

# The Cape Courier

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*In the Spirit of Community*

## CEHS freshman and team receives \$10k for summit

By Kevin St. Jarre



Photo by Kevin St. Jarre

Aela Mansmann, backed by members of her team, is presented by U.S. Cellular with a large check for \$10,000 which will support an upcoming regional summit focusing on sexual assault prevention.

Aela Mansmann, a freshman at Cape Elizabeth High School has been selected as one of U.S. Cellular's "16 under 16: The Future of Good" recipients, on behalf of SafeBAE. In a statement, U.S. Cellular said they are "celebrating young humanitarians by amplifying the good they have done. Aela and her team will receive \$10,000 for an upcoming regional summit focusing on sexual assault prevention."

The statement went on to say, "With the help of a diverse team of student leaders from four area high schools, she has created an entirely student-lead summit on sexual assault prevention to be held at Southern Maine Community College on May 22, 2019 [where] 1500 students, plus teachers, from high schools throughout Greater Portland

have been invited to attend the summit at no cost. Through Aela's leadership skills, she and her team have secured dozens of local and national direct service agencies to present at the conference, hosted fundraisers, written grants, and secured celebrity presenters, Torrey DeVitto and Reggie Walker. The group is also working with their local Senator, Rebecca Millett, to create comprehensive consent education legislation.

When Mansmann was asked how it felt to be recognized with this award, she said, "Receiving this award is a true honor. I am so fortunate that the summit planning committee and I now have secured resources to fund our

-see SUMMIT page 9

## Town hires first municipal finance director

John Quartararo has been confirmed as the town's first municipal finance director.

The Town Council voted to confirm Quartararo's appointment on March 11, adding the new salaried position to the town's personnel code and authorizing approximately \$40,000 from undesignated fund balance for his salary for the remainder of the fiscal year. Annual salary will be \$87,000 plus benefits.

The description for the new position was



Photo by Marta Girouard

John Quartararo has been confirmed as the town's first municipal finance director.

approved in December when councilors directed Town Manager Matthew Sturgis, who made the appointment, to recruit for the position.

"We are extremely gratified with our selection, it was a unanimous decision of the hiring committee," Sturgis told councilors at their meeting March 11.

Quartararo will be responsible for overseeing finances on the municipal side of town government, work that up until now had been done by the town clerk, town manager and municipal comptroller, who is also the business manager for the School Department. "For years we had worked with the school ... but roughly what we found is over time both avenues have become larger," Sturgis said. "We felt at this point we'd grown to the size that we need to have a finance director for the town, and the business manager would still stay on the school side."

Other School Department offices will continue to oversee payroll, accounting and

-see FINANCE page 15

## Municipal budget proposal up 6.6 percent for fiscal 2020

Town Manager Matthew Sturgis has presented a \$13.62 million budget recommendation for fiscal 2020 for town and Community Services, up \$848,754 over this year, an increase of 6.6 percent.

The proposal would bring taxes for these services to \$4.74 per \$1,000 of assessed valuation in 2019-20, up 19 cents over this year, an increase of 4.1 percent.

The lion's share, \$646,801 (76 percent), of the spending increase is personnel related, Sturgis said in his budget message. The proposal provides for an average two percent wage increase, and an expansion from two to four per-diem fire personnel to improve the town's safety coverage. An additional \$75,000 is budgeted to convert empty space to bedroom space at

the Town Center Fire Station to accommodate the additional personnel.

New fees from ecomaine for disposal of recyclable material (\$35 per ton) and for solid waste (\$73 per ton, up from \$70 in 2018-19), also contribute to the spending increase.

Offsetting the increase is an anticipated \$456,393 (9.1 percent) increase in revenues other than property tax. The budget projects \$2.2 million from excise taxes, \$50,000 more than this year; and, increases in revenue from Community Services programs. "Community Services revenues were adjusted to further reflect

-see BUDGET page 13

## Golden Corral buys former Cumberland Farms lot, plans intimate, all-you-can-eat, bistro in town center

By Marty Mullen



Photo by Kevin St. Jarre

The former Cumberland Farms lot on Ocean House Road has been purchased and plans are to turn the building into an upscale, buffet style, eatery.

A spokesperson for Investors Management Corp., the parent company of Golden Corral confirmed on March 12 that they have purchased the former Cumberland Farms lot on Ocean House Road and plan to open "Audra's," which they describe as an upscale, buffet style, eatery. Ground-breaking is scheduled to take place April 22.


Although Cape Elizabeth's Planning Board has long been reluctant to allow franchises into town, Golden Corral has assured members of the board that Audra's is a stand-alone restaurant, and although it will feature, among other things, Golden Corral's signature crab legs and chocolate fountain, it is not an official Golden Corral franchise.

James Maynard, Golden Corral's chairman, compared Audra's to their

other unique venues, Nick's in Rockport, Heath's in York, and Jarrod's in Portsmouth, New Hampshire. Maynard admits to being a huge Big Valley fan. Maynard is confident the restaurant will be successful. "The model works," he said, "get em' in, get em' fed, get em' out. It's really that simple."

A public forum will take place at Town Hall on April 23 at 6:30 p.m. to allow the Planning Board to explain their rationale and allay any concerns that residents may have. This will be an informative meeting only; no questions will be heard by residents. Concerned citizens who are unable to make the meeting are welcome to call Golden Corral's Customer Service number, 1-800-867-5309, and ask to speak with April Phoolz.





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**NEXT ISSUE:** Mar 29  
**DEADLINE:** Noon, Apr 10

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## Dates designated for Plogging Weeks

The weeks of April 21–27 and Oct. 13-19, 2019 have been designated in Cape Elizabeth as Plogging Weeks.

The Town Council endorsed the proposal, endorsed also by the Recycling Committee and requested by Fowler Road resident Bruce Rayner, following a presentation by Rayner at their meeting March 11.

Plogging is happening on any given day or week in Cape Elizabeth and around the world, but Rayner hopes that dedicating two weeks a year to the practice of jogging (or walking or cycling), and picking up trash along the way, will add more fuel to the phenomenon.

“The idea is that we want community members to participate in the plogging activity to help to keep the roads, the trails, the beaches, the beautiful places we all love and cherish in Cape as clean as possible,” Rayner said.

On New Year’s Day, 2019, Rayner jogged the mile from his Fowler Road home to the entrance of Crescent Beach, plogging both sides of the road. He collected 32 pounds of trash, including 54 redeemable bottles and cans, some pieces of polystyrene (a known carcinogen), two windshield wipers and “a lot” of paper, cardboard and plastic, he said.

The council voted unanimously to endorse the proposal, leaving coordination and publicity to the Recycling Committee. Rayner said his idea is to place a dumpster at the Recycling Center to collect what Plogging Week participants bring in, and to separate and document what’s being found before disposing of it properly.

The designated weeks align with Earth Day (April 22) and Indigenous Peoples Day (Oct. 14), and precede the extended (Sunday) hours for spring and fall cleanup at the Recycling Center’s refuse-disposal area.

## Library employees and volunteers ‘professional and sincere’

Amidst a career change and a health care residency that involved extensive preparation and board examination study, I found myself at the Thomas Memorial Library several hundred hours over the past year.

During that time, I had many interactions with the library staff. While the amenities are a gem, I found the employees and volunteers to be equally so!

The level of professionalism and sincere helpful responses to my questions were above reproach. While my days varied greatly, I could always count on our library staff

to be steady and provide me with the direction I sought, without fail. This level of care and regard was on display for all of the library patrons with their countless questions as well.

While we can be proud of our new library, we should also reserve pride for its employees. I certainly do. I passed my boards recently, and in no small part, our library and staff, played a key role in my achievements. To our library employees and volunteers – my best and my thanks!

Brett C. Seekins

## Update from the State House

By Senator Rebecca Millett and Representative Anne Carney



Contributed photo

Senator Rebecca Millett (left) and Representative Anne Carney (right)

It is hard to believe we’re almost halfway through the First Regular Session of the 129th Maine State Legislature. We have done a lot of good work, but there remains much to do. Here are a few updates for you on what we’ve accomplished so far.

The Health and Human Services Committee unanimously voted to support LD 152, “An Act To Prohibit the Possession and Use of Electronic Smoking Devices on School Grounds.” At the bill’s public hearing, it received support from teachers, school administrators and health professionals. We have also talked to many students about the skyrocketing use of electronic cigarettes among their peers. Their stories mirror findings in a 2018 FDA report that e-cigarette use by teens has reached epidemic levels and underscore the importance of this legislation.

If passed into law, LD 152 will prohibit the possession and use of electronic smoking devices on school grounds and send a clear message to our youth about the dangers of so-called “vaping” or “juuling.”

Related legislation, LD 1190, “An Act To Prohibit the Sale and Distribution of

Flavored Tobacco Products,” (sponsored by Sen. Millett) proposes a complete ban on the sale of flavored tobacco products in Maine. Flavored tobacco is widely recognized as a major contributing factor to the sharp increase in rates of teen tobacco use. LD 1190 would eliminate exemptions in existing Maine law and completely ban the sale of such products to combat the epidemic.

The Committee on Criminal Justice and Public Safety heard LD 316 (sponsored by Rep. Carney), a bill addressing financial exploitation of older Mainers, and approved the bill on a 13-1 vote. Testimony focused on the scope and sophistication of the scams affecting members of our community, and the importance of having additional enforcement tools. Witnesses from law enforcement, financial institutions and the legal profession spoke to the need for a “culture change” to help protect Maine seniors. Working with stakeholders, we expanded the scope of the bill and shifted the focus to protect vulnerable persons regardless of age.

This bill has had strong bipartisan support throughout the legislative process. If enacted, LD 316 will raise four financial crimes — theft by deception, theft by misapplication of property, theft by unauthorized taking, and misuse of entrusted property — to felony levels when the owner of the property is a vulnerable person.

The Committee on Environment and Natural Resources is also advancing legislation to prohibit certain uses of polystyrene. Recognized by the commercial name Styrofoam, polystyrene is not recyclable in Maine, and does not biodegrade for hundreds of years; as it breaks down into microplastics, polystyrene harms birds, marine life, and likely humans. The committee is set to approve LD 289, which combines LD 621 (sponsored by Rep. Carney) with a similar bill. If enacted, this bill will restrict the use of polystyrene food service containers statewide beginning Jan. 1, 2021.

It is our honor to serve you in Augusta. If you have questions or comments, please let us know. You can email Sen. Millett at senrebeccamillett@gmail.com and Rep. Carney at anne.carney@legislature.maine.gov.

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We love feedback!

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Then and Now: A recent acquisition

By Jim Rowe



Photo courtesy of Cape Elizabeth Historical Preservation Society

The Cape Elizabeth Historical Preservation Society is extremely grateful for the recent acquisition pictured above. A gift of Peter W. Benoit (see Then and Now in the March 13 Cape Courier), the plaque consists of the organizational insignia pins for many of the major outfits that served at Fort Williams during the early- to mid-twentieth century.

As they appear on the plaque:  
Harbor Defenses of Portland  
Coast Artillery

8th Coast Artillery; 68th Coast Artillery; 240th Coast Artillery Infantry  
5th Infantry Coast of Arms  
Civilian Conservation Corps\* patch  
Civilian Conservation Corps\* pin

*\*The Civilian Conservation Corps was technically not military, but was under the auspices of the Army*

CEHPS meeting on April 16 at TML

The Cape Elizabeth Historical Preservation Society will meet on Tuesday, April 16 at Thomas Memorial Library at 6:30 p.m. This is a departure from our usual venue, date and time. We will be commemorating the 100th anniversary of the dedication of Thomas Memorial Library. The original library was housed in the Spurwink School and was a gift to the

town by William Widgery Thomas; diplomat, statesman, educator, immigration sponsor and philanthropist. An accompanying exhibit will be on display on the lower level of the library throughout the month of April. Please join us for this important commemoration. All CEHPS programs and meetings are free and open to the public. Refreshments will be available.

