

The Cape Courier

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In the Spirit of Community

Girl Scout Troop 120 is taking action at Pond Cove

By Allison Blackstone and Jess Proctor



Contributed photo

Standing left to right: Zabina Zimmerman, Keaton Mosunic, Eve Mockler, Isabelle Bam, Hailey Fallon, Audrey Higgins, Lilly Northup, Siobhan Needham, Eleanor Franks and Chloe Blackstone. Kneeling left to right: Reilly McGovern, Abby Proctor, Avery Leonhirth, Mia Briman, Delilah Schauf and Ruby McGonigal

Earlier this year, the 16 Brownies of Girl Scout Troop 120 brainstormed, planned and executed their Community Take Action project - a snack bin to benefit their peers at Pond Cove. The idea was born as we developed a list of potential projects - with one of our girls having noticed that some students in her classroom were coming to school without snacks.

Partnering with school nurse Erin Taylor, the girls created a list of healthy snacks and used their hard-earned money from cookie sales to purchase them. Math skills were put

to good use as they shopped, figuring up the cost per piece, and working hard to stretch their \$100 budget as far as possible. Under the guidance of Principal Manjourides and Assistant Principal Forrey-Pettit, we installed the snack bin in Nurse Taylor's office in March, letting teachers know that these snacks were available to their students without them.

It was an immediate success. The bin had to be re-filled a second time, and it was empty again by the time school was out for the summer.

-see TROOP 120 page 14

Fully Involved: A View Into CEFD, Fire/Police

By Mara DeGeorge



Photo by Pauline Doane

The Cape Elizabeth Fire/Police team from left to right: Joyce Kennedy, Charlie Kennedy, Jim Fox, Theresa Fox, TJ Whitcomb, Patty Whitcomb and Lisa Moulton. Front Row: Lisa's dog, Diesel. Not pictured: Tim Mitchell, Mike Tranfaglia and Peter Cotter.

The Cape Elizabeth Fire/Police is responsible for safety at emergency scenes. They respond to 75-100 calls annually, assisting the Police and Fire Departments with traffic control for incidents such as downed wires, car accidents, any major fire, fire alarms, rock

rescues, shoreline services, and any other need that requires additional hands. With two police officers on duty, it is necessary to have more assistance to alleviate the burden.

-see CEFD page 5

Paid parking at Fort Williams to be subject of September 17 workshop

By Kevin St. Jarre

A subcommittee of the Fort Williams Park Committee has submitted a blueprint to the Town Council for how a pay/display parking system might work for the park. The subcommittee estimated that more than a quarter of a million passenger vehicles enters Fort Williams Park each season, and that 60 percent of the vehicles were from away. The fee structure proposed by the subcommittee was projected by them to produce over \$1 million dollars in revenue for the town.

The subcommittee's proposal, complete with recommendations for implementation and enforcement, estimated revenues and a map depicting pay/display unit locations, will be reviewed by the Town Council at its workshop September 17.

The plan was developed by a three-member subcommittee of the Fort Williams Park Committee at the request of the council. The group met three times in July and presented it to the full park committee Aug. 7 and the council received the report at its meeting August 13.

Under the proposal, 10 seasonal, cashless pay/display parking meters would govern 270 spaces in five "premium" lots, with 144 spaces for free and overflow parking.

"A key aspect that I don't think we asked (the committee) to do, but I thought was really good, was the proposal that there's going to be a section of free parking," said Town Councilor Chris Straw.

The plan includes offering a "Patrons of Fort Williams Park" seasonal pass for Cape Elizabeth residents at \$5, and \$15 for out-of-towners; with a \$2-per-hour, 2-hour minimum daily metered parking fee. Sliding savings will exist for longer stays.

The subcommittee is further recommending the pay/display equipment be outsourced, rather than purchased or leased. Enforcement would also be outsourced, supplemented by park rangers.

"There are multiple facets to this," said Town Manager Matthew Sturgis, affirming his recommendation to refer the report to a

workshop.

This is not the first time pay-to-park has been proposed for Fort Williams Park, but two previous times the issue was soundly voted down at referenda, both in 2006 and 2010, by residents of Cape Elizabeth.

Those Town Councilors who responded to inquiries made clear that each was only speaking for him or herself, and not for the rest of the Town Council.

Town Councilors Penny Jordan and Sara Lennon both said they are still in information gathering mode, and that it might be premature to make a responsible and informed decision yet. Lennon said, "I am looking forward to our workshop on the 17th to learn more and hear from other counselors."

Councilor Straw, again emphasizing that he was only speaking for himself, said, "I would direct you to my prior comments on the issue. In particular, in 2010 I opposed mandatory fees and urged that the issue be sent to the voters. Since that time, the volume of visitors to the park has increased significantly and on busy days we are now straining the capacity of the park with visitors parking on the grass and sidewalks because the designated parking is full. We need a solution to this problem and I remain open to alternative options if people have them."

Straw said he would be in favor of trying out a system of pay-to-park, and then after a trial, sending the issue back to referendum. He said, "Absent a working alternative solution, I am currently in favor of a trial period for up to two years in order to collect real world data so that the voters can make a fully informed decision on whether to permanently charge fees. I will not support the purchase of permanent equipment during this period - the trial should involve leased equipment or outsourcing to a vendor. Moreover, I only support seasonal fees with areas of parking farther from the Headlight remaining free. After this trial period, the Town has my word that I will introduce a motion to send the issue

-see PAID PARKING page 7

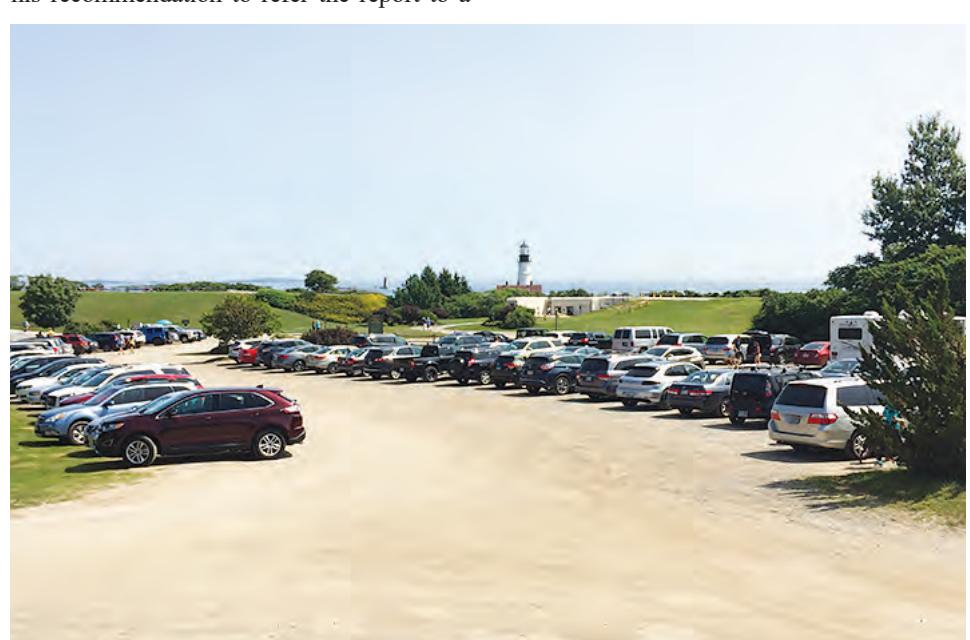


Photo by Kevin St. Jarre

A blueprint for how a pay/display parking system might work at Fort Williams has been submitted to the Town Council and will be discussed at their workshop on September 17.



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The mission of The Cape Courier is to foster a sense of community by presenting news specific and unique to Cape Elizabeth and its residents, and, whenever possible, to promote volunteerism within our community.

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Anne Carney 'has what it takes'

We're living in contentious times where divisiveness has overtaken respectful disagreement and debate to solve critical issues in Maine. I believe Anne Carney, who is running for Representative in the State House, has what it takes to forge common ground with legislators from all parties and representatives throughout Maine.

Anne's work as a volunteer attorney for Pine Tree Legal has taken her to all corners of Maine, hearing concerns which are not that different from what Anne told me Cape voters expressed to her during the primary this spring: the inability to fund treatment for those devastated by the opioid crisis; funding for education at all levels to protect Maine's economic future; access to affordable healthcare, particularly for children;

protection of Maine's rich natural resources; sensible gun laws; and how to accomplish these goals without increasing the local property tax burden, especially for seniors on fixed incomes who find it increasingly difficult to live in a community like Cape Elizabeth.

Anne Carney will be your hard-working representative in Augusta with a deep understanding of diverse Maine citizens and an ability to find ways for government to work for the people, and for you. Please vote on November 6 and join me in supporting Anne Carney for State Representative. Your vote matters!

Heidi Hansen

Rebecca Millett 'represents with honor and honesty'

Please join us in voting to re-elect Rebecca Millett to the Maine State Senate. For the past six years, Rebecca has represented Cape Elizabeth, South Portland and part of Scarborough with honor, honesty and hard-earned policy expertise. She devotes herself to the values that our communities hold most dear: strong

schools, a healthy environment, thriving small businesses and dignity for our vulnerable citizens.

Her achievements on these issues include securing \$200 million in additional school funding, co-sponsoring the Maine Solar Energy Act and passing the Seed Capital Tax Credit for small businesses. Rebecca is a tough advocate but plays fair and treats all Mainers with the respect they deserve.

Both her work and work ethic have been widely recognized. In the past two years she received the "Legislator of the Year" award from the American Academy of Pediatrics and the "Friend of Education Award" from the Maine Education Association. We hope you will join us in supporting Rebecca Millett in November.

John Christie and
Megan McConaghie

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Town Council's efforts applauded

We applaud the Town Council's recent work to help settle the ugly dispute in our neighborhood.

