who will directly report to her, Dr. Wolfrom said, “A good school principal must be committed to district and school goals and must work to meet those goals. The principal keeps a pulse on the building, is there to address the needs of the staff, and always works to meet the many and various needs of the students. The principal is the face of the school and must be a visible and active participant in the school community.”

Asked if it is possible to better support students who may be marginalized without impacting the so-called “high-fliers,” Dr. Wolfrom said, “I believe that a district has the moral imperative to provide excellent educational experiences for all students. This is a consideration when developing a budget and should be an important goal in a strategic plan.”

Dr. Wolfrom adds that the ultimate question is “are we preparing our students to become active citizens, armed with the knowledge and strategies that they need to be successful in whatever they plan to do with their lives? We also need to ask ourselves if we have supported our students so that they are independent, engaged and motivated learners, and do we offer many experiences in the education we provide so that they are able to make wise and informed decisions about the goals that they wish to pursue after graduation?”

She said that, in the end, we can judge

the continued success of Cape Elizabeth’s schools “when we look at our students on graduation day, and when we hear about the success of every student in adulthood, then we will know that there is an effective education program.”

Change can be difficult and educators today know there have been many new initiatives over the last 20 years. To this, Dr. Wolfrom responds, “Any curriculum change is a team decision and effort. A decision to change would be based on state mandates, the district’s strategic plan and the needs of the students. It is important to examine any proposals to change through the lens of keeping all of the arrows (initiatives) pointed in the same direction, toward the goals of the strategic plan.”

As far as the use of outside consulting in the implementation of new initiatives goes, Dr. Wolfrom said, “The introduction of a new initiative to a district needs to be well-researched. It is important that a new initiative support the goals of the strategic plan. Often the talent and knowledge needed to implement a new initiative is available within the district. If not, it is important to build capacity within the district and to develop a plan for how that will take place.”

While she has no immediate plans to move full time to Cape Elizabeth, she has a place to stay here and plans on being present and seen, and not only in her office. Dr. Wolfrom said, “I have a house on Annabessacook Lake in Monmouth that is a gathering place for friends and family in the summer, so I will be doing some commuting. However, I feel that in order to become part of the community it will be important for me to attend school and community events. I love to be part of the audience at school plays and concerts, participate in awards ceremonies,

etc, and attend sporting events. I have secured an apartment in Cape Elizabeth so that I can focus on becoming part of the community without worrying about nighttime commuting.”

On the importance of activities, Dr. Wolfrom said, “Extracurricular activities are an important part of the life of the school. We often read that students who are engaged in these activities are more successful in academics. It is important that there be a variety of activities available to meet the needs of students of varying interests.”

Outside of education, her interests vary. She said, “I believe that exercise is important so I build treadmill time into my daily schedule. During the winter I also like to cross-country ski. In the summer I enjoy taking my pontoon boat out on the lake. I have three grandsons, two in Montana and one in Vermont, and I love to spend time with them. I always have a project going- knitting, quilting, refinishing furniture, home repair and I enjoy seeing the projects to completion.”

The Cape Elizabeth School Board released a statement saying, “The board sees Dr. Wolfrom leading Cape Elizabeth Schools in a positive direction, as she has done in RSU 38. We are excited to work with Dr. Wolfrom and gratified to have persevered through three searches to find the right fit for our schools and community.”

Dr. Wolfrom’s hiring concludes the search for a permanent replacement for Meredith Nadeau, who left the superintendent position in the summer of 2016, after a five-year stay.



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Cape Volunteer Spotlight: Nancy Rallis, The Book Fairy Project

By Marta Girouard



Photo by Marta Girouard

Pictured is Nancy Rallis with books displayed at Judy's Pantry, as part of The Book Fairy Project, an initiative to promote family literacy

Cape Elizabeth resident Nancy Rallis is a true believer of Horace Mann's quote, "A house without books is like a room without windows." Her home and her children's homes are filled with books, and when an opportunity came along to coordinate The Book Fairy Project in town, she was excited to get involved.

The Book Fairy Project is a grassroots family literacy movement, founded by Pam Leo, a family literacy activist and author. It is an initiative with the mission of putting books in the hands of children through connections with food pantries across the country.

Rachel Davis, assistant director/youth services librarian at Thomas Memorial Library, learned about the project through Leo and it inspired her to connect with Judy's Pantry in Cape Elizabeth to see if the project could be initiated in town. "Being around books as a child, being read to on a daily basis, these are such important aspects of brain

development, bonding and literacy development. Anything we can do to support early literacy and families with young children in our community serves the mission of the library," said Davis.

Judy's Pantry offers local produce at no charge to Cape residents with limited resources who are struggling to feed themselves and their families with healthy food. The produce comes from plots at the Cape Community Gardens in addition to generous donations from Cape farmers and residents. There is no paperwork and no income criteria to use the pantry. Nancy Miles, director of Judy's Pantry, reached out to Rallis to see if she was interested in heading the project. Rallis is a retired first grade teacher and children's literature was a central part of her classroom.

The Book Fairy Project was started this past November and the goal is to make it a permanent part of Judy's Pantry. A donation box is located in the children's area of

the library where residents can donate new or gently used children's books. On pantry days, Rallis collects the books from the library and sets up a display in the pantry room. "My favorite part has to be watching children carefully select a book or books and beaming as they wait for their parents to leave," said Rallis. "I'm also encouraged by the response from our adult population. Many are eager to choose books for their families each time they visit the pantry."

Rallis has lived in Cape Elizabeth for 34 years. She taught here for 20 years, and her husband was the director of the Thomas Memorial Library for many years. "I retired in 2002 and am still in touch with the wonderful, dedicated teachers I worked with. I also have

the privilege of bumping into supportive parents and former students who are now adults. It's a treat to see them as grownups and try to remember them as first graders," said Rallis. Volunteering has always been important to Rallis, and something she has done her entire adult life. In addition to volunteering at Judy's Pantry, she knits scarves and mittens for the Preble Street Resource Center and Florence House in Portland.

In the winter Judy's Pantry is open on the second and fourth Tuesdays of the month from 3:00 to 5:00 p.m. In the warmer months, the pantry is open on a weekly basis. It is located in the Cape Elizabeth Methodist Church on Rte. 77.