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Inagural year of tax-rebate program reaches 132 seniors

In the first of what will be an annual report, Town Assessor Clinton Swett said at the March 11 Town Council meeting that 132 applications were approved for the rebate program adopted by the Town Council in January. Checks totaling \$64,407 were mailed to seniors who qualified, leaving \$10,593 from the \$75,000 that was budgeted. “Hopefully in next year’s budget we can see a minor increase in that pot because, neighbors are talking to neighbors, and it’s going to become more popular,” Swett said. The program is modeled after similar ones in neighboring communities. Seniors 65 and older with an annual household income of no more than \$60,000, who have lived in their homes for at least 10 years, are eligible for a rebate of up to \$500. Most applicants qualified for the full \$500, Swett said. “I met all 132 of these applicants, they came in to my office and, what a wonderful group of people, they were so appreciative of the program,” he said. A few came in after the application deadline to ask about the rebate because they learned their neighbor had received one. “So I kind of extended the deadline a little and got them enrolled in the program as well,” Swett said. Only two applicants were denied

for not meeting the criteria. Assets were not a factor in determining eligibility, and, answering a question from a councilor, Swett said he did not believe assets should be monitored. The average value of rebate recipients’ homes was \$265,000, he said, “so it really is hitting the target.” To best serve the senior population, checks rather than tax credits were issued for the rebate, and a paper application was used rather than one online. Some applications were downloaded and printed from the town website, but most were picked up in-person at the assessor’s office. Meeting with applicants is necessary to gather confidential income information and to confirm eligibility. “It had some moving parts but I think all the parts worked really well,” Swett said of the process, although future versions of the application itself may be simplified. He said everyone who applied will get an application for next year’s rebate in the mail next September, before the council begins working on the town budget for 2021. Applications should be processed in December, with checks on qualified recipients hands by next February.

CETV streaming video expands to Roku, Apple TV

Cape Elizabeth Television (CETV) is now available on Roku and Apple TV. You can view CETV live, as well as recordings of town government meetings and public-access programming, by adding the Cablecast Screenweave streaming channel to your Roku or Apple TV lineup. To add the channel:  
• Open your Roku or Apple TV device.  
• Search for the “Cablecast Screenweave” streaming channel.  
• Install the channel.  
• Open the channel and scroll to “Cape

Elizabeth Television (CETV)”  
• Select the banner (see image below) on your device and choose the live stream or any recent broadcast of a Cape Elizabeth town meeting, Cumberland County Commission meeting, or public-access show. CETV’s stream is also available on the web, <https://cetv.capeelizabeth.org>, or on Spectrum Cable Channel 1302.





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# Residential burglary complaint, vehicle passes bus with stop light on and sign deployed

Reported by Marta Girouard

## COMPLAINTS

- 2-26 An officer met with a resident of the Mitchell Road area regarding a tenant/landlord issue.
- 2-26 An officer met with a subject in the Scott Dyer Road regarding a trespass complaint.
- 2-28 An officer met with a resident of the Shore Road area regarding a residential burglary complaint. Nothing appeared to be missing from the house.
- 3-1 An officer met with a school bus driver regarding a vehicle passing the bus while he had the red stop light on and the stop sign deployed. A partial plate was obtained and case is under further investigation.
- 3-1 Two officers responded to a residence in the Shore Acres area for a well-being check.
- 3-2 An officer met with a resident of the Oakhurst area regarding a dog bite complaint.
- 3-2 An officer met with a subject regarding a domestic situation.
- 3-3 An officer met with a resident of Massachusetts regarding a dog bite complaint.
- 3-4 An officer met with a resident of the Old Ocean House Road area who advised he had received a call from a subject with a foreign accent claiming to represent a company the victim had purchased virus protection software from and that the company was closing and needed to refund the purchase price (\$250) to the victim. The victim logged onto his computer and noticed that \$2500 had been deposited. The caller then stated a mistake was made and asked the victim to go out and purchase 4 Best Buy gift cards and return home for further instructions. The victim stopped at the bank to verify that \$2500 had actually been deposited and instead learned that \$2500 had been transferred from the savings account into the checking account. The victim stated he did not provide any account numbers to the caller and it is possible his computer was hacked.
- 3-4 Two officers responded to a residence in the Ocean House Road area for a well-being check.

- 3-5 An officer met with a resident of the Shore Road area regarding a harassment complaint.
- 3-5 Two officers responded to a residence in the Broad Cove area for a domestic disturbance.
- 3-8 Two officers responded to a residence in the Broad Cove area for a well-being check.
- 3-9 Two officers responded to a residence in the Sawyer Road area for a domestic disturbance.
- 3-9 An officer responded to a residence in the Mitchell Road area for a well-being check.
- 3-11 An officer met with a resident of the Shore Road area regarding a dog bite incident that occurred at Fort Williams.
- 3-11 An officer met with a subject at Fort Williams who turned over a found cellphone. Owner was identified and property returned.

## SUMMONSES

- 3-3 Portland resident, uninspected motor vehicle, Oakhurst Road, \$148
- 3-4 Portland resident, operating after suspension
- 3-5 Cape Elizabeth resident, operating without lights, Shore Road, \$152
- 3-5 Scarborough resident, speeding (39/30 zone), Fowler Road, \$114
- 3-5 Westbrook resident, failure to produce insurance, Route 77, \$186
- 3-5 Gorham resident, uninspected motor vehicle, Cottage Road, \$148
- 3-5 Cape Elizabeth resident, failure to produce insurance, Route 77, \$186
- 3-5 Saco resident, uninspected motor vehicle, Route 77, \$148
- 3-8 Boothbay Harbor resident, uninspected motor vehicle, \$148
- 3-9 South Portland resident, operating after suspension, Sawyer Road

## ACCIDENTS

- 03-06 Jon Talbot, Nathanael Greene, Humphries

## FIRE CALLS

- 02-26- Portland Mutual Aid
- 02-27 South Portland Mutual Aid
- 02-27 Cross Hill Road Oven Fire
- 03-01 South Portland Mutual Aid

- 03-01 South Portland Mutual Aid
- 03-01 Scott Dyer Road Investigation
- 03-01 South Portland Mutual Aid
- 03-03 Cranbrook Drive Fire Alarm
- 03-03 South Portland Mutual Aid
- 03-04 South Portland Mutual Aid
- 03-04 Katahdin Road Low Hanging Utility Wire
- 03-04 South Portland Mutual Aid
- 03-08 South Portland Mutual Aid
- 03-08 South Portland Mutual Aid
- 03-09 Susan Road Water Problem
- 03-10 Mitchell Road Fuel Leak

## RESCUE CALLS

There were 19 runs to Maine Medical Center  
There was 3 runs to Mercy Hospital  
There were 6 patients treated by rescue personnel but not transported.

# CEPD receiving numerous fraud complaints

The Cape Elizabeth Police Department has been receiving numerous fraud complaints. Included in these complaints is a scam in which a criminal, calling from a private number, offers a refund of \$250 for a computer virus protection policy they claim was purchased years ago. The criminal asks the victim for their checking account number and proceeds to deposit a fraudulent check into the account. The victim's checking account shows that a deposit has been made for \$2500. The criminal claims the extra money was a mistake and asks the victim to purchase four \$500 gift cards to pay back the difference. The victim's bank will eventually find the deposited check to be fraudulent and the victim will have lost \$2000.

Be cautious when giving personal information to anyone who has initiated contact with you. Be suspicious if anyone asks you over the phone to pay a bill using gift cards. Please call the Cape Elizabeth Police Department if you receive a suspicious phone call, email or letter.

# Scam alert bulletin board

By Jessica D. Simpson

## Fake charity scams

Getting a request to donate to a charity? Before you give, make sure your hard-earned money is going to the intended cause. Unfortunately con artists will try to take advantage of your good nature and pressure you to make contributions to their scam charities. Before you donate, first follow these tips: Watch out for charities with names that sound similar to well-known organizations. Never give payment information to an unsolicited caller or email. Do not pay in cash. Instead, donate by credit card or check made payable to the charity. Do your research by contacting your state's charity regulator or consulting a charity rating organization such as [charitynavigator.org](http://charitynavigator.org). Don't feel bad about saying "no" to charitable requests you are not comfortable with.

## Jury duty scams

Jury duty scams are one of the most common and tricky variations of impostor scams out there. Typically these scams begin with a phone call claiming you failed to report for jury duty and that a warrant is out for your arrest. The scammer might ask you for personal information, such as your Social Security number, to verify your identity. Additionally, the scammer might ask you to pay a fine via wire transfer, gift card or credit card to avoid arrest. Remember that real U.S. court officials and law enforcement offices will not call you and ask for personal information, request money to pay a fine, nor will they threaten you with immediate arrest. Courts typically communicate by mail. If you have any doubt about the correspondence you received from your county courthouse, independently research the phone number and call to verify it came from them.

# Coffee with a cop

Join your neighbors and police officers for relaxed conversation over coffee on Friday, March 29, 9:00 a.m. at CSalt.

No agendas or speeches, just an opportunity to ask questions, voice concerns and get to know the officers in Cape Elizabeth.

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## Cape Elizabeth School Board news

The days are getting longer and seemingly equally busy. During the February 12 Regular Business Meeting Jennifer Kent, Executive Director of MEA Benefits Trust, provided the School Board with an explanation on how insurance rates are determined for CESD. While our district has a history of low high-cost claims and Per-Member-Per-Month expenditures that are 3.4% lower than the MEABT average, one year of increased claims — as was the case in 2017 and 2018 — increases rates for the immediate future.

School Board members asked if there are ways to mitigate the impact for the years in which high-cost claims increase. Ms. Kent explained that through the MEAT's Onlife Wellness program, eligible members are provided incentives for pursuing preventive care and thus, hopefully, reducing the need for high-cost claims. While our district has nearly 500 eligible members, less than half have registered with the Onlife Wellness program. The School Board discussed that it wishes to have this program promoted more within the district and hopes that administrators will encourage their faculty to participate.

At the same business meeting, the School Board recognized the passing of Bill Gross, a long-term volunteer physics tutor at CEHS. Just last year, Mr. Gross was recognized by the Board as one of several community members who have donated countless hours of their time to our students. The School Board feels a deep sense of gratitude to volunteers like Mr. Gross and offers their sincere condolences to his family.

Lastly, at the same business meeting CEHS students Lilli Frame, Ari Zeitlin, Raina Sparks, and Helen Strout communicated with the School Board that there is a need for gender-inclusive bathrooms at CEHS. Stating that as the number of people who self-identify as transgender, non-binary and gender-neutral increases, the need for greater sensitivity and inclusion also increases. Currently, there are no gender-neutral bathrooms at CEHS. For students who identify as trans or gender nonconforming, there is no restroom in which they feel counted, comfortable and welcomed. The School Board, while stating their support of establishing one to two gender-neutral restrooms at CEHS, requested that presenters make a greater

effort to communicate with their peers and render their support. The School Board hopes to hear more on this subject within the next two months.

As always, recordings of all School Board Regular Business Meetings are available at the CETV website and CESD website.

### BUDGET:

The School Board is in full swing with the budget season. On February 15 the State released its subsidy reports. Cape Elizabeth has received a 33% increase in funding from last year. While it is far from covering half of CESD expenditures, the School Board is grateful that the district will not be facing another year of steep cuts.

At this point, all departments have presented their budgets and the School Board is in the process of evaluating all line items during budget workshops. The first opportunity for Q&A came on the February 26 workshop. During this workshop, Board members worked their way through questions for PCES, CEMS and CEHS administrators.

On March 5, the following departments had the opportunity to answer questions: Special Education, Facilities and Transportation, Improvement of Instruction, Technology and the Office of the Superintendent.

Workshops for only the School Board Budget Review as they currently stand, are as follows:

Tuesday, March 26, Budget Workshop Q&A, 6:30 - 8:30 p.m., CEHS Library.

Thursday, April 4, Final Budget Workshop Q&A, 6:30 - 8:30 p.m., Town Hall Chambers. Health insurance costs will be provided and discussed, as well as any outstanding questions.

The School Board highly encourages community members to participate in the budget process. Questions and comments should be emailed directly to the School Board. All budget-related materials and schedules can be found online at the CESD Budget tab, as they become available.