The storyline that the Shore Acres waterfront neighbors are making a land grab is 100 percent false. The (SOS) path proponent movement leader has made it her life's work to disrupt the lives of these neighbors. It's impressive to witness her abilities to stoke the resentments many Cape Elizabeth residents apparently have towards those who look successful. No doubt, they'll dispute any settlement number, as it would end this "movement" (who needs upgraded schools, anyway.) This movement has created a purpose for some people, and camaraderie gained in working with others on "a cause." In this particular case, there is so much accessible ocean space in Shore Acres (all of the beach and Trudy Point, full use around Surfside Rd.,) that the idea of forcing another path (less than 1,000 feet) in front of these houses is both completely unnecessary, and completely mean spirited.

I have lived in Shore Acres for 26 years. I walk daily and fish all summer (awesome year, btw.) I rarely see any of the path proponents on the rocks and paths available, including before this dispute began. If they seldom use what is, and has been, abundantly available, why do we need another costly, thoughtless path now? The answer is simple...we don't.

It is our hope that this settlement will end the dispute and the path proponents can perhaps re-focus their talents and energy toward a cause that will benefit everyone.

Andrew Ingalls

2018-19 school bus schedules have been posted

Bus schedules for Cape Elizabeth's three public schools have been posted on the Cape Elizabeth School Department website. School for grades 1-12 will reopen on Tuesday, Sept. 4. Kindergartners will start on Friday, Sept. 7. Go to cape.

k12.me.us, then to Departments to Facilities/Transportation bus routes, and rider information is there. Contact Pat Fowler at p.fowler@capeelizabethschools.org or 799-9574 for more information.

CEHPS to host Louise Sullivan on September 10

The Cape Elizabeth Historical Preservation Society will meet on Monday September 10, at 7 p.m. in the Community Services building at 345 Ocean House Rd. Our program features Louise Sullivan, who will speak about the early settlement of Richmond's Island and surrounding area from 1628-1678 until the time of

King Phillip's War. Great Walt Bagnall, John Winter and the Reverend Robert Jordan are key figures in the story of the origins of Cape Elizabeth, Portland and the land across the Spurwink River. Please join us and bring a friend or neighbor. All CEHPS meetings are free and open to the public.

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Then and Now: Two Lights

By Jim Rowe



Photo from the Internet

Edward Hopper, a well-known American realist painter and printmaker



Photo from the Internet

One of Hopper's paintings of Two Lights

The first navigational aid at what was to become Two Lights was a very narrow rubble stone pyramid, 45 feet in height, constructed in 1811.

The top half of the monument was painted black, the bottom half white, and a boulder adorned its peak: a simple design and largely ineffective, especially in times of limited visibility.

The first iteration of Two Lights came in 1828 with the erection of a pair of more traditional square rubble stone lighthouse towers. They were built concurrently. The reason for two towers was to give

the High Head/Dyer's Cove light distinction from other single-tower lighthouses along this stretch of the Maine coast. The rubble stone towers were replaced with brick-lined cast iron in 1873. The west light was extinguished in 1924 and is now private property.

It was popular American realist painter Edward Hopper who brought Two Lights to the world, through his many paintings of Cape Elizabeth Light (Two Lights). His 1929 rendition is perhaps the most recognized.



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CEHPS visits Maine Maritime Museum



Photo by Bob Dodd

Members of CEHPS in front of a fog bell that was originally placed about a mile away from the Maine Maritime Museum on the Kennebec River to warn ships as they passed. It is currently outside the museum's main entrance.

Members of the Cape Elizabeth Historical Preservation Society recently visited the Maine Maritime Museum in Bath. A highlight of the trip was seeing the permanent exhibit, which focuses on Cape Elizabeth Light (Two Lights). Patrons entered a simulation of the light room at the top of the east tower. A panoramic time-lapse video played on a curved wall, showing views in all seasons and in all types of weather, including hurricanes/nor'easters.

Some members took a walking tour of the grounds of the former Percy & Small Shipyard, where they learned the rudiments of wood shipbuilding by retracing the construction of the six-masted schooner Wyoming (1905).

Intricate ship models, marine paintings and themed exhibits provided wonderful links to Maine's maritime past and all came away having enjoyed a wonderful day at the mouth of the mighty Kennebec River.

Assessor commits \$19.02 property-tax rate for 2019

On August 3, Tax Assessor Clinton Swett committed a 2019 tax rate of \$19.02 per \$1,000 of assessed valuation, lower than the \$19.18 anticipated when the Town Council adopted the budget in May.

Taxes were predicted to rise \$1.18, or 6.6 percent, over the 2018 rate of \$18, but the actual increase will be 5.7 percent.

Swett attributed the difference to a higher town-wide valuation fueled by

new home construction and renovations and to reimbursement for homestead exemptions. Assessing field work is typically not completed until July, Swett said, well after the budget is adopted in May and the school budget validated by citizen vote in June.

For a home valued at \$300,000, the 16-cent difference in predicted tax rate is a \$48 difference on the tax bill.

The commitment is based on total taxable valuation of \$1.74 billion.

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Council sets public hearing on proposal to settle paper-street lawsuit

The Town Council will hold a public hearing September 10 on a proposal for the town to vacate a portion of Surf Side Avenue, an oceanfront "paper" street in the Shore Acres subdivision, in exchange for a \$500,000 payment and a commitment from abutters ensuring the residents of Shore Acres the continued rights they currently have.

The proposal would mean that the town would forfeit the possibility of developing a walking trail or any other public use on the unconstructed portion of Surf Side Avenue, as envisioned in the 2013 Greenbelt Plan, but would also ensure the residents of Shore Acres continue to have the access rights that they currently do.

The proposal would also mean an end to litigation brought by the abutters - Imad Khalidi, David Leopold, Kara Leopold, Andrew Sommer, Susan Ross, Stewart Wooden, Julie Wooden and Pilot Point, LLC - in response to the town's 2016 decision to extend Surf Side Avenue's status as a paper street, along with 31 other paper streets in town.

A paper street is a street that exists on a subdivision plan but has yet to be accepted by the municipality as a public way. The municipality has the right to one day accept the street, and residents of the subdivision have access rights. In 1997 and in 2017, the Legislature asked municipalities to either vacate, accept or extend their paper streets for the next 20 years, with the current extension lasting until 2037.

However, the abutters, in their lawsuit filed in January, contend that be-

cause the town failed to accept the Surf Side Avenue since it first appeared on the 1911 Shore Acres subdivision plan and allowed decks, landscaped gardens and other backyard extensions for more than 20 years, the town no longer has any claim to the street.

Councilors set the hearing on the settlement proposal at their meeting on August 13. Town Council Chair Jessica Sullivan emphasized that the council's action was only to schedule a formal hearing. "By doing so we are not initiating the vacation process," Sullivan said.

The draft settlement was crafted at a mediation session on July 19 among the plaintiffs and attorneys for the plaintiffs and the town, with Councilors Sara Lennon and Jamie Garvin, Council Chair Jessica Sullivan and Town Manager Matthew Sturgis representing the town. Councilors held an executive session July 30 where there was consensus to schedule the public hearing, and to vote at a separate meeting some time after the hearing but before the October Town Council meeting. The \$500,000 settlement would be placed in the Land Acquisition Fund for future purchase of open space elsewhere in town.

10 speakers at the August 13 meeting, mostly residents of Shore Acres, said they opposed the settlement, some referring to petitions with more than 1,400 signatures demanding the town accept the street for public use. Others speakers said the settlement should do more to continue the rights of subdivision residents to access Surf Side Avenue.

Strout Road cell-phone tower zone reduction approved

Following a public hearing, the Town Council on August 13 approved an amendment to the zoning ordinance that reduces the size of the cell-phone tower zone at 14 Strout Road.

The change will allow property owner Justin Strout, of Tower Specialists Inc., to make better use of portions of the property not suited to communications towers.

Strout plans to consolidate the number of towers on the site from five to two. The

zone reduction will occur in two phases: One will leave a "fall zone" around an existing tower currently leased by Crown Castle; the zone will be further reduced after the Crown Castle tower is removed by April 1, 2020.

Strout has said his family is doing estate planning and that removing some of the tower overlay zone from the underlying residential zone will facilitate possible residential development in the future.

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Hearing set to establish standing Energy Committee

The Town Council will hold a public hearing September 10 on a proposal to establish an Energy Committee.

A new standing committee to focus on renewable energy was a recommendation of the Alternative Energy Committee 2016, an ad hoc committee that met that year to explore opportunities for alternative energy for municipal and school buildings and vehicles.

The recommendation was for the ad hoc committee to continue as a standing Renewable Energy Committee to assist in implementing recommended projects and to educate the town and schools on the merits of those projects and of renewable energy in general.

The council's ordinance subcommittee initially considered combining these tasks with those of the Recycling Committee, but later decided that a separate standing committee was preferable. The

committee voted unanimously July 30 to recommend the new committee to the full council.

"During the Ordinance Committee review and discussion, the 'renewable' was dropped as the intent is to be able to review all forms of energy use, and not focus on only renewables," said Town Manager Matthew Sturgis.

Establishing the committee requires an amendment to the town's Boards and Committees ordinance, which requires a public hearing.

Immediately following the hearing, the council is expected to vote on the amendment, which, if approved, will go into effect in 30 days.

One of the Town Council's goals for 2018, under the heading "Sustainable Community," is to "align committees with the long-term mission of sustainability and renewable energy."

GPS-boosting antenna approved for Town Center Fire Station

The Town Council on August 13 gave Town Manager Matthew Sturgis the go-ahead to allow Leica Geosystems Inc. to install a "SmartNet" GNSS antenna on the Town Center Fire Station.

"What this antenna does is improve GPS signals to much greater detail ... so it would go from, say, an accuracy of, say, 30 feet down to an accuracy of less than three feet," Sturgis said.

The agreement approved by the council calls for Leica Geosystems to pay \$1,500 annually to the town to use the location.

The fire station was attractive because of its stability and location.

"In the past what they have done in different communities is they would try to find buildings that are of substantial

construction that they know are not going to be changing any time soon, that are fairly centrally located as well as have a decent geographical area that they can represent this from," Sturgis said.

The device, about the size of a wi-fi hub on an aluminum pole, will boost GPS signals for use by people who are doing mapping, surveying, construction and/or engineering, Sturgis said.

The fire station hosts other types of antennas, and the fire chief will have a say on where this one is located, Sturgis said. The \$1,500 fee is typical for installations like this, but Sturgis agreed with Councilor Chris Straw's suggestion to monitor the going rate for possible increases in the future.