Cape Elizabeth Chess Club takes on Bonny Eagle chess team in informal meet



Contributed photo

Pictured is the Cape Elizabeth Chess Club (for kids) having an informal meet against the Bonny Eagle chess team at the Local Buzz on Saturday, December 16. A bus brought the Bonny Eagle team over snowy roads early Saturday morning. The event started at 8 a.m. and was organized by Cape parent Eric Dinnerstein. Cape Elizabeth Chess Master Matthew Fishbein and his dad Dan Fishbein, who ran Saturday morning chess lessons at the Community Center for years, were also present.

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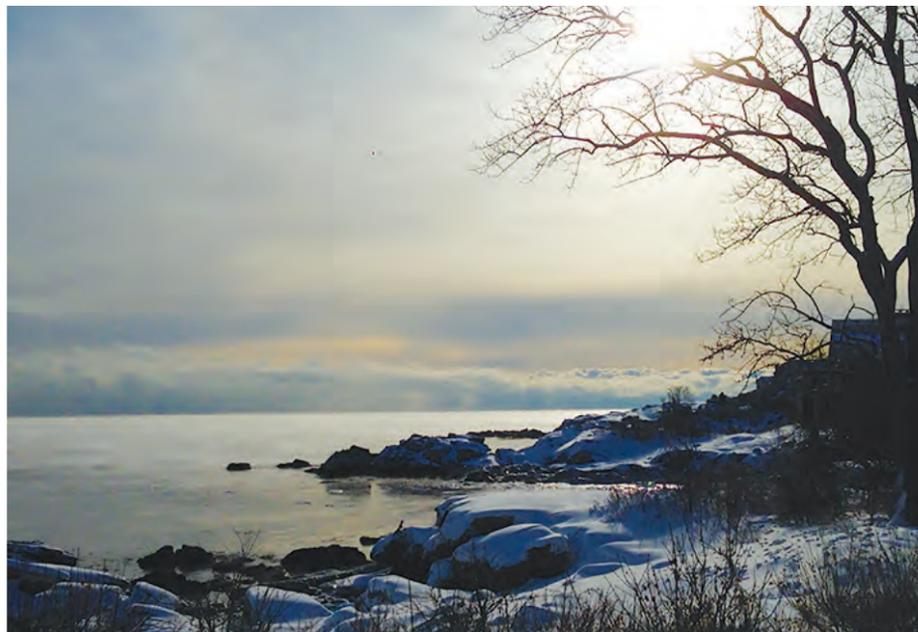


Photo by Tim Girouard



Photo courtesy of Maxwell's Farm

In several months, the snow will (hopefully) be gone and the team at Maxwell's Farm will be removing the hay off these fields to "wake up" the strawberry plants.

Pictured is a wintry scene on Shore Road on the last day of 2017. Mother Nature rang in 2018 with some bitter cold temperatures, followed by the first snow storm of the year that was termed a "bomb cyclone."



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Cape Elizabeth High School swimmers push themselves

By Kevin St. Jarre



Contributed photo

Olivia Tighe (above) and Alicia Lawrence (right) are standout varsity swimmers for CEHS's swim team this year. They both started very young, and push themselves hard to constantly improve.



Contributed photo

Alicia Lawrence and Olivia Tighe are both juniors swimming for the storied Cape Elizabeth High School Swim Team. Lawrence primarily swims shorter distance, and has since 7th grade. "I've always enjoyed shorter events because I liked to go at full speed." Tighe, while she enjoys all the

events, specializes in freestyle and the butterfly.

Lawrence said, "I really enjoy the commitment and self-discipline of swimming. It's a sport that takes a lot of mental strength

-see SWIMMERS page 9

Town of Cape Elizabeth 2018 Dog Licenses Now Due!

Dogs 6 months of age are required by state law to be registered

Registration deadline is December 31, 2017. Dogs registered after January 31, 2018 must be registered at Town Hall and will be charged a \$25/per dog late fee in addition to the license fee.

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Licenses are available at the Tax Office at Town Hall or online at www.capeelizabeth.com. Dogs registered after January 31st must be registered at Town Hall.



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Swimmers

Continued from page 8

in addition to physical strength, and it's rewarding in so many different ways. Since the most important and time-consuming part happens outside of the meets, a lot of the reward comes from the little details."

Tighe, who has been on the swim and dive teams since 9th grade, added, "What I like most about swimming are the friends I have made and being around water. Some of my closest friends are people that I have met through swimming and some of them aren't even in my school. It's easy to become quick friends with your teammates because of the bonds created during swimming hundreds of thousands of yards together. I have found that many of the activities I really enjoy involve the water. Whether it is surfing with my friends or sailing with my dad, I love being in and around it."

Both girls were young when they picked up the sport. Tighe said, "I was eight years old and in second grade when I first joined Coastal Maine Aquatics, a local private swim team." As for Lawrence, she did some swimming in New Hampshire, but after the move to Maine she began lessons in kindergarten to prepare her to swim on a club team. She said, "In elementary and middle school, swimming was one of the several sports I participated in

so I never focused on it. I started to dedicate more time to swimming in eighth grade when the team SMAC (Southern Maine Aquatic Club) was created and I've committed myself ever since."

Both athletes give their parents the credit for their starts. Lawrence said while her parents always made sure she was active, including skiing at a very young age, neither of them swam and yet they were supportive when family friends recommended Lawrence give the sport a try. She said, "I didn't exactly latch onto swimming when I first began, I used to get out early because I was really cold and I always stayed on the wall. I continued swimming, and even though I didn't prioritize it, I improved little by little. I can't exactly explain why I stuck with the sport, it always just seemed like an inherent part of me."

For Tighe, swimming was love at first splash. She said, "I grew up on the water and always loved swimming. My parents started me in swim lessons at a young age which eventually lead to swimming competitively." She also points out the challenging nature of her sport, saying, "The practices are long and physically demanding. Missing practice really sets you back in your training so you have to be very disciplined. The two events that I really get excited to swim are the 100 Free and 100 Fly. Last year I ended up swimming these two events at the High School State

Championships. These events are scheduled back to back in most meets so swimming them both was very difficult."

Lawrence agreed, "Every aspect of the sport is a challenge. Being able to get past those feelings of negativity can be fatiguing itself. But I would say the most challenging part is allowing yourself to fail in order to improve. Understanding that there are going to be moments when you fail, whether it's in one event or a longer period, being able to push through it will make you better than you've ever been."