### FACILITIES STUDY:

During the February 12 Business Meeting, Jamie Garvin, Town Council Chair

and committee member of the Needs Assessment Committee presented the School Board with the committee's conclusion that they strongly recommend the inclusion of \$189,060 for a comprehensive Needs Assessment Study within the district's FY20 budget. The School Board voted 7-0 in favor of including this amount in the FY20 budget. For a complete review of the process and findings of the committee, please refer to the recently published Executive Review located under the Needs Assessment Committee tab on the school website.

### POLICY:

The policy committee met on February 7 to continue the ongoing review of CESD policies. At the February 12 School Board meeting revised versions of the following policies were adopted by vote of the Board:

KF: Community Use of School Facilities;  
ECB: Integrated Pest Management;  
EEAEAA: Drug and Alcohol Testing for School Bus Drivers; and  
IHOA: Field Trips

Revisions adopted include:

KF: Community Use of School Facilities - the policy was updated to reflect the Maine School Management Association policy. Regulations and Guidelines for Community use of School Facilities set forth in KF-R remain unchanged.

Policy ECB: Integrated Pest Management - revised to include current regulatory requirements.

IHOA: Field Trips - Certain transportation related details were removed to be included in a separate transportation policy. The adopted revised Field Trips policy

will reflect regulatory requirements and clarify information required in field trip permission slips.

At the February 7 policy meeting, the committee also reviewed the following policies for a first reading:

IHBAC: Child Find  
DN: School Property Disposition  
GCFB: Recruiting & Hiring of Administrative Staff  
JRA: Student Education Records & Information  
JRA-R: Student Education Records & Information - Procedure

The above listed policies were reviewed and the committee determined that certain updates should be implemented to reflect regulatory requirements. The committee also updated the School Property Disposition to adjust certain financial thresholds to reflect inflation. The above policies will be voted on by the full Board at the March 12 School Board Regular Business Meeting.

All policies are posted on the CESD website in the School Board section policy tab. Policy Committee meetings occur once per month and are open to the public. The next policy meeting is scheduled for March 26 at 3:00 p.m. in the Jordan Conference Room.

### FUTURE DATES:

• Tuesday, March 26, Special Budget Workshop, 6:30 - 8:30 p.m., CEHS Library & Learning Commons.

• Thursday, April 4, Special Budget Workshop, 6:30 - 8:30 p.m., Location TBD.



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## Organizational Habits

By Janie Downey Maxwell

*Organizational Habits is a column about ideas, tools and inspiration to help you get your best work done. Janie Downey Maxwell moved to Cape Elizabeth in 2013. She manages adult programs at the Thomas Memorial Library and is active with the southern Maine theater community as an actor, singer and director. Questions? Don't hesitate to contact Janie at [janie@organization-habits.com](mailto:janie@organization-habits.com)*

### How can we build a more loving world?

A few weeks ago I was part of a great discussion at the Thomas Memorial Library's Democracy Cafe about ways we can create a more loving world. Wouldn't it be awesome to live in a more loving world? How can we work as a team to make that happen?

### Greet strangers with warmth

Most people are kind when you're kind to them. And while it can be intimidating to start a conversation with someone you don't know, it's a blast to meet as strangers and leave as friends. Most people are looking for community and connections and welcome a friendly smile. Trust that it's never wrong to be kind.

### Don't waste time on fear, anger, gossip or negativity

When you're afraid of something, stand your ground in your body and in your mind. Stop and breathe to help the fear or anger pass. When you catch yourself starting to jump in on gossip, stop. And choose humor over anger or negativity when things go amiss. Everything that happens to you is a lesson. You have a limited amount of time here on Earth. How do you want to spend it?

### Accept things you can't change and move on

You can't always change the world around you or the people around you, but you can change how you react to your circumstances. Everything in your life isn't going to be perfect. You can choose to be fussy. Choose to be happy.

### Stick to your word

Show up on time. Be someone other people trust and can depend on.

### Leave things a little better than you found them

For me, this includes picking up trash when I see it and straightening up public bathrooms!

### Do work that's beneficial to your community – however you define community

### Be generous

Being generous doesn't necessarily mean giving away money. Share what you have – time, energy, ideas, love.

### Be curious

Curiosity helps you connect with people and with the world. Being curious at a core level means you are always learning no matter where you are or what you're doing.

### Take responsibility for your actions

Past, present and future – lead by example.

### Celebrate each day

Even your worst days teach you something.

We live on an amazing blue planet. Wouldn't it be nice if it were a more loving place?

## Our Library: Making a Difference

*This column by Thomas Memorial Library Foundation shares true stories from library users on how our library is making a difference to them and to the community.*

### How the Thomas Memorial Library helped me build an environmentally-friendly business

By Jodi Breau, President of Dental Lace, Inc.

For years, I've been concerned about the environmental damage of plastic wastes, especially the enormous islands of floating plastic garbage in the Pacific and North Atlantic Oceans. One day, about 15 years ago, as I was flossing my teeth in the staff bathroom at the school where I worked at the time, I had an epiphany. When I returned to my library, I talked to a handful of my staff about how plastic floss containers are not recyclable or visually appealing. They commiserated and agreed that someone ought to change this. Someone suggested, "That someone could be you. Why don't you change it?" At the time, the idea seemed totally crazy. Yet, over the years, I became obsessed with the problem and the possibilities for fixing it.

When I retired in 2014 after 33 years as a school librarian, my husband suggested that I start an environmentally-conscious dental floss business, since I'd been interested in the idea for many years. I was excited about the idea of starting the business, but I also knew it was risky since my background is in elementary education and library media administration — not business or entrepreneurship. I'd never worked in a small business start-up and none of my relatives had this experience. But I decided to explore the possibilities anyway.

For two years, I researched dental floss packaging and manufacturing with help from my Portland SCORE mentor, who

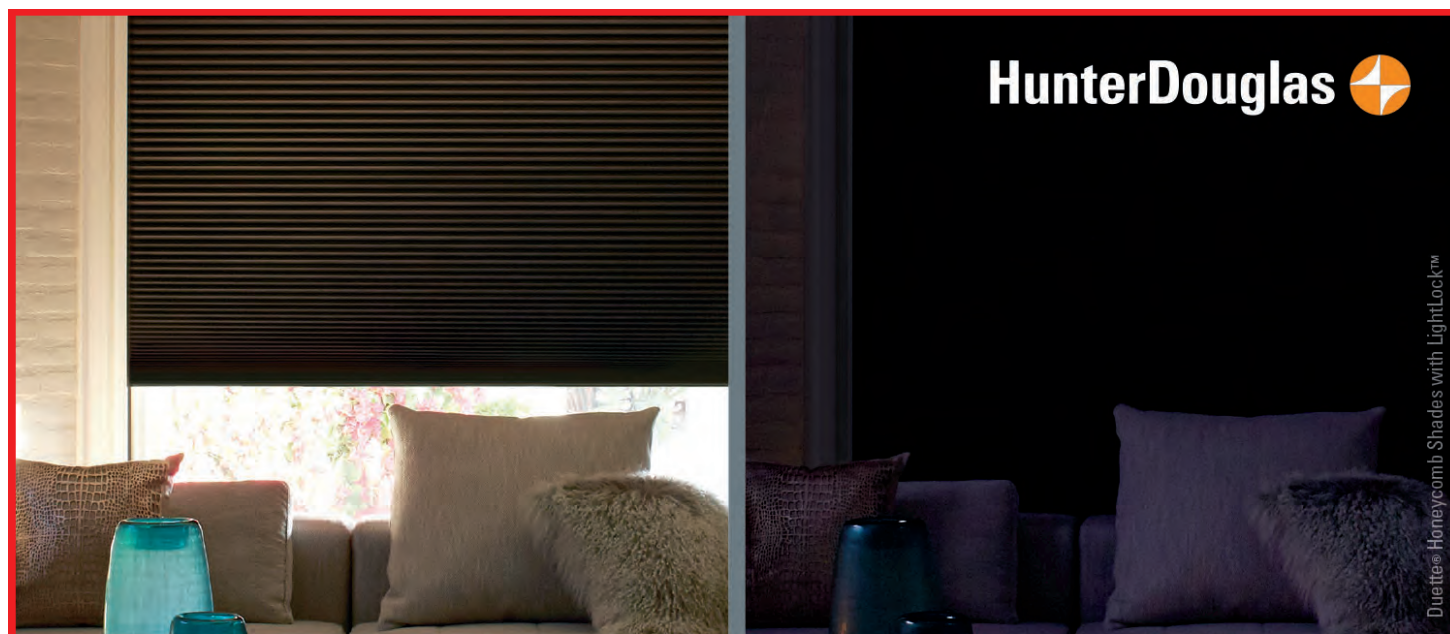
helped me develop a business plan. As I created a business plan and foundation for my business, the Portland Public Library, and our local Thomas Memorial Library were essential in my research. The research that I performed at both libraries gave me confidence in my emerging plan. The Thomas Memorial Library provided me with several invaluable resources during this exploratory phase: a "how-to" business planning book, books on patents and several books by entrepreneurs that inspired me along the way.

By 2016, my new company, Dental Lace, Inc., was up and running, producing and marketing a dental floss with a completely recyclable container and attractive design ([www.dentallace.com](http://www.dentallace.com)). Once my business was operating, the Thomas Memorial Library continued to be a major resource for me. I began reviewing my business plan on an annual basis after re-reading the library's business planning books and frequently used the library's website to access business publications to get new ideas. I began working at the library on Friday afternoons, which gave me a chance to ponder the big issues of my business while away from my email, phone, and other urgent tasks.

I launched online sales for Dental Lace, Inc. in January of 2017. By October 2017, online sales for the business were already strong. Then a storm hit Maine in late October that year. We lost electricity due to the storm and my online business was closed at a time when retailers were placing their orders for Black Friday sales. Luckily, the library opened the day after the storm and I was able to reopen my online stores and fulfill orders right from one of the library's computers. It wasn't just me, it seemed the entire town of Cape Elizabeth was conducting their business at the library. We were spread out all over the place: on the floor and in every nook and cranny. I printed off mailing labels and orders in the library without a hitch. My local library saved me from what could have been a major blow to my business.

Dental Lace was sold in 39 countries and made a net profit in 2018. My business also won an American Small Business Champion Award from SCORE in 2018. I expect 2019 to be an even better year with continued growth. The Thomas Memorial Library was a key resource for me that helped make Dental Lace successful. And for that, I'm forever grateful.

Library Foundation Note: While Jodi Breau's inspiring story is unique, there are an increasing number of new start-ups in Maine, many by retired individuals. Our library just started an Entrepreneur's Discussion Group. Check the Cape Courier or the library's website ([www.thomasmemoriallibrary.org](http://www.thomasmemoriallibrary.org)) for dates and times.



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# Fully Involved: A view into CEFD, Great Pond ice rescue

By Mara DeGeorge

It was a clear, sunny, beautiful day, Christmas morning 2018, and Cape Elizabeth resident Tom Clarke and his twenty-three-year-old son decided to go ice-skating on Great Pond. They got to the pond and laced up their skates. Another family plus a few more were out skating. The ice seemed firm. They were near the boat racks close to the Fenway Road trail entrance to the pond. They entered the ice from the beach and went right to skate. All seemed great, until it wasn't.

"I saw this person skating and he looked like a good skater, I assumed he was a former high school hockey player. There was plenty of space, so people were skating separately. All of a sudden he wasn't skating any more and we saw his arms flailing," said Tom Clarke, of his experience.

The air temperature was below freezing, probably in the 20s and it had been cold recently. The young man was in the water so Clarke knew he needed to do something quickly. Having enjoyed Great Pond for years, he knew of the rescue floats that are available around town. He immediately knew where the closest float was and bolted back to grab it.

Clarke shared, "It took me a few tries to throw it to him. If two people were on the ice near each other, you could see the ice spidering, so I knew we couldn't get too close. After we pulled him out, we needed to continue to pull him along the ice a ways to clear him past the broken ice patches. Since the ice was thicker closer to shore, we had to drag him across the ice to get him to safety."