Town employees recognized

Police Dispatcher Ed Hunt was honored for his 45 years of service to the town at the annual employee recognition and luncheon held on August 16 at Fort Williams Park.

Hunt, who began his career in 1973, is the longest-tenured town employee and was one of 16 employees honored at the event.

Recognized for 30 years of service were Public Works Department employees Al J. Ward, department clerk, Kenneth O. Young Jr., equipment operator and Police Sergeant Kevin D. Kennedy.

Rachel Q. Davis, children's librarian at the Thomas Memorial Library, was honored for 25 years of service.

Also recognized were Webmaster Wendy S. Derzawiec, 20 years of service; Equipment Operator Todd J. Hubbard, 15 years; and Assessing Codes Planning Office Manager Aniko S. Varadi, Public Works Equipment Operator Joshua M. Denison, Police Officer Rory M. Benjamin, Fire Chief Peter Gleeson and Fitness Center staff member Karen McCue, all for 10 years of service.

Honored for five years of service were Code Enforcement Officer Ben McDougal, Police Officers Eric D. Vanasse and Darin Estes and Crossing Guard Lisa Moulton, all from the Police Department.

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Residence burglarized, vandalism to siding of home reported, trailer left parked on private property

Reported by Debbie Butterworth

COMPLAINTS

- 7-30 An officer responded to a residence in the Woodland Road area for a well-being check.
- 7-30 An officer met with a resident in the Cross Hill area regarding a fraud report.
- 7-31 An officer met with a resident of the Spurwink Avenue area regarding a scam letter and check delivered to her address.
- 7-31 An officer responded to a residence in the Woodland Road area for a well-being check.
- 8-5 An officer met with a resident of the Shore Acres area regarding the possible theft of an order from Amazon.
- 8-6 An officer met with a resident of New Jersey regarding a lost or stolen wallet.
- 8-7 Two officers responded to a residence in the Bowery Beach area for a domestic disturbance.
- 8-7 Two officers responded to Crescent Beach State Park for a domestic disturbance in the parking lot.
- 8-7 An officer met with a resident of the Scott Dyer Road area regarding vandalism to the siding of the residence.
- 8-8 An officer met with a resident in the Oakhurst area who reported that his residence had apparently been burglarized in the night. In the morning, the kitchen door was found open with the screen door closed. It appeared that the only thing missing was a wallet that contained personal ID, credit cards and some cash.
- 8-10 Two officers responded to a residence in the Ocean House Road area for a well-being check.
- 8-10 An officer met with a resident of the Fowler Road area regarding a trailer that had been left parked on private property. The owner was identified and contacted.
- 8-11 An officer received a cellphone and driver's license found on Bowery Beach Road. The owner was contacted.
- 8-12 An officer met with a resident of the Ocean House Road area who showed where a vehicle left the roadway during the night and drove over her mailbox and post.

SUMMONSES

- 7-31 Portland resident, unregistered vehicle, Route 77
- 7-31 Portland resident, uninspected vehicle, Route 77, \$148
- 8-3 Cape Elizabeth resident, uninspected vehicle, Old Ocean House Road, \$148
- 8-3 Cape Elizabeth resident, failure to

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- 8-3 Westbrook resident, operating after license suspension, Route 77
- 8-7 Pennsylvania resident, speeding, (48/30 zone), Shore Road, \$200
- 8-7 South Portland resident, uninspected vehicle, Shore Road, \$148
- 8-8 South Portland resident, uninspected vehicle, Spurwink Avenue, \$148
- 8-10 Westbrook resident, uninspected vehicle, operating after license suspension, display of false registration validation device, Oakwood Road, \$148
- 8-11 Cape Elizabeth resident, imprudent speed, Shore Road, \$134

FIRE CALLS

- 7-31 South Portland mutual aid
- 8-1 Cooper Drive, fire alarm
- 8-1 Gladys Road, investigation
- 8-2 South Portland mutual aid
- 8-2 Phantom Farm Road, fire alarm
- 8-2 South Portland mutual aid
- 8-2 Sea View Avenue, investigation
- 8-3 Bowery Beach Road, fire alarm
- 8-4 Cottage Farms Road, power line down
- 8-5 Jordan Way, gas leak
- 8-7 South Portland mutual aid
- 8-7 Spurwink Avenue, investigation
- 8-8 South Portland mutual aid
- 8-8 South Portland mutual aid
- 8-9 South Portland mutual aid
- 8-9 Cheverus Road, investigation
- 8-10 Ocean House Road, fire alarm
- 8-11 South Portland mutual aid
- 8-11 South Portland mutual aid
- 8-12 South Portland mutual aid
- 8-12 Great Pond Terrace, fire alarm

RESCUE CALLS

There were 10 runs to Maine Medical Center. There were two runs to Mercy Hospital. There were 11 patients treated by rescue personnel but not transported.

Scam Alert Bulletin Board

Reported by Jessica D. Simpson

Back to School Season

August is winding down, which means the back-to-school season is upon us. With every change in season comes a potential for new scams. Scammers know that this is a time when there is an increase in the number of purchases being placed for kids and grandkids. In this scam, they will send emails with a subject line such as "re: shipping info." The subject line looks as though a company is sending confirmation of shipping details. But in reality, these types of emails may contain links to websites that download malware on unsuspecting shoppers' computers. Keep your computer and your information safe by deleting vague messages from companies from whom you haven't ordered or from email addresses you don't recognize. And be sure to keep your firewall and virus protection software up to date.

CEFD

Continued from page 1

They also assist when any official motorcade passes through Cape Elizabeth or surrounding towns.

Fire Chief Peter Gleeson described the Fire/Police as "the most dedicated people." He said, "We leave them outside in the nastiest weather, and they don't complain. We value them immensely. They never get the glory, but you can't overemphasize their value."

Formed in 1990, the Cape Elizabeth Fire/Police was one of the first of its kind in the State. Lee Chace was its first captain and one of its first members. He served for over 25 years and is remembered fondly by his colleagues.

Currently, there are 10-15 members, and a solid 10 who participate regularly. Charlie Kennedy, the current captain, described his team: "They are a nice cross-section of mem-

bers.

Targeting Small and Local Business

Individuals are not the only victims of scams. Scammers also target many small and local businesses, which costs them an estimated \$7 billion a year, according to the Better Business Bureau. From receiving bills for supplies that nobody ordered and being threatened to pay it to paying for services that the business could otherwise get for free, there are many ways businesses may fall victim to a skilled scammer. The Federal Trade Commission and the Better Business Bureau recently partnered to help stop these scams. Small businesses are a vital part of our economy, employing residents and offering services to the local community. Just like it is for individuals, a costly scam can be detrimental to the financial wellbeing of a small business.

We have an oral surgeon, former VP of a bank, nurse practitioner, former pharmacy tech, former Press Herald employee, Anthem employee."

There were many events and scenes at which Fire/Police assisted Kennedy remembered. "When Obama came in 2012 to South Portland, we helped direct traffic at all intersections. In the 1998 ice storm, we spent the night in Gorham. In 1996, we assisted at the gas explosion at Portland Welding. We also always direct traffic for the Beach to Beacon, Memorial Day and Family Fun Day parades, Tri for a Cure and other 5K races," he shared.

He continued, saying, "The work we do is all about scene safety. We want to protect first responders and the general public. We need to make sure everyone goes home. Sometimes that means closing the road. We realize that makes things inconvenient at times, but it's to

-see FIRE/POLICE page 15

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Cape Volunteer Profile: Frank Strout

By Jane Vaughan

For Cape Elizabeth native Frank Strout, volunteering is part of the spirit of Cape Elizabeth. "There are a lot of people in Cape who volunteer, and that's just what they do. It's just part of their DNA in a town like this," he said.

Strout has been, or is currently, involved with multiple organizations in town, including the Cape Elizabeth Land Trust, the Cape Elizabeth Education Foundation (CEEF) and the Cape Farm Alliance. After growing up in a family that was passionate about working in the community, he explained that his volunteer work was not surprising. "My dad was part of the Conservation Committee for the town, so I always saw his passion for wanting to maintain open space and access to the shore line and all of that. So [volunteering] was natural," he said.

It started with the Land Trust, which Strout

joined in 1988 as part of the Land Committee. He spent much of his time working with local farmers and, after 29 years there, stepped off the board last year. "What's unique about the Land Trust," he explained, "is you have a lot of people with a lot of different skills that make it work as well as it does, which is really incredible."

In 2001, Strout helped found CEEF — and also served on the board for four years — after Superintendent Tom Forcella suggested creating a program dedicated to raising money for projects that were not in the school budget. Strout thought the idea was "brilliant." "A student could apply for funds for whatever they were pursuing and didn't have to worry about the town and the town budget. It was tremendously successful," he said.

Strout has also been involved with the

-see STROUT page 14



Contributed photo

For Cape Elizabeth native Frank Strout, volunteering is part of the spirit of Cape Elizabeth, and he has been involved in a number of organizations over the years.



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Tammaro recipient of CEEF Alumni Award



Contributed photo

2003 CEHS graduate and Cape Elizabeth resident Nick Tammaro was the recipient of CEEF's Alumni Award in June. He is pictured here with wife Nicole and sons Ryan (left) and Ben (right).

On Sunday, June 10, The Cape Elizabeth Education Foundation (CEEF) recognized 2003 CEHS graduate Nick Tammaro as its sixth Alumni Award recipient during the CEHS graduation ceremonies at Fort Williams Park. The purpose of this award is to recognize graduates of Cape Elizabeth schools who, through their dedication and perseverance, have made significant contributions to their communities and their professions. CEEF hopes the recipient of the Alumni Award will motivate graduates to

seek excellence in school-related pursuits and in the future in their careers, families and communities.

This year, CEEF received an unprecedented number of strong nominations. The nomination for Tammaro emphasized his consistent generosity to our community while continuing the pursuit of his vision to develop a successful, sustainable local business.