On the CEHS swim team, the girls are

coached by Ben Raymond. Lawrence said, of her coach, "Coach Raymond always tells me to swim the race the way it works best to me. He knows that if I overthink the race, it'll backfire. This is especially important during relays because it's easy to look around at the other teams and get psyched out." Tighe said, "I call [Coach Raymond] Mos. It's an abbreviation of Raymos which is already a nickname of his. One thing he does, that I appreciate more than I think he knows, is joke around with me. It's easy to

-see SPORTS page 12



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January Naturalist's Corner

By Erika Carlson Rhile

January 2 - Full Moon, Supermoon. The first of two Supermoons in January occurred on January 2. Native Americans called this the Full Wolf Moon as hungry wolves howled outside their camps this time of year.

January 31 - Full Moon, Supermoon, Blue Moon. The second Full Moon in a month is called a Blue Moon and there will be another "Blue Moon" in March. This will be the last Supermoon of 2018.

Great horned owls are Maine's earliest nesting birds, pairing as early as mid-January.

Listen for a series of four or five deep, resonant hoots: hoo-hoo-hoo; hoo-hoo. Calls are heard most in the early evening or predawn hours.

Still have a Christmas tree in your yard? Prop it by your birdfeeder to give birds safety and shelter.

The snow makes it easy to see animal tracks. Notice all the rodent trails? It's fun to follow them to their food caches.

Watch out for snowy owls! Several local sightings have been reported recently as the Arctic birds migrate from the Arctic Circle.

Cape resident opens group training studio

By Marta Girouard



Contributed photo

Pictured is the interior of Circuit 77 Fitness, a new group training studio opened in town by Cape resident Denise Goode

There's a new place in Cape Elizabeth to get your workout in. Cape Elizabeth resident Denise Goode has opened Circuit 77 Fitness, located at 541 Ocean House Road. It is a small group training studio, offering classes in indoor cycling, barre and circuit training. "We want people to think of our studio as Cape's Neighborhood Healthy Hangout and welcome people of all ages and ability levels," Goode stated.

Goode is a native Mainer, having moved from Hampden, Maine to Southern Maine 13 years ago to begin a career as a surgical nurse. During this time, she also became immersed in triathlon, and eventually coaching. Having found her calling, she returned to school twice more for additional degrees and certifications, all while continuing to compete in various running, cycling and triathlon events, including Ironman Lake Placid. In addition to being a registered nurse, she now also holds

the certifications of: USA Triathlon Level 1 Coach, National Academy of Sports Medicine (NASM), and Registered Dietitian.

"The thing I love about Cape Elizabeth is that its landscape is a destination for endurance athletes. Any time of day you can see people out enjoying the safe routes and trails," said Goode. "My athletes particularly enjoy swimming at Kettle Cove and Crescent Beach in the summer, cycling on 77 out to Prout's Neck and running the Midwinter Classic course." Goode and her husband have four dogs (three Golden Retrievers and a Mexican Street dog), and a lobster boat off Crescent Beach, where they lobster hunt during the summer and fall. They love to travel and are medical missionaries who have been going to Mexico for ten years to do surgery in a remote village in the southern Yucatán.

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For Adults

Writers' Accountability Group

Wednesday, January 17, 2018, 10:30 a.m. – 12:00 p.m.

Are you looking for a way to get started writing? Or, if you're already writing, would you like to connect with other writers? Starting January 17, the Thomas Memorial Library is delighted to introduce our first Writer's Accountability Group (WAG!). We'll host monthly meetings on the 3rd Wednesday of each month from 10:30 a.m. - noon.

Please join us to:

- Meet other writers.
- Share your work.
- Share resource ideas about editors, publishers, and agents.
- Give yourself a deadline each month to show up with your latest work.
- Have fun!

Who Done It?

Thursday, January 18, 6:30 – 8:00 p.m.

In noir fiction, the protagonist is never the detective. They are the victim. Or suspect. Or even the perpetrator! Learn more about this exciting writing style from local author Dick Cass as he joins us to discuss how classic noir detective fiction rose as a subgenre, and who is currently writing in this style. Dick will also read from his noir jazz mystery *In Solo Time* and take questions about detective fiction, writing, the writing process, and the state of mystery publishing, including the very lively mystery writing community here in Maine. Who done it? Dick Cass done it!

Inside the American Bedroom

Thursday, January 25, 6:30 – 7:30 p.m.

Barbara Peacock won the Getty Editorial Grant in 2017 for "American Bedroom." This January, Barbara joins us at TML to take us "Inside the American Bedroom."

Here's what Hugh Pinney, VP of Getty Images has to say about Barbara's work:

"Barbara is a lifestyle and editorial photographer living in Portland, Maine. She's had a life-long passion for documentary and street photography, as well as drawing, having studied at the Boston University School of Fine Arts and the School of the Museum of Fine Arts at Tufts. In 1982, while in school, she began to photograph the people of her hometown in Westford, Massachusetts, and it ultimately became a 33-year project and book called, appropriately, "Hometown." In addition to her photography, Barbara runs a small non-profit called The Nightingale Project, in which adults and high-school teens join together to teach art and photography to kids in the US and beyond.

"Barbara's project, "American Bedroom," offers a composite portrait of the United States through unguarded portraits of Americans in their bedrooms. The images she has made so far – paired with pithy, poetic quotes from each subject – are full of subtle details that invite us to contemplate the idiosyncrasies of each enigmatic life. She reminds us that, in an era rife with hot-take, reductionist analyses of the American body politic, her fellow citizens really do contain multitudes."

Songwriting Workshop

Tuesday, January 30, 6:15 – 8:15 p.m.

New 3-Month Series: 1/30, 2/27, 3/29

Our new songwriting workshop starts up in January with local songwriter and performer Jud Caswell. If you have a song in your heart, Jud can help you finish it! Open to songwriters of all levels and abilities.

Participants should bring a song that is "in process" for feedback and support. Please bring 10 copies of your lyrics to share. We'll have a sign-up sheet when you get here and

will have time to share six or seven songs each night. Please bring an instrument or recording if you want to accompany yourself!

We will begin each session with a short discussion of some of the elements of songwriting craft and move on to sharing our songs. Feedback will be focused on questions or concerns raised by the songwriter, with discussion focused on issues of craft and technique. It is the goal of the workshop to provide a safe place to grow your songwriting ability!

Uncommon Grace: The Life of First Lady Frances Folsom Cleveland

Tuesday, February 6, 6:30-7:30 p.m.