Another bystander did his part by calling 911. Even though bystanders performed the rescue, Fire Department Engine Company and Rescue personnel were present and available when the young man was dragged to the beach area. They took off his wet clothes and brought him to the ambulance, which was parked on Fenway waiting to warm him.

According to the Rescue Team, the patient was not transported. He required a gradual warm up only. No advanced medical skills were required, nor did he exhibit any other symptoms beyond temperature concerns. Therefore, the situation was on the less severe side, but obviously more time in the water could have resulted in a very different outcome.

Grace McKenzie, Advanced EMT who was on duty that day, said of her experience, "With the help of bystanders on scene and all of the Fire department members who responded from home, we were able to turn our focus away from the uncertainty of a stressful situation and toward treating the patient's warming needs. Overall, a stressful experience provided the best possible outcome, and we owe huge credit to the fantastic response from the members of the community."

Clarke was candid, saying, "I don't know what I would have done if I didn't have a rope. The only other possibility would have been to lie down on the ice and create a human chain, wrist to wrist, in order to safely rescue the victim."

After that experience, Tom Clarke and his son were finished skating, a little freaked out, and went home. When asked if he would do it again, he said yes unequivocally.

"I felt level-headed throughout the experience and that I was keeping my son and myself safe, but I continued to question the stability of the ice underneath my feet. I certainly didn't want to fall in with him."

A huge contributing factor in this story having a happy ending is the rescue buoy that was available for Tom Clarke to throw to the victim. Most residents are unaware

they exist around town and walk by them unknowingly.

Joe Mokry, one of the longest standing members of the WETeam, says, "Ponds are difficult to get to. You can't just drive right up to them in a lot of cases, so Andy Strout and Dan Harriman came up with the idea to have the buoys available. It was a low budget project, but could save someone's life."

Low budget project is a good way to describe it. Andy Strout explained, "Originally, Shoppers Hardware donated the hooks, Rufus Deering donated the poles and Hamilton Marine donated the buoys."

The rescue floats, each a lobster buoy with 50' polypropylene rope (so it floats) attached to it, are mounted on a hook affixed to a post, labeled CE WET Call 911, so they are prominent and stand out. For years, there was an annual posting in the Courier offering buoys for families on their property and the WETeam would provide them if they were requested. Very few residents took advantage of the offer. A short list of their locations around Cape Elizabeth is included below and a link to a map can be found at:

[https://www.cefrd.org/wp-content/uploads/2019/03/CEFRD\\_WETeam\\_Rescue\\_Buoys.pdf](https://www.cefrd.org/wp-content/uploads/2019/03/CEFRD_WETeam_Rescue_Buoys.pdf).

- Fort Williams at the Pond
- Beyers - End of Belfield Road (2)
- Strawberry Fields on Two Lights - Irrigation Pond
- Lions Field (2)
- Pond behind William H. Jordan's farm
- Two Lights State Park
- Great Pond (2)
- Purpoodock (2)
- Corner of Wells Road

Asked to describe his reaction to this Great Pond bystander rescue, Strout says, "We felt proud. We've been doing this for a long, long time. We've said that if this program can save one life in 50 years, then it's worth it."

The 911 call came in as Person In Water. It was known that a bystander used the WETeam's buoy and rescue line positioned near the pond. This is a pretty significant deal, as it validates CEFD's approach to putting the gear out, and more importantly shows how bystanders can safely affect non-entry rescues.

## General Winter Safety Tips

- Leave your car or truck on shore. Every year several motor vehicles go through the ice on lakes, and people have drowned as a result.

- Leave information about your plans with someone — where you intend to fish, skate, walk, etc., and when you expect to return.

- Wear a personal flotation device and don't go out alone.

- Dress for the cold weather. Wear several layers of loose-fitting, breathable layers of clothes. Also wear hats, gloves or mittens and warmers for hands and feet to prevent frostbite and hypothermia.

- Go out with a friend. Ice fishing, skating, snowshoeing, walking, etc., are great activities to share with family members and friends, and having a partner with you increases both the fun and the safety.

- Ice varies in thickness and condition. Always carry an ice spud or chisel to check ice as you proceed.

- Be extremely cautious crossing ice near river mouths, points of land, bridges, islands, and over reefs and springs. Current almost always causes ice to be thinner over these areas.

- BE AWARE of changeable weather and ice conditions, especially after a period of mild, above freezing temperatures. Re-check the ice status BEFORE venturing onto it.

- Avoid going onto the ice if it has melted away from the shore. This indicates melting is underway, and ice can shift position as wind direction changes.

- Waves from open water can quickly break up large areas of ice. If you can see open water in the lake and the wind picks up, get off!

- Bring your fully-charged cell phone with you.

- Carry a set of hand spikes to help you work your way out onto the surface of the ice if you go through. Holding one in each

hand, you can alternately punch them into the ice and pull yourself up and out. You can make these at home, using large nails, or you can purchase them at stores that sell fishing supplies.

- Carry a safety line that can be thrown to someone who has gone through the ice.

- Heated fishing shanties must have good ventilation to prevent deadly carbon monoxide poisoning. Open a window or the door part way to allow in fresh air.

Source: <https://www.onthewater.com/news/2018/12/18/ice-safety-tips-this-winter-season>

## Call for new WETeam participants

Cape Elizabeth is fortunate to have a dedicated, strong WETeam to assist in keeping our coastline safe. Members may specialize as swimmers, boat operators, riggers or rescuers for technical rescue, as well as support in communications and equipment. Most members are proficient across many of the skills. New members are welcome with or without experience. To be a member of the WETeam, no knowledge is required. Training is provided and there are plenty of roles for people who don't even get in the water.

The WETeam is always looking for people interested in joining the effort. Lieutenant Jim Fraser says, "You do not have to put out fires, but must be comfortable to work on the water, be an able swimmer or diver (we do not currently function as a dive team, but will support DT response when requested), spend time climbing rocks and hiking or dangling from rope, or just want to see if you can make a contribution and do something. We teach some core skills and let members become as involved as they wish."

-see CEFD page 15



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## CEEF funds Pond Cove outdoor classroom renovation and pushes playground campaign over halfway mark

By Lindsay Barrett and Liz McEvoy



Contributed photo

Pictured are: Pond Cove Playground Committee members Meredith Beauregard and Jessica Morel, Benjamin Morel, Pond Cove Nurse Erin Taylor and CEEF Executive Director Liz McEvoy.

The Cape Elizabeth Education Foundation announced a large-impact grant that will contribute \$50,000 to renovate and expand Natureland, the outdoor classroom component of the Pond Cove playground.

CEEF specifically chose to direct their contribution towards the Natureland portion of the playground project because of the ongoing opportunities the space will provide for innovation and student learning. “CEEF is thrilled to provide an accessible space for exploration and education that will benefit a generation of Cape Students” said CEEF Executive Director Liz McEvoy. “Our mission is to fund innovation in Cape schools, and expanding opportunities with an enhanced outdoor classroom, weather stations, and garden area was a natural fit.” CEEF large-impact grants in the past have included the High School Achievement Center, the Middle School Library and Learning Commons, and the Math Lab at Pond Cove.

Natureland was originally built 11 years ago. As part of the renovation, the current classroom garden area will be relocated to address irrigation challenges. The existing degraded gazebo will also be rebuilt. This is a key resource for outdoor learning in varied weather conditions — learning outdoors in Maine means sun, rain, snow, and wind! Additional planned components include

a composting area with student-friendly equipment, and features to support student observation of wildlife, plant life cycles, weather, and seasonal changes. The design aims to engage all students’ senses, inspire wonder, and encourage stewardship of the environment.

CEEF grants and the funding of the Natureland space is made possible through the generous support of donors to the Cape Elizabeth Education Foundation (See [ceef.us](http://ceef.us) for more information on CEEF grants). The CEEF contribution is especially noteworthy because it helps the Learn, Play, Grow Outside playground campaign unlock an additional \$50,000 contribution from the Cape Elizabeth Town Council, accessed by raising a matching amount of outside funds. The combined contributions of CEEF and the Town Council comprise half of the total \$300,000 playground project fundraising goal.

For construction to be completed this summer, the remaining \$150,000 must be raised by June. Pond Cove students will help build excitement for the project with a Pond Cove’s Got Talent “Fun”-raiser on May 1 at 6 p.m. Visit [pondcoveplayground.org](http://pondcoveplayground.org) for event updates, to make a donation, and to learn about sponsorship and in-kind donation opportunities.

## Capetoons: Runner’s Tip: How to make sure you get splattered

By Jeff Mandell



Drawn by Jeff Mandell

1. Wear black so it’s hard for drivers to see you.
  2. Run with your back to traffic so you don’t see cars coming up behind you.
  3. Wear headphones or ear buds so you don’t hear traffic in either direction.
  4. Run close to the line of traffic.
- Bonus**
5. Run side-by-side with another runner when cars approach.

## CEMS Mental Health Initiative Read Aloud

By Jill Young

In the fall, Cape Elizabeth Middle School launched a mental health initiative, “You Will Be Found...@CEMS,” in hopes of promoting awareness and smashing the stigma surrounding mental health. This initiative is funded and supported by the Cape Elizabeth Education Foundation (CEEF) and The Thompson Family Mental Health Initiative Fund. As a part of this program, we are excited to conduct a community book read aloud with a mental health theme. The book chosen, “Finding Perfect,” delivers a compelling story of a middle school aged girl struggling with anxiety and OCD. Through her struggles, she will eventually learn that there is no such thing as perfect. “Beyond darkness, there is light. Beyond fear, there is hope. Beyond the

perfection, there is me. Imperfect and beautiful me.”

All CEMS students and staff will be provided with a copy of “Finding Perfect.” The author, Elly Swartz, will kick off the event by reading the first two chapters to our students and delivering a brief message via a video recording. She will return to visit with our school community once we have finished reading the book and plans to sign all of the copies provided to our students and staff.

After the author reads the first two chapters, the rest of the book will be read by guest readers (community members, staff members, students, mental health advocates, authors, and even a few celebrities). A few chapters will be shared with CEMS students over the intercom daily. The video recordings of the guest readers will be shared via email to staff, students, and parents, and posted on the school website.

We invite you to join us in this effort to spread awareness and smash the stigma associated with mental health! You may follow our community read aloud on our website <https://www.cape.k12.me.us/> starting April 1st. Videos of our guest readers will be posted here as we progress through the book. A few copies of the e-book are also available for parents through the school’s overdrive account at <https://capeme.libraryreserve.com> using a student’s network account.



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Book cover of “Finding Perfect”

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# Award-winning student musicians to perform at Jazz Cabaret on March 29



Contributed photo

Tyler Rodenberger and Marianna Godfrey (clarinet) and Tim Gilda (trumpet) perform at the 2018 Jazz Cabaret. This year's performance will be held on Friday, March 29 at the Cape Elizabeth High School Cafeteria.

Cape Elizabeth Middle School and High School students will perform at the annual Jazz Cabaret on March 29 at the CEHS cafeteria. The program will include performances by the middle school jazz ensemble, treble choir, repertory jazz ensemble, five jazz combos and the award-winning concert jazz band. The high school concert jazz band, led by Mr. Tom Lizotte, was awarded second prize in their division at the Berklee High School Jazz Festival in January. Additionally, several student musicians

have earned individual honors including selections to the Southern Maine Middle School Honors Band, District 1 Honors Jazz Band, Honors Festival Treble Choir, All-state Jazz, and All-state Chorus. The evening will also feature a performance by saxophonist Dr. David Demsey, who is a professor and coordinator of jazz studies at William Paterson University in New Jersey. Performances start at 6:00 p.m. Tickets are \$5 for students, \$10 for adults, and \$25 for families. Dinner and dessert will be available for purchase.