Tammaro owns Tammaro Landscaping and is the owner/operator of Down Home Farm, both located in Cape Elizabeth. Upon graciously accepting the award, Tammaro shared what his high school experience meant to him and specifically noted the positive influence that teachers Ben Raymond and Jim Ray had on him as a student. "I have never forgotten their support and their teaching me about the importance of a strong work ethic and seeing projects all the way through-in other words, sticking with it regardless of whether or not I liked it," he said.

Tammaro also shared with the 2018 graduates why he feels it's important for businesses to be supportive of the school system and our community. "I feel that we are very fortunate to live in a small community, and it is really important for citizens to support our businesses so that we, in turn, can support the school community. I often refer to Cape as living in a bubble because we have a rare combination of marine, agricultural and commercial activities right at our doorstep. As a parent, I am committed to trying to help preserve that type of environment for my children and their children as well," he said.

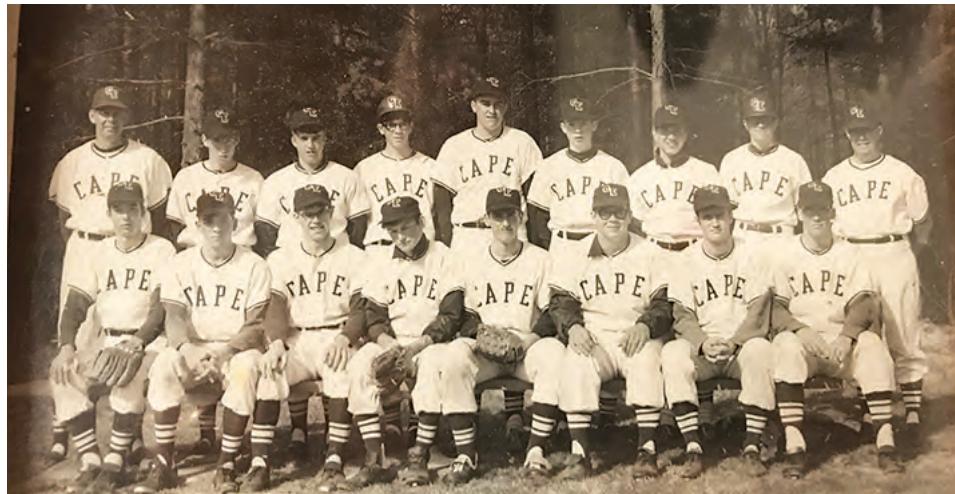
Past recipients of the CEEF Alumni Award include Don Perkins, David Weatherbie, Henry Kramer, Luke Holden and Joan Benoit Samuelson.



Dr. Marta Agrodnia,
DVM, DACVS



50th reunion of 1968 Cape Elizabeth High School baseball team champions



Contributed photo

Front row left to right: David Fink, George Gonyer, Pete Dresser, Dave Appleton, Bill Orcutt, Steve Hill, Dave Averill, Steve Perry

Back row left to right: Coach Woodbrey, Everett Johnson, Jim Landry, John McGinty, Jim O'Brien, Steve Dolan, Steve Searway, John McGinty, Assistant Coach Rand

On the same July weekend in 2018 that six men were inducted into the Baseball Hall of Fame in Cooperstown, New York, most of the 1968 Cape Elizabeth High championship squad gathered at Holman Field for its own celebration.

Fifty years and one month earlier, the Capers beat visiting Greely 2-0 behind the three-hit pitching performance of Pete Dresser to clinch their second straight Cumberland County Conference title.

The game ended in dramatic fashion, when a relay from right fielder Steve Hill to second baseman David Fink to third baseman Dave Appleton secured the final out on Greely's Monty Slusser, who had attempted to stretch a double into a triple. It was Hill and Fink who organized the reunion, which included coach Vic Woodbrey as well as seven of the nine starters and two others on the team.

On the last Saturday in July, they convened in the third-base dugout overlooking their old field to swap stories and share news about their current whereabouts. Dresser, a Maine Baseball Hall of Fame member, later pitched in the Chicago Cubs organization

after attending the University of New Hampshire. He traveled from Melbourne, Florida to attend. Fink lives in nearby Vero Beach, Florida. Catcher Steve Perry (Napa, California) and first baseman George "Herb" Gonyer (Tucson, Arizona) also made it back. It was a shorter trip for Hill (Scarborough), center fielder Dave Averill (Casco) and left fielder Bill Orcutt (Cape Elizabeth).

Other players in attendance were Everett Johnson (Cape Elizabeth), Tom Tinsman (Cape Elizabeth), John McGinty (Cape Elizabeth) and Jim Landry (Greensboro, North Carolina). The men also paid their respects to assistant coach Leroy Rand, who coached many of them in soccer and basketball and died in 2008 at age 74, along with Appleton and Steve Searway, also deceased.

After catching up in the dugout, the men proceeded to re-enact the final play from 50 years earlier before retiring to a luncheon at the United Methodist Church.

"It's an amazing crew," said Hill, who delivered an emotional recitation of the famous monologue about baseball marking the passage of time from "Field of Dreams."



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Contributed photo

Back row left to right: Coach Vic Woodbrey, Everett Johnson, Jim Landry, John McGinty.

Front row left to right: Dave Fink, George Gonyer, Pete Dresser, Bill Orcutt, Steve Hill,

Dave Averill, Steve Perry

Paid Parking

Continued from page 1

to referendum as part of a regular election unless there is overwhelmingly clear consensus from residents supporting ongoing fees."

There are those who do not want the issue sent to referendum again and want the Town Council to simply decide and say that it is the Town Council's duty to make a decision. Straw said, "For those who view a referendum as the Council shirking its responsibility, I would simply note that for almost 200 years it has been our tradition in Maine to have issues of great import decided by the community as a whole and, although we no longer have a 'town meeting' form of government, this core principle remains enshrined within our Town Charter."

Town Council Chair Jessica Sullivan, again speaking only for herself and not the other Council members, said, "I do not know whether or not the council will decide this pay-to-park issue or send it to

referendum again. It is my opinion that soon the Town Council will have the information it needs to make a responsible decision on this critical budget issue."

In response to residents having twice voted that they did not want paid parking, Sullivan said, "The town council is responsible for the municipal budget and overall tax rate; the costs of Fort Williams Park constitute a significant portion of the municipal budget. I do not recall that the usage and high costs to our taxpayers of maintaining Fort Williams Park were issues around either the 2006 or 2010 referendum. There seemed to be a sort of 'it's our gift to everyone' sentiment at that time. Since then, however, the increasing demands and financial realities of Fort Williams Park along with its costs to Cape Elizabeth taxpayers have become very concerning. The use, number of people, cars and buses coming into Fort

-see FORT WILLIAMS page 13

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Hollyday and Villiotte represent Cape on USTA U18 Intermediate team



Contributed photo

CEHS sophomore Blair Hollyday and freshman Tommy Villiotte represented Cape on a United States Tennis Association U18 Intermediate team this summer. They won the Maine State Championships and participated in the New England Sectionals tournament at Smith College, where they placed third.

Portland Plastic Pipe team wins 2018 championship



Contributed photo

Players front row, left to right: Randy Aspiras, Dave Sinclair, Frank McLaughlin, Don Brown, Jim Jackson, Richard Egland
 Second row, left to right: Buddy Lakin, Kurt McKenny, Paul Samms, Jesse Shannon, Steve Fitzgerald, Dan Sullivan (Cape Elizabeth)
 Back row, left to right: Jimmy Nugent, Coach John Gildard (Cape Elizabeth)

The Portland Plastic Pipe team, who completed the season 22-1, beat the Pleasantdale team on August 8 at the South Portland Wainwright facility with a score of 11-6 in the championship game to win the 2018 crown.

The Portland Plastic Pipe team has won the championship five out of the last

six years with a record of 122-7 and has won it four straight years.

The team is made up of players from Cape Elizabeth, South Portland, Portland, Westbrook, Gorham, Windham and Augusta.

Marcel Da Ponte new Head Coach of Coastal Maine Aquatics

Coastal Maine Aquatics, a USA Swimming youth club that trains at both the Cape Elizabeth High School and South Portland Community Center pools, has hired Marcel Da Ponte to be its next Head Coach.

A graduate of Ball State University in Indiana, where he was a member of the varsity swim team, Da Ponte began his career coaching in his native South Africa before moving with his family to the United States.

Most recently, he served as Head Coach of Northwest Arkansas Aquatics, a 240-member USA swimming club based in Bentonville, Arkansas. Da Ponte officially joined the club on August 1.

Da Ponte succeeds Matt Vogel, the two-time Olympic gold medalist who is retiring from full-time coaching after a 37-year coaching career, the last three with CMA.

"My family and I are absolutely elated to have arrived in Maine, and with CMA specifically," Da Ponte commented. "I would like to thank everyone involved in the job search process for their tireless efforts to make this a reality. I look forward to ensuring that CMA continues to be a place where swimmers can thrive, personally, athletically and emotionally."

"All of us at CMA are thrilled to have Marcel and his family join us," CMA Board President Mike Mahoney added. "He brings to the team a fantastic combination of coaching expertise and wonderful enthusiasm for the sport of swimming. We would like to thank Coach Vogel for his many contributions to CMA as head coach and wish him the best in retirement."

Operating for over 25 years, CMA offers a broad range of programs nearly year-round for young swimmers, from a swim school, where young athletes learn the fundamentals of the four basic strokes, to advanced training for future collegiate swimmers.

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FarmDrop connects communities with local food

By Marta Girouard



Contributed photo

Hannah Semler (left) and Kelin Welborn (right) recently launched FarmDrop in Portland, an online sales platform for direct-to-consumer local food producers.

Six years ago, FarmDrop.org was started in the Blue Hill local food community with the goal to empower communities to eat and think locally. It was created and customized by George Hurvitt and (mother) Mary Alice Hurvitt as an easy-to-use online sales platform for direct-to-consumer producers. The original founders managed the online channel until 2015, when the non-profit public health organization Healthy Acadia took over the management and adapted it to meet its food security mission.