Grover Cleveland, born in 1837 was the first democrat elected president after the Civil War, and is the only president to leave the White House and return for a second term four years later. He entered the White House as a bachelor, but in 1886, married Frances

Folsom, age 21. Frances was the country's youngest ever first lady.

In little time, Frances's influence was widely felt, and continued long after she left the White House. Hers is a story of romance and intellect, humor and grace, tragedy and triumph. Join us for an evening of highlights of her rich life, drawn from letters, diaries, and family stories, shared by her granddaughter, Margaret Cleveland.

Programs for Multiple Ages

Maine's Spiders

Thursday, February 1, 6:30-7:30 p.m.

Donne Sinderson, a Maine Master Naturalist, will discuss the fascinating world of one of the most misunderstood family of creatures: the spiders. Did you know that spider silk has different strengths depending on the purpose it serves? Or that some spiders

can change their color from yellow to white with purple spots and back again? Come learn about Maine's many species of benign, beneficial, and often beautiful spiders.

Families Discover Great Artists

Saturday, February 3, 3:00-4:00 p.m.

Families with children ages 4 and up (older children and teens welcome!) are invited to join Kiah on the first Saturday of each month for a hands-on family program exploring the ways great artists create their work. Learn about a famous artist, and work on art projects based on that artist's distinctive style. No registration necessary! This month, discover the work of Frida Kahlo.

The Atlantic Puffin with Sue Schubel

February 8, 6:30 – 7:30 p.m.

"Seabird Sue" Schubel is the Outreach

-see LIBRARY page 12

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Library

Continued from page 11

Educator for Audubon's Project Puffin. She has been researching puffins and other seabirds since 1984 in Maine, California and the Galapagos. We are excited to have Seabird Sue with us to share her expertise and insights about Maine's puffin population. This talk is part of our Maine Wildlife Series (rescheduled from January 4 due to the big storm.)

Altered Books Club, for adults and older teens

Thursday, February 8
6:30 - 8:00 p.m.

This new monthly program will be led by the library's resident artist Kiah Gardner. Use discarded library books to create works of art, including decorative pieces, lamps, whimsical sculptures, jewelry and more. The program will meet in the Conference Room on the second Thursday of the month from 6:30 - 8:00 p.m. This month, create a decorative floral wreath out of book pages. No registration necessary.

Warm Winter Camping with Tony Owens and Chris Bond

Saturday, February 10
11:30 a.m. - 1:30 p.m.

Does the phrase "warm winter camping" seem like a paradox to you? Bring the whole family to this program to learn why the words "warm" and "winter" aren't mutually exclusive. Veteran winter campers Tony Owens and Chris Bond will share their many years of winter trips from the Allagash to the Penobscot, using traditional equipment, wooden snowshoes, toboggans, cotton tents and wood stoves. They will share tips on equipment, safety and trip planning. Bring a sandwich and enjoy your lunch outside with a cup of cider hot from the stove in the tent, which will be set up in front of the library.

We will then go inside to listen to Tony

and Chris describe what makes winter camping so much fun. If you like, join Tony for a snowshoe trek through Robinson Woods after the library event (please register for the snowshoe trek, which is sponsored by CELT, through Community Services.) No registration is necessary for the library event.

Programs for Teens and Tweens

Tabletop Gaming Club, for kids, tweens, and teens

Tuesdays: 2:30 - 5:00 p.m.

Join Alyssa and other tweens and teens for board games of all kinds, and maybe even some giant-sized jenga!

Dumbledore's Army (The DA), for ages 11 and up

Thursday, January 11, 2018:
2:30 - 3:30 p.m.

Have fun with all things Harry Potter in this after school wizarding craft program. Make potions, wands, and other magical items. No registration necessary.

Dungeons & Dragons at TML, for teens and tweens

Thursday, January 11, 2018: 4:00 - 7:00 p.m.

Come play Dungeons & Dragons with us!

Animal Advocates Club, for grades 5 - 8

Thursday, January 18, 2018:
2:30 - 3:30 p.m.

Join Felicia Mazzone from the Animal Refuge League of Greater Portland for educational activities and service projects to benefit shelter animals. Please register for each session on the library's website.

Creativity Lab with Rick, drop-in program for school-aged kids

through teens

Wednesdays: 2:30 - 4:00 p.m.

Drop in and make something! No need to arrive at the beginning or stay until the end. Have fun with a different set of materials to work with each week!

Programs for Children

We have twelve weekly story, art, music and play programs for babies through preschoolers. Please check the library's website for our weekly program schedule. Below are two upcoming special events for children.

Family Sing-Along with the High Spirits

Saturday, February 3
10:30 - 11:15 a.m.

Cape residents Anna and Dave Patterson are the musical duo "The High Spirits." Join Anna and Dave for a fun, interactive sing-along concert for families with young children. No registration necessary!

Musical Story Hour with Jud Caswell, for ages 3 and up

Thursday, February 8
1:00 - 1:45 p.m.

Jud Caswell returns for his monthly program in which he sings, leads kids in musical games, and reads stories with his own original musical accompaniment. No registration necessary!

CEHS to host information night for all ages of sailors

On behalf of SailMaine, the Cape Elizabeth High School Sailing Team is hosting an information night for all ages of sailors. We'll talk about high school racing, sailing for little people, adult lessons, high school summer regattas, etc.

Date: Tuesday, Jan. 23, 6-7 p.m.

Where: CEHS Cafe, 345 Ocean House Road

What: presentation, video, Q&A, light food and beverages, registration information

Summer program registration for youth is open. High school registration starts January 15, 2018

Contact: Lauren Knebel Bodenski, CEHS sailing team coordinator, Jetsonfood@gmail.com, 207-518-3131 or SailMaine at www.sailmaine.org

Sports

Continued from page 9

get caught up with school and the swim season but having him there always lightens the mood."

Lawrence also said of her club coach, Leanne Gravel at SMAC, "She always reminds me of little details that I'm working on at the moment. On top of this, she tells me that she wants to see me race and not hold back. Each race is a chance to improve yourself, and I'm working on getting my head into every single one."

When asked if they had any advice for younger swimmers coming up, the varsity standouts offered three pieces each.

Lawrence advised:

1) Never get discouraged. One of the most challenging parts about swimming is fighting your own thoughts. If you work harder than you did the day before, you already have something to be proud of.