## Summit

Continued from page 1

vision.” This issue is very close to her heart. Mansmann said that her mother is the executive director of the national organization SafeBAE, which works to end sexual violence among teens and educate teens about their title IX rights, consent and bystander intervention. Mansmann said, “This cause has always been a prevalent topic in the house I grew up in.” Mansmann said it wasn’t all smooth sailing, and she did encounter resistance at times, but she persisted. “I think it’s really important for adults to let kids lead. So, for any kids reading this, don’t wait for permission to change the world. Find your people, and lean on them as your support system. You are strong enough to do anything you put your mind to; with or without the support of our elders,” she said. Mansmann points to members of the team, with whom she immediately shares the credit, saying, “The whole vision for the Consent Summit would never have come together without these amazing students: Lillian Frame, Aaron Zeitlin, Izabella Rodrigues, and Harry Baker of Cape Elizabeth High School, Jack Kingsley, Abbie Brier, Mia Filieo of South Portland High School, and Eleanor Johnson and Emma Ivy of Casco Bay High School. These amazing people have committed an outstanding number of hours to putting this summit together. Their dedication, drive, and passion are absolutely incredible, and I look up to each and every one of them.” As for adults who helped the effort, Mansmann said, “To the three most supportive adults ever- Aaron Filieo, Shael Norris and Torrey DeVitto- thank you for believing in us and for not letting us quit when that’s all we wanted to do.” Through The Future of Good program,

# Members of CEHS boys hockey team honored at banquet

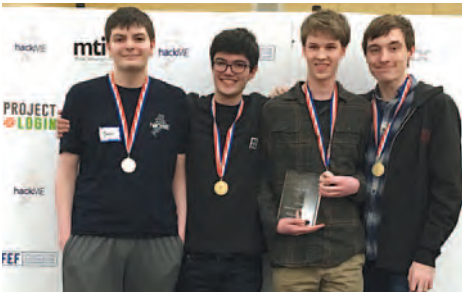


Contributed photo

Members of the Cape Elizabeth Boys Hockey team, (l to r) Gavin Simopoulos, Garrett Mello, Jackson Woods, Brenden Goss, Stephen Murray, Matt Laughlin and Philip Tarling represented CEHS at the Class B Regional Hockey Banquet on Sunday, March 17 where they were honored with various All Star awards for the 2018-2019 season. Cape Elizabeth finished second behind Greely High School to end another fantastic season.

# CEHS computing coding team wins HackME

By Kevin St. Jarre



Contributed photo

Team Apex took home 1st place with their app called “Brain Train” to combat dementia. Josh Mayberry, Will Jordan (captain), Connor LaBonty and Ben Dodge.



Contributed photo

Team Girls+Alex consisted of Swetha Papaniappan, Margot Amadei, Lauren Abrahamsen (captain), Jinya Fisher-LaPlante and Alex Ecker.

Two teams from Cape Elizabeth High School competed recently in a computing coding/programming competition held at Falmouth High School, and one of the CEHS teams won first place. The meet or “hackathon” was called, “HackME2019,” and it was designed to foster an environment for self-expression through technology. Nine CEHS students worked all day, beginning at 8 a.m., to design an app or website to benefit their community. One team, dubbed “Team Girls + Alex” consisted of students Swetha Papaniappan, Margot Amadei, Lauren Abrahamsen (captain) and Alex Ecker. The other team, called “Team Apex,” was made up of members Josh Mayberry, Will Jordan (captain), Ben Dodge and Connor LaBonty. At 5:30 p.m., after putting in a full day’s work, the Cape teams then presented their work to the judges and to the six other teams. Team Girls+Alex developed an interactive website called “What’s Up Cape?” that would let the community know what’s going on in town, while Team Apex took home 1st place with their app “Brain Train” designed to combat dementia.

-see HACKME page 13

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# Cape Elizabeth schools on search for future

By Kevin St. Jarre

The Cape Elizabeth School District has begun a process that will lead to clearly articulated goals for the future and a comprehensive guide to get there. Over 100 stakeholders came together over a two-day period sharing ideas, insights, and desires in an attempt to collect a sense of what Cape Elizabeth wants from its education system. The effort was facilitated by Judy Enright, who shared that she had done similar work with more than 50 other school districts.

Dr. Donna Wolfrom, superintendent of Cape Elizabeth schools, has called for the departments long-term plan to be refreshed, since the last such goal-setting effort was many years ago.

Of the two-day event, Dr. Wolfrom said, “I was very excited that we had so many community members participate, and I had many positive comments from participants who represented many different groups within our learning community. I was pleased that Senator Millett and Representative Carney came for the entire process as I know how busy they are right now in Augusta. The next step will be analyzing all the data and creating an executive summary with the themes that emerge. Then a committee will work to develop district goals that will have to be approved by the School Board. Following goal adoption, we will work on action steps that will drive our work in Cape Elizabeth for the next five years. We heard some interesting thoughts emerge this weekend- for example the need to prepare our students better in financial literacy, and to recognize the successes of all of our students, regardless of their pathway.”

The effort began with some context, when two speakers shared both the history of the community, and then the last two decades of history of the schools.

The participants were divided among 12 tables, and the people at each table were carefully chosen to ensure that the different segments of the community were represented. For example, a table might have had a doctor, a law enforcement officer, a student, a parent, a politician, an assistant principal, and an artist working together to craft various lists designed to elicit what the community as a whole wants to see out of its schools.

Among the information collected, the tables crafted lists of “prouds,” or those things that each table thought were strengths of the school department, and then lists of “sorries,” which were items of concern or challenge. Ultimately, the tables created lists containing items that they would like to see in a vision for the future of Cape’s schools.

Parent Claire Depke said of the day, “I thought that overall the process was really interesting. It did a good job of focusing on the big picture issues facing our students and came up with some forward-thinking ideas for our schools. I was especially impressed with how many people took part and what a richly diverse group they put together. I really enjoyed getting to know everyone at my table and meeting many in our community who I did not know. I feel we all benefited from hearing the shared perspectives of each member of the team and the group as a whole. There is such strong community support for our schools and their commitment to excellence. Additional ideas will hopefully help to give students a greater range of tools to take with them into their adult lives as they navigate their futures.”

All of the work, including dozens of large paper lists and 60 Google documents produced by the Future Search participants, was

-see SEARCH page 14

# Cape ‘resident’ Bald Eagles

By June Eiesland



Photo by June Eiesland

Cape Elizabeth resident June Eiesland has spotted a family of Bald Eagles around town over the last couple of months.

On November 3 during a wicked wind-storm, I spotted an adult and an immature bald eagle at Kettle Cove. They were flying over the point playing the wind currents in what I deemed to be the advanced turbulence flying lessons. The adult was graceful and not blown around much by the strong gusts, but the youngster struggled and was blown around quite a bit. They kept the lesson going for quite some time, and then moved on.

Then on February 17 while on Great Pond I skated past a fish on top of the ice in an area with no other activity. Later I saw an immature eagle swoop down to pick up that

dead fish on the ice. Shortly after came the adult and perched in the same area seeming to study the surroundings and the ice fishing activities. I was able to get pretty close to get a great shot of this majestic bird!

On a recent Saturday while cross country skiing on the marsh by the Gulf Crest trails I spotted two eagles again, one adult and one youngster, flying over head around the marsh, and saw two more further away that looked to be eagles as well by wings alone, although they were not close enough to see coloring. So I conclude we have a resident Bald Eagle pair and their young living somewhere in Cape Elizabeth.



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## Cape Elizabeth Land Trust Board Profiles: Meet Sherm Altenburg



Photo courtesy of Beverly Altenburg

*Cape Elizabeth resident Sherm Altenburg is Cape Elizabeth Land Trust's newest board member.*

Our newest board member brings to CELT a deep love for Cape Elizabeth's rich landscapes, and deep roots in the community. "Sherm" Altenburg's family has been in town for several generations and his two children and five grandchildren also live here. Altenburg and his wife Beverly's home in the Cranbrook neighborhood abuts the Robinson Woods II (RWII) property, which inspires them daily to further CELT's mission.

"We have a beautiful view of the path and field of RWII. The brook to the waterfall and bridge on the RWII path is our western boundary. On any given day, it's not uncommon for one of our grandchildren to appear on a bike from as far away as Broad Cove or across the pond from Olde Colony. CELT

has assured this access for our grandchildren, and preserved for us the views we have from almost every room of our house."

Altenburg said his primary goal in supporting CELT is to ensure that future generations continue to enjoy the beautiful undeveloped spaces that he's grown to cherish. "CELT has created a tremendous resource for the schools and for the town's diverse population. Every day, we see the results of their work around every corner."

Altenburg is retired now but has a background in sales, marketing and human resources and has been involved with fundraising for other non-profits. The Altenburgs have supported CELT for many years and son Garth serves on CELT's Advisory Council.

"Bev and I were honorary campaign chairs for the Cranbrook neighborhood during the RW II acquisition, and since then we've been members of the Conservation Leadership Circle. Joining the Board, I've now become a member of the Membership and Development Committee. I realize how important it is to be sure that CELT has what it needs to do its work, so I've been helping with that. Because I get my relaxation from painting watercolors, I truly enjoy the annual Paint for Preservation Wet Paint Auction," said Altenburg.

The Altenburgs also enjoy traveling, sailing and time spent at their "camp" on Sebec Lake, which borders the northern Maine woods. "We love the undeveloped landscape. But when we're here in Cape, the sheer beauty, solitude, power of the ocean, and open spaces are our true inspiration. It's worth preserving for generations to come."

Participants can register through Cape Elizabeth Community Services. [www.capecommunity-services.org](http://www.capecommunity-services.org). Proceeds from these programs will be given to CELT, and participants who register 48 hours in advance of the program will receive notification of changes of cancellation. Please contact the Cape Elizabeth Land Trust with any questions by calling 767-6054.

## April CELT programs

### Sacred Landscapes: Healing the Land

The Cape Elizabeth Land Trust (CELT) is thrilled to offer a presentation led by Ted Carter, of Ted Carter Inspired Landscapes, about bringing ourselves into harmony with our surroundings. Ted will discuss how he, along with Calen & Jini Rayne, incorporate the practices of feng shui, geomancy and earth energies to design a thoughtful landscape design that is in harmony with the land. He is passionate about the human's connection to nature and energy and wants you to understand how to experience sacred space at your home. For further information on this program, look at the website [www.sacred-landscapes.com](http://www.sacred-landscapes.com). This talk, coupled with a PowerPoint slide show will take place at the Community Services Building.

Thursday, April 4 7:00-8:00 p.m.

Cape Elizabeth Community Services: 343 Ocean House Road

### Nature Journaling

Cape Elizabeth Land Trust is proud to welcome Bowdoin College Professor Emeritus, Nathaniel T. Wheelwright, for a lecture on Nature Journaling. Professor Wheelwright and best-selling author Bernd Heinrich wrote The Naturalist's Notebook to teach nature lovers of all ages to be more mindful, curious and knowledgeable about the natural world, no matter where they live, using a calendar-journal format and Heinrich's classic illustrations as inspiration. Professor Wheelwright's presentation will describe the origin of the project and the joys, challenges and fulfillment of keeping a systematic nature journal.

Tuesday, April 30 7:00-8:00 p.m.

CELT office: 330 Ocean House Road, Cape Elizabeth

The above programs are \$6.00, and par-

## Cape Elizabeth birding report

By E. Brooks Bornhofft

Midway through the second week in March is when the early spring migrants started to show up across Cape Elizabeth. On the morning of March 13 my wife called me to the window to see five Red-winged blackbirds frantically foraging on the bird feeder. According to my records, during the spring of 2018 I did not see Red-winged blackbirds on our feeders until March 25.

Also on March 13 my mother-in-law had been out in the back yard taking stock of her gardens when low and behold a Snowy owl naggged by a Crow flew overhead!

Interestingly I did not see any other reports of a Snowy owl being sighted in that general locale (Two Lights Road). Perhaps this particular Snowy had been further south all winter and was making its way back to the rolling, treeless tundra. In the last couple of years scientists have learned that some Snowy owls will take their time on the spring bound leg back north (versus more of a straight shot), wandering between hinterland and coastline and able hunt over the open ocean at night, snatching up unsuspecting, sleeping ducks on the wing a mile or more out to sea.

Additional notes concerning owls - on March 7 I was awakened by the hooting of *Bubo virginianus*, the Great Horned Owl. Then on the afternoon of March 13 I was very surprised to hear old *Bubo* calling at 3:00 p.m.

along Shore Road. From what I can gather, day time hooting by these nocturnal birds is very uncommon.