With the goal in mind to make the platform available to more communities and create more connection to local food, Cape Elizabeth resident Kelin Welborn and Hannah Semler, originally from Blue Hill and now part-time Bowdoinham resident, became involved with FarmDrop. In the beginning of 2018, Kelin and Semler launched a new platform for FarmDrop and replicated it to Mount Desert Island's MDI FarmDrop. Their Downeast Maine site manager Healthy Acadia is a non-profit whose mission is to empower people and organizations to build healthy communities. In July, FarmDrop launched in Portland as a FEEDKIDS Member, a project of Full Plates Full Potential that addresses child hunger.

The Portland site has 12 different producers, with about 50 total in all three locations, and hopes to grow to 12-17 per site. "Our online platform offers local producers lower overhead costs compared to prepping, transporting and setting up shop for a farmers' markets, with increased year-round sales potential, and reduced waste. FarmDrop's value proposition becomes a competitive solution for the local food economy, benefiting local food security projects with a hybrid food systems solution," said Welborn. Added Semler: "We want to bring that visibility to where customers are looking: online. We are also a mission-driven company that wants to directly affect food security and child hunger, and are always looking for ways to benefit the organizations that support these needed causes." FarmDrop charges customers a 10 percent service fee that goes to support food rescue and gleaning, as well as other food security projects. In Portland, that 10 percent will be going towards FarmDrop's business model to ensure the sustainability of the

project in its start up phase, while in Blue Hill and Mount Desert Island, it will continue to support food security projects of Healthy Acadia.

"We have created a business model where FarmDrop will be able to replicate and 'pop-up' in communities everywhere, and have started here in Maine where we live and have roots so that our foundation is strong," said Welborn. "Hannah and I both have a core passion of how to create a more sustainable food system, creating less waste while creating more food security. FarmDrop is a model of social enterprise that not only drives us all towards a story of hope, where local food economies sustain the fabric of community life, but it also directly empowers small farms to continue to preserve our land's agricultural heritage. With small-scale farms and food producers at the center of our mission, we can support local non-profits whose mission is aligned with the future

-see FARMDROP page 15

Capetoons: Off Leash at Fort Williams

By Jeff Mandell



Drawn by Jeff Mandell

Free from the annoying animals at the other end of the leash, many Cape residents enjoy some "me" time to read, chat, eat a lobster roll or watch their charges play with Frisbees.

Capetoons is created by Cape Elizabeth resident Jeff Mandell, who has decades of experience writing and drawing humorous pieces for publications throughout northern New England.

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Cape Nine are a softball force

By Kevin St. Jarre



Contributed photo

These four softball players represented Maine in the Eastern Regionals in Orange, Connecticut and are part of a core of nine players who look to make an impact in high school softball for years to come. The four pictured are, from left, Dana Schwartz, Clara Parker, Kathryne Clay and Esme Song.

There are nine special youth athletes who played on four Cape Little League all-star teams from 2014 to 2017 and on the 2017-2018 middle school teams. More recently, four of them, all 14 years old, played on a combined Cape/Scarborough Juniors League softball team that won a Maine state championship, and then they represented Maine in the Eastern Regionals in Orange, Connecticut.

The Cape Nine are Abigail Scifres, Hannah Mosher, Analise Gordon, Katherine Callahan, Katharine Blackburn, Clara Parker, Dana Schwartz, Kathryne Clay and Esme Song. It was Parker, Schwartz, Clay, and Song who played in Connecticut, where the Maine team won three games and lost three before losing in the regional semifinals to Rhode Island, by a razor-thin score of 12-11. Rhode Island was the team that went on to win the region and then to play in the national Juniors World Series in Seattle.

The larger group of nine girls comprised the Cape Elizabeth Little League softball all-star teams for four consecutive seasons, from 2014 to 2017, and were extraordinarily successful, winning a state championship as nine and 10 year olds and going to the Eastern Regionals in 2014, and then continuing to go deep into district tournaments each year, par-

ticipating in two more district championship games from 2015 to 2017. Their all-star record from 2014 to 2017 was 24 wins and seven losses.

Mark Parker and Jeff Schwartz have coached most of these Little League all-star teams, along with several others, over the years. Schwartz helped coach this year's Juniors team with colleagues from Scarborough.

Many of the girls continue to play softball at a high level in travel leagues, and most of these same girls made up the core of a Cape Elizabeth Middle School team, under coach Matt Whaley, that went undefeated over the past two years.

Parker said, "This is a remarkable level of success for one 'class' in Cape in a sport that has otherwise seen declining interest in recent years and the majority of this group is now entering high school, hopefully with substantial success still ahead of them."

The success on the field has led to interpersonal relationships and personal growth for the players.

Clara Parker said, "Living in a smaller town, such as Cape Elizabeth, it's really easy to become good friends with people. However, to remain incredible friends for a long time is really hard. For our softball team of 11 or 12 girls, it's been extremely easy. When I entered my first year of all-star softball at the age of 10, I had no idea who half my teammates were. Yet, when you play 13 intense games together, with each win taking you further and further away from home, you become close in a way that nothing else can compare to. Year after year, we played together, winning some and losing some. Year after year it was always the same group of girls. Eventually, every single one of us was playing for at least two teams every year, all of which had a different collection of teammates. However, when you have shared an incredible experience and common interest for so long, it's almost impossible to lose sight of the friendships we forged so many years ago. Which, out of everything softball has provided me with, means the most to me."

Dana Schwartz said, "Being successful in sports takes not just skill- it takes sacrifice. When I played Middle School and Juniors, we would sometimes have to go straight to a game from practice and arrive home late at night. It was nice knowing that I wasn't the only one struggling. It is hard to make sacrifices as a teenager, but it is nice knowing that you have other close friends making those same sacrifices. Everyone struck out, made errors, won together, lost and cried. We have all been going through the same stuff since we were six. Whenever I am frustrated with an error, or a late night practice, it is nice to know that we are all experiencing those struggles together. Through softball, I have learned a lot of skills about supporting others and time management that I use every day and will continue to use throughout my life. Softball is a difficult sport, but when you are playing and have the strong bonds that we have developed, you don't always notice the struggle."

Kathryne Clay added, "Through thick and thin friends are always there for you. No one can be there for you more than the teammates that you've played together with for years and traveled hundreds of miles with. When you're in the batter's box or in

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-see CAPE NINE page 14

Winnick Wander re-opens, ribbon ridden through

By Kevin St. Jarre

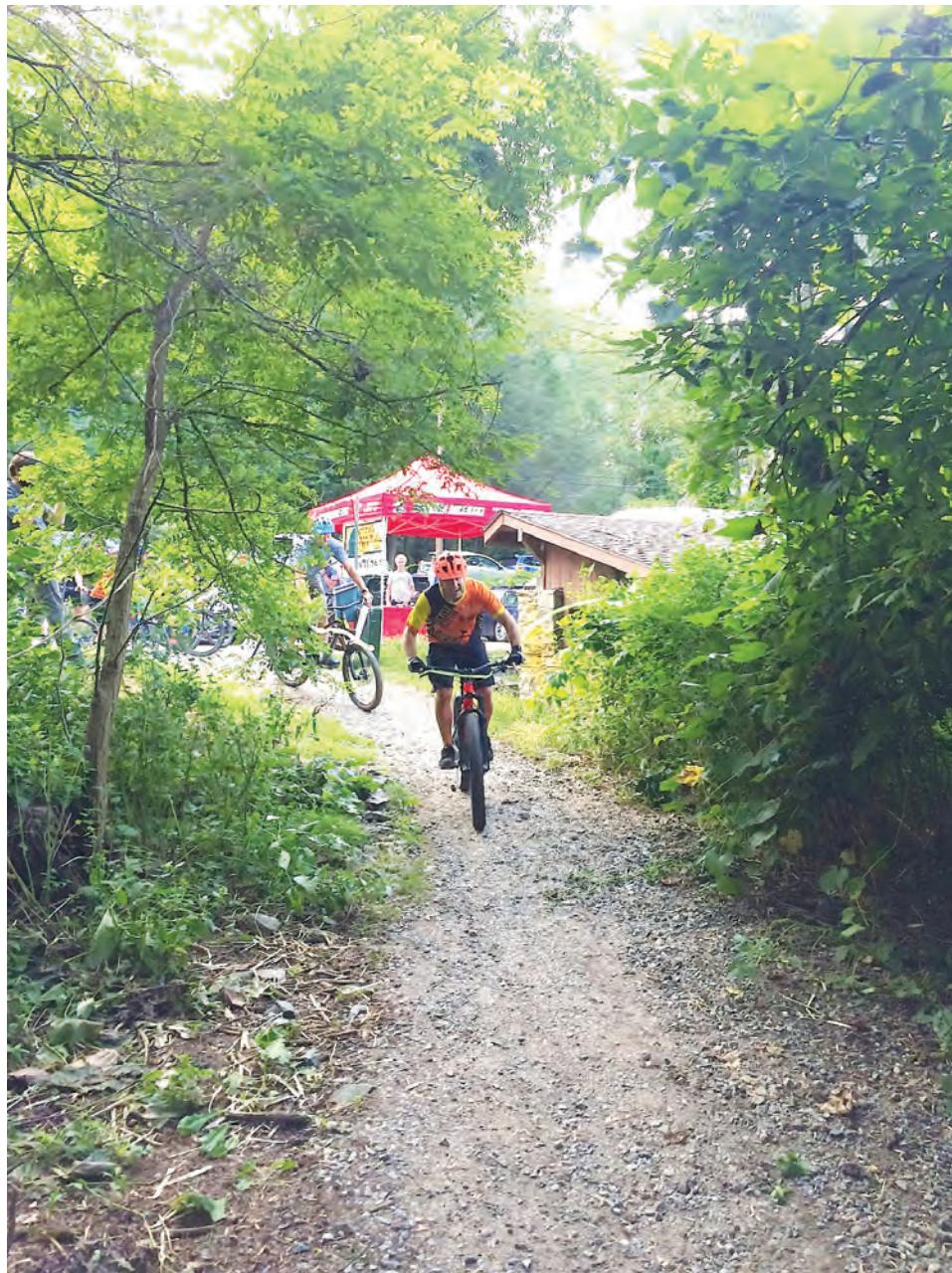


Photo by Kevin St. Jarre

James Tassé drives through the tape, and leads a dozen cyclists, in a ribbon-breaking ceremony celebrating the improvement of the Winnick Woods trail system.