2) Do not compare yourself to others. I always think of the quote "Comparison is the thief of the joy" because of how accurate it is. You'll end up striving for goals that aren't your own and will disappoint yourself.

3) Never settle. Don't try to convince yourself that you gave something your all when you didn't. You need to be striving for higher goals all the time, and that false sense of satisfaction will only hold you back. I'm still working on this myself.

From Tighe, this advice:

1) Work Hard: one of the greatest things about swimming is that your hard work and time in the pool is rewarded by fast swims - it's a great feeling to achieve a best time.

2) Stick with it: swimming can be hard and demanding but it also provides opportunity to make great friends and stay in great physical shape.

3) Have fun! Swimming is such a fun sport. It is both a team sport and an individual sport providing many different types of rewards.

Both Tighe and Lawrence said if they were not swimming, they'd be skiing.

As for college, Lawrence says she prioritizes academics, and she would look for a balance between that and swimming. When it comes to swimming after high school, Tighe is more certain than her teammate, and said, "I am planning on swimming in college and am looking at a number of Division 1 schools already. Competing as a college student/athlete has been on my radar for a number of years now and I am very excited about fulfilling this goal."



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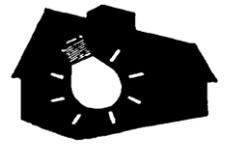
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Doorbell ring and run, smoking in dugout, snowblower stolen from garage

Reported by Debbie Butterworth

COMPLAINTS

- 11-28 An officer met with a resident in the Mitchell Road area regarding a possible missing person.
- 11-29 A bicycle found in the Eastman Road area was brought to the police department. It is a silver Roadmaster bike.
- 12-1 Two officers responded to the Scott Dyer Road area for an assaultive juvenile.
- 12-1 An officer met with a resident of the Shore Road area regarding a trespass complaint.
- 12-6 A brown ladie's wallet was brought to the police department. The owner was identified and property returned.
- 12-6 Two officers responded to the Middle School for a report of kids smoking in one of the dugouts. They were located using a vaporizer. School and parents were notified.
- 12-6 An officer met with a resident of the Ocean House Road area who reported a juvenile ringing his doorbell the running off. The juvenile was identified and parents notified.
- 12-8 An officer met with a resident regarding possible violation of a protection order.
- 12-9 An officer met with a resident of the Ocean House Road area regarding the theft of a bike. It is a black hybrid mountain bike.
- 12-9 Two officers responded to a report of juveniles inside a vacant building. One subject was identified and is under further investigation.
- 12-10 Two officers responded to a residence in the Ocean House Road area for a domestic disturbance.
- 12-10 An officer met with a resident of the Ocean House Road area who reported that he left his snowblower in front of his garage while he went to a local store, and was gone for about 15 minutes. While he was gone, someone stole his older John Deere snowblower.
- 12-14 An officer met with a resident of Scarborough regarding an indecent exposure complaint
- 12-16 An officer met with a resident of the Sawyer Road area regarding a trespass complaint.
- 12-16 Two officers responded to a residence in the Scott Dyer Road area for a well-being check
- 12-20 An officer met with a resident of the Broad Cove area who reported fraudulent charges on her credit card.
- 12-20 An officer responded to a residence in the Fowler Road area for a well-being check
- 12-26 An office met with a resident of the Broad Cove area regarding a harassment

- complaint
- 12-27 An officer met with a resident of the Fowler Road area regarding lost or stolen medication.
- 1-1 Two officers responded to a residence in the Fowler Road area for a well-being check
- 1-2 An officer met with a resident of the Oakhurst area regarding a lost prescription.

SUMMONSES

- 12-1 Waterboro resident, uninspected vehicle, Shore Road, \$133
- 12-1 Portland resident, speeding (47/35 zone), Spurwink Avenue, \$137
- 12-12 Windham resident, uninspected vehicle, Route 77, \$133
- 12-14 South Portland resident, operating after suspension, habitual offender, Stillman Street
- 12-15 South Portland resident, unregistered vehicle, Scott Dyer Road, \$70
- 12-17 South Portland resident, possession of scheduled drugs, violation of conditions of release, Fort Williams Park
- 12-20 South Portland resident, operating after license suspension, Sawyer Road
- 12-21 Cape Elizabeth resident, operating after suspension, Starboard Drive
- 12-22 Dayton resident, speeding (66/45 zone), Route 77, \$215
- 12-25 Portland resident, speeding (44/30 zone), Shore Road, \$137
- 12-28 Portland resident, speeding (54/35 zone), Route 77, \$185
- 12-29 Cape Elizabeth resident, speeding (51/30 zone), Sawyer Road, \$215

JUVENILE SUMMONS

- 12-7 Cape Elizabeth resident, speeding (53/35 zone), Spurwink Avenue, \$185
- 12-8 Cape Elizabeth resident, speeding (50/30 zone), Mitchell Road, \$215

ARRESTS

- 12-17 South Portland resident, unlawful possession of scheduled drugs, violation of conditions of release, Fort Williams Park

ACCIDENTS

- 11-29 Daniel Meuse, Barbara Raths, accident on Ocean House Road
- 11-29 Nancy Abel, Peter Gleeson, accident on Southwell Road
- 12-9 Ben Davis, accident on Hill Way
- 12-12 Denise Ross, Emily Cormier, accident on Ocean House Road

- 12-14 Lisa Tower, Kevin Derrig, accident on Wells Road
- 12-14 James Haller, accident on Wells Road
- 12-20 Melanie Thomas, Rachel Chase, accident on Starboard Drive
- 12-20 Matthew O'Neil, accident on Mitchell Road
- 12-21 Gary Burks, Heidi Hetz, accident on Starboard Drive
- 12-21 Marlow Thomas, accident on Ocean House Road
- 12-22 Mary Reilly, accident on Two Lights Road
- 12-23 James McCormick, Jack Meahl, accident on Trundy Road
- 12-30 Madeline Drolet, Timothy McHugh, accident on Fowler Road