On the evening of March 15, I could hear the cries of Killdeer across the starry Cape sky. Of the plover family, Killdeer are partial migrants, and in these parts, they are known as leap frog migrants because rather than compete for food and space with the year-round residents inhabiting the southern half of the US, they will fly over the southern states and head straight to Mexico and Central America.

On March 16 I noticed Common grackles arriving in decent numbers. I saw a pod of 20 or more plotting along Old Ocean House Road and a trio fly over the house. Although the grackle is not a favorite bird of mine it's hard not to take note of the springtime plumage of the male which is a purple, green and blue iridescent sheen. I also saw four Wild Turkeys along Bowery Beach Road.

It feels to me like the birds know that they have made it through the winter for there is a certain level of energy and a contagious zest and zip exuding from our woods and yards. Two song sparrows arrived on the seventeenth and joined the chorus of House finches, Pine finches, Gold finches, Titmice and Cardinals. Our beloved resident Carolina wren couple were tea-kettling up a storm. I even noticed a pair of House finches starting to check out viable nesting nooks.

## Daylight savings changes off-leash hours in Robinson Woods

With the return of well-lit afternoons and evenings, our off-leash hours in Robinson Woods have returned to their usual times.

Dogs are now allowed off-leash in:

- Robinson Woods II (the freshwater pond trail) from sunrise to 10 a.m.
- Robinson Woods I (the Outer Loop trail) from 4 p.m.- sunset.
- Leashes are required at all times on Belfield Road (the dirt road leading to the pond trail) and the Wildflower Trail.

Dog waste bags are available at the kiosk at Shore Road. Please clean up after your dog. Please do not allow dogs to swim in ponds or streams.

- Maps and full use guidelines can be

found at: <https://www.capeandtrust.org/wp-content/uploads/2015/04/RW-Public-Access-Plan-Final.pdf>.

## Judy's Food Pantry - a Community Feeding Itself

Cape Elizabeth United Methodist Church 280 Ocean House Road Every Tuesday from 3:00-5:00 p.m., July through November and the second and fourth Tuesday, December through June.

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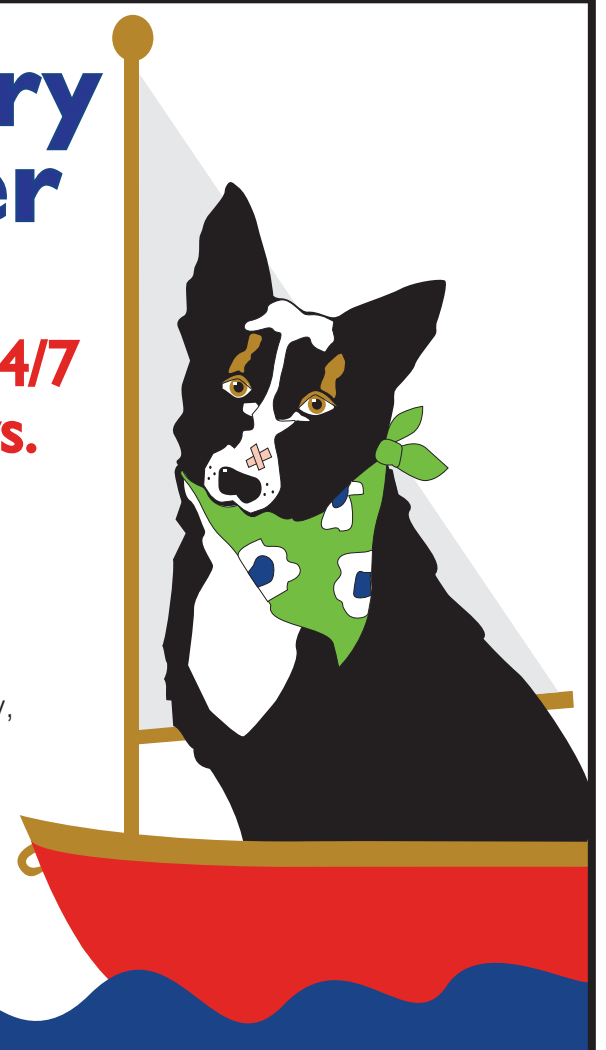
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# Library hosts local author and illustrator Jennifer Lawson, Civil War novelist Peter Bridgford, presents musical story hour with Jud Caswell

## ADULT PROGRAMS

### Songwriting Workshop

Tuesday, March 26, 6:15-8:15 p.m.  
Our songwriting workshop meets on the fourth Tuesday of each month through the end of the year. Whether you are a new writer, experienced writer, or want-to-be-a-writer writer, we hope you'll join us each month to bring in your work and get expert advice from award-winning songwriter, Jud Caswell.

### Senior Tech

Wednesday, March 27, 10:30 a.m. - noon  
If you have tech questions, Senior Tech meets on the fourth Wednesday of each month. We're here to help you in any way we can with your tech questions. We work together as a group to answer similar questions and break out into smaller groups to answer individual questions. If you have a question, we will help you find an answer. Bring your curiosity and bring your devices.

### Tips to Get Your Writing Published

Thursday, March 28, 6:30-8:00 p.m.  
Recent innovations and rapidly changing technology in printing have created a boom in independent publishing. This talk will outline publishing options, both traditional and nontraditional, including what is offered locally. Attendees will get a brief introduction into successful book marketing techniques, find out how to get the assistance they need, and learn about the many organizations that work with Maine authors. This talk will be hosted by Jenn Dean with Maine Authors Publishing (MAP). Jenn has more than 25 years of experience as a freelance writer and is excited about helping people see their own work in print.

### Walking and Sketching the Camino de Santiago Trail

Saturday, March 30, 1:00-2:00 p.m.  
Local author and illustrator Jennifer Lawson decided to walk the 500-mile Camino de Santiago trail and sketch while she traveled. The resulting book, "Walking in Watercolor; an Artist's Journey on the Camino de Santiago" is beautiful and full of life. It has

received rave reviews by readers and walkers. Jen will be in to talk about the process of doing the hike, and how creating the illustrations helped her find a renewed commitment to her art.

### Adult Watercolor Workshop with Jennifer Lawson

Saturday, March 30, 2:30-4:00 p.m.  
Local artist and writer Jennifer Lawson joins us on March 30 at 1:00 p.m. to talk about her new book, "Walking the Camino de Santiago Trail." Then at 2:30 p.m., Jennifer will host a watercolor workshop. If you'd like to join us, please register online on our website: [www.thomasmemoriallibrary.org](http://www.thomasmemoriallibrary.org). Registration is limited to 20. You don't need to bring a thing to this class; the library is providing all materials. And no prior experience is necessary.

### Cape Elizabeth Garden Club: Growing Irises in Maine

Tuesday, April 2, 6:30-8:00 p.m.  
Harriet Robinson, president of the Maine Iris Society, joins us to talk about the magic you can create in your yard with irises. PLEASE NOTE THIS CHANGE: This program will begin at 6:30 p.m.; beverages will be available after the program. All are welcome; you do not need to be a member of the Garden Club to attend and enjoy.

### Meet Civil War Novelist Peter Bridgford

Thursday, April 4, 6:30-7:30 p.m.  
The seeds of Peter's Civil War novel Where Eagles Dare Not Perch were planted with a high school project that involved him finding letters from a relative that fought in the Civil War. He went on to study history and is currently on the board of the 5th ME Regiment Museum on Peaks Island. His focus in this novel is on the grim reality of living through a war, on how much war changes individuals and society, and on how we then move on. This promises to be an excellent talk and discussion.

### CEO Roundtable: Monthly Meeting of Entrepreneurs

Thursday, April 4, 6:30-8:00 p.m.  
If you're an entrepreneur or have your heart set on starting your own business,

please join us for a new monthly gathering of kindred souls. At our CEO (Cape Elizabeth Opportunity) Roundtable, you'll have the opportunity to share ideas, get advice, and talk shop. We meet on the first Thursday of each month. Please join us to learn ways to grow your business.

### Portland Stage Talk-Back Series: The Skeleton Crew

Saturday, April 6, 1:00-2:00 p.m.  
We are excited to have Portland Stage join us this season for a series of "talk-backs" about each of their upcoming shows. In April, Portland Stage takes us behind-the-scenes to discuss some of the technical aspects of The Skeleton Crew. In this play, the future is thrown into uncertainty when rumors seep through a Detroit auto plant at the start of the Great Recession. A makeshift family of workers swap stories, share dreams and make tough choices. Dominique Morisseau, a noted new voice in the American theater, draws comparison to Lorraine Hansberry, August Wilson and Arthur Miller.

### Chair Yoga for a Peaceful, Powerful You

Monday, April 8, 11:30 a.m. - 12:30 p.m.  
No prior experience is needed for this experience of gentle, mindful movement and deep breathing to calm the nervous system and focus the mind. You'll stretch and move while sitting in your chair with a handful of standing and balancing postures accessible to all. We'll finish with a guided body scan that invites you to relax into the present moment, that place where true power lies. Chair yoga can be practiced at any age. No mats, or towels are needed. Just wear comfortable clothing, sneakers or flat shoes, and bring water to drink.

### Democracy Cafe

Tuesday, April 9, 6:30-8:00 p.m.  
Our Democracy Cafe meets on the second Tuesday of each month. In April, we'll be discussing constitutional issues around the Separation of Church and State with co-facilitator Tom Waddell of the Freedom From Religion Foundation. All are welcome to join the discussion.

### Morning Book Group

Wednesday, April 10, 9:30-11:00 a.m.  
Please join us this month to discuss "Fan-

tasyland: How America Went Haywire" by Kurt Anderson. New members are always welcome to join this excellent discussion group.

### Maine Wildlife Series: Minding the Gap in the New Eastern Trail

Thursday, April 11, 6:30-7:30 p.m.  
Wildlife expert Noah Perlut and his students in the Department of Environmental Studies, University of New England, are part of The Gap Tracks Project. This project is using remote cameras to study the wildlife community along the GAP section of the Eastern Trail and Nonesuch River to see what happens during and after trail construction. This section is highly relevant to the ecology of Scarborough Marsh because it includes important headwaters of the Nonesuch River and its adjacent forest serves as a movement corridor for mammals, amphibians and birds.





## Ongoing Adult Programs

- Knitting Group – Every Monday at 1:00 p.m.
- Chair Yoga – Second Monday at 11:30 a.m.
- Democracy Cafe – Second Tuesday from 6:30-8:00 p.m.
- Morning Book Group – Second Wednesday from 9:30-11:00 a.m.
- Writers' Accountability Group – Third Wednesday from 10:00 a.m.-noon
- Senior Tech – Fourth Wednesday from 10:30 a.m.-12:00 p.m.
- NEW! Entrepreneurs Gathering – First Thursday from 6:30-8:00 p.m.
- Maine Wildlife Lecture Series – Second Thursdays from 6:30-7:30 p.m.
- Evening Book Group – Third Thursday from 7:00-8:30 p.m.
- NEW! Songwriting Workshop – Fourth Thursday from 6:15-8:15 p.m.
- Chess Club – Every Saturday from 9:00-11:00 a.m.
- Portland Stage Talk-Back Series – First Saturday of the month, 1:00-2:00 p.m. through May 2019

## PROGRAMS FOR TEENS & TWEENS

### Teen Takeover Returns: Cupcake Wars

-see LIBRARY page 13

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## Library

Continued from page 12

Friday, March 29, 5:30 p.m. - 7:30 p.m.

Compete in our very first Cupcake Wars competition. Teens will be given cupcakes to decorate along with a theme and judged by a set of experts. Teens will also get to cast their votes for their favorites. Prizes will be awarded to the 1st, 2nd and 3rd place winners. Pizza and other refreshments will be provided. Open to teens in grades 6 and up. Registration is REQUIRED and space is limited! You can register online on the library's website.

### Weekly Programs

Our Dungeons & Dragons Club meets every Tuesday from 3-6 p.m. in the library's conference room downstairs. Open to tweens and teens ages 11 and up. \*This session is currently full. If you'd like to be put on the waiting list, please email Alyssa at [alapierre@thomas.lib.me.us](mailto:alapierre@thomas.lib.me.us).