The Cape Elizabeth Conservation Committee hosted a ribbon cutting ceremony to recognize the donations and improvements to rehabilitate the Winnick Woods Trails.

The trails are open to everyone and are used by bikers, runners and people walking their dogs, and they are even used at night. Town Planner Maureen O'Meara said, "People even use the trails at night, looking for owls." O'Meara pointed out physical improvements made by Cape Elizabeth Public Works, such as putting in stairs down to a shelter, and help with the shelter itself, which had once been a potting shed.

Jeremy Gabrielson, chair of the Conservation Committee, led off a brief introduction thanking donors, including Gorham Bike and Ski, who contributed to the rehabilitation of the trails. Gabrielson said the trails "had gotten root-bound here in Winnick Woods, and make them so they're a great place to ride and for all users. This is a great property where we get everyone sharing the trails, using the trails, getting out together, and it's been a really great project."

He then introduced James Tassé, member of the Conservation Committee and assistant director of the Bicycle Coalition of Maine, who Gabrielson said had "really been the spearhead on this project."

Tassé said the group of perhaps 25 people had gathered to "celebrate, really, the first machine-built trail south of Augusta."

He said the project had been a number of years in the making, and that the intent had been to create a trail that was "more user-friendly for kids, and riders who are new to the sport, and people who want to walk, run, or perhaps push baby-strollers

on this property." A young father, standing beside what looked like an all-terrain jogging-stroller, seemed to agree.

Speaking of Jamie Wright, of Gorham Bike and Ski, Tassé said, "The stars just aligned this year, and Jamie was able to line up a number of donors who he will thank momentarily, who helped fund it, and I was able to pull in some volunteers, and actually I'd like to invite Jeremy Nellis up" calling Nellis "the guy with the machine; it wouldn't happen without him."

Nellis is an expert trail builder who worked with a mini-excavator, along with volunteers, to improve the Winnick Wander trails. He has also been busy improving trails in the western Maine mountains

and in central Maine, such as in the Bangor area.

Tassé concluded by thanking volunteers, including a long list of Cape Elizabeth High School students and graduates, and then he introduced Wright.

Wright said, "I'm fortunate enough to work in an industry where I've ridden my mountain bike all over the United States, and we're a little bit behind here in Maine. There's a lot of machine-built trail being built everywhere, including states really close to us, like Vermont and New Hampshire, so when the opportunity came up this winter, Jim talked to me about an opportunity to do something in Winnick."

However, when an opportunity for grant monies fell through, Wright said, "So I stepped up and said I'd put up the seed money, and that I would talk to friends I ride with, the Dawn Patrol," a group Wright said he rides with around Cape Elizabeth early in the morning. Wright said he spoke to the individual members of that riding group, seeking additional funds for the project, and raised \$14,000 in a week, from Mike Marino, Dick Marino, Jeff and Leslie Dixon, Rick and Tori Rosu-Myles, Andrew Labonte, Bill and Melissa Lathrop, Matt and Courtney Campbell, Phil Coupe and Alexia Pappas, Joe Cardin, Hal and Bridget Kingsbury,

Frank and Dawn Marston, Paul and Diane Visich. He also said that the Greater Portland New England Mountain Bike Association "kicked in" some money at the end of the fundraising effort as well.

The ribbon cutting was nothing of the sort. Rather, Tassé led a long line of cyclists through the ribbon and descended into the newly rehabilitated trails.

The Winnick Woods Greenbelt Trail has a small parking lot and a rehabilitated potting shed which houses maps. The trailhead is slightly below grade on the right side of Sawyer Road, one third of the way from the intersection with Fickett Street on the way to Eastman Road.

Open Lighthouse Day is September 8

Maine's Annual Open Lighthouse Day is Saturday, September 8 with lighthouses open for free tours from 9:00 a.m. to 3 p.m. This annual event, sponsored by the United States Coast Guard, the Maine Office of Tourism and the American Lighthouse Foundation, attracts between 15,000 to 18,000 visitors each year and offers the general public the opportunity to climb and learn about over two dozen historic Maine lights. For a list of the 2018 participating sites, visit: <http://www.lighthouse-foundation.org/maine-open-lighthouse-day/>.

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Astronomy 101 with Ron Thompson

Thursday, August 30
6:30-8:00 p.m.

Learn astronomy basics, including how and what to view in the night sky. Attendees will also get a hands-on introduction to the library's new Orion "Star Blast" telescope and have an opportunity to be among the first library users to borrow it! Our host, Ron Thompson, is an expert in his field and is part of the Southern Maine Astronomer's organization.

Cape Elizabeth Garden Club: Create Art and Whimsey in Your Garden

Tuesday, September 4
6:00-8:00 p.m.

The Cape Elizabeth Garden Club is pleased to present author and gardener Lisa Colbern to talk about inventive ways to add fun to your garden. This will also be the kick-off of the Garden Club's annual bulb sale! Refreshments will be available starting at 6:00 p.m. Lisa's slide presentation will start about 6:30 p.m. You don't need to be a member of the Garden Club to attend; all are welcome.

Tips to Improve Your Health

Thursday, September 6
6:30-7:30 p.m.

We're practicing mindfulness this September and are delighted to have Amber Myerowitz and Samantha Gendron from Cape Integrative Health join us to talk about ways for you to achieve your best possible health. Cape Integrative Health is passionate about helping its patients relax and heal. Its aim is to improve your quality of life by reducing pain and promoting good health so that you can get back to doing the things you love.

One practice it advocates and will tell us about on September 6 is acupuncture. Acupuncture is a powerful system of medicine designed to address patients on a body, mind and spirit level. Practiced for over 3,000 years, the benefits of acupuncture treatment are now clearly recognized

and well documented in western medical journals and in medical institutions across the United States. We hope you'll join us to learn more about this ancient practice!

Democracy Café

Tuesday, 9/11, 6:30-8:00 PM

This month, we've invited author David Sanford to join the Democracy Cafe to help lead a discussion on "How to build a loving world." David has a book coming out in January on this topic and is happy to get the conversation started with our group. The Democracy Café is a great place to share ideas, to listen and to ponder. We hope you'll join us this month in a place where all opinions are respected and all voices are heard.

Morning Book Group

Wednesday, September 12
9:30-11:00 a.m.

Our morning book group meets on the second Wednesday of each month from 9:30-11:00 a.m. We hope you'll join us for our September discussion of "News of the World; A Novel" by Paulette Jiles. All are welcome.

"In the aftermath of the Civil War, an aging itinerant news reader agrees to transport a young captive of the Kiowa back to her people in this exquisitely rendered, morally complex, multilayered novel of historical fiction from the author of "Enemy Women" that explores the boundaries of family, responsibility, honor and trust."

Meet Ruby, the Red-Tailed Hawk

Thursday, September 13
6:30-7:30 p.m.

It is migration season and that means the hawks are on the move! Have you ever watched hawk migration from the many amazing vantage points in Maine? It is a sight to behold. Hawks are some of our most common neighbors, often sighted on fence posts or soaring on the thermals. Come and learn more about your amazing wild neighbors.

There are so many ways we can help our wild neighbors, from not using rodenticide to not tossing food out of our windows while driving. Come learn about all the ways you can make a difference and connect with Ruby, a red-tailed hawk.

Ongoing Adult Programs

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Morning Book Group

Meets the second Wednesday of each month from 9:30-11:00 a.m.

Evening Book Group

Meets the third Thursday of each month from 7:00-8:30 p.m.

Knitting Group

Meets every Monday at 1:00 p.m.

Democracy Cafe

Meets the second Tuesday of each month from 6:30-8:00 p.m.

Maine Wildlife Lecture Series

Meets the second Thursday of each month.

Writer's Accountability Group

Meets the third Wednesday of each month from 10:00 AM-12:00 p.m.

Senior Tech Time

Meets the fourth Wednesday of each month from 10:30 a.m.-12:00 p.m.

will be held Wednesday, Sept. 5 from 4-5 p.m. and will be held continuously on the first Wednesday of each month. If you are interested in joining the Teen Advisory Board this year, please contact Alyssa at alapierre@thomas.lib.me.us

PROGRAMS FOR CHILDREN

The library's regular weekly story times continue with the same schedule (check the library's website for details.) We also have the following special programs coming up:

Families Discover Great Artists: Jackson Pollock

Saturday, September 1, 3:00 - 4:00 p.m. Families with children ages four and up can join Kiah to learn about a different artist on the first Saturday of the month. Kiah will introduce an artist's work, and then lead participants in a hands-on art project inspired by that artist's style. This month, families will explore the work of painter Jackson Pollock. No registration necessary.

Chez TML: Family Bakeshop

Saturday, September 8, 3:00 - 4:00 p.m. Families with children two and up can come make pretend cookies and a pretend baking kit to take home using felt and other materials. This is the first in a planned series of Chez TML workshops in which children will make a variety of pretend foods to serve to their parents and take home for extended play. Please register in advance on the library's website so we can be sure to have enough materials available.

Teen Reading Buddies

Our Teen Reading Buddies program continues into the school year. Children who would like one-on-one reading help (or, for pre-readers, one-on-one read aloud time) can make an appointment to meet with one of our high school volunteers at the library. Each Teen Reading Buddy keeps his or her own appointment calendar, which you can access on the library's website by visiting the Children's Program page. Teen Reading Buddies' schedules vary from week to week, but they may have available times after school and on Saturdays throughout the school year.

Coming up! Early Release Adventures

On early release Wednesdays, the library will offer a special program for ages six to 12 from 2:15 - 3:15 p.m. On the first early release day of the year, Wednesday, September 19, the library is offering Cordage & Carabiners, with Rewild Maine. Participants will make a variety of items from natural fiber cords harvested from local plants. Advance registration is required. More information about this program, and all the library's upcoming after school programs, can be found on the library's website.