FIRE CALLS

- 1-28 McKinney Point Road, carbon monoxide alarm
- 11-29 Ocean House Road, car accident
- 12-1 South Portland mutual aid
- 12-1 Two Lights Road, carbon monoxide alarm
- 12-3 Shore Road, elevator rescue
- 12-4 Spurwink Avenue, furnace problem
- 12-4 Cheverus Road, investigation
- 12-5 South Portland mutual aid
- 12-5 Woodcrest Road, chimney fire
- 12-7 Oakhurst Road, carbon monoxide alarm
- 12-8 South Portland, mutual aid
- 12-9 Old Ocean Road, investigation
- 12-9 Oakhurst Road, line down
- 12-11 Purpoedock Drive, carbon monoxide alarm
- 12-11 South Portland mutual aid
- 12-12 Ocean House Road, car accident
- 12-13 South Portland mutual aid
- 12-13 Wainwright Drive, fire alarm
- 12-16 Orchard Road, carbon monoxide alarm
- 12-17 South Portland, mutual aid
- 12-17 Portland mutual aid
- 12-18 Scarborough mutual aid
- 12-19 South Portland mutual aid
- 12-20 Fieldways Lane, fire alarm
- 12-21 Shore Road, fire alarm
- 12-22 Arrow Point Road, fuel leak
- 12-22 South Portland mutual aid
- 12-23 Ocean House Road, line down
- 12-23 Scott Dyer Road, investigation
- 12-23 Lighthouse Point Road, investigation
- 12-24 Mitchell Road, fire alarm
- 12-25 South Portland mutual aid
- 12-25 South Portland mutual aid
- 12-28 Gladys Road, fire alarm
- 12-28 Graystone Road, fire alarm

- 12-29 Shore Road, line down
- 12-30 Smuggler's Cove Road, carbon monoxide alarm
- 12-31 South Portland mutual aid
- 1-1 South Portland mutual aid

RESCUE CALLS

There were 33 runs to Maine Medical Center. There were 6 runs to Mercy Hospital. There were 12 patients treated by rescue personnel but not transported.

Scam Alert Bulletin Board

Reported by Jessica D. Simpson

Western Union settlement

If you were tricked into wiring money to scammers using Western Union, you may be eligible to get at least some of your money back. The Federal Trade Commission and Department of Justice came to a \$586 million settlement with Western Union last year. If you sent money through Western Union between January 1, 2004 and January 19, 2017, and lost it to a scammer, you may be eligible for a refund. Visit www.ftc.gov/wu to learn more. You can file your petition online or by mail, but do so by Feb. 12, 2018.

Phishing scams

Phishing is when scammers try to trick you into sharing sensitive information. They typically send legitimate-looking e-mail messages from what appears to be a bank, federal agency or service provider requesting that you "verify" personal information. Now that people are catching onto email phishing, scammers have branched out to texting – banking on our tendency to respond immediately to a text message. Whether it's through your smartphone or instant messaging on a social media site, be wary of suspicious texts. When in doubt, delete.

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CAPE CALENDAR

By Wendy Derzawiec

Wednesday, January 17

Town Council Workshop, 7 p.m., Town Hall

Thursday, January 18

Thomas Memorial Library Committee, 6:30 p.m., Thomas Memorial Library
 Fort Williams Park Committee, 7 p.m., Public Works

Tuesday, January 23

School Board Finance Committee, 6:30 p.m., High School Library and Learning Commons
 School Board Workshop, 6:30 p.m., High School Library and Learning Commons
 Board of Zoning Appeals, 7 p.m., Town Hall chamber

Thursday, January 25

Comprehensive Plan Public Forum, TBD, Town Hall chamber

Thursday, February 1

Recycling Committee, 7 p.m., Public Works
 Public Workshop on Paper Streets, 7 p.m., Town Center Fire Station

Saturday, February 3

Public Workshop on Paper Streets, 10 a.m., Town Center Fire Station

Tuesday, February 6

School Board Finance Committee, 6:30-8:30 p.m., High School Library and Learning Commons
 School Board Budget Workshop, 6:30-8:30 p.m., High School Library and Learning Commons

Town Council Workshop, 7 p.m., Town Hall
 Planning Board Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall

Ongoing each week

Al-Anon, Regular meeting 7 p.m. Thursdays, at United Methodist Church, 280 Ocean House Road. Regular meeting 7 p.m. Fridays at St. Alban's Church.
 Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban's Church.
 Cape Elizabeth Historical Preservation Society, 9 a.m.-noon Thursdays, Public Safety Building
 Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road
 Cape Farm Alliance, third Wednesday, 7 p.m., Community Center
 South Portland/Cape Elizabeth Rotary Club, each Wednesday at 6:15 p.m. Purpoodock Country Club, Spurwink Avenue. 767-7388.
 Codependents Anonymous (CODA) group at Cape Elizabeth United Methodist Church
 Regular meeting weekly on Saturdays at 10:30 a.m. Call 799-4599 FMI.

SERVICES

Cape Elizabeth Church of the Nazarene

499 Ocean House Road (Route 77)
799-3692

www.capenazarene.org

Sunday School for all ages: 9:30 a.m.
 Sunday Worship Celebration: 10:45 a.m.
 Services streamed live or on demand:
watch.capenazarene.org

Cape Elizabeth United Methodist Church

280 Ocean House Road
799-8396

www.ceumc.org

Chapel Service: 8 a.m.
 Sanctuary Service: 10 a.m.
 Child care & Sunday School: 10 a.m.
 Adult Sunday School: 9 a.m.

The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road
767-5000

Sacrament Meeting:

Sunday, 9-10:10 a.m.
 Sunday School: 10:15-11 a.m.
 Primary: 10:15 a.m.-noon

Relief Society, Priesthood: 11 a.m.-noon

The Church of the Second Chance

Greater Portland Christian School
 1338 Broadway, South Portland
641-3253

Sunday: 10:30 a.m.-12:15 p.m.

Congregation Bet Ha'am

81 Westbrook St., South Portland
879-0028

www.bethaam.org

Worship: Friday, 7:30 p.m.
 Saturday, 10 a.m.
 Family Shabbat Services:
 Second Friday, 6:30 p.m.

First Baptist Church of South Portland

879 Sawyer St., South Portland

799-4565

www.spfbc.com

Sunday Morning Worship: 9:30 a.m.
 Awana Clubs (Grades 3-8): Tuesday, 6:20 p.m.

Promised Land World Reach Center

536 Cottage Road, South Portland
799-3152

Sunday Prayer & Intercession: 9:30 a.m.
 Sunday Worship: 10 a.m.
 Family Bible Studies: Wednesday, 7 p.m.
 Sermon recordings available to download

Saint Alban's Episcopal Church

885 Shore Road
799-4014

www.stalbansmaine.org

Sundays: 8 a.m., 9:30 a.m.
 Celtic Service: Sunday, 5:30 p.m.
 Nursery: Sundays, 9:30 a.m.