Join us for Crafternoons at the library after school every Thursday from 2:30-3:30 p.m. Kiah and Alyssa will be making a new drop-in craft each week in the Children's Room.

### TEEN LOUNGE

Come play board and card games, take a turn on the Wii, color in one of our adult coloring books, or do an easy craft every Friday after school from 2:30-4:30 p.m. in our Community Room. Open to teens in grades 6 and up. No registration required.

### PROGRAMS FOR CHILDREN

Our regular story time schedule continues with weekly programs for babies, toddlers, preschoolers, and families (see our complete schedule on the library's website). We also have some special events and some monthly events coming up:

#### Musical Story Hour with Jud Caswell, for ages 3 and up

Thursday, April 11, 1:00 - 1:45 p.m.

Singer/songwriter Jud Caswell entertains with songs, musical games, and stories with his own original musical accompaniment. No registration necessary.

#### Playing with Pictures: Making Artistic Choices, with Marie Ahearn

For ages 6 and up

Wednesday, April 3

2:15 - 3:45 p.m. (Early Release day)

What happens if you change the color of an object, or use thick lines instead of thin

lines? Artist Marie Ahearn will lead kids in an exploration of how different artistic choices in artwork convey different emotions and meanings. Through working one image many different ways, kids will begin to develop a sense of how color, line, shape, media and composition can be used to express different feelings and tell visual stories.

#### Families Discover Great Artists

For families with children 3 and up

Saturday, April 6

3:00 - 4:00 p.m.

Join Miss Kiah for her monthly family art program. Each month, families learn about a famous artist, and then create art inspired by his or her work. This month, explore the work of painter Wassily Kandinsky. No registration necessary.

### Solution to March 13 Cape Crostic

Being Stephen King's kid was not very scary or weird. I went to public schools in Bangor, Maine and had as normal a childhood as you could imagine someone could, living in an enormous red house and being the son of a millionaire best-selling writer.

-Owen King, "Entertainment Weekly"

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- W. EBOLA VIRUS
- X. ED HARRIS
- Y. KOSS
- Z. LOONY TUNES
- AA. YODA

## HackME

Continued from page 9

Will Jordan, captain of Team Apex, said, "HackMe 2019 was one of the best things I have ever done. It allowed my group and me to express our love for coding and think outside the box in order to help our community. It was a great honor to compete and win and I hope to come compete again next year."

Swetha Palaniappan, a member of Team Girls+Alex, thought the event was rewarding. "I had a blast. I am new to coding but it was a really fun experience. My team was also really fun to work with; we were joking around during the day but at the same time ended up making an amazing website. We had our fair share of challenges during the day but were able to overcome most of them. Overall, I enjoyed it and I am looking forward to other opportunities like this."

Coding Club coach, CEHS technology integrator and computer programming teacher Ginger Raspiller said, "There were some very creative and excellent entries by eight teams from around Maine. I am very proud of our Cape Coders and their efforts!"

## Budget

Continued from page 1

the current tracking revenues," Sturgis said. "However you will note solid gains in Community Services Revenues, specifically in Youth Programming, 'Cape Care,' and an increase in Richards Pool fees."

Capital expenditures are budgeted at \$2,427,800, led by a \$650,000 line for the third phase of improvements to Scott Dyer Road; \$300,000 for further drainage and paving improvements; and \$225,000 to replace a Public Works front-end loader. Offsetting these increases, Sturgis said, is \$750,000 in unassigned funds and continued appropriation of \$375,000 against annual operating expenses. "This will lower the current amount of unassigned funds, but keep the overall level of unassigned funds properly in line with the current policy," Sturgis said.

The Finance Committee, a committee of the whole Town Council, will review the budget proposal in workshop sessions March 20 and 21, beginning at 7 p.m. at Town Hall.

## WE'RE HALFWAY TO A NEW PLAYGROUND!



Thanks to generous support from the Town Council and the Cape Elizabeth Education Foundation\*, along with individual donations, the Pond Cove Playground fundraising campaign is over halfway to its goal!

Raising \$150,000 more by June means construction can be completed this summer.

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[kathleen.pierce@nemoves.com](mailto:kathleen.pierce@nemoves.com)



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Cape Elizabeth, ME 04107

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CAPE CALENDAR

By Wendy Derzawiec

**Tuesday, March 26**

School Board Policy Committee, 3-4:15 p.m., Jordan Conference Room

School Board Budget Workshop, 6:30 p.m., High School Library and Learning Commons

Board of Zoning Appeals, 7 p.m., Town Hall chamber

**Tuesday, April 2**

Planning Board Workshop, 7 p.m., William H. Jordan Conference Room, Town Hall

**Thursday, April 4**

School Board Budget Workshop (if needed), 6:30 p.m., Town Hall chamber

Recycling Committee, 7 p.m., Public Works

**Monday, April 8**

Town Council, 7 p.m., Town Hall chamber

**Tuesday, April 9**

School Board, 6:30 p.m., Town Hall chamber

Conservation Committee, 7 p.m., Town Hall Lower Level Conference Room

**Ongoing each week**

Al-Anon, Regular meeting 7 p.m. Thursdays, at United Methodist Church, 280 Ocean House Road. Regular meeting 7 p.m. Fridays at St. Alban’s Church.

Alcoholics Anonymous, 2 p.m. Saturdays, First Congregational Church, 301 Cottage Road, South Portland; 7 p.m. Wednesdays, St. Bartholomew Church; 7 p.m. Fridays, St. Alban’s Church.

Cape Elizabeth Historical Preservation Society, 9 a.m.–noon Thursdays, Public Safety Building

Cape Elizabeth Lions Club, 6:39 p.m., first and third Tuesdays at the Bowery Beach Schoolhouse (except July and August), Two Lights Road

Cape Farm Alliance, third Wednesday, 7 p.m., Community Center

South Portland/Cape Elizabeth Rotary Club, each Wednesday at 6:15 p.m. Purpoodock Country Club, Spurwink Avenue. 767-7388.

Codependents Anonymous (CODA) group at Cape Elizabeth United Methodist Church

Regular meeting weekly on Saturdays at 10:30 a.m. Call 799-4599 FMI.

CABLE GUIDE

CHANNEL 3

**Board of Zoning Appeals (live)**  
March 26 - 7:00 pm

**Board of Zoning Appeals replay**  
March 27 & 28 - 2 pm & 8 pm

March 30 - 10:30 am

**Cape Elizabeth Church of the Nazarene**  
March 30 & 31; April 6 & 7 - 9:00 am

**Town Council (live)**  
April 8 - 7:00 pm

**School Board (live)**  
April 9 - 6:30 pm

Search

Continued from page 10

then turned over to the school department to aid in the next steps as described by Dr. Wolfrom. She added that the coming process would be a long one, and that the community cannot expect a new plan “next week,” but that the work would begin in earnest, and that she was grateful that so many had given their time and effort to the project.

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SERVICES

**Cape Elizabeth Church of the Nazarene**  
499 Ocean House Road (Route 77)  
**799-3692**  
[www.capenazarene.org](http://www.capenazarene.org)  
Sunday School for all ages: 9:30 a.m.  
Sunday Worship Celebration: 10:45 a.m.  
Services streamed live or on demand:  
[watch.capenazarene.org](http://watch.capenazarene.org)

**Cape Elizabeth United Methodist Church**  
280 Ocean House Road  
**799-8396**  
[www.ceumc.org](http://www.ceumc.org)  
Sanctuary Service: 10 a.m.  
Child Care & Sunday School: 10 a.m.  
Adult Sunday School: 9 a.m.

**The Church of Jesus Christ of Latter-day Saints**  
29 Ocean House Road  
**799-4321**  
Sacrament Meeting:  
Sunday, 10- 11:00 a.m.  
Sunday School: 11:10 a.m. – 12:00 p.m.  
Primary: 11:10 a.m.-12:00 p.m.  
Relief Society, Priesthood:  
12:00 -1:00 p.m.

**The Church of the Second Chance**  
Greater Portland Christian School  
1338 Broadway, South Portland  
**641-3253**  
Sunday: 10:30 a.m.-12:15 p.m.

**Congregation Bet Ha'am**  
81 Westbrook St., South Portland  
**879-0028**  
[www.bethaam.org](http://www.bethaam.org)  
Worship: Friday, 7:30 p.m.  
Saturday, 10 a.m.  
Family Shabbat Services:  
Second Friday, 6:30 p.m.

**First Baptist Church of South Portland**  
879 Sawyer Street South Portland,  
**799-4565**

[www.spfbc.com](http://www.spfbc.com)  
Sunday Morning Worship: 9:30 a.m.  
Coffee Time is at 10:45 a.m.  
Sunday School is at 11:15 a.m.  
Sermon audio is available on our website

**Promised Land World Reach Center**  
536 Cottage Road, South Portland  
**799-3152**  
Sunday Prayer & Intercession: 9:30 a.m.  
Sunday Worship: 10 a.m.  
Family Bible Studies: Wednesday, 7 p.m.  
Sermon recordings available to download

**Saint Alban's Episcopal Church**  
885 Shore Road  
**799-4014**  
[www.stalbansmaine.org](http://www.stalbansmaine.org)  
Sundays: 8 a.m., 9:30 a.m.  
Celtic Service: Sunday, 5:30 p.m.  
Nursery: Sundays, 9:30 a.m.

**Saint Bartholomew Roman Catholic Church**  
8 Two Lights Road  
**799-5528**  
[www.saintbarts.com](http://www.saintbarts.com)  
Sunday Mass: 9 a.m. and 11 a.m.  
Monday & Tuesday Masses: 8 a.m.

**First Congregational Church United Church of Christ**  
301 Cottage Road, South Portland  
799-3361  
[www.fccucc.org](http://www.fccucc.org)  
Worship: 8:30 a.m., 10 a.m.  
Sunday School: 10 a.m.  
Preschool Child Care: 10 a.m.  
Game Room

**First Congregational Church of Scarborough**  
167 Black Point Road, Scarborough  
883-2342  
[www.fccscarborough.com](http://www.fccscarborough.com)  
Sunday Morning Worship: 9:30 a.m.  
Sunday School & Nursery Care

February 2019 real estate transfers

NEW OWNER	LOCATION	SALE PRICE	USE
CRAGIN JOHNSON JANE E	24 RAMBLE ROAD	\$326,700	SINGLE FAMILY
HOFFMAN MARC S	34 STONEGATE ROAD	\$935,000	SINGLE FAMILY
BARBOSA CARRIE L	62 LONGFELLOW DRIVE	\$320,000	SINGLE FAMILY
MCCOY LIAM	29 PHILIP ROAD	\$359,700	SINGLE FAMILY
CAMPANARO JENNIFER	41 SCOTT DYER ROAD	\$305,000	SINGLE FAMILY
WALSH FRANCIS	51 STARBOARD DRIVE	\$215,000	CONDOMINIUM
MAXWELL COVE LLC	37 GROVER ROAD	\$130,000	SINGLE FAMILY
CURRY ANNE L	3 HEADLAND LANE	\$518,990	CONDOMINIUM

Tufts University announces dean’s list

The following students were named to the fall 2018 dean’s list at Tufts University in Medford/Somerville, Massachusetts:

Samuel Berman of Cape Elizabeth

Olivia Hintlian of Cape Elizabeth

Brette Lennon of Cape Elizabeth

Harrison Queeney of Cape Elizabeth

Sterling Weatherbie of Cape Elizabeth

McKenna Wood of Cape Elizabeth

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**Piano lessons for all ages.** Beginners through advanced. Sandi Palmquist: 329-8345.  
**Guitar Lessons:** All ages and abilities. Travel to you. Call Richard Corson: 207-400-0484

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NAME	PHONE	EMAIL
ADDRESS	ZIP Code	START DATE    **No. of ISSUES

Ellie McKinney Espling joins FO Bailey Real Estate

Ellie McKinney Espling has announced she is now a real estate agent with FO Bailey Real Estate. Ellie is the daughter of John and Camilla McKinney of Ocean House Road and daughter-in-law of Arlene Espling of Spurwink Avenue. Ellie most recently served eight years in the Maine House of Representatives including two terms as the Assistant

Minority Leader. She ran for the Maine State Senate in 2018. F.O. Bailey is a Maine tradition dating back 200 years in Maine. Ellie graduated from Cape Elizabeth High School and has lived in Southern Maine most of her life. She looks forward to helping folks with their real estate needs. You can reach Ellie at [elie@fobailey.com](mailto:elie@fobailey.com) or 207-891-8280.