Monthly Programs:

Our first Teen Advisory Board meeting



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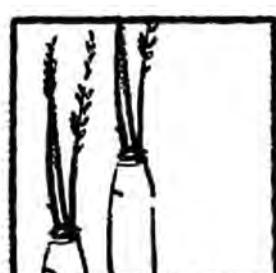
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CELT September Programs

Great Maine Outdoor Weekend Cross Town Walk

Join Cape Elizabeth Land Trust (CELT) Executive Director Cindy Krum, a representative from the Town of Cape Elizabeth Conservation Commission and CELT past Board President Kathleen Janick for the annual Fall Cross Town Walk. Beginning at Portland Head Light, located at Fort Williams, this walk will traverse over seven miles of both the Town of Cape Elizabeth and CELT trails highlighting Cape's great places. This walk offers a unique overview of Cape's diverse ecosystems, including Spurwink Marsh, Robinson Woods and Great Pond. The walk takes approximately three and one half hours and includes a picnic lunch at Kettle Cove. Hikers will meet at the Portland Head Light and will carpool (arranged prior to walk) back to Fort Williams after the picnic. Snacks, drinks and lunch provided. Participants should be 12 years or older; please call about younger ages.

Date: Saturday September 29

Time: 8 a.m.-1:30 p.m.

Meet at Portland Headlight in the dirt parking lot closest to the lighthouse.

Cost: \$10 per person

In the Thick of It; Maine's New England Cottontails

Come celebrate Great Maine Outdoor Weekend with Andrew Johnson, young forest habitat specialist and wildlife biologist, for a one and a half hour walk at Kettle Cove State Park on Sunday, September 23 from 2:00 p.m.-3:30 p.m. Participants of this Cape Elizabeth Land Trust sponsored event will enjoy learning about the state-endangered New England cottontail, the conservation effort taking

place to recover the species here in southern Maine and what you can do to help!

Cape Elizabeth is home to the largest known population of New England cottontails in Maine. The cottontails' range has declined by 86 percent over the past 50 years due to loss of large thicket and young forest habitats. Come learn about where they live, what other animals also need these thickets and what we are doing to help cottontails rebound in Maine.

Location: Kettle Cove State Park

Date: Sunday, September 23

Time: 2:00 p.m.-3:30 p.m.

Cost: \$6

Mushrooming in Robinson Woods

Join mushroom expert Dan Agro of AgroMyco on an edible and medicinal mushroom foraging walk. Topics for discussion are the best times of the year to find local medicinal and culinary mushrooms, ideal growing environments and what to look for in the forest, safe and thorough species identification and how to preserve and/or cook your mushrooms.

Date: Saturday September 15

Time: 9 a.m.-12 p.m.

Location: Robinson Woods Kiosk Shore Road

Cost: \$10 per person

Please register for the above programs through Cape Elizabeth Community Services: <http://www.capecommunityservices.org/>. All proceeds for these programs go to CELT, and please call the CELT office with any questions: 767-6054. Participants registering at least 48 hours in advance of the program will ensure they will receive notification of changes or cancellation.

Cape Elizabeth birding report for the first part of August

By E. Brooks Bornhoff

Continued muggy and buggy weather stretched through the first two slow birding weeks of August.

Noteworthy observations include - great crested flycatcher fledglings singing at twilight deep within Robinson Woods I. A common yellowthroat female with daughter exploring the haunts surrounding a crab apple tree in our yard. A family of blue jays with a cast of six molting young continuing to decimate my suet supplies. In late summer, molting takes place and Blue Jays often lose all of their head feathers. Fittingly, the saying goes, "When the blue jays are bald, it must be August."

Other notables include three great egrets, most probably two adults and one young flying over Robinson Woods III at sunset. I had at first thought the fledgling egret was a white ibis (which would have been very uncommon and improbable).

I am also very pleased to report that the bluebird box that I had built two springs ago (last season the bluebirds checked it out but never nested) has young bluebirds in it as of August 19.

A single carolina wren has just started to visit our yard. I do hope that he or she will stay for a while. Also, on more than one night I have heard bard owls calling along Shore Road.

As for shorebirds, there are good numbers of semipalmated and black-bellied plovers along Crescent Beach. There are also spotted sandpipers and greater yellow legs along the Rachel Carson National Wildlife Refuge.

Fort Williams

Continued from page 7

Williams Park have all increased dramatically since 2010. We are averaging about \$250,000 annually in costs to run Fort Williams Park after any revenues; since the last referendum in 2010, Cape Elizabeth taxpayers have spent about \$2 million- 8 [years] x \$250,000- to keep Fort Williams Park open while letting millions of non residents use it for free."

Sullivan said she is responding to her constituents concerns. She said, "Our own townspeople have been complaining that they find it difficult to use the park because it is so crowded. Fort Williams Park has never been free to Cape Elizabeth taxpayers, and our property taxes continue to climb. Next year's overall tax rate is 6 ½ percent; how many more such increases can our taxpayers bear?"

The tax rate for fiscal 2019 is actually set at 19.02 mils, which would amount to 1.902 percent, but it does represent a 6.6 percent increase in property taxes. This was in large part due to a reduction in state funds to reduce the local cost of education.

Sullivan continued, "In its role of setting taxes and town budgets, the Town Council is being responsible to our taxpayers by considering asking that the millions of visitors to Fort Williams Park pay some kind of user fee such as a parking fee. For local comparison, let's remember that Maine charges fees at all state parks and Portland charges for street

parking to help offset the costs of maintaining infrastructure and assets. With its due diligence, town council has been studying town and FWP finances in great detail. Also, the Town Council has created a mission and vision statement for the park to guide stewardship and management for years to come; this naturally includes financial management. Going to referendum is an option, however, I believe that the town council will have enough information to make the important revenue generating decisions it needs to make, in order to protect this fragile park for future generations and to responsibly consider its impact on taxes."

When asked what Council members might say to those who say that public hearings in Council chambers are not the same as a referendum question when it comes to learning what residents want, Sullivan said, "I would say that they are technically correct as far as the number of residents responding, although the trends in public opinion per political issue whether expressed at a public hearing or by referendum vote, may show similar results."

The subcommittee's proposed blueprint for fees and a map can be found online on the town's website. A separate recommendation on fees for commercial passenger vehicles is expected to be on the Council's next meeting agenda on September 10.



Youth Triathlon

NEW this year! LONG COURSE for ages 15-18 and RELAY OPTION for 11-14 and 15-18 age groups

Sunday, September 30

Race begins at 8:30 a.m. at Cape Elizabeth High School

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www.capecommunityservices.org

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CAPE CALENDAR**By Wendy Derzawiec****Monday, September 3**

Labor Day Holiday. Town Hall, Thomas Memorial Library, Recycling Center closed

Tuesday, September 4

Recycling Center open 8 a.m.-5 p.m.
Planning Board Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall

Thursday, September 6

Comprehensive Plan 2019 Committee, 7 p.m., Town Hall
Recycling Committee, 7 p.m., Public Works

Monday, September 10

Town Council, 7 p.m., Town Hall chamber

Tuesday, September 11

Conservation Committee, 7 p.m., Town Hall Lower Level Conference Room
School Board Business Meeting, 7 p.m., Town Hall chamber

Ongoing each week

Al-Anon, Regular meeting 7 p.m. Thursdays, at United Methodist Church, 280 Ocean

CABLE GUIDE**Board of Zoning Appeals replay**

Aug. 29 & 30 - 2 pm & 8 pm
Sept. 1 - 10:30 am

Cape Elizabeth Church of the Nazarene

Sept. 1, 2, 8 & 9 - 9 am

Town Council (live)

Sept. 10 - 7 pm

CHANNEL 3**School Board (live)**

Sept. 11 - 7 pm

Town Council replay

Sept. 12 & 13 - 2 pm & 8 pm

Sept. 16 - 10:30 am

Troop 120

Continued from page 1

mer. Tackling the issue of food insecurity is a key troop focus area, and the girls have already budgeted funds in order to continue the program for the 2018-2019 school year.

The troop plans to fundraise to be able to provide more healthy snacks on a monthly basis and welcomes snack contributions from the community. If you would like to provide a snack, please reach out to Troop Leaders Jess Proctor (jessdeeproctor@gmail.com) or Allison Blackstone (ablockstone@mac.com) and they will happily make arrangements to collect it.

The troop will also have a collection box placed at the RE/MAX Oceanside office from August 29 to September 15, and donations can be dropped off there as well.

Thank you for supporting Troop 120's take action project at Pond Cove School.

Homecoming Weekend at Church of the Nazarene

The Cape Elizabeth Church of the Nazarene will celebrate their 51st annual Homecoming Weekend beginning on September 15. The weekend kicks off with a picnic at noon on Saturday at the Two Lights State Park Picnic Pavilion. All in the community are invited to attend and share in food, fun, and fellowship. There will be hamburgers, hot dogs, corn, and side dishes.

The weekend concludes on Sunday, September 16 with a 10:45AM worship celebration at the church, 499 Ocean House Road. Dr. Stephen Dillman, the superintendent of the Maine District of the Church of the Nazarene, will be the guest preacher. Feel free to bring family and friends to one or both events.



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www.capenazarene.org

Sunday School for all ages: 9:30 a.m.

Sunday Worship Celebration: 10:45 a.m.

Services streamed live or on demand:

watch.capenazarene.org

Cape Elizabeth United Methodist Church

280 Ocean House Road

799-8396

www.ceumc.org

Open Church, Thursday: 5:30 p.m.

Sanctuary Service: 10 a.m.

Child Care & Sunday School: 10 a.m.

Adult Sunday School: 9 a.m.

The Church of Jesus Christ of Latter-day Saints

29 Ocean House Road

799-4321

Sacrament Meeting:

Sunday, 10-11:10 a.m.

Sunday School: 11:15 a.m.-12 p.m.

Primary: 11:15 a.m.-1:00 p.m.

Relief Society, Priesthood:

12:00 -1:00 p.m.

The Church of the Second Chance

Greater Portland Christian School

1338 Broadway, South Portland

641-3253

Sunday: 10:30 a.m.-12:15 p.m.

Congregation Bet Ha'am

81 Westbrook St., South Portland

879-0028

www.bethaam.org

Worship: Friday, 7:30 p.m.

Saturday, 10 a.m.

Family Shabbat Services:

Second Friday, 6:30 p.m.