Saint Bartholomew Roman Catholic Church

8 Two Lights Road
799-5528

www.saintbarts.com

Sunday Mass: 9 a.m. and 11 a.m.
 Monday & Tuesday Masses: 8 a.m.

First Congregational Church

United Church of Christ

301 Cottage Road, South Portland
799-3361

www.fccucc.org

Worship: 8:30 a.m., 10 a.m.
 Sunday School: 10 a.m.
 Preschool Child Care: 10 a.m.

First Congregational Church of Scarborough

167 Black Point Road, Scarborough
 883-2342

www.fccscarborough.com

Sunday Morning Worship: 9:30 a.m.
 Sunday School & Nursery Care

CABLE GUIDE

CHANNEL 3

Planning Board replay

Jan. 17 & 18 - 2 p.m. & 8 p.m.
 Jan. 20 - 10:30 a.m.

Cape Elizabeth Church of the Nazarene

Jan. 20, 21, 27, 28; Feb. 3 & 4 - 9 a.m.

Board of Zoning Appeals (live)

Jan. 23 - 7 p.m.

Board of Zoning Appeals replay

Jan. 24 & 25 - 2 p.m. & 8 p.m.
 Jan. 27 - 10:30 a.m.

Peoples UMC to hold Bean Supper

The Peoples United Methodist Church, located at 310 Broadway, South Portland will hold a Bean Supper on Saturday, January 20, from 5:00-6:00 p.m. Baked beans, casseroles and wonderful pies and desserts will be available.

Winter Full Moon Viewing on Jan. 31

Dress in your warmest winter clothes and join CELT on Trundy Point beach to check out the February full moon. We will have a telescope and the guidance of astronomer and educator Kerry Kertes to help us explore the moon and the night sky. Because this is cloud-dependent, we may choose to use the back-up date instead. Please RSVP to info@capelandtrust.org to receive updates in case of rescheduling.

Date: Wednesday, January 31 (back-up Thursday, February 1)

Time: 7:00 -8:30 p.m.

Location: Meet at Trundy Point Beach, parking on-street

Cost: Free

Good Night, Cape Elizabeth

Children ages 2-6 (with an adult) are invited to the CELT office to enjoy a bedtime hour about winter animals in Maine, our "cold-weather friends." Join CELT volunteer, Jill Darling for stories, a craft, and a brief visit outdoors to see what animal signs we might find in winter. Come in your pajamas, and bring a snack. Parents/Guardians must be present.

Tuesday, February 6, 6:00-7:00 p.m.

CELT office: 330 Ocean House Road, Cape Elizabeth

\$6/parent & 1 child. Each additional child \$3.

Snow Shoe Outing in Robinson Woods

Join Cape Elizabeth Land Trust Executive Director, Cindy Krum and long-time CELT supporter, Tony Owens for a two-hour snowshoe adventure through the snow laden trail network of Robinson Woods. This program is designed for winter outdoor enthusiasts, and we will explore the fields, woods and wetlands to gain a unique winter perspective of this wonderful property. Please bring your own equipment and dress accordingly for weather. Outing is subject to acceptable

weather conditions.

February 10, 2-4 p.m.

Meet at the Robinson Woods kiosk on Shore Road

\$6 per person

Animal Tracking for Families

Having a "staycation" this February? Join Cape Elizabeth Land Trust Education Coordinator Natasha Rathlev at the Great Pond Fenway Road trailhead to learn common winter animal tracks and practice tracking. Participants will receive a hand-held track guide that they will then use to identify and follow various tracks along the trail. Warm, dry clothing and footwear are a must. Children attending should be at least 6 years old, and accompanied by an adult. Outing is subject to acceptable weather conditions.

Wednesday February 21, 9:30 - 10:30 a.m.

Meet at the end of Fenway Road

\$6/parent & 1 child

Please register for the programs about through Cape Elizabeth Community Services <http://www.capecommunityservices.org/>. Call the CELT office with any questions at 767-6054

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Enjoy Cape Elizabeth photo note cards by naturalist Martha Agan magan@maine.rr.com. Card assortments available at Ocean House Gallery near the library parking area.

November 2017 Cape real estate transfer transactions

NEW OWNER	LOCATION	SALE PRICE	TYPE/USE
DENISON CHRISTOPHER R	220 FICKETT STREET	\$165,000	RESIDENTIAL
SHAH RIVINDRA	31 COTTAGE FARMS ROAD	\$480,000	SINGLE FAMILY
CLARK ANNE M	618 SHORE ROAD	\$869,900	SINGLE FAMILY
MOYER SETH	37 FOREST ROAD	\$530,000	SINGLE FAMILY
BUCKLEY JESSICA D	25 STONYBROOK ROAD	\$385,000	SINGLE FAMILY
ADAMS RAFAEL	87 OAKHURST ROAD	\$150,000	SINGLE FAMILY
LISTON SCOTT I	2 KEYES LANE	\$1,250,000	SINGLE FAMILY
CROSSON KATHERINE	1 SMUGGLERS COVE ROAD	\$630,000	SINGLE FAMILY
BRENNAN FAMILY TRST	15 RUNNING TIDE ROAD	\$2,050,000	SINGLE FAMILY
BIRLEM MARGARET	6 SOUTH STREET	\$129,000	RESIDENTIAL
BIRLEM MARGARET	8 SOUTH STREET	\$129,000	RESIDENTIAL
SMITH ZACHARY E	28 CRANBROOK DRIVE	\$655,000	SINGLE FAMILY
AOURAGH SALIM	62 COLUMBUS ROAD	\$320,000	SINGLE FAMILY
BROWN VALERIE J	222 MITCHELL ROAD	\$372,000	SINGLE FAMILY
SAYRE STUART R	61 BRENTWOOD ROAD	\$276,100	SINGLE FAMILY
SOUNTIS MICHAEL M	6 CHERRY CIRCLE	\$314,500	SINGLE FAMILY
MAHER GREGORY A	11 LEDGEWOOD LANE	\$710,000	SINGLE FAMILY
WOLF GREGORY R	9 HANNAFORD COVE ROAD	\$494,000	SINGLE FAMILY
SHAW BENJAMIN J	6 SUNNY BANK ROAD	\$2,500,000	SINGLE FAMILY
TSOPELAS STEPHEN G	5 FRANKLIN CIRCLE	\$529,000	SINGLE FAMILY
GERETY MARK	26 STONEGATE ROAD	\$655,000	SINGLE FAMILY

South Portland Adult Ed Winter/Spring Classes

Contact Information:
Phone: (207) 767-3266 ext. 3834
Email: brenneda@spsd.org

For dates, times and tuition of all classes, visit our website:
www.southportland.maineadulted.org

English Language Learner and HiSET students should report to room 130 at South Portland High School at 6:00 p.m. on Tuesday, January 16th, to start second semester. Classes will be from 6:00-8:15 p.m. on Tuesdays and Thursdays from January 16-May 10.