Simple Gifts to Hold Benefit Concert April 13

Simple Gifts, a Cape Elizabeth-based nonprofit which supplies assistance to families experiencing a medical crisis, will hold its annual concert fundraiser at the Trinity Episcopal Church at 580 Forest Avenue, Portland on Saturday, April 13 at 7 p.m.

**Featured will be:**  
Seagrass, a world class bluegrass band  
The amazing harmonies of Pretty Girls Sing Soprano  
Oompahlele, a ukulele band with a tuba  
The snazzy vocals of Cape Elizabeth High School graduate Eliza Watson  
The sounds of Northern Pitch, fresh a cappella with a beat

Tickets can be purchased at the door, and are now available online at the website at [simplegiftsmaine.org](http://simplegiftsmaine.org) for \$10.

Finance

Continued from page 1

human resources for the town, part of the “one-town concept” Cape Elizabeth uses to maximize efficiencies.

Quartararo comes to Cape Elizabeth with approximately 40 years experience in government and government-related finance, most recently as treasurer for the town of Ogunquit. Ending his first day on the job March 11, he told councilors that he appreciated the opportunity to work with them. “I look forward to a long and successful time together,” he said.

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CEFD

Continued from page 7

**Reminder for Hydrant Shoveling**  
Lastly, a reminder to consider shoveling the nearest hydrant(s) to your home during and after a storm. Affectionately and informally, the department calls this Adopt-a-Hydrant. Shovel a three-foot diameter after the plow comes through. A clear hydrant means getting water to a fire more quickly. There are 300+ hydrants in town, so if residents adopt one, the department appreciates having fewer to maintain and can turn their attention to the rest of them.

Look forward to Fully Involved: A View Into CEFD next time, as we feature Use of Donated Structures for Fire Department Training.

**CEFD Fully Involved Fun Facts:**  
Members: 60+ across five companies:  
2 Fire Companies (TCS & CCS), Rescue Company, WET Team, and Fire/Police Apparatuses: 3 engines (pumpers) Engine 1 @ CCS, Engines 2 & 3 @ TCS, 2 ambulances, 1 ladder truck, WET Team Command Van, WET Team Boat, Service Truck, Air Trailer

Calls: 1110 calls annually, 75% medical. All types of Medical; Fire: CO, vehicle fires, wires down, boat fires, house fires, grass/woods fires; WET: Surface Water Rescue, Swift Water Rescue, Ocean Rescue, High Angle Rescue

Dispatch: Portland Regional Communications Center (busiest 911 center in the State of Maine)

Community Involvement: Parades, Escorts to Team Events, New Year’s Polar Dip, Auction Rides to School, B2B Cooling Off Hose, Fireworks Details

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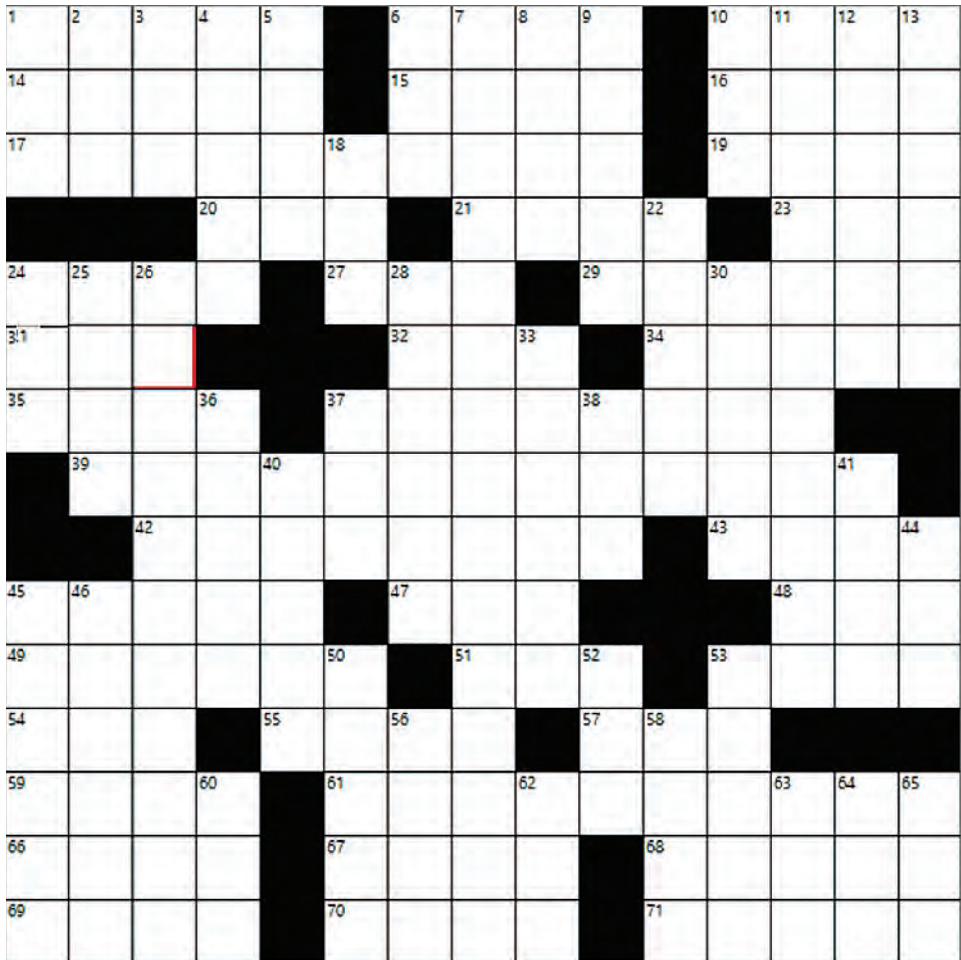
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# The Cape Cross

Created by Rich Dana

## ACROSS

- 1. Famous site from ancient Roman times
- 6. Word with Chow or Lo\*
- 10. Marketing pc. with Mark Zuckerberg?
- 14. Loosen
- 15. Queen or Princess
- 16. Hitman, in slang
- 17. How petrol is sold
- 19. "Yikes!"\*
- 20. One of a Latin trio
- 21. First American woman in space\*
- 23. Auto club
- 24. Agreement\*
- 27. Made in the \_\_\_\_
- 29. Endora often used these
- 31. Grp. that kidnaped Patty Hearst
- 32. Business letter abbr.
- 34. Dreary weather condition
- 35. "Silver and Gold" singer Burl
- 37. Spouses of 'Smirnoff Ice,' 'Bacardi Silver,' or 'Mike's Hard Lemonade'?\*
- 39. Technitium, atomic number 43, is

- uniquely this
- 42. Armories
- 43. Allen, Charles, and Lewis
- 45. Pound and Klein
- 47. Singer DiFranco
- 48. Bush, Nixon, Johnson, and Truman
- 49. With 68 Across, two letter abbreviations, and what the answers to the starred clues have in common
- 51. Marina \_\_\_\_ Rey
- 53. James Bond film, "For Your \_\_\_\_ Only"
- 54. NYSE symbol for a large tool manufacturer known for its distinctive red tool boxes and carts
- 55. Marcel Marceau, for one\*
- 57. Old map abbr.
- 59. Tulsa is its second lgst. city\*
- 61. Relating to a kind of stuffing
- 66. Patricia who won an Academy Award for "Hud"\*
- 67. Ninth largest city in 59 Across
- 68. See 49 Across
- 69. Pierre orthodontists might belong to this (abbr.)

- 70. Match makers?
- 71. Simple song lyrics

## DOWN

- 1. Mac
- 2. No matter which
- 3. Tease?
- 4. Cymbal instrument
- 5. Appear
- 6. Printemps month in Paris
- 7. Two sides of a story?
- 8. Cross letters
- 9. Maslow categorized them in a hierarchy
- 10. On, on, off (vis.)
- 11. Sixties TV show starring Ernest Borgnine
- 12. Option on some forms
- 13. This is brilliant green on a red-necked tanager
- 18. \_\_\_\_ Grant, boss on the "Mary Tyler Moore Show"
- 22. Kind of salt
- 24. Twenty-third letter of the Greek alphabet, it looks like a trident
- 25. Thomas Edison's middle name\*
- 26. Certain introductory course
- 28. "Wolves" singer Gomez
- 30. Glue namesake
- 33. Lassie, for example
- 36. Skinny Jack
- 37. It can be high or low
- 38. Myself and my two clones
- 40. Tea-exporting Indian state on the border of Bhutan
- 41. Use a Selectric
- 44. Drafty org.?
- 45. Many printers
- 46. Really tired
- 50. Some Millers
- 52. It's not worth the trip
- 53. Not a fielder's choice
- 56. Lion's pride?\*
- 58. Religious group
- 60. Montgomery is its cap.
- 62. Papers
- 63. Jerry Lewis was longtime host of its telethon
- 64. Suffix with span- or mater-
- 65. Montgomery was its cap.

# Easter services schedule at St. Alban's

We often think of the 40 Days of Lent as a season to deny ourselves something so that we may experience (if only symbolically) some of the sacrifice that points us to the power of Holy Week and the grace of Easter. This year at St. Alban's we are switching the verb for the season. Rather than denying yourself at Lent...we ask that you plan to bring yourself to Lent. Let's bring our hopes and fears, our prayers for forgiveness, healing and joy.

## Midweek Evening Eucharist

Bring yourself and gather around the altar Lenten Wednesdays at 6 p.m. This evening time together will include a short passage from our Lenten reader, followed by a time for individual reflection and Holy Communion. Stay for conversation or return to your evening to nurture your relationship with God through prayer and sacrament.

## Sunday of the Palms and the Passion of Christ - April 14

We begin festively outdoors with glad shouts of "Hosanna!" and the waving of our fresh palms during our own joyful procession into church. We journey with Jesus while he is celebrated on entering Jerusalem and then is utterly rejected and crucified at the hill of Golgotha. We have a part in the passion of Christ. Through it we come to know ourselves more clearly, even as we glimpse the reality of God's healing love in our lives.

## Holy Week Mornings and Evenings - April 15, 16, 17

On Monday, Tuesday, Wednesday mornings of this week we gather at 9:00 a.m. for Communion and short reflections offered by lay folks. Expect to break bread, hear the Word and be welcomed into these brief times of prayer and hope. Monday and Tuesday evenings we will roll out our Labyrinth at 5:00 p.m. in Bonoff Hall. With candlelight and meditative music, we will try out this ancient practice of walking a quiet, sacred path. In our stocking feet, centering ourselves, listening for God's voice of hope.

## Maudy Thursday - April 18

Experience a tender evening that includes our last bread and wine until Easter. Expect the children to bake Communion bread and be part of an engaging lesson in the traditions and meaning of these holy days. Expect, as Jesus showed us, to follow and wash each other's feet, nurturing ourselves as servants. The ritual silent stripping of the altar for the hard day of Good Friday concludes the evening. We leave in silence.

## Good Friday - April 19

Gather with others for whatever time you can be present during Jesus' last hours, noon to three o'clock. The first hour we will read and reflect on the last words of Christ. The second hour is a time of meditative music. The third hour is our time for the traditional offering of scripture, homily, hymns and prayer. The candlelit church is open all night.

## The Great Easter Vigil - Saturday, April 20

In a liturgy drawn from the early church, we move in procession from a "New Fire" set outdoors to the chant of the cantor singing. This is the night. If you have not experienced the Vigil, know that it is unlike any other service...and will root you in the Resurrection story you know so well.

## Easter Sunday - April 21

Expect the great festival of Christ's return to be sung out in all its beauty and power! Expect to hear and see and feel the power of the Resurrection and to carry it out into the world with you!

MARCH 27 - APRIL 28

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- Baltimore Sun

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