First Baptist Church of South Portland

879 Sawyer St., South Portland

Strout

Continued from page 1

Cape Farm Alliance, both as its treasurer, since its inception in 2007, and on the Comprehensive Plan Committee, a sub-committee of the Cape Farm Alliance. "I think of Cape Elizabeth as a farming and fishing community. That's really where the roots are," he said.

He explained that the Farm Alliance works as an advocacy group to help local farmers by working with the town to address their needs. "The local farmers are the hardest working people I've ever known. I really admire how hard they work, and I also like the fruits of their labor," he said.

After years of service, Strout has now decided to step back a bit, focus on his family and celebrate the upcoming birth of his sixth grandchild.

He reflected that there is an incredibly strong culture of local volunteering in Cape Elizabeth. "There's not anyone that's hired to, as I say, keep the Cape the Cape. There are a lot of really terrific volunteers in town, and they don't do it to get recognized. They do it because they're passionate about it," he said.

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Sunday School is at 11:15 a.m.

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536 Cottage Road, South Portland

799-3152

Sunday Prayer & Intercession: 9:30 a.m.

Sunday Worship: 10 a.m.

Family Bible Studies: Wednesday, 7 p.m.

Sermon recordings available to download

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885 Shore Road

799-4014

www.stalbansmaine.org

Sundays: 8 a.m., 9:30 a.m.

Celtic Service: Sunday, 5:30 p.m.

Nursery: Sundays, 9:30 a.m.

Saint Bartholomew Roman Catholic Church

8 Two Lights Road

799-5528

www.saintbarts.com

Sunday Mass: 9 a.m. and 11 a.m.

Monday & Tuesday Masses: 8 a.m.

First Congregational Church

United Church of Christ

301 Cottage Road, South Portland

799-3361

www.fccucc.org

Worship 9:30 a.m.

Children's Game Room and

Nursery will be available.

First Congregational Church of Scarborough

167 Black Point Road, Scarborough

883-2342

www.fcscarborough.com

Sunday Morning Worship: 9:30 a.m.

Sunday School & Nursery Care

Cape Nine

Continued from page 10

the pitching circle you feel alone, but then you realize you really aren't. You have your best friends and teammates there cheering you on no matter the score or any other variable. To have a winning team you have to know your teammates like the back of your hand. You spend countless hours with them on and off the field laughing, crying, being yourself and helping each other out. When I started softball seven years ago, I would never have guessed that I would've been on so many teams traveling so many miles with so many great people. In the end you won't remember the score of your 21st game of the season or what you got for a hit in the seventh game. What you will remember are the places you've been, the experiences you have had and definitely the lifelong friendships that you have made."

Esme Song said, "It's comforting knowing that I have a group of girls who I can count on in any game situation. Ever since 2014, the nine or 10 of us have stayed together every season. From making our way to the Little League Eastern Regionals as first year all stars to two undefeated seasons in middle school, we've been back with more every spring. Sure, many of us are a part of other teams now, and we won't always be playing together, but in the end these girls are the ones that I learned how to play softball with. With our history, the class of 2022 softball girls will always be a team."

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Fire/Police

Continued from page 5

keep firefighters and you safe. We are doing it for a reason. You may not always be able to see the reason as you approach."

For example, during the residential structure fire on Route 77 on April 10, 2018, Kennedy explained that approaching the scene from the north, one could easily see all the trucks, which made the road closure understandable. Not so from the Cape Elizabeth side. Route 77 was closed at Mitchell Road, so a driver from the south was unable to see all the trucks ahead.

Occasionally the Fire/Police gets complaints for these inconveniences. More often, drivers do not understand that the Fire/Police is not always in a position to give directions. Kennedy said, "During a wires down call at 2 a.m., one vehicle trying to get through, no problem to give directions or explain what's happening ahead. Traffic in three directions during a vehicle crash, can't do."

Despite the occasional complaint or disgruntled motorist, Kennedy had incredibly positive things to share about his experiences. "One of the coolest things about participating in this stuff is seeing things you wouldn't normally see. The Good Table fire - pulling up and seeing flames above the trees. Seeing a hydrant knocked off its base and spewing water 40 feet in the air. Obama's motorcade and taking direction from the Secret Service. The horse rescue from Skip Murray's pit. The plane going into the water off of Portland Headlight."

Another great resource for the Fire/Police is Police Chief Neil Williams. He described the Fire/Police as, "A valuable service to us." Further, he explained, "All PD are EMTs. We respond to traffic crashes and the first and

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foremost priority is to treat the patient, but we also need to protect the scene. Officers are often tied up, so we devised the Fire/Police to direct traffic."

In the Long Blue Line, Cape Elizabeth resident Barbara Sanborn's book documenting the Cape Elizabeth Police Department for the Cape Elizabeth Historical Society, she shared an incredible story:

"During heavy rains early on October 10, 1998, most available volunteers were helping pump out flooded basements or detouring traffic around flooded roads. Stan Stonz, a volunteer with Cape Elizabeth's Fire/Police Unit spent most of the day directing traffic. Late in the day he was assigned to the intersection of Broad Cove Road and Salt Spray Lane, an area currently under about two feet of water and completely impassable.

Explanatory information included in Stan's nomination for the American Red Cross Real Hero's Adult Good Samaritan Award reads in part: "Shortly after 5 p.m. Stan looked over to see a young boy struggling in the water and then disappear! The boy, along with one of his friends, had been drawn into a culvert that carried water under the street and across to the ocean on the other side. Stan immediately contacted the Public Safety Dispatcher, John Swinehart, on his radio and requested assistance. Stan then ran to the location where the boy was last seen and, while standing waist deep in water, attempted to locate him. At this point, the emergency crews were under way. Stan soon discovered that both boys had been swept through the culvert toward the ocean and were about 200 yards from where he had originally seen them. Neither boy suffered significant injuries; both were transported to the hospital and released. Stan's quick thinking and action implemented an immediate response of the Town's Fire, Police, Rescue and Water Extrication Teams. While this story had a very happy ending, the result could have been much worse.

Next deadline: Aug 29th For Issue Date: Sept 12th

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Stan's action started the response that could have, and did, save the lives of two young boys."

The members of the Fire/Police are not only long-standing and dedicated, but they also have many incredible stories such as Stonz's. Cape Elizabeth is fortunate to have this dedicated Fire Department Company and its service.

Look forward to Fully Involved: A View Into CEFD next time, as we feature Smoke Detectors and Carbon Monoxide Monitors.

CEFD Fully Involved Fun Facts:

Members: 60+ across five companies: Two Fire Companies (TCS & CCS), Rescue Company, WET Team and Fire/Police

Apparatuses: Three engines (pumpers) Engine 1 @ CCS, Engines 2 & 3 @ TCS, Two ambulances, One ladder truck, WET Team Command Van, WET Team Boat, Service Truck, Air Trailer

Calls: 1,110 calls annually, 75 percent medical. All types of Medical; Fire: CO, vehicle fires, wires down, boat fires, house fires, grass/woods fires; WET: Surface Water Rescue, Swift Water Rescue, Ocean Rescue, High Angle Rescue

Dispatch: Portland Regional Communications Center (busiest 911 center in the State of Maine)

Community Involvement: Parades, Escorts to Team Events, New Year's Polar Dip, Auction Rides to School, B2B Cooling Off Hose, Fireworks Details

FarmDrop
Continued from page 9

food security of our communities."

Customers can order during the five open days a week, and then 24 hours before delivery, producers print out their bulk order and deliver fresh and frozen product to a central location where FarmDrop manages distribution. In Portland, FarmDrop distributes out of Fork Food Lab (72 Parris St.) on Monday 3-6 p.m. and are open Wednesday to Sunday for order placement. Fork Food Lab recently announced it is planning to close in the fall. Welborn and Semler stated that FarmDrop is working with them in its transition and actively participating in conversations with FarmDrop producers and consumers of any plans for staying at the location or moving to a new one toward the end of September. FarmDrop's Portland website can be found at: <https://portland.farmdrop.us>.

When asked why they feel it is important to eat local, Welborn and Semler stated that they feel the connection to food has been lost with large scale production, and marketing has made it harder for consumers to understand where their food is coming from. With FarmDrop, "we want to help consumers to have convenience while creating a more sustainable food economy that is informed in how our



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Courier travels to Denmark



Contributed photo

Pond Cove fourth grader Abigail Francis, and her brother (hidden in the background) traveled this summer to the island of Aero, Denmark. Francis' grandmother and many generations before her are from the small seafaring town of Marstal, where Francis and her family visited with Danish family and friends.



Contributed photo

Kennealy graduates from Bowdoin College

John Kennealy (pictured on left), son of Jack and Rose Kennealy, graduated from Bowdoin College in late May. Kennealy majored in Biochemistry and was a Captain of Bowdoin's Track & Field team in both his junior and senior years.

Kennealy is taking a gap period before beginning graduate school and has begun a teaching fellowship at The Kent Denver School in Colorado.

Class of 2011 graduate flying high



Contributed photo

Ensign Cyrus Wolfinger, CEHS Class of 2011, in front of T6 Texan 2 immediately after having soloed in it.

Ensign Cyrus Wolfinger, pictured at Primary Flight training in Corpus Christi, Texas, which he is expected to finish next month. He has been studying and flying in simulators and smaller aircraft for over a year.

After Primary Flight training, he will move into specific aircraft he will be assigned to

for Advanced Training. Following successful completion of Advanced Training, he'll receive his Wings of Gold and join the Fleet.

Wolfinger is a CEHS Class of 2011 graduate. From there he graduated from Northeastern University in 2016 and from Officer Candidate School in 2017.

Rev. Neely celebrates final worship at Church of the Nazarene

The Cape Elizabeth Church of the Nazarene said a loving farewell to their pastor, Reverend Brent Neely, on Sunday, August 26 with a final worship celebration followed by a potluck luncheon. Rev. Neely began to pastor the church on November 27, 2016, coming from Nazarene Theological Seminary and Nall Avenue Church of the

Nazarene in Kansas City, Missouri. After a recent time of prayer and discernment, he feels called to join his fiancée in Rochester, Minnesota and explore new ministry opportunities there. The Cape Elizabeth Church of the Nazarene wishes him Godspeed as they begin the process of calling their next pastor.

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