HiSET/Accuplacer Preparation Class
If you did not earn your high school diploma, the HiSET (High School Equivalency Test) is a test you can take to earn the equivalency of the diploma.

Math Lab for HiSET/Accuplacer
Students who take this class will strengthen their Math skills to put themselves in a position to pass the Math portion of the HiSET and/or the Accuplacer exam (for SMCC) or to get ready for college level Math.

US Citizenship Class
Study for your U.S. Citizenship test.

Introduction to a Career in Law Enforcement
Police departments all over Maine are offering sizable signing bonuses for new recruits. If you have an interest in becoming a police officer, this 12-hour class will provide you with all relevant information you need for you to pursue your goal.

English Language Learner Day and Evening Classes

Enrichment Classes
Travel Spanish
Writing the Short Story
Basic Italian, Language and Culture
Beginner and Beyond Beginner Guitar
Guided Autobiography: Discovering Your Story
School Bus Driver Training
Driving Dynamics (earn points back on your license)
YardScape: Healthy Lawn Care Made Simple!

Bus Trips
Castle in the Clouds
Salem (Mass) in the Spring
Boston Flower Show




South Portland Adult Education

"Though no one can go back and make a brand new start, ANYONE can start from now and make a brand new ending." - Bard

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Town of Cape Elizabeth

FLOOD PROTECTION ASSISTANCE AVAILABLE

The Code Enforcement Officer is available to provide information and technical assistance about flood protection to interested property owners. This assistance includes providing historical information on the property, review and critique of retrofitting plans, and site visits to advise property owners of appropriate protection measures.

THE THOMAS MEMORIAL LIBRARY IS YOUR SOURCE FOR FLOOD PLAIN MANAGEMENT INFORMATION.

Publications include information on flood insurance, protecting a building from flooding, and community hazard mitigation. Contact the reference Librarian for more information.

For more information contact:
Benjamin McDougal
Town of Cape Elizabeth
320 Ocean House Road, P. O. Box 6260
Cape Elizabeth, ME 04107
207-799-1619

Sheehan and Oraine announce marriage



Contributed photo

Pictured on left:

Maralee Sheehan, graduate of the CEHS class of 2007, and daughter of Martin and Kathy Sheehan of Cape Elizabeth, was married to William Oraine, son of the late Beth Oraine of Oneonta, NY at St. Bartholomew Church in Cape Elizabeth on October 13. Maralee is a preschool teacher at Youth and Family Outreach in Portland. William works for O'Reilly Auto Parts in South Portland. The newlyweds live in Portland.

McAlister completes successful semester at Maine Maritime Academy

Bretton McAlister, CEHS graduate Class of 2017 and son of Cape Elizabeth residents Dennis and Cathy McAlister, completed his first semester at Maine Maritime Academy with a 3.95 GPA. McAlister is majoring in Vessel Operation and Technology, and is involved in the NROTC. He has aspirations of becoming an officer.

Attorney Elizabeth Kayatta joins Berman & Simmons



Contributed photo

Attorney Elizabeth Kayatta, (pictured) a Cape Elizabeth native who has spent the past five years in Boston representing plaintiffs in medical malpractice cases and other civil disputes, has joined the Berman & Simmons law firm.

Kayatta grew up in Cape Elizabeth and graduated from Cape Elizabeth High School in 2004. She attended Princeton University and graduated magna cum laude from Boston College Law School. Kayatta said she is excited to return home to Maine, and looks forward to working collaboratively with the other lawyers and staff members at Berman & Simmons.

Lions Club to hold Pancake Breakfasts and Spaghetti Dinners

The Cape Elizabeth Lions Club invites you to attend their Pancake Breakfasts and Spaghetti Dinners at their clubhouse at Bowery Beach Schoolhouse, 1 Wheeler Road.

Proceeds benefit maintenance of the Bowery Beach Schoolhouse and Cape Lions Charities.

Dates for Pancake Breakfasts are: February 11, March 11, April 8, and May 13, 7:30 to 11 a.m. Tickets are \$7 for adults and \$5 for children under 12.

Dates for Spaghetti Dinners are: January 20, February 17, and March 17, 5:00-7:30 p.m. Tickets are \$10 for adults and \$5 for children under 12.

Calling all Cape Elizabeth professionals

On May 2, the CEHS sophomore class will be attending the 8th Annual Career Fair that will welcome more than 700 students from South Portland High School, Cape Elizabeth High School, and joining us this year, Scarborough High School. The Fair has become a signature event for the SP/CE Community Chamber of Commerce, area high school students, and regional businesses and organizations.

The Career Fair's primary focus is to introduce students to a variety of careers and professions by connecting them with you, our local professionals and business owners. The Career Fair exposes students to various post-secondary pathways that include blue collar, white-collar, armed services, law enforcement, and entrepreneurship. The Fair has become a critical link between the schools and the work force of tomorrow and we welcome your participation. The event will be held at the South Portland High School, Beal Gymnasium, 637 Highland Avenue, from 9:15 - 10:55 a.m.

For more information, or to sign up to reserve a table for your business, please contact: John Holdridge, 799-3309 X-4438, jholdridge@capeelizabethschools.org.

Happy New Year



We would like to thank the amazing community of Cape Elizabeth for a great 2017!

207-799-7600
1237 Shore Road
Cape Elizabeth
OceansideMaine.com



Join us for CAPE HOCKEY NIGHT!

January 27th

Troubh Ice Arena

Capefleet Sopo Varsity Girls vs Cheverus 4:10pm

Cape Varsity Boys vs Cheverus 5:50pm



50/50, Prizes, Giveaways and Raffles

